

EMILY NASAL

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EDUCATION

State University of New York (SUNY) College at Oswego Oswego, NY

May 2020

Bachelor of Arts in Linguistics

Minor in Dance

GPA: 3.43

President's List: Fall 2017; Dean's List: Fall 2016, Spring 2017, Spring 2018, Fall 2018

Recipient of Presidential Scholarship

RELATED EXPERIENCE / INTERNSHIPS

SUNY Oswego Career Services Oswego, NY

August 2019 - Present

Compass Navigator

- Mentor diverse undergraduate and graduate students throughout their career development to include: major and career exploration, resume and cover letter development, job and graduate school searches, and searches for internship opportunities
- Provide assistance and extensive knowledge in regards to the Compass and Career Services programs and services in order to continually improve the student experience
- Communicate effectively with coworkers to provide an exceptional experience for all guests in the Resource Center and at Compass programs and events

WORK EXPERIENCE

Woodbury Winery and Vineyards Fredonia, NY

May 2019 - Present

Tasting Room Associate

- Ensure customer satisfaction in every part of the tasting experience, from initial greeting through order completion
- Restock inventory daily and review cash operation data to guarantee proper replenishment of supplies
- Promote product sales and new merchandise to customers to exceed weekly sales quota of \$1500

SUNY Oswego Fitness Centers Oswego, NY

January 2018 - Present

Group Exercise Coordinator/Group Exercise Instructor/Facility Attendant

- Discuss upcoming events and programs with incoming and current members to inspire and encourage overall fitness and well being
- Collaborate with fellow associates and upper management to ensure the efficiency of fitness center operations by upholding maintenance procedures and general upkeep
- Develop strong relationships with coworkers and members in order to work together as a functional team

ORGANIZATIONS

Future Alumni Network (FANS) Oswego, NY

September 2016 - Present

Member

- Educate student body about importance of philanthropy and staying connected to their college community to create connections between past, present and future alumni
- Confer with various organizations such as Student Association Programming Board to assist in the planning of different events such as Green and Gold Day for campus community throughout the year
- Build and maintain strong relationships with successful and influential alumni in various industries to form network connections

Del Sarte Dance Club Oswego, NY

September 2016 - Present

Vice President

- Plan and organize club events to engage new and current members in participation activities such as the Rochester Breast Cancer Walk and The Relay for Life
- Communicate with all 200 members of the organization through email to inform members about important events and dates
- Maintain consistent show quality and creative intent in choreographed pieces by reviewing and providing feedback and direction to fellow dancers/performers

VOLUNTEER EXPERIENCE

Alternative Spring Break Nicaragua and the Dominican Republic

March 2017 - March 2018

Volunteer

- Consulted with other SUNY Oswego students on effective lesson plans to improve communication abilities with native students
- Planned activities that stimulated growth in language, social, and motor skills to keep students engaged for the duration of the lesson
- Assessed daily progress with reading comprehension using bilingual books to develop fluency in the English language