

11-16e.

LSC Use Only No:	LSC Action-Date:	UWUCC USE Only No.	UWUCC Action-Date:	Senate Action Date:
		10-800e.	APP 9/06/11	App 10-11-11

Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee

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Proposing Department/Unit Health and Physical Education- Exercise Science	Phone 724-357-4410

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

1. Course Proposals (check all that apply)
- New Course Course Prefix Change Course Deletion
 Course Revision Course Number and/or Title Change Catalog Description Change

HPED 410 Exercise Prescription	
<u>Current</u> Course prefix, number and full title	<u>Proposed</u> course prefix, number and full title, if changing

2. Additional Course Designations: check if appropriate
- This course is also proposed as a Liberal Studies Course. Other: (e.g., Women's Studies, Pan-African)
 This course is also proposed as an Honors College Course.

3. Program Proposals
- New Degree Program Program Title Change Other
 New Minor Program New Track
 Catalog Description Change Program Revision

<u>Current</u> program name	<u>Proposed</u> program name, if changing
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4. Approvals	Date
Department Curriculum Committee Chair(s) <i>Richard Hearn</i>	03/01/2011
Department Chair(s) <i>Claine Klein</i>	3/2/11
College Curriculum Committee Chair <i>Jank Wachter</i>	4/8/11
College Dean <i>J. Burk</i>	3/2/11
Director of Liberal Studies *	
Director of Honors College *	
Provost *	
Additional signatures as appropriate: (include title)	
UWUCC Co-Chairs <i>Gail Sedquist</i>	9/6/11

* where applicable

Received
APR 8 2011
Liberal Studies

Part II. Description of Curriculum Change

1. *Catalog Description (new):*

HPED 410, Exercise Prescription

3 class hour
0 lab hours
(3c-0l-3cr)

Prerequisites: PESP/Exercise Science Majors and HPED 343 with a grade of C or better

Teaches individuals to write exercise prescriptions based upon a subject's tolerance for physical activity. Special emphasis is on risk factors, techniques of evaluation, drugs, injuries, environmental factors, and motivation and their role in physical activity assessment.

2. Proposed Changes

➤ Prerequisites

Current Description:

HPED 410, Exercise Prescription

3 class hour
0 lab hours
(3c-0l-3cr)

Prerequisite: HPED 343 with a grade of C or better

Teaches individuals to write exercise prescriptions based upon a subject's tolerance for physical activity. Special emphasis is on risk factors, techniques of evaluation, drugs, injuries, environmental factors, and motivation and their role in physical activity assessment.

Proposed Description:

HPED 410, Exercise Prescription

3 class hour
0 lab hours
(3c-0l-3cr)

Prerequisites: **PESP/Exercise Science Majors and HPED 343 with a grade of C or better**

Teaches individuals to write exercise prescriptions based upon a subject's tolerance for physical activity. Special emphasis is on risk factors, techniques of evaluation, drugs, injuries, environmental factors, and motivation and their role in physical activity assessment.

3. *Justification/Rationale:*

The exercise science program is accredited by the Commission on Accreditation of Allied Health Education Program (CAAHEP). The certification requires course sequencing and academic standards to be in place to maintain accreditation.