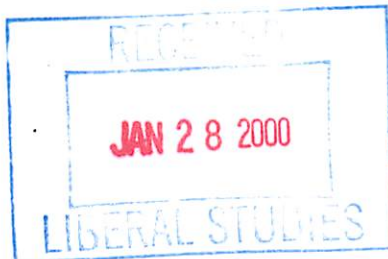


LSC Use Only
Number: _____
Submission Date: _____
Action-Date: _____



UWUCC USE Only
Number: 99-56c
Submission Date: _____
Action-Date: _____

CURRICULUM PROPOSAL COVER SHEET
University-Wide Undergraduate Curriculum Committee

I. CONTACT

Contact Person Ron Trenney Phone X6918

Department Health and Physical Education

II. PROPOSAL TYPE (Check All Appropriate Lines)

_____ COURSE _____
Suggested 20 character title

_____ New Course * _____
Course Number and Full Title

_____ Course Revision _____
Course Number and Full Title

_____ Liberal Studies Approval + _____
for new or existing course Course Number and Full Title

_____ Course Deletion _____
Course Number and Full Title

_____ Number and/or Title Change _____
Old Number and/or Full Old Title

_____ New Number and/or Full New Title

_____ Course or Catalog Description Change _____
Course Number and Full Title

PROGRAM: _____ Major _____ Minor Track

_____ New Program * _____
Program Name

Program Revision * Physical Education and Sport, Aquatic Track
Program Name

_____ Program Deletion * _____
Program Name

_____ Title Change _____
Old Program Name

_____ New Program Name

III. Approvals (signatures and date)

Madeline P. Goy
Department Curriculum Committee

James Hill
Department Chair

Mary E. Secker 12/17/99
College Curriculum Committee

Carleen Zoni
College Dean

_____ + Director of Liberal Studies (where applicable)

[Signature]
*Pfovest (where applicable)



Part II.

Description of Curriculum Change

Catalog Description of Program

Program: Bachelor of Science, Physical Education and Sport

The Bachelor of Science degree in Physical Education and Sport provides greater emphasis on subject matter/content and less on pedagogy. Students who select this major generally apply their knowledge in the areas of exercise science, community and corporate fitness, cardiac rehabilitation, sports medicine, and/or executive fitness programming. The sports study major is a non-teacher certification program. Requirements for the degree in Physical Education and Sport include 1) the university's Liberal Studies requirements; 2) 31 credit hours in the HPE Core; and 3) nineteen credits from the Physical Education and Sport requirements. Specialty tracks have been developed for the degree program in physical education and sport. These different tracks provide emphasis in specific subject content areas and teach skills necessary for students to assume leadership roles in careers in the health and fitness industry as well as the sport science industry. These include:

- a. Aquatic
- b. Exercise Science
- c. Sport Administration
- d. Athletic Training

These four tracks, in addition to the Nutrition minor within the Physical Education and Sport major, provides students with an innovative, relevant and challenging curriculum and at the same time encourages the promotion of interdisciplinary work. Course content is focused toward specific professions within the major, as well as toward different national credentialing possibilities. Student internships and pre-professional experiences can be more appropriately focused to enhance opportunities for post graduate employment.

Selection of a predetermined number of students to the Athletic Training Track will be based on demonstrated academic achievement and the evaluation of other criteria as listed below. The minimum standards for eligibility are: 1) sophomore status (minimum of 28 credits), 2) no less than a 2.6 cumulative GPA, 3) no less than a C grade in HP 142, HP 175, HP 221, and HP 251, 4) two letters of recommendation, 5) satisfactory completion of fifty hours of directed clinical observation, 6) a written essay and in some cases a personal interview. Official admission is also contingent upon obtaining liability insurance, medical clearances, and Acts 34 and 151 clearances, all of which are needed for field experience placement. Once admitted, students must continue to demonstrate above average academic performance, and acceptable clinical performance in order to remain in good standing (specific program retention and completion

guidelines will apply and are described in informational/ admissions packet available from the Department). Students should obtain an informational and admissions packet from the Department for full details.

In addition, the Department of Health and Physical Education has developed two programs approved by the National YMCA Physical Education Office to provide for the professional preparation of YMCA aquatic directors and physical directors. Both programs emphasize high standards and are vitally concerned with the major objectives of YMCA physical education. Specialized "Y" courses are offered through the IUP Aquatic School and through other special YMCA programs conducted on the IUP campus and sponsored in cooperation with the Middle Atlantic Region Physical Education Program.

Summary of Changes

Table of Comparison:	See Attached
Program Changes:	Deletion of the courses HP 345 and HP 346, Athletic Training I and Athletic Training Lab. Addition of HP 175, Prevention and Care of the Physically Active.
Rational for Change:	<p>For more than 20 years the course HP 345 and lab HP 346 have served a dual role within the Department of Health and Physical Education. First it has served as a general information course for those students interested in careers related to the care, training and education of the physically active. Secondly it has served as the a primary educational and introduction course for those students seeking a career and national certification in the field of athletic training.</p> <p>In recent years, due largely to the increased curriculum demands placed on those students seeking athletic training certification, content in this course has shifted to include more advanced information related to the Athletic Training Profession. Currently this course is to advanced for the students enrolled in this track., however, due to their need for continued introductory prevention and care information the course HP 175 has been developed, approved by the senate, and should replace HP 345/HP346 as a course requirement for this track.</p>

For these reasons the Health and Physical Education Department wish to make the following recommendations for curriculum change:

-Removal of the courses HP 345/346, Athletic Training I and Lab, from the above listed program.

-Addition of HP 175, Prevention and Care of the Physically Active as a Sport Science Requirement.

Part III. Implementation

1. Revision will have no affect on current students. When this change occurs HP 175 will become a required course within this track and will replace HP 345/346 in the program sequence.
2. No change in teaching loads will be needed.
3. Current resources are adequate.
4. No change in student enrollment is expected. This course will only replace an existing course and the same number of students will be required to enroll.

Part IV. Course Proposals

None

Part V. Letters of Support

None needed.

Aquatic Track

Current

Liberal Studies: As outlined in Liberal Studies section with the following specifications: **54-55**
Mathematics: MA 217
Health and Wellness: FN 143 or MS 101-102
Natural Science: BI 103-104 or CH 101-102
Social Science: PC 101, SO 151
Liberal Studies Electives: FN 145, CO/BE/IM 101, no course with HP prefix

Major **31**
Core Requirements:
 HP 142 Foundations of Health, Physical Education, and Sport 3sh
 HP 200 Fundamentals of Physical Activity 1sh
 HP 210 Motor Development 2sh
 HP 221 Human Structure and Function 3sh
 HP 251 Foundations of Safety and Emergency Health Care 3sh
 HP 263 Aquatics 1sh
 HP 315 Biomechanics 3sh
 HP 341 Evaluation in Health and Physical Education 3sh
 HP 343 Physiology of Exercise 3sh
 HP 344 Adapted Physical Education 3sh
 HP 441 Psychosocial Implications for Health and Physical Education 3sh
 HP 442 Seminar in Health, Physical Education, and Recreation I 3sh

Sport Science Requirements: **17-19**
 HP 319 Preprofessional Experience II 1-3sh
 HP 345 Athletic Training I 3sh
 HP 346 Athletic Training Lab 1sh
 HP 375 Physiological Basis of Strength Training 3sh
 HP 410 Exercise Prescription 3sh
 HP 411 Physical Fitness Appraisal 3sh
 HP 412 Physical Activity and Stress Management 3sh

Aquatic Track **12**
 HP 165 Lifeguarding 1sh
 HP 261 Water Safety Instructor 1sh
 HP 264 Advanced Aquatics 1sh
 HP 270 Instructor of Handicapped Swimming 1sh
 HP 276 Coaching of Swimming 1sh
 HP 279 Swimming Pool Maintenance and Chemistry 2sh
 HP 280 Aquatic Facilities Management 2sh
 HP 335 Coaching and Managing of Athletic Programs 3sh

Free Electives **7-10**

Total Degree Requirements **124**

Proposed

Liberal Studies: As outlined in Liberal Studies section with the following specifications: **54-55**
Mathematics: MA 217
Health and Wellness: FN 143 or MS 101-102
Natural Science: BI 103-104 or CH 101-102
Social Science: PC 101, SO 151
Liberal Studies Electives: FN 145, CO/BE/IM 101, no course with HP prefix

Major **31**
Core Requirements:
 HP 142 Foundations of Health, Physical Education, and Sport 3sh
 HP 200 Fundamentals of Physical Activity 1sh
 HP 210 Motor Development 2sh
 HP 221 Human Structure and Function 3sh
 HP 251 Foundations of Safety and Emergency Health Care 3sh
 HP 263 Aquatics 1sh
 HP 315 Biomechanics 3sh
 HP 341 Evaluation in Health and Physical Education 3sh
 HP 343 Physiology of Exercise 3sh
 HP 344 Adapted Physical Education 3sh
 HP 441 Psychosocial Implications for Health and Physical Education 3sh
 HP 442 Seminar in Health, Physical Education, and Recreation I 3sh

Sport Science Requirements: **15-17**
 HP 175 Prevention and Care 2sh
 HP 319 Preprofessional Experience II 1-3sh
 HP 375 Physiological Basis of Strength Training 3sh
 HP 410 Exercise Prescription 3sh
 HP 411 Physical Fitness Appraisal 3sh
 HP 412 Physical Activity and Stress Management 3sh

Aquatic Track **12**
 HP 165 Lifeguarding 1sh
 HP 261 Water Safety Instructor 1sh
 HP 264 Advanced Aquatics 1sh
 HP 270 Instructor of Handicapped Swimming 1sh
 HP 276 Coaching of Swimming 1sh
 HP 279 Swimming Pool Maintenance and Chemistry 2sh
 HP 280 Aquatic Facilities Management 2sh
 HP 335 Coaching and Managing of Athletic Programs 3sh

Free Electives **9-12**

Total Degree Requirements **124**