

LSC Use Only No:	LSC Action-Date:	UWUCC USE Only No.	UWUCC Action-Date:	Senate Action Date:
		06-12	App 9-26-06	App 10-10-06

**Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee**

Contact Person Gail S. Sechrist	Email Address gailsech
Proposing Department/Unit UWUCC	Phone 357-3762

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

<b>1. Course Proposals (check all that apply)</b> <input type="checkbox"/> New Course <input type="checkbox"/> Course Prefix Change <input type="checkbox"/> Course Deletion <input type="checkbox"/> Course Revision <input type="checkbox"/> Course Number and/or Title Change <input checked="" type="checkbox"/> Catalog Description Change	
FDNT 143, HPED 143, NURS 143	
<i>Current Course prefix, number and full title</i>	<i>Proposed course prefix, number and full title, if changing</i>
<b>2. Additional Course Designations: check if appropriate</b> <input type="checkbox"/> This course is also proposed as a Liberal Studies Course. <input type="checkbox"/> Other: (e.g., Women's Studies, Pan-African) <input type="checkbox"/> This course is also proposed as an Honors College Course.	
<b>3. Program Proposals</b> <input type="checkbox"/> New Degree Program <input type="checkbox"/> Program Title Change <input type="checkbox"/> Program Revision <input type="checkbox"/> New Minor Program <input type="checkbox"/> New Track <input type="checkbox"/> Other <input type="checkbox"/> Catalog Description Change	
<i>Current program name</i>	<i>Proposed program name, if changing</i>
<b>4. Approvals</b>	
	<b>Date</b>
Department Curriculum Committee Chair(s)	
Department Chair(s)	
College Curriculum Committee Chair	
College Dean	
Director of Liberal Studies *	
Director of Honors College *	
Provost *	
Additional signatures as appropriate: <b>Received</b> (include title)	
<b>SEP 18 2006</b> UWUCC Co-Chairs	
<i>Gail Sechrist</i>	<i>9-26-06</i>

**Liberal Studies** where applicable

## **Part II. Description of Curriculum Change**

### **Current Catalog Descriptions:**

#### **FDNT 143 Nutrition and Wellness**

**3c-01-3cr**

Introduces the major components of wellness: contemporary nutrition issues as they relate to personal food choices, physical fitness, stress management, sexually transmitted diseases, AIDS, and substance abuse. Completion of FDNT 143 fulfills the Liberal Studies Health and Wellness requirement.

#### **HPED 143 Health and Wellness**

**3c-01-3cr**

Introduces the major components of wellness: contemporary nutrition issues as they relate to personal food choices, physical fitness, stress management, sexually transmitted diseases, AIDS, and substance abuse. Successful completion fulfills the Liberal Studies Health and Wellness requirement.

#### **NURS 143 Healthy People**

**3c-01-3cr**

Advances knowledge of health promotion and illness prevention concepts and examines health disparities across segments of the population. The determinants of health, health status assessment, and the nation's leading health indicators will be emphasized. Students will be guided in the development of a personal wellness program.

### **Proposed Catalog Descriptions:**

#### **FDNT 143 Nutrition and Wellness**

**3c-01-3cr**

Introduces the major components of wellness: contemporary nutrition issues as they relate to personal food choices, physical fitness, stress management, sexually transmitted diseases, AIDS, and substance abuse. Completion of FDNT 143 fulfills the Liberal Studies Health and Wellness requirement. HPED 143 and NURS 143 also fulfill this requirement and any of these courses may be substituted for each other and may be used interchangeably for D or F repeats but may not be counted for duplicate credit.

#### **HPED 143 Health and Wellness**

**3c-01-3cr**

Introduces the major components of wellness: contemporary nutrition issues as they relate to personal food choices, physical fitness, stress management, sexually transmitted diseases, AIDS, and substance abuse. Successful completion fulfills the Liberal Studies Health and Wellness requirement. FDNT 143 and NURS 143 also fulfill this requirement and any of these courses may be substituted for each other and may be used interchangeably for D or F repeats but may not be counted for duplicate credit.

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Advances knowledge of health promotion and illness prevention concepts and examines health disparities across segments of the population. The determinants of health, health status assessment, and the nation's leading health indicators will be emphasized. Students will be guided in the development of a personal wellness program. HPED 143 and FDNT 143 also fulfill the Health and Wellness requirement and any of these courses may be

substituted for each other and may be used interchangeably for D or F repeats but may not be counted for duplicate credit.

**Rationale:** The original intent for these courses was that they could be used interchangeably for D/F repeats and could not count for duplicate credit, but without a statement to this effect in the catalog students have tried to repeat the courses. The registrar's office has requested that something be added to the catalog so that Banner can be appropriately programmed.

**Gail Sechrist**

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**From:** "Elaine A Blair" <eblair@iup.edu>  
**To:** "Gail Sechrist" <gailsech@iup.edu>  
**Sent:** Saturday, September 16, 2006 10:55 PM  
**Subject:** Re: HPED 143 Catalog Changes

Gail,

The changes look fine and seem like a very good idea.

Thanks,  
Elaine

On Sat, 16 Sep 2006 14:10:42 -0400

"Gail Sechrist" <[gailsech@iup.edu](mailto:gailsech@iup.edu)> wrote:

> Elaine,

> I haven't heard back from you about whether the changes I sent to  
> you for the HPED 143 catalog description (see email sent 9-11) are ok  
> with you. I would like to put the proposal on the UWUCC agenda for  
> next week, but I wanted to have a favorable email of support from  
> each of the chairs involved.

> Gail

**Gail Sechrist**

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**From:** "Susan S Dahlheimer" <ssdahl@iup.edu>  
**To:** "Gail Sechrist" <gailsech@iup.edu>  
**Sent:** Monday, September 11, 2006 9:33 PM  
**Subject:** Re: Health and Wellness Catalog Description Changes

This looks fine to me.

> The UWUCC and the Liberal Studies Director have received a request  
>from the registrar's office to add a statement to the catalog  
>descriptions for HPED 143, FDNT 143, and NURS 143 that states that  
>they can be substituted for D/F repeats and that they cannot be taken  
>for duplicate credit. Mary Sadler notes that this was the original  
>intent for these courses but since there is no statement addressing  
>this in the catalog students have tried to repeat these courses for  
>duplicate credit. The UWUCC will send a change for these  
>descriptions to the October Senate meeting. Attached is the draft of  
>the proposal. Please let me know if you have any concerns with this  
>change.  
> Gail S. Sechrist

Susan S. Dahlheimer, PhD, RD, FADA  
Professor and Chair  
Department of Food & Nutrition  
Indiana University of Pennsylvania  
10 Ackerman Hall  
Indiana, PA 15705

**Gail Sechrist**

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**From:** "Michele Gerwick" <mgerwick@iup.edu>  
**To:** "Gail Sechrist" <gailsech@iup.edu>  
**Cc:** "Dr. M. Gerwick" <mgerwick@iup.edu>; "Carleen Zoni" <cczoni@iup.edu>  
**Sent:** Tuesday, September 12, 2006 8:25 AM  
**Subject:** Re: Health and Wellness Catalog Description Changes

Hello Gail,

The changes to the catalog descriptions for those courses look fine to me. It will certainly help the students, we have had students who have tried to take 2 of the 3 of these courses and count one as a free elective.

Thank you

Michele Gerwick

----- Original Message -----

**From:** [Gail Sechrist](#)  
**To:** [Elaine Blair](#) ; [Susan Dahlheimer](#) ; [Michele Gerwick](#)  
**Cc:** [Carleen Zoni](#)  
**Sent:** Monday, September 11, 2006 5:55 PM  
**Subject:** Health and Wellness Catalog Description Changes

The UWUCC and the Liberal Studies Director have received a request from the registrar's office to add a statement to the catalog descriptions for HPED 143, FDNT 143, and NURS 143 that states that they can be substituted for D/F repeats and that they cannot be taken for duplicate credit. Mary Sadler notes that this was the original intent for these courses but since there is no statement addressing this in the catalog students have tried to repeat these courses for duplicate credit. The UWUCC will send a change for these descriptions to the October Senate meeting. Attached is the draft of the proposal. Please let me know if you have any concerns with this change.

Gail S. Sechrist