

Students,

As promised, here is updated information on COVID-19 testing and other COVID-19 mitigation measures at IUP. This information is also available on the [COVID-19 Response Plan page](#).

Testing Information/How to Make an Appointment for Testing

The IUP Health Service will offer free, on-campus COVID-19 testing for students at the IUP Health Service office (Suites on Maple East) starting Monday, Aug. 23.

Testing will be available Monday through Friday from 8 a.m. to 3 p.m. This testing is a saliva-based polymerase chain reaction (PCR) test.

For asymptomatic students (students who are not sick and do not have any symptoms of COVID-19), testing appointments should be made on the Health Service portal:

1. Log in to the Health Services portal at chwb.iup.edu.
2. Choose "Schedule a COVID-19 Test" and follow the steps on the screen.
3. After you finish scheduling your appointment, you will receive an email with a QR code.
4. Open the email with your unique QR code, print this code or save it to your phone or tablet.
5. Bring your unique QR code with you to Health Services at the time of your appointment.
6. Do not arrive more than five minutes before your appointment time.
7. Because this test is a saliva PCR test, do not wear lipstick, chapstick, smoke/ vape, chew tobacco, drink anything (including water), or eat 60 minutes before your appointment.

Failure to follow these guidelines will cause testing to be delayed.

If you are experiencing COVID-19 symptoms, please call the Health Service at 724-357-2550 to schedule an appointment for COVID-19 testing.

Testing Results

Testing results will be sent within 24 to 48 hours to the email that was used to register for the test; if your test is positive for COVID-19, you will be called by a nurse from the Health Service.

Please be very careful to provide accurate contact information when registering for your test.

Self-Isolation and Self-Quarantine Information

For fully vaccinated students (an individual is considered fully vaccinated when two or more weeks have passed after the receipt of the second dose in a two-dose vaccine series, or two or more weeks have passed after receipt of one dose of a single-dose vaccine):

- You do not have to self-quarantine after a known exposure, but you should monitor yourself for COVID-19 symptoms.
- Get tested for COVID-19 three to five days after your exposure.
- Wear a face covering/mask when around others for 14 days following exposure OR until you get a negative test result.

For unvaccinated students:

- If you had a **known exposure** to a confirmed case: you should self-quarantine (remain in your room, do not go to class or attend events or go into public spaces) for:
 - 14 days from the last time you were in contact with the individual with the confirmed case IF you develop any symptoms of COVID-19.
 - 10 days from the last time you were in close contact with a positive case and you **do not** develop symptoms **OR**
 - 7 days from the last time you were in close contact with a positive case **and** a test done on or after day 5 is negative.

Close contacts should monitor their health for any symptoms for the full 14 days after exposure. Contact the IUP Health Service for testing information.

Individuals who develop symptoms compatible with COVID-19, regardless of vaccination status, should be evaluated by a healthcare provider and tested as appropriate. Please follow the procedures for testing of symptomatic students: call the IUP Health Service at 724-357-2550 to make an appointment.

COVID-19 Vaccination

The IUP Health Service has free COVID-19 vaccines available to students; if you would like to receive a vaccine, please contact Health Services.

In addition, there are a number of vaccine clinics offered in the community by Indiana Regional Medical Center (IRMC). Vaccines are free. Upcoming clinics include:

- Aug. 31, 5 to 7 p.m., IRMC Outpatient Services Building (drive-through)
- Sept. 11, 11 a.m. to 3 p.m., downtown Indiana (during the Northern Appalachian Folk Festival)
- Sept. 16, 5 to 7 p.m., IRMC Park in downtown Indiana (during the Third Thursday event)
- Sept. 21, 5 to 7 p.m., IRMC Outpatient Services Building (drive-through)

Additional vaccination locations are listed at [Find a COVID-19 vaccine near you.](#)

Safety Kits

Free Safety Kits, which include three reusable face coverings/masks and other hygiene items, were distributed to on-campus students during move-in.

Safety Kits are available, free of charge, to all students; starting Aug. 23, students can pick up your Safety Kit at Folger Hall Monday through Thursday from 11 a.m. to 1 a.m.; on Fridays from 11 a.m. to 11 p.m.; on Saturdays from 10 a.m. to 7 p.m.; and Sundays from noon to 1 a.m.

We will continue to keep you up-to-date via email. More information about COVID-19 policies and guidelines are available on the [IUP COVID-19 Response Plan page.](#)

