Happy new year and welcome to the Winter 2016 edition of the Counseling Department newsletter. Please share this newsletter with any alumni you network with as they may not have shared their email address with us. And, make sure to update your email and other information to continue to receive this newsletter and latest information from the Counseling Department and IUP (see p. 13).

We want to welcome and introduce Dr. Brittany Pollard who joined our faculty this past Fall. You can read about Dr. Pollard on page 2. Faculty have been very active by making presentations, coordinating national conferences, engaged in sabbatical projects, and writing (see pages 2-3). As always, we have attracted a talented group of students on both campuses to serve as Graduate Assistants; see their descriptions of on pages 4 and 5. We also have doctoral teaching interns (see p. 6).

Under the leadership of Drs. Desmond and Dandeneau, we are developing curriculum for our doctoral program and hope to admit students for Fall 2017 (see p. 10).

The Center for Creativity and Change has a February 26th workshop with Dr. Sam Gladding presenting on Creativity and Creative Arts in Counseling; see pg. 7 for more information about the Center’s recent and upcoming activities.

Scholarships were awarded to 4 counseling students (see p. 8). We are recruiting new students for day and evening counseling programs, including a daytime CMHC program for Pittsburgh. Read about Whitney Fry Patterson (2007), in our Alumni Spotlight, on page 6. As always, alumni and current students are valuable recruiters for our programs and we appreciate your ongoing assistance with this important process. A list of information sessions appears on pg. 6.

Dr. McCarthy has taken on the leadership of our department websites; take a look when you have the opportunity: www.iup.edu/counseling And, also check our Dept. Facebook page for new developments and announcements.

On a personal note, my family just returned from a wonderful and relaxing trip to Boulder, Colorado and San Francisco. One of the highlights of this vacation was a visit to the redwoods at Muir Woods, just north of San Francisco (see a picture and thoughts on page 12).

I wish you all a healthy and prosperous year.

Bob Witchel
Dr. Brittany L. Pollard ~ What a whirlwind this semester has been! I joined IUP’s Department of Counseling this past August and can’t believe how fast the months have gone by – I guess time flies when you’re having fun! And fun is exactly what I’ve been having – the students, faculty, and staff both on the Indiana campus and at Penn Center have been so welcoming and have really made me feel at home. For that, I extend the warmest and most heartfelt thank you to you all. It’s a fantastic feeling to know that I’m in the right place.

Throughout my encounters with students this semester, I have been consistently impressed by their levels of engagement, responsiveness, and excitement about this program... and I have to say, it’s contagious! I moved here this summer after finishing my Ph.D. at the University of Tennessee (Go Vols!) and have loved every minute of it so far. The semester has been a busy one between learning the ropes here at IUP, teaching, advising the Indiana chapter of CESA, and presenting at numerous conferences, but I’m slowly settling in. Having grown up in Michigan, I’ve enjoyed being back up north and I look forward to exploring all that Western PA has to offer once my fiancé joins me in December.

With regard to my background, the bulk of my clinical experiences have included working with HIV+ and high-risk clients, counseling incarcerated adult males, and providing services to individuals struggling with substance abuse and issues related to domestic violence. My research focuses primarily on the development and use of innovative methods in counselor education, particularly in the areas of group work, grief counseling, and human sexuality.

In closing, thank you again to the IUP community for the warm welcome and for making my first semester one to remember – if we’ve yet to meet, please feel free to stop by and say hello anytime! I look forward to getting to know the rest of the IUP family and seeing what the second half of my first year holds!

Dr. Brittany Pollard

Dr. Brittany Pollard, copresented a workshop, “Introducing the Mirror: Utilizing Reflective Practices in Clinical Supervision” at the 2015 Tennessee Counseling Association Conference in Murfreesboro, Tennessee. Dr. Pollard also presented a workshop at the Pennsylvania Counseling Association’s 2015 state conference in State College. Her presentation was titled “The Influence of Experiential Small Groups on Counseling Students’ Group Work Training.”

The following presentations were made by Department of Counseling faculty at the 2015 conference of the Association of Counselor Education and Supervision (ACES) in Philadelphia in October:

- **Dr. Michelle Bruno** led an education session titled “Teaching Culturally Relevant Skills through Service Learning.” She also co-led a roundtable discussion on “Into the Unknown: First-Generation Counseling Students’ Challenges and Obstacles to Success Post-Graduation.”

- **Dr. Lorraine Guth** copresented “The Journey of Developing Culturally Relevant Counseling Practice” that included a discussion on a project conducted during her sabbatical in Malawi, Africa.

- **Dr. Brittany Pollard** copresented a workshop titled “Grief Has Many Faces: A Case Study on Fusing Culture and Service Learning within Counselor Education.”

- **Dr. Kim Desmond** offered a professional presentation on the topic of “Counseling Supervision Initiatives.” She also served as chair of the ACES Supervision Initiative.

- **Dr. Sibyl West** copresented a workshop titled “The Power of Unions to Empower School Counselors and School Counseling Programs in a Time of Corporatization.”
Faculty Updates

Dr. John McCarthy offered a presentation titled “Water the Seeds, not the Weeds: Solution-Focused Creativity and Creative Problem-Solving” at the 2015 Singapore Association for Counseling Symposium.

Dr. Holly Branthoover, served as the coordinator of the recent Association for Counselor Education and Supervision (ACES) Conference, held in Philadelphia from October 7-11.

Dr. Branthoover (pictured below) orchestrated the largest ACES Conference in its history, as 1,879 counseling professionals and students from throughout the world were in attendance. More than 1,000 educational sessions were offered, and Dr. Branthoover was also asked to serve as the coordinator for the ACES Conference in 2017 in Chicago.

In this role, her duties will again include the planning and management of the conference, serving as the ex-officio member of the ACES governing Council, selecting conference committee members, coordinating the work of all committee chairs, conducting conference committee meetings, and communicating with the host-region’s leadership.

Dr. Michelle Bruno and Dr. John McCarthy, published “Mental Health Literacy and Depression Among Older Male Adolescents” in the recent issue of the Journal of Asia Pacific Counseling.

Dr. Lorraine Guth was awarded a sabbatical to engage in a teaching, research, and service project in Malawi, Africa.

In summer 2015, she worked with Africa University of Guidance, Counselling and Youth Development to provide group work training to students and faculty; collaborate with two primary schools to pilot psychoeducational group lessons that she wrote; collect data about the growth and challenges regarding counseling in Malawi; deliver a keynote presentation at the second international counseling conference; and write a manuscript about the history of school counseling in Malawi.

She was awarded a Faculty Professional Development Council Grant and University Senate Research Committee Small Grant to help support this project.

Dr. Lorraine Guth and Dr. Beverly Goodwin, Psychology Department, recently published two activities in the book Group Work Experts Share Their Favorite Activities for the Prevention and Treatment of Substance Use Disorders.

The co-authored activities were “Filling your recovery bucket” and “What do you know about your ethnic, racial, and/or culture groups and how your identity impacts recovery?” Additionally, Dr. Guth and Sabrina Streightif, counseling alumna, co-authored the activity “Inflating your ‘SELF.’” The book was published by the Association for Specialists in Group Work.

Dr. Bob Witchel is co-chair of the publicity committee for the 2016 AAGT (Association for the Advancement of Gestalt Therapy) / EAGT (European Association for Gestalt Therapy) Conference in Taormina, Sicily. https://www.facebook.com/taorminaconference2016/
IUP Welcomes New and Returning Graduate Assistants!

**Emily Austin** earned her B.A. in Psychology, with minors in both Educational Psychology, and Sociology, and is an IUP Alumni. She is currently enrolled in the School Counseling Program at the Indiana campus. This is Emily's second year being a G.A. for Dr. Desmond. She helps with journal article editing as well as with the CACREP program evaluation. She is looking forward to helping with the implementation of the soon-to-be-Counseling Doctoral Program. Her professional interests include career counseling with high school students, and working with troubled youth and adolescents in schools. In her free time, she enjoys spending time with her family, boyfriend, and friends, as well as with her puppy, Jaxson.

**Dina Baunoch** graduated from Hunter College in New York City where she received a B.A. in Women’s Studies while minoring in English. She is currently enrolled in the Clinical Mental Health Counseling Program at IUP and her professional interests are parent issues and working with children and families. Dina is the Graduate Assistant to Dr. Carone at the Indiana Campus and is responsible for helping organize the assistantship application process. In the evenings, Dina is a household manager, an active PTA member, and a very busy mother of three. She loves spending time with her husband and children, reading children’s literature and women’s fiction, and enjoying a really good cup of coffee.

**Laura Bennett** I earned my B.A. in Psychology with a minor in Sociology from IUP. I am currently enrolled in the School Counseling program on the Indiana Campus where I am a GA for Dr. L'Amoreaux. My professional interests include working with children and adults with mental illness. I am currently employed with AmeriCorps where I am serving my year at The Community Guidance Center working as a Therapist. I also work as a Personal Caregiver. In my spare time, I enjoy traveling and spending time with my family and friends.

**Alexa Claypool** is a graduate from Saint Vincent College in Latrobe, PA. She graduated with a B.S. in Psychology with a minor in children’s studies and a concentration in addiction. She is currently enrolled in the Clinical Mental Health Counseling program at the Indiana campus and is Dr. Dandeneau’s graduate assistant. Her interests still include addiction counseling and she plans to pursue that in the future. Alexa is also a bank teller at Indiana First Savings Bank. She enjoys spending time with her friends and family and going to every country concert she can.

**Kendrix Hemenway** earned a bachelor of science degree from Mansfield University of PA in psychology. While there he minored in Criminal Justice Administration. Kendrix is in the Clinical Mental Health Counseling program at IUP and is Dr. Sibyl West’s GA. Together Kendrix and Dr. West are working on gathering data from individuals identifying as transgender. The data is being collected using the “Gender Expression and Perception Survey” created by Hemenway for research utilization. The hope is to be able to use results to help educate others within the counseling field. Kendrix is hoping to pursue a doctoral degree in the fall and continue work in the counseling psychology field.

**Thea Holzworth** is currently enrolled in the School Counseling program at Penn Center. As a GA, she assists Dr. Bruno with class preparation and special projects. Thea has two undergraduate degrees, in Fine Arts and Anthropology, from Clarion University of Pennsylvania. She attended West Virginia University, obtaining her graduate degree in Art Education. Thea worked as an art teacher for Central Greene School District for 9 years. During that time, she completed her School Admin. certification at California University of PA. Thea left her teaching position for an opportunity to live in Strasbourg, France. After moving back to the States, it was the perfect time for her to pursue a lifelong interest in counseling through IUP. Thea enjoys spending time with her family, including her five year old daughter. Her hobbies include photography and genealogy.

**Sara Hoover** earned her B.S. in Psychology with a minor in Sociology from the University of Pittsburgh. She is currently enrolled in the Clinical Mental Health Counseling program at the
**Graduate Assistants, Con’t.**

Indiana Campus, where she is Dr. Guth’s GA. Her professional interests include trauma counseling (namely, intimate partner violence and sexual assault in adolescents & young adults) and animal assisted therapy. Sara has two adorable feline children and enjoys reading, being outdoors, traveling with friends, and riding her horse.

**Dr. Alexandra Lepilina**, a student at the Indiana campus, is in the Clinical Mental Health Counseling program. She has her MD degree from the Sechenov Moscow Medical Academy and also worked for six years in the Department of Cell Biology at the Duke University Medical Center in Durham, NC. Alexandra is working with Dr. Laura Marshak as her graduate assistant this year. She is also a substitute therapist at Community Guidance Center in Indiana, gaining experience in working with people suffering from severe mental illness in a Partial Hospitalization program. In her free time she enjoys baking with her children and running.

**Lacey Macchia** earned her B.S in Art Education from Penn State. She is currently enrolled in the School Counseling program and works as a G.A. for Dr. Branthoover at Penn Center. Her professional interests are working with at risk youth, mentoring youth and researching data to help improve academic achievement. She currently works at Allderdice High School and runs the In School Suspension room, helps with school wide attendance and mentoring students. When she is not working or in class, Lacey enjoys watching sports, running, drawing and photography, and hanging out with friends and family.

**Erik Messinger** earned his B.S in Health Science with a minor in Psychology from Lock Haven University. He is currently enrolled in the Clinical Mental Health Counseling program on the Indiana campus, where he is a GA for Dr. McCarthy. As a GA he works for the Center for Creativity and Change and assists Dr. McCarthy with research projects. He has interests in health psychology, trauma, grief, and substance abuse.

**Julie Radakovich** earned her B.S in Psychology and Sociology with a Certificate in Children’s Literature from the University of Pittsburgh. She is currently enrolled in the School Counseling program and works as a G.A. for Dr. Pollard at the Penn Center campus. Working with faculty has provided Julie with interesting and unique opportunities to expand her knowledge within the profession and her skill set for future employment. Julie identifies herself to be Solution-Focused and values its applicability when working with adolescent student populations. In her free time, Julie enjoys yoga, spending time with friends and catching any Pittsburgh sports team play.

**Christina Rife** is currently enrolled in the Clinical Mental Health Counseling program and is Dr. Witchel’s GA for the academic year. She earned her B.A. in Criminal Justice from Penn State University. Chrissy’s interests in counseling are in drug and alcohol addiction. She is looking forward to hopefully graduating this coming fall. In her free time she cherishes the moments she spends with her two teenagers, and boyfriend.

---

**ACES**

Are you a master’s student in the counseling field thinking about doctoral programs? The Association for Counselor Education and Supervision (ACES) is the premier organization dedicated to quality education and supervision of counselors in all work settings. ACES members are counselors, supervisors, graduate students, and faculty members who strive to improve the education and supervision of counselors in training and in practice.

[http://www.acesonline.net/about-aces](http://www.acesonline.net/about-aces)
Doctoral Students Teaching in Department

We are fortunate to continue to have doctoral interns teach in our counseling programs. Interns receive supervision from Dr. Marshak and teach on both campuses. Two doctoral students are from Kent State: Emily Dennis and Jason Rydzewski; Monica Pattillo and Aniela Scanlon are from Duquesne University.

**Emily Dennis** is a licensed professional counselor and doctoral candidate at Kent State University studying Counselor Education and Supervision. She holds a dual Master of Arts degree from Ursuline College in Art Therapy and Counseling and a Bachelor of Arts degree in Psychology from The Ohio State University. During the course of her education and career, she has interned and been employed at hospitals, schools, and a child and family mental health counseling agency. Emily's areas of interest and research include counselors' personal relationships and roles, children and adolescents with mental and emotional disorders as well as those diagnosed with serious medical illness, and creativity/technology in counseling. She is on the board of trustees for the Association for Creativity in Counseling, a division of the ACA.

**Jason Rydzewski** is currently a doctoral student at Kent State University nearing the end of his coursework phase. He received his Masters in Counseling from Texas A&M University-Corpus Christi in 2012. His research areas include human sexuality and gender issues. He is also passionate about leadership, and is currently on the board for the Association for Creativity in Counseling and serves on the ACA Graduate Student Committee. Other interests include outdoor activities such as hiking and fishing, as well as cooking, reading, and travel.

CESA

The Indiana chapter of the Counselor Education Student Association (CESA) has had a busy semester! With an initial purpose of enhancing communication between the counseling faculty and graduate students, the organization has begun to get involved with the surrounding community this academic year. Over the past few months, CESA has sponsored a number of service and social events, including: collecting donations for the Alice Paul House (serving survivors of Intimate Partner Violence), bowling and corn maze student outings, a t-shirt fundraiser, and making holiday cards for the children staying at the Indiana Regional Hospital. Additionally, CESA has been working hard to organize its first annual holiday party, during which faculty and students can come together to celebrate the end of the semester.

For those interested in joining, CESA is comprised of both full-time and part-time graduate students enrolled in IUP's Department of Counseling. CESA's purpose is to serve as a bridge between faculty and students, advocate on behalf of student interests, enrich students' peer relationships, and help represent the Counseling Department in our local community. CESA representatives inform students of program changes, relevant administrative events, and deadlines, as well as aid students' passage through their respective programs of study. CESA members actively engage as productive members of society through advocacy, volunteerism, and donations which help to enrich the Indiana community. Next semester, CESA will continue to organize various social outings and service events, and we'd love to have you on board! Please contact current CESA-Indiana President, Chad Billy, at c.b.billy@iup.edu, if you're interested in joining us.

Alumni Spotlight  Whitney Fry Patterson (2007) and two of her colleagues presented at the American School Counselor Association national convention this past summer in Phoenix, AZ. The presentation was titled, “The School Counselor in the Cyber World.” They presented an overview of a day in the life of an Agora Cyber Charter School counselor and shared how their Counseling Department is working to align its program to become one of the first cyber schools in the country to earn the Recognized ASCA Model Program (RAMP) designation. They offer a comprehensive program to approximately 8,600 students (Kindergarten through 12th grade) throughout Pennsylvania to enhance their personal, social, academic and career development. There are 23 school counselors in total ranging from the elementary, middle and high school. The ratio of school counselors to high school students at Agora is about 300-to-1, which is well below the national average of 450-to-1 and near ASCA’s recommended ratio of 250-to-1. Their goal was to bring understanding to the fact school counselors play just as critical of a role in education in a cyber school as in a traditional brick-and-mortar school. Whitney and her colleagues will be presenting at the PSCA conference in February on the same topic.
The IUP Center for Creativity and Change

The IUP Center for Creativity and Change will be hosting its Spring 2016 workshop entitled Creativity and Creative Arts in Counseling, with creativity expert Dr. Sam Gladding. This one-day workshop will be held on Friday, February 26, at the Greensburg Garden & Civic Center in Greensburg, PA.

Dr. Sam Gladding is a professor in the Department of Counseling at Wake Forest University. He is a fellow in the American Counseling Association (ACA) and its former president. Dr. Gladding has authored numerous professional publications, including 15 books (with 30 revisions), eight counseling videos, and 80 scholarly articles. He was a first responder to the 9/11 attacks in New York City, providing psychological first aid to families of victims killed in the Twin Towers, and was also a first responder to the shootings at Virginia Tech.

He has been honored by the ACA with its highest honor, the Gilbert and Kathleen Wrenn Award for a Humanitarian and Caring Person. The Association for Creativity in Counseling named its Inspiration and Motivation Award in his honor, and the ACA named its Unsung Heroes Award after him. Gladding received his degrees from Wake Forest, Yale, and the University of North Carolina at Greensboro. He continues to work as a licensed professional counselor.

More information about the workshop and registration can be found on the Center for Creativity and Change's website [www.iup.edu/counseling/centers/](http://www.iup.edu/counseling/centers/) or by calling the Center at 724-357 3807. A discounted early bird registration will be available until Monday, February 1.

On October 2, the Center for Creativity and Change hosted a workshop titled Individual Counseling and Group Work in Reality Therapy, featuring Dr. Robert Wubbolding.

Dr. Wubbolding, one of the premier authors and practitioners in Reality Therapy, is Professor Emeritus of Counseling at Xavier University and a faculty associate at John Hopkins University. An internationally known teacher, author and practitioner of Reality Therapy, Dr. Wubbolding’s contributions to the theory and practice include the ideas of “Positive Symptoms,” “The Cycle of Counseling,” and “5 Levels of Commitment.” He has written extensively on Reality Therapy, including the books Employee Motivation, A Set of Directions for Putting and Keeping Yourself Together, Reality Therapy for the 21st Century, and Reality Therapy: Theories of Psychotherapy Series.

Dr. Wubbolding discussed reality therapy, choice theory, working with difficult clients, techniques for increasing group cohesion, ways to address conflicts in groups, and self-evaluation with clients. The workshop was attended by over 50 people, including students, alumni, and professionals. The event was held at the Greensburg Garden and Civic Center.

Save the date: Friday, Oct. 7, 2016

“Brief Solution-Focused Counseling with Children, Adolescents, and Families: A Toolbox of Practical Strategies” with Dr. John Murphy
Department of Counseling Awards Scholarships

Last semester, the counseling department awarded four scholarships of $900 to two Clinical Mental Health Counseling students and two School Counseling students.

Students who applied submitted a personal statement of their professional identity (i.e. clinical mental health or school counseling) and a brief statement of how this scholarship would be helpful to them and their professional development. Faculty did a "blind review" of the applications. Scholarship were given to: CMHC: Julia Araoz and Ellen Stewart School Counseling: Elyse Horomanski and Lacey Macchia

Congratulations to Dr. Holly Branthoover who was married to John Eric Salko on Friday November 13, 2015 at the Summit Inn, Farmington, PA.

Pictured (on left):
Front row: Dr. Sibyl West, Dr. Michelle Bruno, Dr. Lorraine Guth, Dr. Holly Branthoover, Mrs. Patsy Besh, Mrs. Tracey Poach
Back row: Dr. John McCarthy, Dr. Mimi Yablonski, Dr. Kimberly Desmond

Information Sessions for Prospective Students

Indiana Campus, Stouffer Hall, Rm 109

Penn Center East—Monroeville/Pittsburgh area

Tuesday, January 26, 2016 @ 6:00 pm

Tuesday, February 9, 2016 @ 6:00 pm

Monday, February 29, 2016 @ 6:00 pm

Thursday, January 21, 2016 @ 5:30 pm

Thursday, February 11, 2016 @ 5:30 pm

Thursday, March 3, 2016 @ 5:30 pm

To register, or for more information, contact Kelly Montanti at 724-357-2306.
As a way to acknowledge the mark of quality by our accreditation by the Council for Accreditation of Counseling and Related Educational Programs (CACREP), the Department would like to further support Community and School Counseling students by defraying their registration and travel costs for professional conferences and for coursework in other countries. Your support may also be dedicated to faculty initiatives. Thank you!  

Dr. Spinelli Memorial Fund

If you wish to contribute to the Dr. Spinelli Memorial Fund, contact the annual Fund at (724) 357-5555 or write to: The Office of Annual Giving, 313 Sutton Hall, Indiana University of PA, Indiana, PA 15705. The annual award is given to a current counseling student.

Faculty email addresses

Dr. Branthoover      holly.branthoover@iup.edu
Dr. Bruno               michelle.bruno@iup.edu
Dr. Carone             stacia.carone@iup.edu
Dr. Dandeneau        cdanden@iup.edu
Dr. Desmond           kdesmond@iup.edu
Dr. Guth               lguth@iup.edu
Dr. L’Amoreaux       nlamoro@iup.edu
Dr. Marshak           lmarshak@iup.edu
Dr. McCarthy         jmccar@iup.edu
Dr. Pollard           bpollard@iup.edu
Dr. West              swest@iup.edu
Dr. Witchel          bwitchel@iup.edu

Newsletters on the Internet

You can view this and previous issues of our newsletter at www.iup.edu/counseling in the news section.

Like our Facebook page!

Indiana University of Pennsylvania
Department of Counseling

IUP Counseling Department Newsletter
Published semi-annually by Counseling Department
Editor: Dr. Robert I. Witchel
Graduate Assistant: Christina Rife
Doctoral program in Counselor Education & Supervision

The department faculty continues to develop IUP’s doctoral program proposal in Counselor Education and Supervision. A Letter of Intent is being reviewed in the state system. Faculty are currently drafting curriculum in preparation for the program proposal. The department is committed to bringing a high quality program that promotes supervision, teaching, and counseling skills. Look for more information in the upcoming months. Any questions should be directed to Dr. Kim Desmond at kdesmond@iup.edu.

December, 2015 Graduation

Indiana campus Graduation in Stouffer Hall.
December, 2015 Graduation

Students from Daytime Cohorts 1 and 2

Pittsburgh/Monroeville campus Graduation at Penn Center East

Left to right:
Dr. John McCarthy,
Diane Dean, MA (Alumni Speaker)
Dr. Michelle Bruno,
Dr. Brittany Pollard
Please read the “Family Circles” description to the left. In the picture above, while it is difficult to see, there are the remains of a tree that perished 100’s of years ago. It is mostly hidden in the middle of the other trees that grew around it. It was amazing to see the many trees, also hundreds of years old, grow from the root structure left by the original tree trunk.

Looking at these redwood “family circles” in person made me wonder about the long term impact of our work as counselors and educators. The roots we offer through our relationships with clients and students, that can impact them throughout their life. I also thought about when disaster strikes someone’s life, leaving terrible harm, that despite the damage (deep inside of our core) there is our internal root system that still has vitality and can create new life for us and others.  

Bob Witchel
Alumni Feedback

We want to know what our alumni are doing – professional activities, publications, presentations, current employment positions and so forth. We also want to update our mailing list, and obtain e-mail addresses. We are interested in knowing about employment and internship opportunities for our current students. Please return this form (add additional sheet if needed):

Name ___________________________ Year of Graduation __________ Degree____________________

Address __________________________________________________________________________________

Home phone________________________ Work phone______________________________

Email ______________________________

Place of Employment ______________________ Job Title ________________________

Publications _____________________________________________________________________________

Presentations ___________________________________________________________________________

Other news _______________________________________________________________________________

_________________________________________________________________________________________

_________________________________________________________________________________________

IMPORTANT:

As we are no longer printing our Newsletter, we will notify you by EMAIL when it is available on our Department Website. In order for us to accomplish this, we are asking you to update your email address and other contact information with the IUP Alumni Affairs office. You can do this in three ways: 1) simply call 800-YES-2IUP; 2) send an email to alumni-relations@iup.edu; or 3) fill out the form on the Alumni Affairs website: http://www.iup.edu/upper.aspx?ekfrm=37027. Currently, we only have about 1,000 emails for the over 2,050 counseling alumni who receive this newsletter. So, please update your email address so we can stay in touch with you!