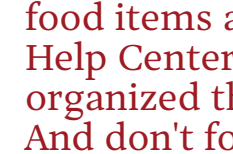


Student Affairs: Weekly Digest

Volume 2, Issue 7
Week of Oct. 26- Oct. 30

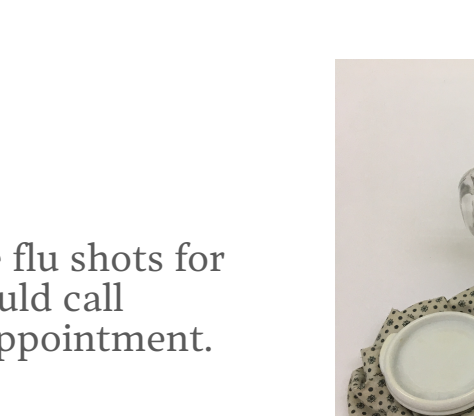
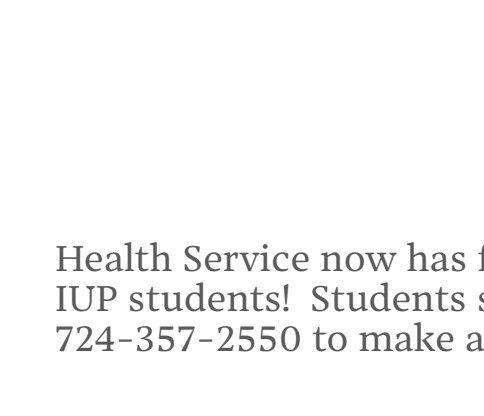
Inside The Issue:

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Contact Us

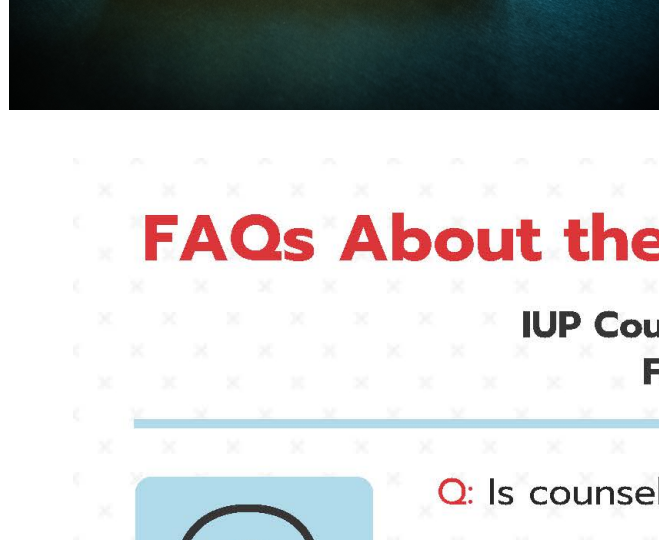
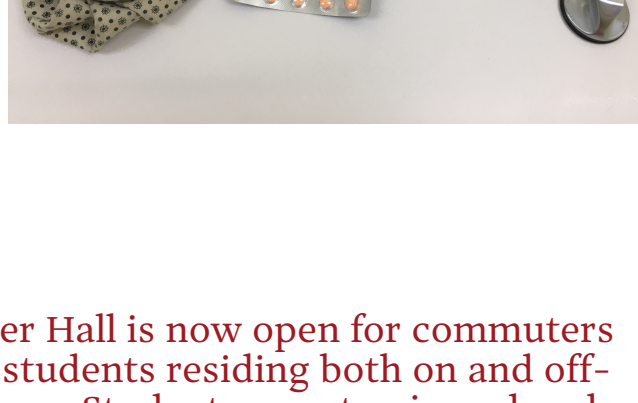


Updates

The College of Health and Human Services Faculty Service Committee sponsored a food collection at Robertshaw on Friday, October 16. They accumulated numerous food items and gift cards, which will help IUP students via the Food Pantry and Help Center. Thank you to everyone who donated and to the faculty members who organized the drive. And don't forget to follow the IUP Food Pantry and Help Center on Instagram @iupfoodpantryhc. There, you can check out the Pantry's item of the week each Monday!



Health Service now has free flu shots for IUP students! Students should call 724-357-2550 to make an appointment.



Folger Hall is now open for commuters and students residing both on and off-campus. Students can stop in and grab a bagged lunch, relax, engage in group project work, or shoot pool. Vending is available also!

FAQs About the Counseling Center

IUP Counseling Center Fall 2020

	Q: Is counseling available for students?
	Yes! The Counseling Center is available to offer telehealth counseling services to assist concerned students. The Center provides consultation and workshops along with crisis and emergency services.
	Q: Do you provide consultations for concerned faculty?
	Yes! Counseling Center faculty members are available to consult with all members of the IUP Community. Our faculty can assist with concerns about students, referrals, and student crises. Please email counseling-center@iup.edu or call 724-357-2621 if you are concerned about a student.
	Q: What is a telehealth appointment?
	This is an opportunity for the student to meet with a counselor via HIPPA compliant Zoom to discuss their needs. The student will create a plan for moving forward and their counselor will recommend services that best fit their needs.
	Q: Can I schedule an appointment for a student?
	While the Counseling Center is able to consult with you, please have the student reach out to the Counseling Center to schedule an appointment by phone 724-357-2621 or by email counseling-center@iup.edu. We offer same day appointments if the student calls before 3:00 p.m.
	Q: What are your hours?
	The Counseling Center provides services Monday- Friday 8:00 a.m.- 4:30 p.m.

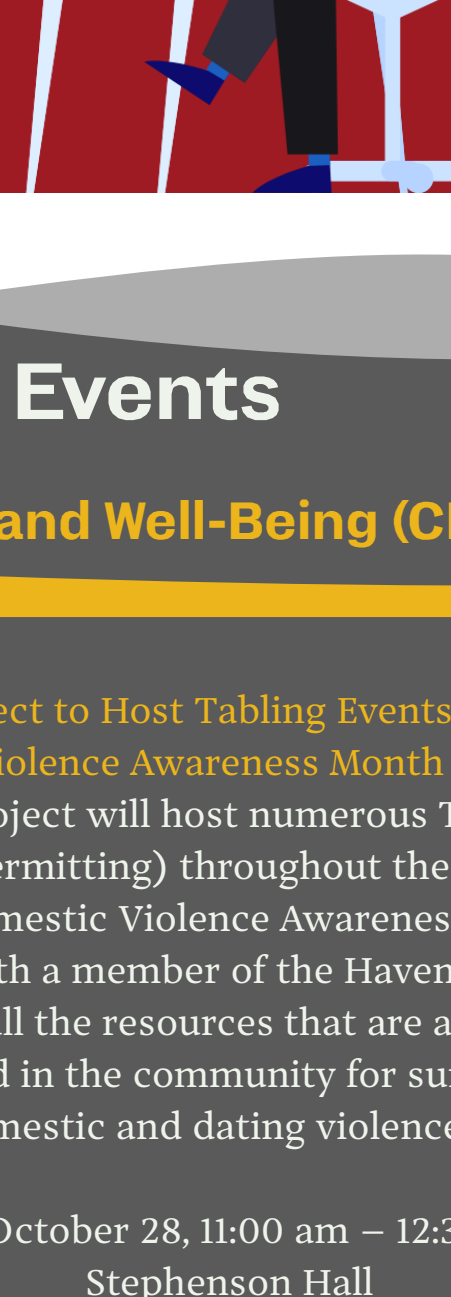
Living in the Suites just got Sweeter!

Live on campus and enjoy the many advantages—like the \$1,000 you'll save with our new housing scholarship for 2021-22. Live on campus again the following year, and we'll renew it. That's \$2,000 in your pocket over two years.

To receive the scholarship, sign up for your 2021-22 campus housing soon—

- Oct. 30, 2020, for upperclassmen
- May 1, 2021, for incoming freshmen

Questions?
Call us at 724-357-2696 or email iup-housing@iup.edu



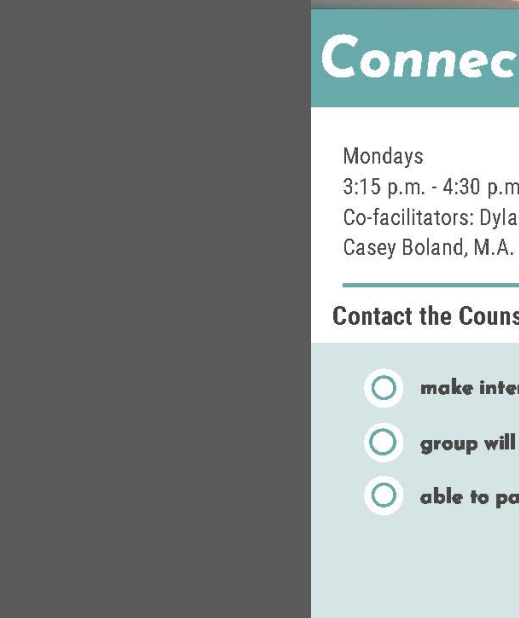
Upcoming Events

From the Center for Health and Well-Being (CHWB)

The Haven Project to Host Tabling Events for Domestic Violence Awareness Month

The Haven Project will host numerous Table Events (weather permitting) throughout the month of October for Domestic Violence Awareness Month. Stop by and talk with a member of the Haven Project and learn about all the resources that are available on campus and in the community for survivors of domestic and dating violence.

- Wednesday, October 28, 11:00 am – 12:30 pm outside Stephenson Hall
- Friday, October 30, 11:00 am – 1:00 pm outside near North Dining



Group Therapy Fall 2020

Connecting with Self and Others

Mondays
3:15 p.m. - 4:30 p.m.
Co-facilitators: Dylan Corp, Ph.D. & Casey Boland, M.A.

Wednesdays
1:15 p.m. - 2:30 p.m.
Co-facilitators: Michael Kent, M.A. & Kyle Liszewski, M.A.

Contact the Counseling Center @ 724-357-2621 for more information or to register

☐ make interpersonal connections
 ☐ feel connected during the pandemic

☐ group will be small (4-6 students)
 ☐ give and receive support from others

☐ able to participate over Zoom
 ☐ develop improved confidence

IUP Counseling Center
Monday- Friday
8:00 a.m.- 4:30 p.m.
724-357-2621
counseling-center@iup.edu

Center for Health & Well-Being, G-31
901 Maple Street
Indiana, PA 15705

Silent Witness Display

The Haven Project will set up a rotating Silent Witness Display in the residence halls through October. Silent Witnesses are wooden silhouettes of people containing the true stories of someone who was killed in an act of domestic violence in the U.S. The displays will be open for viewing in each of the residence halls two to four days in October in the main or first floor lobbies. The Silent Witness stories contain descriptive themes of sexual and domestic violence, including child abuse, so we ask people to please not read the stories if such topics trigger you or make you upset. A table with resources will also be available with the displays.



From Health and Wellness Promotion

Meditation Mondays @ 1 pm on Zoom - register:

<https://iupvideo.zoom.us/j/9tcequrTlQhHdHBfY9vqneps6hYQPRvUARJ>

Follow @IUPAWARE on Instagram for Motivational Mondays, Wellness Wednesdays, and Fresh Food Fridays posts.

Tuesdays 6 pm-7 pm: Safe Sex Jeopardy on Zoom - register:

<https://iupvideo.zoom.us/j/9tcequrTlQhHdHBfY9vqneps6hYQPRvUARJ>

Thursdays 7 pm: Kahoot Trivia on Zoom - register:

<https://iupvideo.zoom.us/j/9tcequrTlQhHdHBfY9vqneps6hYQPRvUARJ>

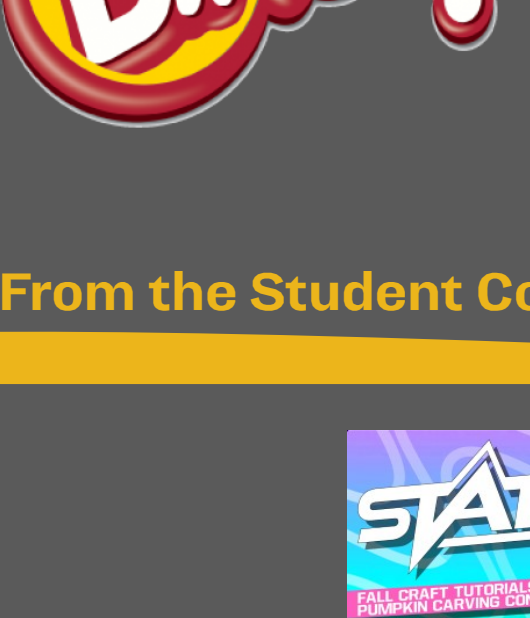
And, Coming Soon:

Virtual Pumpkin Carving Contest (Oct. 20-30) - voting on IG @IUPAWARE on 10/31

Virtual Talent Show - Details coming soon!

BINGO!

All students are invited to this ever-popular event. Hosted by ATOD and BACCHUS, students can enjoy a night of gaming from their own home via zoom. And, they can win some great prizes, like e-giftcards! Interested students should email atod-oasis@iup.edu before 6 pm on Fridays to claim their free BINGO card.



From the Student Cooperative Association (Co-op)

STATIC OCT-DEC 2020

FALL DRAMA TUTORIALS AND PROMOTION CAMPUS TOURS

NETELIX INSIDIOUS

NETELIX PARASITE

NETELIX IT 2

HALLOWEEN DJ DANCE PARTY

NETELIX KARATE KID

IUP CONQUER THE MIC

OCT 25

OCT 26

OCT 27

OCT 28

OCT 29

NOV 5

NOV 6

NOV 8

NOV 11

NOV 12

NOV 17

NOV 18

NOV 19

DEC 2

DEC 3

DEC 5

IUP CHOPPED & COOKING TUTORIALS

NETELIX TAYLOR TOMLINSON

NETELIX AJR

TRIVIA NIGHT 3

SPELLING BEE

NETELIX A BEAUTIFUL DAY

NETELIX THE GARDEN OF EDELWEISS

LIVE AN EVENING WITH JOSH PECK

From the Center for Multicultural Student Leadership and Engagement (MCSLE)

The Center for Multicultural Student Leadership and Engagement Presents:

BUILDING BRIDGES

WHY MY VOTE COUNTS ON ELECTION DAY:
The Power of the Black & Brown Student Vote

This event will spark a dialogue about voting and politics and how they impact minority communities in America. This session will provide students a chance to engage in meaningful dialogues regarding political parties, racial tensions, policies, and society.

Thursday, October 29
7:30 PM via Zoom
<https://bit.ly/3cCITE0>

MCSLE Offers Weekly Meet-Ups for Black and Brown Students

The Center for Multicultural Student Leadership and Engagement is looking to better engage Black and Brown students on IUP's campus. Every Friday evening, from 8-11 pm, MCSLE will be offering a "Meet-Up," which will give students of color the chance to get to know each other and draw deeper, more meaningful connections to IUP.

this must be the place

MEET-UP

ALL BLACK AND BROWN STUDENTS ARE INVITED!

Contact Us

Website

<https://www.iup.edu/studentaffairs/>

Email

universitystudentaffairs-vpsa@iup.edu

Phone:

724-357-2220

Address:

Sutton Hall, Suite 211-216
1011 South Drive
Indiana, PA 15705



<https://www.instagram.com/iupstudentaffairs/>

