

# Student Affairs: Weekly Digest

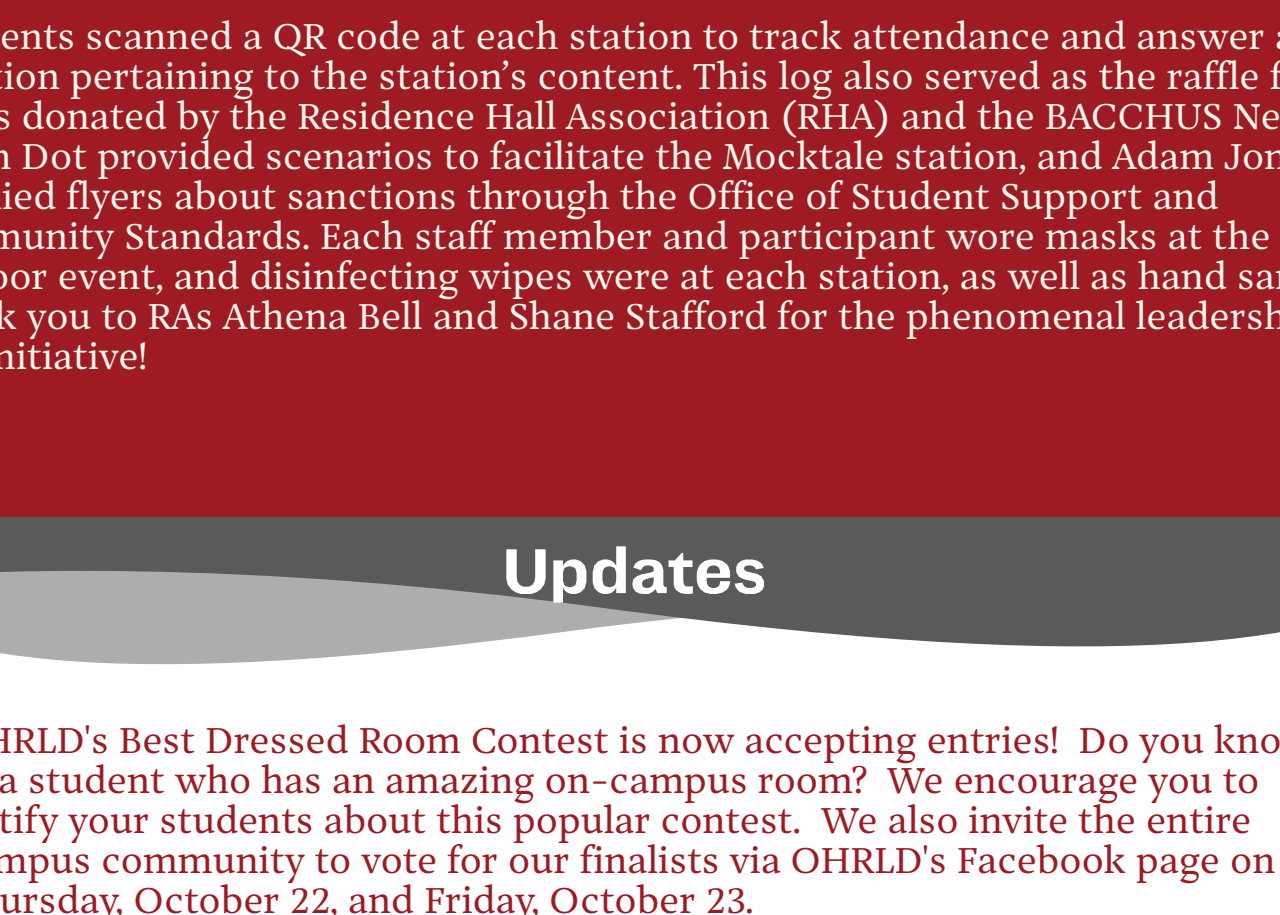
Volume 2, Issue 6  
Week of Oct. 19 - Oct. 23

## Inside The Issue:

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## Feature: OHRLD "Hawl Crawl" Program a Success

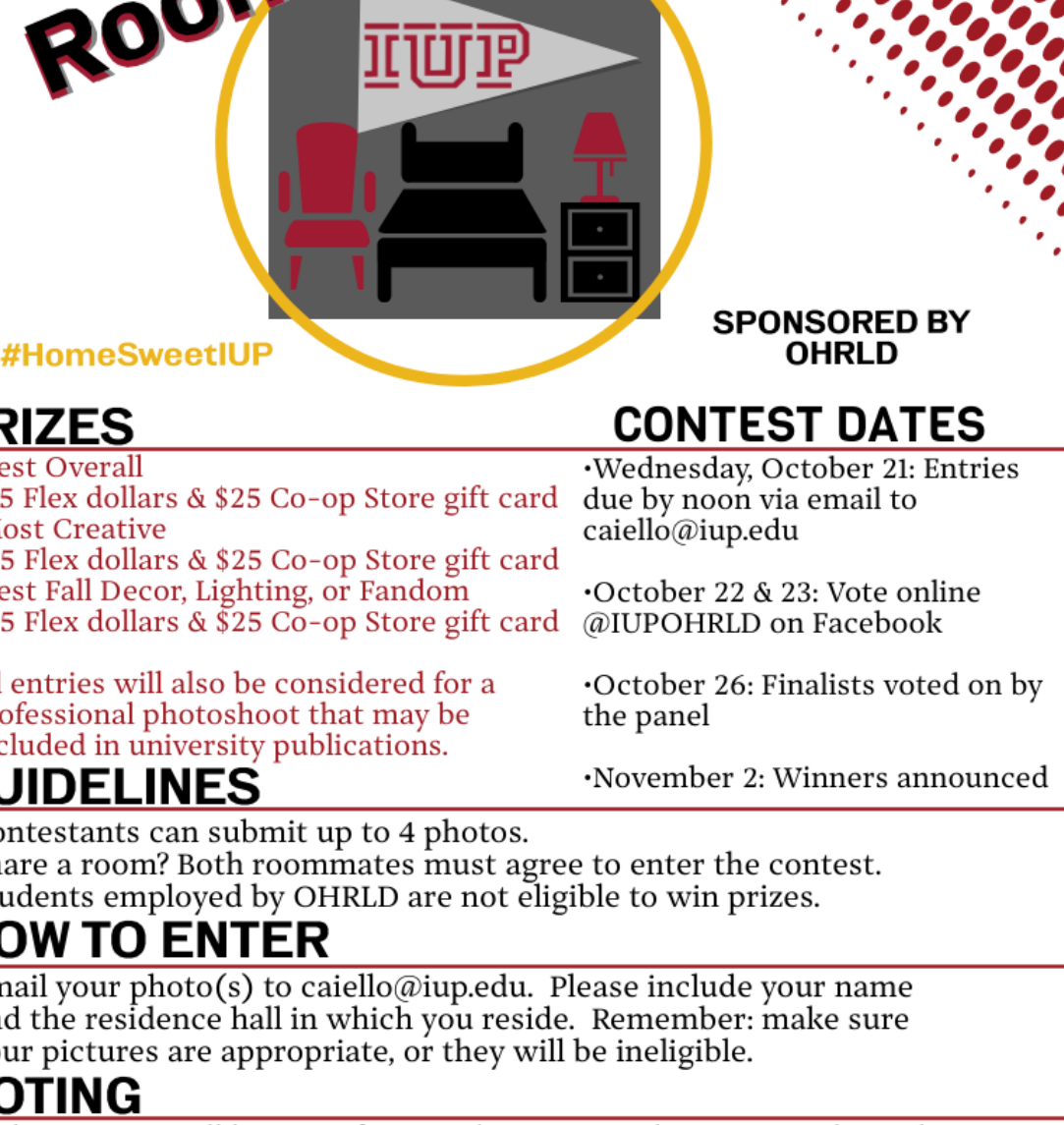


The North Area (comprised of Wallwork and Northern Residence Halls) staff hosted an engaging alcohol and marijuana educational program called "Hall Crawl" on October 8 from 6 pm-7:30 pm. 66 students attended five interactive stations: "Wake and Bake," (special appearance by Officer Alex Daum) "Mocktale," "Jeopardy," "Pong Facts," and "Beer Gut."

Residents scanned a QR code at each station to track attendance and answer a question pertaining to the station's content. This log also served as the raffle for prizes donated by the Residence Hall Association (RHA) and the BACCHUS Network. Green Dot provided scenarios to facilitate the Mocktale station, and Adam Jones supplied flyers about sanctions through the Office of Student Support and Community Standards. Each staff member and participant wore masks at the outdoor event, and disinfecting wipes were at each station, as well as hand sanitizer. Thank you to RAs Athena Bell and Shane Stafford for the phenomenal leadership on this initiative!

## Updates

OHRLD's Best Dressed Room Contest is now accepting entries! Do you know of a student who has an amazing on-campus room? We encourage you to notify your students about this popular contest. We also invite the entire campus community to vote for our finalists via OHRLD's Facebook page on Thursday, October 22, and Friday, October 23.



### PRIZES

- Best Overall \$75 Flex dollars & \$25 Co-op Store gift card
- Most Creative \$25 Flex dollars & \$25 Co-op Store gift card
- Best Fall Decor, Lighting, or Fandom \$25 Flex dollars & \$25 Co-op Store gift card

All entries will also be considered for a professional photoshoot that may be included in university publications.

### GUIDELINES

Contestants can submit up to 4 photos. Share a room? Both roommates must agree to enter the contest. Students employed by OHRLD are not eligible to win prizes.

### HOW TO ENTER

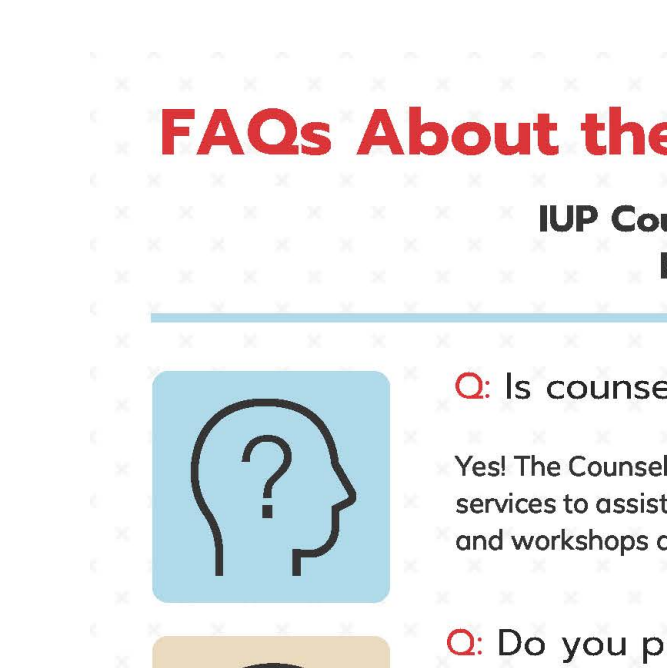
Email your photo(s) to [caielo@iup.edu](mailto:caielo@iup.edu). Please include your name and the residence hall in which you reside. Remember: make sure your pictures are appropriate, or they will be ineligible.

### VOTING

Online voting will be open for two days on October 22 & 23 through OHRLD's Facebook page (@IUPOHRLD). Voting is public, so encourage your family and friends to "like" your photo! The most liked rooms will then be voted on by the panel to determine the Best Dressed Room Contest's winners.

### CONTEST DATES

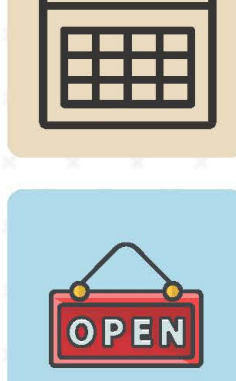
- Wednesday, October 21: Entries due by noon via email to [caielo@iup.edu](mailto:caielo@iup.edu)
- October 22 & 23: Vote online @IUPOHRLD on Facebook
- October 26: Finalists voted on by the panel
- November 2: Winners announced



Folger Hall is now open for commuters and students residing both on and off-campus. Students can stop in and grab a bagged lunch, relax, engage in group project work, or shoot pool. Vending is available also!

## FAQs About the Counseling Center

### IUP Counseling Center Fall 2020



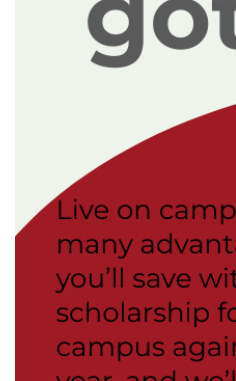
#### Q: Is counseling available for students?

Yes! The Counseling Center is available to offer telehealth counseling services to assist enrolled students. The Center provides consultation and workshops along with crisis and emergency services.



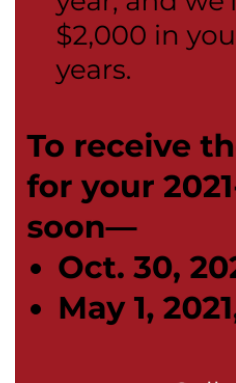
#### Q: Do you provide consultations for concerned faculty?

Yes! Counseling Center faculty members are available to consult with all members of the IUP Community. Our faculty can assist with concerns about students, referrals, and student crises. Please email [counseling-center@iup.edu](mailto:counseling-center@iup.edu) or call 724-357-2621 if you are concerned about a student.



#### Q: What is a telehealth appointment?

This is an opportunity for the student to meet with a counselor via HIPPA compliant Zoom to discuss their needs. The student will create a plan for moving forward and their counselor will recommend services that best fit their needs.



#### Q: Can I schedule an appointment for a student?

While the Counseling Center is able to consult with you, please have the student reach out to the Counseling Center to schedule an appointment by phone 724-357-2621 or by email [counseling-center@iup.edu](mailto:counseling-center@iup.edu). We offer same day appointments if the student calls before 3:00 p.m.



#### Q: What are your hours?

The Counseling Center provides services Monday- Friday 8:00 a.m.- 4:30 p.m.

## Living in the Suites just got Sweeter!

Live on campus and enjoy the many advantages—like the \$1,000 you'll save with our new housing scholarship for 2021-22. Live on campus again the following year, and we'll renew it. That's \$2,000 in your pocket over two years.

To receive the scholarship, sign up for your 2021-22 campus housing soon—

- Oct. 30, 2020, for upperclassmen
- May 1, 2021, for incoming freshmen

Questions?  
Call us at 724-357-2696 or email [iup-housing@iup.edu](mailto:iup-housing@iup.edu)



## Upcoming Events

### From the Center for Health and Well-Being (CHWB)

#### The Haven Project to Host Tabling Events for Domestic Violence Awareness Month

The Haven Project will host numerous Table Events (weather permitting) throughout the month of October for Domestic Violence Awareness Month. Stop by and talk with a member of the Haven Project and learn about all the resources that are available on campus and in the community for survivors of domestic and dating violence.

- Wednesday, October 21, noon – 2:00 pm outside Stephenson Hall
- Wednesday, October 28, 11:00 am – 12:30 pm outside Stephenson Hall
- Friday, October 30, 11:00 am – 1:00 pm outside near North Dining

#### "What's Love Got to Do With It?"

The Haven Project will host its second presentation entitled, "What's Love Got To Do With It?" on Monday, October 19, at 6:00 pm via Zoom. Learn about healthy and unhealthy relationships, love styles, love languages, and signs of domestic and dating violence. Staff from the Alice Paul House will be in attendance to discuss the resources that are available for support for those who need it. This presentation is a co-sponsored with Theta Phi Alpha, Sigma Chi, and the Alice Paul House. The Zoom ID code is 360 193 7028. Anyone is welcome to attend!



### Group Therapy Fall 2020

### Connecting with Self and Others

Mondays  
3:15 p.m. - 4:30 p.m.  
Co-facilitators: Dylan Corp, Ph.D. & Casey Boland, M.A.

Wednesdays  
1:15 p.m. - 2:30 p.m.  
Co-facilitators: Michael Kent, M.A. & Kyle Liszewski, M.A.

Contact the Counseling Center @ 724-357-2621 for more information or to register

☐ make interpersonal connections
 ☐ feel connected during the pandemic

☐ group will be small (4-6 students)
 ☐ give and receive support from others

☐ able to participate over Zoom
 ☐ develop improved confidence

IUP Counseling Center  
Monday- Friday  
8:00 a.m.- 4:30 p.m.  
724-357-2621  
[counseling-center@iup.edu](mailto:counseling-center@iup.edu)

Center for Health & Well-Being, G-31  
901 Maple Street  
Indiana, PA 15705

#### Silent Witness Display

The Haven Project will set up a rotating Silent Witness Display in the residence halls through October. Silent Witnesses are wooden silhouettes of people containing the true stories of someone who was killed in an act of domestic violence in the U.S. The displays will be open for viewing in each of the residence halls two to four days in October in the main or first floor lobbies. The Silent Witness stories contain descriptive themes of sexual and domestic violence, including child abuse, so we ask people to please not read the stories if such topics trigger you or make you upset. A table with resources will also be available with the displays.

#### From Health and Wellness Promotion

Meditation Mondays @ 1 pm on Zoom - register:

<https://iupvideo.zoom.us/joining/register/tJwtequrTlqHdHBFy9vqneps6hYQPRvUArJ>

Follow @IUPAWARE on Instagram for Motivational Mondays, Wellness Wednesdays, and Fresh Food Fridays posts.

Tuesdays 6 pm-7 pm: Safe Sex Jeopardy on Zoom - register:

<https://iupvideo.zoom.us/joining/register/tJlft-qorTkjE9R5eOGSv1LlCN97n15ThG->

Thursdays 7 pm: Kahoot Trivia on Zoom - register:

[https://iupvideo.zoom.us/joining/register/tJYtc-mrrz0vGNNql\\_vigaRccQhWiTqATjGx](https://iupvideo.zoom.us/joining/register/tJYtc-mrrz0vGNNql_vigaRccQhWiTqATjGx)

And, Coming Soon:

Virtual Pumpkin Carving Contest (Oct. 20-30) - voting on IG @IUPAWARE on 10/31

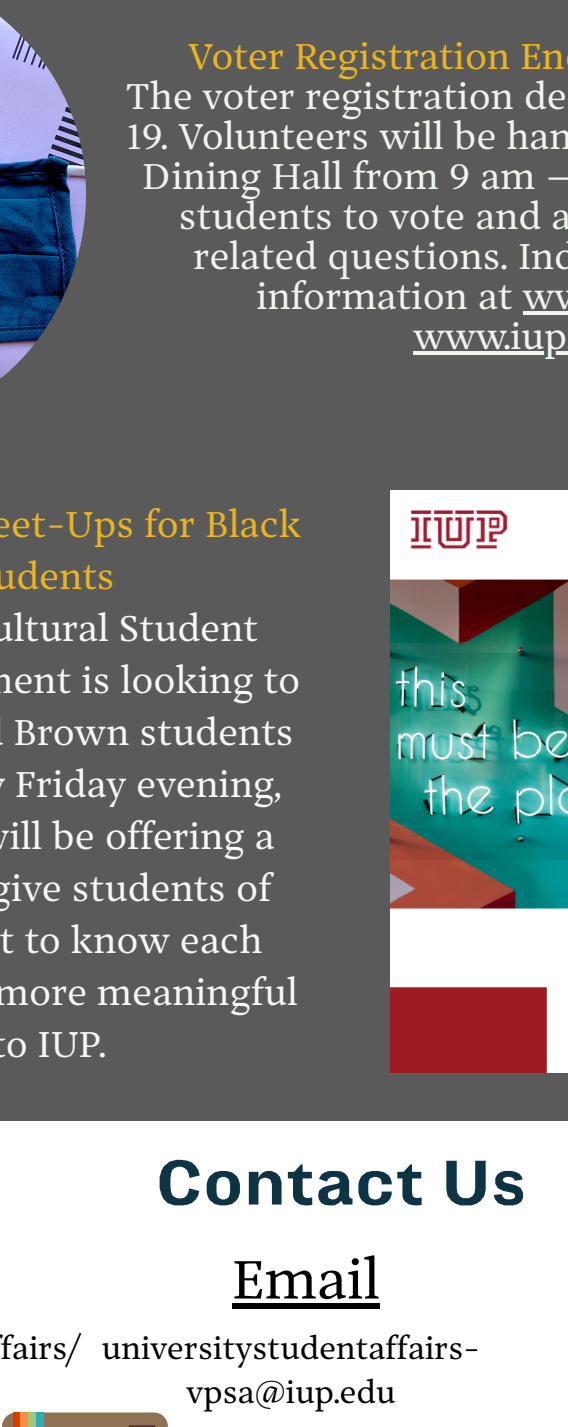
Virtual Talent Show - Details coming soon!

#### BINGO!

All students are invited to this ever-popular event. Hosted by ATOD and BACCHUS, students can enjoy a night of gaming from their own home via Zoom. And, they can win some great prizes, like e-giftcards! Interested students should email [atod-oasis@iup.edu](mailto:atod-oasis@iup.edu) before 6 pm on Fridays to claim their free BINGO card.



### From the Student Cooperative Association (Co-op)



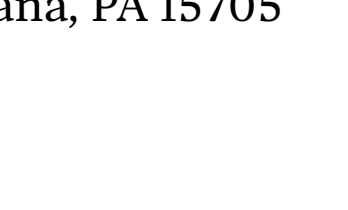
### From the Center for Multicultural Student Leadership and Engagement (MCSLE)

#### Six O'Clock Series: Alumni Panel- Metropolitan Careers

Have you ever imagined what it would be like to relocate and launch your career in a large, metropolitan region? Join us on Monday, October 19, at 6:00 pm for our Metropolitan Careers Alumni Panel, as we bring in some of our most successful alumni to talk about their careers, life in the city, and so much more.

This program is sponsored by the Career and Professional Development Center and the Office of Alumni and Friends. Join us via Zoom.

Questions? Email [sixoclock-series@iup.edu](mailto:sixoclock-series@iup.edu).

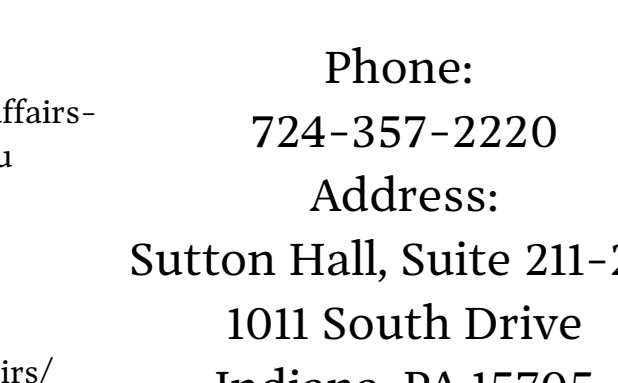


#### Voter Registration Ends Monday, October 19

The voter registration deadline is Monday, October 19. Volunteers will be hanging out in front of North Dining Hall from 9 am – 4:00 pm to help register students to vote and answer any registration related questions. Individuals can get more information at [www.VotesPA.com](http://www.VotesPA.com) or [www.iup.edu/vote](http://www.iup.edu/vote).



The Center for Multicultural Student Leadership and Engagement is looking to better engage Black and Brown students on IUP's campus. Every Friday evening, from 8-11 pm, MCSLE will be offering a "Meet-Up," which will give students of color the chance to get to know each other and draw deeper, more meaningful connections to IUP.



## Contact Us

### Website

<https://www.iup.edu/studentaffairs/>

### Email

[universitystudentaffairs-vpsa@iup.edu](mailto:universitystudentaffairs-vpsa@iup.edu)

### Phone:

724-357-2220

### Address:

Sutton Hall, Suite 211-216

1011 South Drive

Indiana, PA 15705



<https://www.instagram.com/iupstudentaffairs/>

