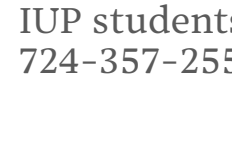


Student Affairs: Weekly Digest

Volume 2, Issue 4
Week of Sept. 28- Oct. 2

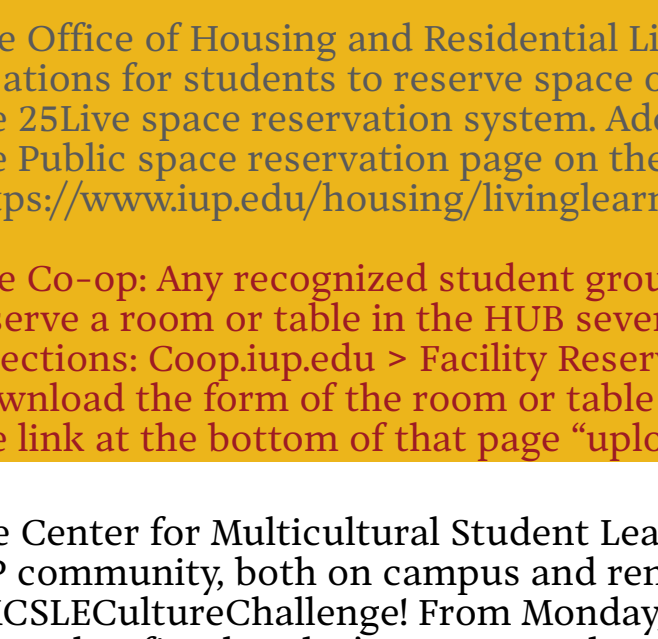
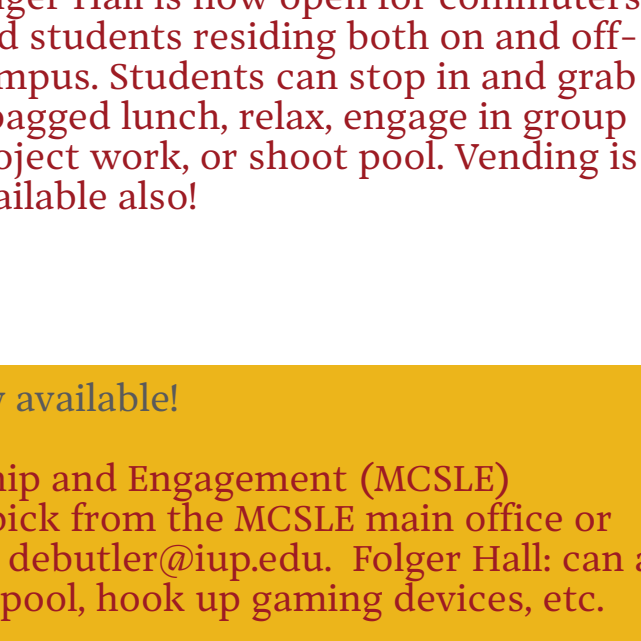
Inside The Issue:

Updates
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Updates

Health Service now has free flu shots for IUP students! Students should call 724-357-2550 to make an appointment.



Folger Hall is now open for commuters and students residing both on and off-campus. Students can stop in and grab a bagged lunch, relax, engage in group project work, or shoot pool. Vending is available also!

Campus space reservation information is now available!

The Center for Multicultural Student Leadership and Engagement (MCSLE)
Elkin Hall: A Facility Request form can be picked from the MCSLE main office or requested via email from Ms. Debbie Butler at debutler@iup.edu. Folger Hall: can also be used without a reservation to study, shoot pool, hook up gaming devices, etc.

The Office of Housing and Residential Living: Housing & Residential Living has several locations for students to reserve space on campus. All spaces will be servable through the 25Live space reservation system. Additional space requests can be made through the Public space reservation page on the Housing Website-
<https://www.iup.edu/housing/livinglearning/use-and-scheduling-of-public-space/>

The Co-op: Any recognized student group/organization or campus department can reserve a room or table in the HUB seven days prior to the event by following these directions: [Coop.iup.edu](https://www.iup.edu/coop) > Facility Reservations > Reservations Forms > select and download the form of the room or table > complete the form, save as, and resubmit to the link at the bottom of that page "upload completed form."

The Center for Multicultural Student Leadership and Engagement (MCSLE) invites the IUP community, both on campus and remote, to share their culture in photos for the #MCSLECultureChallenge! From Monday, September 28, to Friday, October 2, sharing a photo that fits that day's prompt and #MCSLECultureChallenge enters you for a chance to win a \$10 gift card to the Co-op Store or to have your photo featured on MCSLE's Instagram!

The daily prompts are:

Monday, 9/28: Food
Whether it's grab-and-go from the dining hall, delicious microwaved fare, or a home-cooked feast, what are you eating? In the caption, tell us how this plays into your culture.

Tuesday 9/29: Ritual
Everything in your routine exists for a reason. Think about the things you do every day—saying prayers, your makeup routine, your study schedule, the shows you watch, the music you listen to, your Starbucks order, the clubs you participate in. Show us something in your routine you believe to be related to your culture.

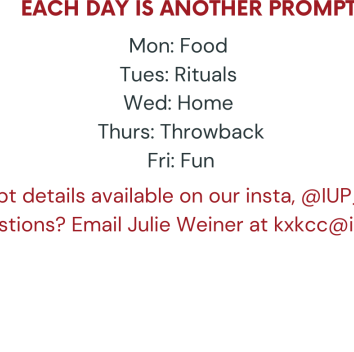
Wednesday 9/30: Home
Home can be your house, your state, your country, your dorm, your favorite place, your favorite person, or wherever your heart is. Show us what home means to you in a picture and tell us why in the caption.

Thursday 10/1: Throwback
Find a photo from a cultural event you've participated in: holidays, bar/bat mitzvahs, festivals, parades, your favorite event at IUP. Embarrassing childhood photos are encouraged! Tell us why this resonates with your culture.

Friday 10/2: Fun
What is part of your culture that's fun? Whether that's gaming, dancing, drag shows, religious services, club meetings, or holidays, show us how people in your culture have fun.

Your Instagram must be public for us to see your submissions; if you are interested in submitting but cannot post publicly, or if you have any questions, please email Julie Weiner at jkxccc@iup.edu.

IUP
#MCSLECultureChallenge
MONDAY SEPT 28 - FRIDAY OCT 2



Culture is "the customs, arts, social institutions, and achievements of a particular nation, people, or other social group." What does culture look like for you and your identity groups? Show us in your photos!

POST A PHOTO TO INSTAGRAM WITH #MCSLECultureChallenge AND ENTER TO WIN 1 OF 5 \$10 GIFT CARDS!

EACH DAY IS ANOTHER PROMPT

Mon: Food

Tues: Rituals

Wed: Home

Thurs: Throwback

Fri: Fun

Prompt details available on our insta, @IUP_MCSLE

Questions? Email Julie Weiner at jkxccc@iup.edu

FAQs About the Counseling Center

IUP Counseling Center
Fall 2020



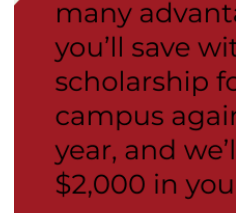
Q: Is counseling available for students?

Yes! The Counseling Center is available to offer telehealth counseling services to assist enrolled students. The Center provides consultation and workshops along with crisis and emergency services.



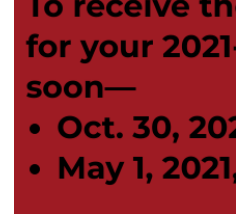
Q: Do you provide consultations for concerned faculty?

Yes! Counseling Center faculty members are available to consult with all members of the IUP Community. Our faculty can assist with concerns about students, referrals, and student crises. Please email counseling-center@iup.edu or call 724-357-2621 if you are concerned about a student.



Q: What is a telehealth appointment?

This is an opportunity for the student to meet with a counselor via HIPPA compliant Zoom to discuss their needs. The student will create a plan for moving forward and their counselor will recommend services that best fit their needs.



Q: Can I schedule an appointment for a student?

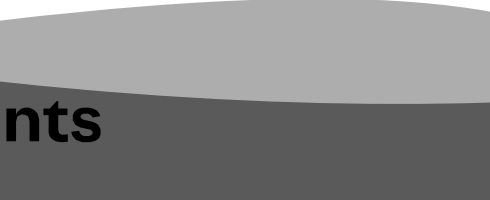
While the Counseling Center is able to consult with you, please have the student reach out to the Counseling Center to schedule an appointment by phone 724-357-2621 or by email counseling-center@iup.edu. We offer same day appointments if the student calls before 3:00 p.m.



Q: What are your hours?

The Counseling Center provides services Monday- Friday 8:00 a.m.- 4:30 p.m.

Another Meet-Up for Black and Brown students is in the books! Last Friday's Meet-Up was filled with good music, pool, video games, Corn Hole, Uno, Sorry, Connect 4, and more. Additionally, the Center for Multicultural Student Leadership and Engagement (MCSLE) made voter registration materials available and a number of students took advantage. Kudos to MCSLE and their grad staff for a great job of hosting the Meet-Ups each week. For more information about how you can participate at Meet-Up events, contact MCSLE at mcsle-center@iup.edu.



Living in the Suites just got Sweeter!

Live on campus and enjoy the many advantages—like the \$1,000 you'll save with our new housing scholarship for 2021-22. Live on campus again the following year, and we'll renew it. That's \$2,000 in your pocket over two years.

To receive the scholarship, sign up for your 2021-22 campus housing soon—

- Oct. 30, 2020, for upperclassmen
- May 1, 2021, for incoming freshmen

Questions?
Call us at 724-357-2696 or email iup-housing@iup.edu

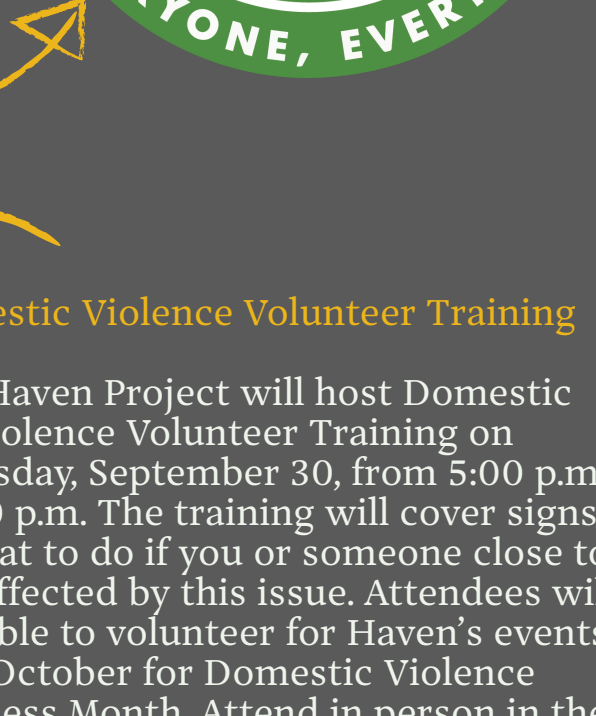


The Student Affairs Digest will take a brief hiatus during the week of October 12-16. We will be back the following week. Thanks for reading!

Upcoming Events

Red Zone and Green Dot Tabling

The Haven Project will have an information table on the subjects of Red Zone and Green Dot on Monday, September 28 from 11:00 am to 1:00 pm. Haven peers will be near Stephenson Hall (weather permitting). The Red Zone is the time from the beginning of the Fall semester until Thanksgiving break. It is believed that there are more sexual assaults on U.S. campuses during this time than any other time during the school year (RAINN.org). Information on how you can end sexual violence, how to be an active bystander, and how to show support to survivors will be provided.



Domestic Violence Volunteer Training

The Haven Project will host Domestic Violence Volunteer Training on Wednesday, September 30, from 5:00 p.m. to 6:00 p.m. The training will cover signs and what to do if you or someone close to you is affected by this issue. Attendees will be eligible to volunteer for Haven's events in October for Domestic Violence Awareness Month. Attend in person in the Suites on Maple East, room G-60 or via Zoom at iupvideo.zoom.us/j/99455840819.

The Suites are Cooking!

Food is something many of us share, and our suite communities are sharing recipes and safe cooking tips for on-campus residents who want to spice up their meals.

RAs Marissa and Kyle of Stephenson are going to show residents how to cook some healthy, delicious dishes with the items in their suite on a budget. Marissa and Kyle plan to educate, entertain, and promote self-sufficiency skills.



In Wallwork Hall, RA Kayleana is working with her residents to create a campus cookbook highlighting residents' favorite recipes and items that they can make in their suites. Stay tuned to see what we cook up next.

MCSLE Presents..... KAHOOT NIGHT!!

JOIN US TO PLAY A FUN GAME OF KAHOOT!

Are you a fan of trivia? Join MCSLE for a game of Kahoot to put your knowledge to the test!

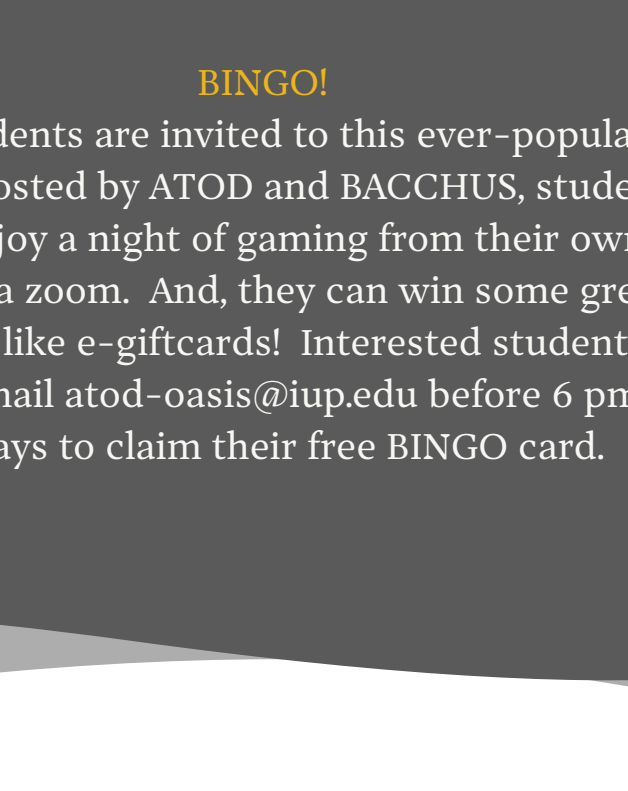
October 9, 2020 at 5pm on Zoom!
Zoom Link: <https://rb.gy/huhhix>
Topic: Culture and Diversity!

Any questions? Email zcjw@iup.edu!

STATIC OCT-DEC 2020	
FALL CRAFT TUTORIALS AND PUMPKIN CARVING CHALLENGE	OCT 25
NETFLIX INSIDIOUS	OCT 26
NETFLIX PARASITE	OCT 27
NETFLIX IT	OCT 28
NETFLIX IT 2	OCT 29
HALLOWEEN DJ DANCE PARTY	OCT 30
NETFLIX KARATE KID	NOV 5
IUP CONQUER THE MIC	NOV 6
NOV 8	IUP CHOPPED & COOKING TUTORIALS
NOV 11	NETFLIX TAYLOR TOMLINSON
NOV 12	IUP LIVING AJR
NOV 17	TRIVIA NIGHT 3
NOV 18	SPELLING BEE
NOV 19	NETFLIX A BEAUTIFUL DAY AND CHICK IN THE NEIGHBOURHOOD
DEC 2	DIY SPA TUTORIALS
DEC 3	NETFLIX THE LOXAX & WHITE CHRISTMAS
DEC 5	LIVE AN EVENING WITH JOSH PECK

MCSLE Offers Weekly Meet-Ups for Black and Brown Students

The Center for Multicultural Student Leadership and Engagement is looking to better engage black and brown students on IUP's campus. Every Friday evening, from 8-11 pm, MCSLE will be offering a "Meet-Up," which will give students of color the chance to get to know each other and draw deeper, more meaningful connections to IUP.



BINGO!

All students are invited to this ever-popular event. Hosted by ATOD and BACCHUS, students can enjoy a night of gaming from their own home via zoom. And, they can win some great prizes, like e-giftcards! Interested students should email atod-oasis@iup.edu before 6 pm on Fridays to claim their free BINGO card.

Website

<https://www.iup.edu/studentaffairs/>

Email

universitystudentaffairs-vpsa@iup.edu

Phone:

724-357-2220

Address:

Sutton Hall, Suite 211-216

1011 South Drive

Indiana, PA 15705



<https://www.instagram.com/iupstudentaffairs/>

