Student Affairs: Weekly Digest

Volume 2, Issue 21
Week of April 5-April 9

Inside The Issue:

Feature
Updates
Achievements and Recognition
Upcoming Events
Contact Us

IUP

Feature:
IUP Field Hockey Earns National Academic Team Award, Boasts Highest GPA in Division II

The IUP field hockey program has earned the National Field Hockey Coaches Association (NFHCA) Division II National Academic Team Award and boasts the highest grade point average in the nation, announced by the NFHCA Monday.

The Crimson Hawks posted a team GPA of 3.87 during the fall semester of the 2020-21 academic year. That mark leads all Division II schools and is tied for the best GPA among all field hockey programs across NCAA Divisions I, II, and III.

This is the first time IUP field hockey has topped the list and the seventh straight year the Crimson Hawks have earned the NFHCA's Academic Team Award.

The NFHCA National Academic Team Award recognizes programs that earned a team grade-point average of 3.0 or higher during the fall semester of the 2020-2021 school year.

Top performing NCAA teams
1. IUP (Division II), 3.87
Kean University (Division III), 3.87
Mass. Inst. Of Tech. (Division III), 3.87
4. College of Wooster (Division III), 3.86
5. Virginia Commonwealth University (Division I), 3.84
John Hopkins University (Division III), 3.84
7. Stanford University (Division I), 3.83
8. Haverford College (Division III), 3.82
Stevens Inst. Of Tech. (Division III), 3.82
10. Yale University (Division I), 3.81

IUP's offseason of academic honors
This news caps a big month for the IUP field hockey program as it pertains to academic accomplishments. On March 17 the NFHCA announced individual academic selections, to which the Crimson Hawks led all Division II schools with 25 student-athletes with a GPA of 3.3 or higher.

Last week, 11 Crimson Hawks were announced as NFHCA Scholars of Distinction, given to those with a GPA of 3.9 or higher.

Written by Ryan Rebholz, Director of Sports Information at IUP

#IUPLEADS
Green Bandana Project

Green Bandana Project: Interested in reducing the stigma around mental health? Set up a training for yourself, your organization, or your class. Be a part of the IUP community working towards building solidarity and letting our students know that they are not alone! Contact Sara Dillon at sdillon@iup.edu to schedule a training.

2021 Coppler Disability Awareness Award

Braille

The Department for Disability Access and Advising at Indiana University of Pennsylvania (D2A2)

CC

Nominations now being accepted!

The annual Ray Coppler Disability Awareness Award reflects the mission and vision of the Department for Disability Access & Advising (D2A2). This includes D2A2's mission to enhance the inclusion of IUP's students with disabilities, and the vision of a university that exceeds accessibility compliance – one that enhances the integration and success of persons with disabilities, and a campus-wide culture of access.

Nomination Form:

bit.ly/2QXmt54

IUP

The Food Pantry and Help Center (FPHC) is open this semester on Tuesdays and Thursdays from 2–7 p.m. and Wednesdays from 3–7 p.m. This semester, the FPHC is making snack bags and full food bags for students who are living in isolation. Thank you for supporting The Pantry, and please continue to send students down for resources. If you would like to make a donation to The Pantry, you may do so via this link: https://www.iup.edu/fund.aspx?id=252222.

The Haven Project will be hosting tables throughout the month of April for Sexual Violence Awareness Month. Watch for us outside North Dining and Folger Hall. Talk with members of the Haven Project. Information will be provided on resources that are available if you or a friend need help. You are not alone.

IT'S ON

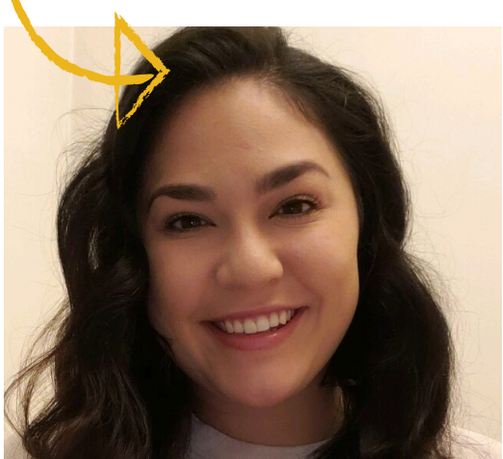
Indiana University of Pennsylvania

IUP COMMUNITY TO CREATE SIGNS TO SUPPORT SURVIVORS OF SEXUAL ASSAULT

Stand up and show your support by creating an encouraging sign for survivors of sexual assault.

The Haven Project is asking everyone—students, faculty, staff, and administrators—to stand up and show how IUP supports survivors of sexual assault during Sexual Assault Awareness Month with the "What Would You Tell a Survivor" signs. The deadline to submit your photo is Friday, April 23.

You can visit the Haven Project website on the main page and scroll to the bottom, right above the News posts. You will see a flyer and the template of the sign that we are asking everyone to fill out for this project.

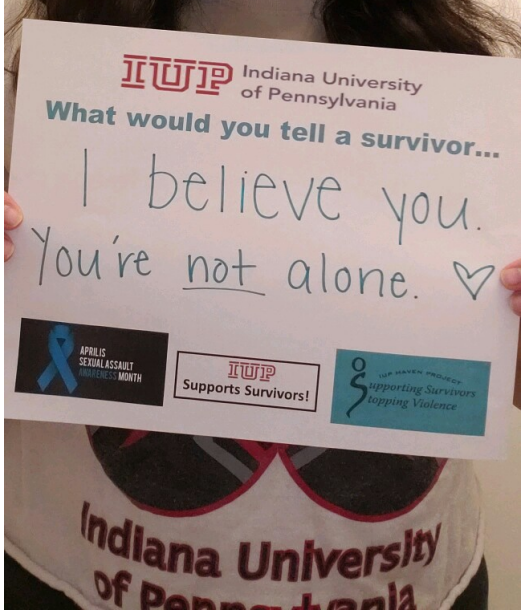


What to Do

1. Print out the sign.
2. Write your encouraging/supportive message to a survivor (no names of survivors, please).
3. Take a picture holding the sign (or just of the sign, it is up to you).
4. Email the picture to haven-project@iup.edu.
5. Check the Haven Project website on April 28 to view the video of IUP supporting survivors!

Please follow the Haven Project on social media for information on Sexual Assault Awareness and Prevention Month and our other topics:

- Facebook: IUP Haven Project



- Twitter: @IUPHaven
- Instagram: @IUPHaven

Questions? Visit the Haven Project website or email haven-project@iup.edu.

Sexual Assault is a difficult topic to vocalize, so we want to provide resources if anyone would need to reach out.

Resources Available

- The Alice Paul House* (24/7 hotline) – 724-349-4444
- The Center for Health and Well-Being at IUP
  - The Haven Project – 724-357-3947
  - The Counseling Center* – 724-357-2621
- University Police – 724-357-2141
- The Office of Student Support and Community Standards – 724-357-1264
- Title IX Coordinator – 724-357-3402
- LGBTQIA Support – 724-357-2598

*confidential resources

SPRING 2021 SERVICES AVAILABLE AT COUNSELING CENTER

Posted on 2/5/2021 3:12:15 PM

The IUP Counseling Center is offering virtual tele-health appointment for the spring 2021 semester to protect the health and safety of students.

Are you interested in meeting one-one-one with a therapist? We offer same-day 30-minute sessions, available Monday–Friday throughout the semester. Students can book the same day they call or email, so that we can help students when they need us the most.

To schedule an appointment, call the Counseling Center at 724-357-2621 or email counseling-center@iup.edu. The friendly office staff will assist you in scheduling a same-day appointment. You and your counselor will work to develop a personalized plan based on your goals.

The Counseling Center is open for virtual appointments Monday–Friday 8:00 a.m.–4:30 p.m. Call us today to speak with a therapist at 724-357-2621, email counseling-center@iup.edu, or visit the Counseling Center.

BECOME A WELCOME WEEK LEADER!

Help us welcome new students to IUP!

Responsibilities

- Act as a leader for new students
- Assist with various welcome events
- Work in teams to accomplish tasks
- Be a positive IUP representative

Requirements

- Must be in good academic standing
- Must be in good judicial standing
- Must be an IUP undergraduate student
- Must be avaialble August 12-22

APPLICATIONS OPEN ON CRIMSON CONNECT

Contact:
Jenna Keppel (cbgcc@iup.edu),
Kevin Foster (kfoster@iup.edu),
or call 724-357-2598
for more information

SCAN ME

IUP

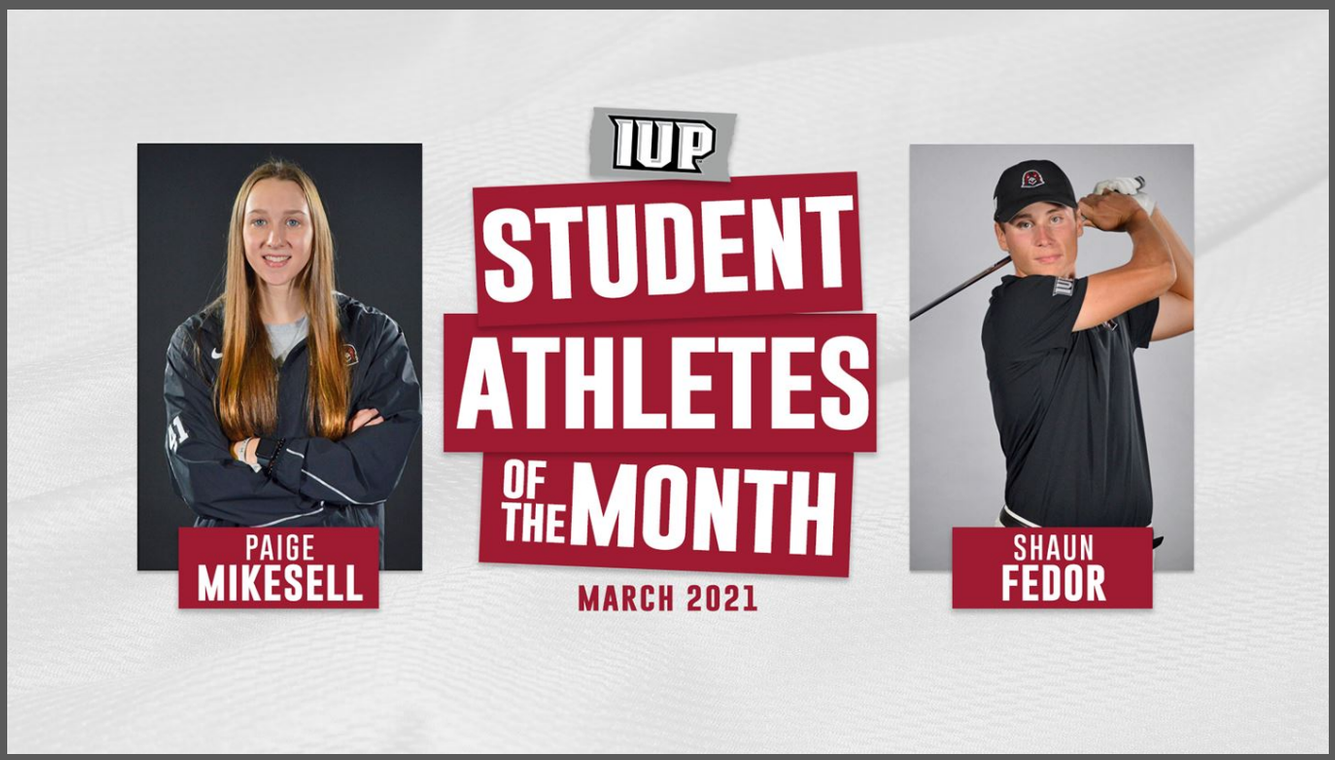
Hello,

Do you know of a student stressed about buying food and paying for heating bills?

They may be eligible to receive aid to help pay for their groceries, heating bills, and more.

Have your student contact the IUP Counseling Center Clinical Case Manager, Susan Graham, by calling 724-357-2621 or emailing counseling-center@iup.edu to schedule a confidential appointment to see if they qualify for assistance and to get connected with resources.

Achievements and Recognitions



Junior women's swimmer Paige Mikesell and sophomore men's golfer Shaun Fedor were announced as the IUP Student-Athletes of the Month for March.

This is the inaugural month for the award, which highlights two student-athletes each month during the academic year who have demonstrated success in the classroom and on their respective field of play.

A health & physical education major from Clearfield, Pennsylvania, Mikesell boasts a perfect 4.0 grade point average through the fall 2020 semester. She was a CoSIDA Academic All-America® selection as a sophomore last year.

She put together an outstanding month in the pool, highlighted by an individual national title in the 200 yard freestyle at the 2021 NCAA Division II Championships in Alabama. Mikesell also posted two second place finishes and wrapped up the championships with seven total All-American honors and five school records.

Fedor is a marketing major from Lancaster, Pennsylvania and owns a 3.93 cumulative grade point average through last semester.

He has been the Crimson Hawks' top golfer as they returned to the course this month, leading the team with a 75.33 average through six rounds. He opened the year with a fifth place finish at the Cherokee Valley Invitational in North Carolina and battled against tough competition to finish in a tie for 11th with a 3-over 219 at the three-round Trojan tournament hosted by Mount Olive (N.C.) this week.

Upcoming Events

From the Center for Health and Well-Being (CHWB)

It's On Us Presentation

The Haven Project and Phi Sigma Kappa invite everyone to an “It’s On Us” presentation on Thursday, April 8, from 5:00 p.m. to 6:00 p.m. in the HUB Ohio room.
The “It’s On Us” movement is centered around raising awareness and fighting against sexual assault on college campuses. The campaign urges everyone to step away from the sidelines and be an active part of the solution.
Statistics: 1 in 5 female-identifying and 1 in 14 male-identifying students across the US will be sexually assaulted during their time in college - rates are higher for students of color, LGBTQIA students, low-income students, and students with disabilities. -itsonus.org
Join us to learn more about the National Campaign that encourages us to be better bystanders, teaches us about power-based violence, sexual violence prevention, and more. It’s On Us, IUP, to make campus safer for everyone.

Join us to learn about the

Fostering Success: Student Stories of Perseverance and Resilience

Transitioning to college is a challenge, IUP is here to provide you with the guidance you may need along the way.

Thursday, April 15
5 - 6 PM
HUB (Ohio Room)

experiences foster care students have at IUP by listening to their stories of perseverance and resilience

Have you ever been affiliated with foster care?

Are you an independent student without parental or other support?

Do you want to help create an inclusive campus for students like you who are foster care affiliated and have lived independently without parental support?

How IUP can help-

- Mental Health Support
- Financial Aid
- Community Engagement
- Case Management
- Mentoring
- Housing
- Transition Planning
- Tutoring Programs

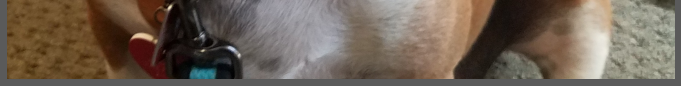
Contact us at counseling-center@iup.edu
or call 724-357-2621

IUP Counseling Center

Just Paws with the Therapy Dogs

Every Monday from 6-7:30 p.m., the Therapy Dogs will be in the Folger Student Center. For students who are missing home, feeling low, or want to give scritches, stop by and see Ranger and his pals! Did you know that therapy dogs actually absorb the stress of humans? This is a great opportunity to reduce stress and anxiety.

Students can also set up a personal visit with Ranger by emailing Sara Dillon at sdillon@iup.edu. You can also follow Ranger on

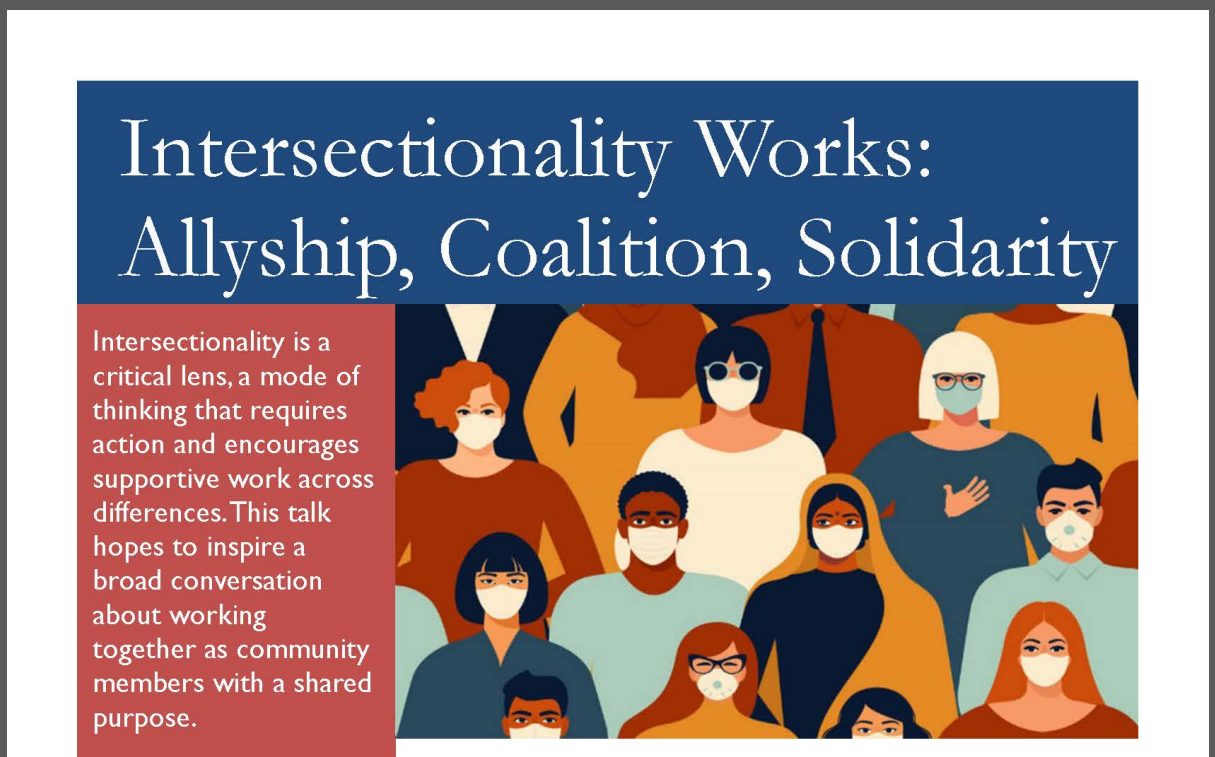


twitter @IUPRANGER1. You can follow Health and Wellness Promotion @IUPAWARE, too!

Kahoot Trivia

Every Thursday at 7 p.m., HWP will host Kahoot Trivia with Peer Educator Charles Coleman via Zoom (ID: 990 4005 0169). Enjoy a night of fun every week with chances to win prizes! Email Sara Dillon at sdillon@iup.edu for details.

From the Center for Multicultural Student Leadership and Engagement (MCSLE)



Dr. Brennan's transdisciplinary work operates at the intersection of gender, race, and sexuality—studying the politics of inclusion and rejection, as well as hate speech and violence. As a scholar and educator of the margins, she works to increase inter-group community and activism.

Friday, April 9, 2021

Keynote Speaker: Dr. Melinda Brennan

Assistant Chair of Women's & Gender Studies,
University of Wisconsin-Milwaukee

10:00 a.m.—Keynote

11:00 a.m.—Presentation/Workshop

12:00 p.m.—Community Conversation

Zoom: iupvideo.zoom.us/j/93046668774

Hosted by the Social Equity & Title IX Office, LGBTQIA+ Commission, LGBTQIA Support Office, and MCSLE

Further Information:
Austin Marsico: bhlw@iup.edu
Tedd Cogar: lgbtqia-support@iup.edu
Jonathan Warnock: jwarnock@iup.edu

Queer Conversations: Gaymes (Not Just the Tokyo Olympics)

Join LGBTQIA Support on Tuesday, April 6, from 5-7 p.m. In this discussion, we will delve into the Olympics, Paralypmics, out athletes, and other sorts of games, like video games. Join us via Zoom (link: https://iupvideo.zoom.us/j/91323631243).

Building Bridges: Job Searching During the Pandemic

For many students, searching for a job or internship has been a bit daunting. A year into the pandemic, the job market for graduating IUP students has transformed. Join Dr. Tammy Manko for a discussion about navigating these challenging times to find your dream career. Join us on Thursday, April 8, at 6:30 p.m. via Zoom (link: https://iupvideo.zoom.us/j/94582988689).

LGBTQIA Support

IUP

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LGBTQIA Support Grad Group

This event is for all graduate students (and those senior undergraduate students) to meet and support one another. Join us on Sunday, April 11, from 6-8 p.m. via Zoom (https://iupvideo.zoom.us/j/94429909950).

Meet-Up

All students are invited each Friday evening from 8-11 p.m. for MCSLE's weekly Meet-Up. Held in the Folger Student Center, students can play games, shoot pool, watch TV, or just chill and hang out!

From the Student Cooperative Association (Co-op)

IUP Deal or No Deal

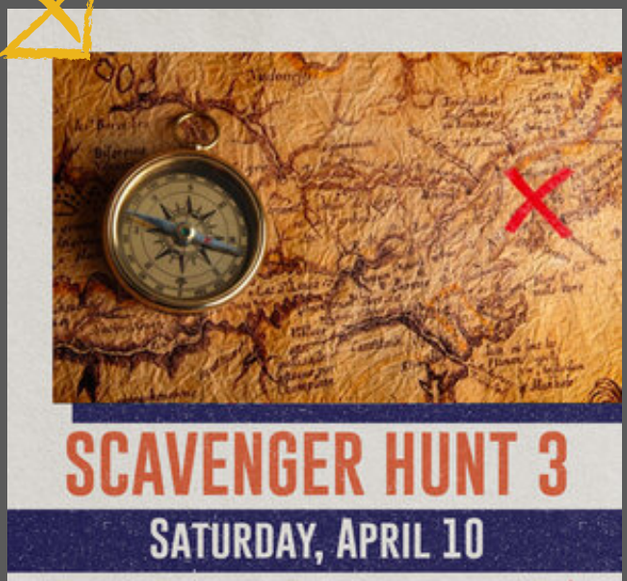
IUP! Deal? Or no deal? Join STATIC as we host our virtual IUP version of the hit game show, Deal or No Deal, on Wednesday, April 7, at 8:00 p.m., via Zoom! You and your friends could get a chance to compete against other IUP students for TONS of cash prizes! JUST PICK THE RIGHT BRIEFCASE and KNOW HOW TO HAGGLE! Register here!

Netflix & Chill: Action Night!

On Friday, April 9, STATIC hosts a virtual Netflix & Chill movie night featuring your favorite blockbuster action movie! Event begins at 8:00 p.m.

Campus Scavenger Hunt- Day 3

STATIC is hiding goodies all over campus on four different Saturdays during the Spring 2021 semester, and it's YOUR job to hunt them down! Beginning at 2 p.m. on Saturday, April 10, and continuing to 5 p.m., STATIC will release various clues on a different one of its social media accounts (Facebook, Twitter, Instagram, and TikTok), leading you to different locations on campus to track down some awesome prizes.



Group Fitness

All Group Fitness classes will be FREE during the spring 2021 semester! Classes will be held in the HUB Gymnasium, with social distancing precautions in place, and facilities will be deep-cleaned between classes. For a detailed schedule of classes, follow http://www.coop.iup.edu/campus-recreation/group-fitness/.

From the Military and Veteran's Resource Center (MVRC)

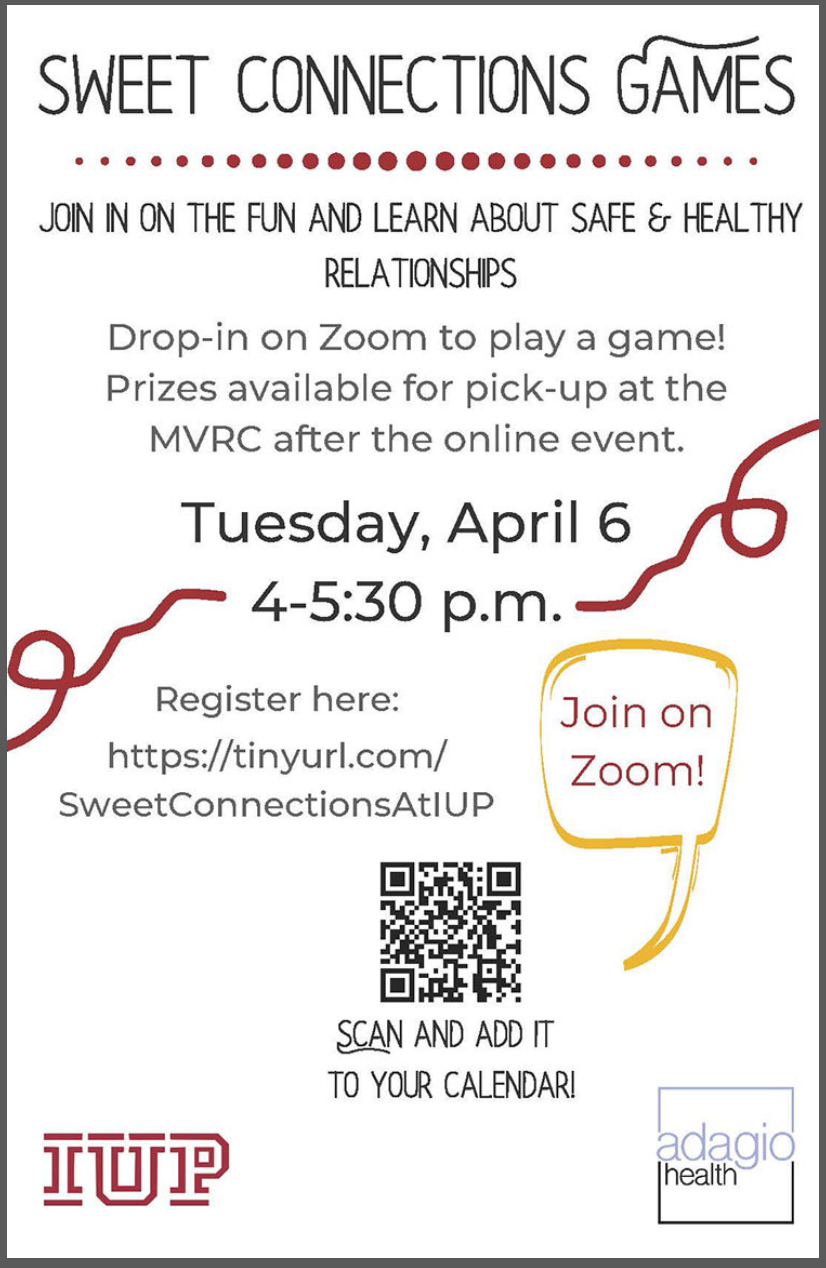
CrowdFunding for the MVRC

The Military and Veterans Resource Center (MVRC) engages 900 veteran and military-affiliated students by providing opportunities to connect and receive help when they need it the most. Your support of the MVRC Crowdfunding project will provide critical resources and ongoing assistance for our students. The funds raised in this project will go to three areas.

- 1/3 of the funds will go to IUP's Veterans Assistance Fund. This fund provides military-affiliated students with emergency funds to help them during a financial crisis. In the past, the MVRC used the Veterans Assistance Fund to help students buy books, purchase class supplies, pay for utilities and rent, purchase food, and other financial needs.
- 1/3 of the funds will go to improve the services we provide in the MVRC for our students.
- 1/3 of the funds will go to provide additional programming for current military-affiliated students and to connect with alumni through programming and an enhanced Veterans Day celebration.

The MVRC's mission is to provide personalized and caring support to IUP student veterans during their transition from military service to college life. The MVRC helps veterans and military-affiliated students navigate IUP and aid with VA educational benefits, as well as give veteran students the tools to succeed academically and personally.

For those wishing to make a donation, visit the website at https://securelb.imodules.com/s/894/15/index-1col.aspx?sid=894&gid=1&pgid=951&cid=1644&bledit=1&dids=435&appealcode=AFCRWDFE.



Contact Us

Website

https://www.iup.edu/studentaffairs/

Email

universitystudentaffairs-vpsa@iup.edu

https://www.instagram.com/iupstudentaffairs/

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