# **Student Affairs: Weekly Digest**

Volume 2, Issue 20 Week of March 29-April 2

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### Feature: Join STATIC's Executive Board

Do you know of a student who is interested in event planning and promotions, advertising and marketing, or hospitality management? How about a student who wants to help pick, plan, promote, and manage the events on campus? Are they hardworking, driven, creative, and collaborative? Are they a leader? Do they want to make IUP a better place for everyone?

Suggest that they join the STATIC Executive Board. Find the application (as well as some important info) below!

STATIC, given that it's the campus programming board for Indiana University of Pennsylvania (IUP), serves a huge constituency of campus community members, including students, staff, faculty, administration, alumni, and Indiana Borough and White Township residents. The vast majority of the work done by STATIC is done by its Executive Board, which is made up of 12 hardworking, driven, creative, and collaborative student leaders from across the university, plus the full-time staff advisor, graduate advisor, and graduate intern.

The Executive Board Selection Process has been designed to give candidates the best possible introduction to the organization, while also helping the current Executive Board find the best of the best. It is rigorous, and it is highly selective. But it's worth it!



f y 🔘 🌲 @STATICatlUP

In order to join the Executive Board, interested students must complete the following:

- Download the full STATIC Executive Board Application and follow all directions. • Complete both pages of the application (page 1 to 2 of the application). • Attach an updated resume (mandatory).
- Attach one faculty / staff recommendation form (optional page 3 of the application).
- Attach a graphic design portfolio (mandatory only for any Graphics Chair
- candidate). Attach an example video production project (mandatory only for any Advertising / <u>Video Chair candidate).</u>
- Attach a marketing plan (optional pages 4 to 7 of the application). • Attach an event brainstorming plan (optional - page 8 of the application). • Attach a leadership and recruitment plan (mandatory only for any Executive Chair
- or Membership Chair candidates pages 9 to 10 of the application). • Attach their Spring 2021 class schedule (mandatory - used for interview
  - scheduling purposes). • Submit a completed application packet (with all mandatory and optional
  - components) by 4:00 p.m. on Friday, April 2, 2021, to STATIC's Gmail (staticatiup@gmail.com) and STATIC's advisor email (znclark@iup.edu). Late submissions will not be considered.
  - Participate in both the individual and group interview sessions via Zoom, preliminarily scheduled for April 9. • Participate in the mandatory shadowing experience throughout April and May
  - 2021, as well as during Welcome Week 2021. • Participate in event brainstorming and planning throughout Summer 2021, as well as the mandatory Executive Board training in August 2021.



Find the application here!

## Updates



Green Bandana Project: Interested in reducing the stigma around mental health? Set up a training for yourself, your organization, or your class. Be a part of the IUP community working towards building solidarity and letting our students know that they are not alone! Contact Sara Dillon at sdillon@iup.edu to schedule a training.

## **SPRING 2021 SERVICES AVAILABLE AT COUNSELING** CENTER

Posted on 2/5/2021 3:12:15 PM 9 ø

The IUP Counseling Center is offering virtual tele-health appointment for the spring 2021 semester to protect the health and safety of students.

Are you interested in meeting one-one-one with a therapist? We offer same-day 30-minute sessions, available Monday-Friday throughout the semester. Students can book the same day they call or email, so that we can help students when they need us the most. To schedule an appointment, call the Counseling Center at 724-357-2621 or email <u>counseling-center@iup.edu</u>. The friendly office staff will assist you in scheduling a same-day appointment. You and your counselor will work to develop a personalized plan based on your

goals. The Counseling Center is open for virtual appointments Monday-Friday 8:00 a.m.-4:30 p.m. Call us today to speak with a therapist at 724-357-2621, email counseling-center@iup.edu, or visit the Counseling Center.



The Food Pantry and Help Center (FPHC) is open this semester on Tuesdays and Thursdays from 2-7 p.m. and Wednesdays from 3-7 p.m. This semester, the FPHC is making snack bags and full food bags for students who are living in isolation. Thank you for supporting The Pantry, and please continue to send students down for resources. If you would like to make a donation to The Pantry, you may do so via this link: <u>https://www.iup.edu/fund.aspx?id=252222.</u>

April is Sexual Assault Awareness Month, so the Haven Project will be providing multiple events throughout the month. Two main events will be the What Were You Wearing Exhibit and the Virtual Survivor Speak Out. Both of these events are asking for anonymous stories from survivors. The deadline to submit stories for both events is Monday, April 5, by noon. Please see below for more details and for the anonymous links. We recognize that this is a difficult topic to talk about and here are some resources if you would need to reach out.

#### **Resources and Services:** \*The Alice Paul House (24/7 hotline): 724.349.4444

- Center for Health and Well-Being
- The Haven Project: 724.357.3947 Suites on Maple East G-2, <u>haven-project@iup.edu</u> \*The Counseling Center: 724.357.2621
- <u>Counseling-center@iup.edu</u>
- University Police: 724.357.2141
- The Office of Student Support & Community Standards: 724.357.1264
- Title IX Coordinator: 724.357.3402
- LGBTQIA Support: 724.357.2598 \*confidential services

WE SEE YOU. WE HEAR YOU. WE BELIEVE YOU. WE SUPPORT YOU!

### What Were You Wearing Exhibit

This is the third year that the Haven Project and the Fashion Merchandising program are partnering together to set up the What Were You Wearing Exhibit at IUP, which brings awareness to the issue of victim blaming and helps to dismantle the myths about sexual violence occurring due to what a person was wearing when the assault occurred. This exhibit is to show support for victims and survivors of sexual assault. It is not uncommon for survivors to feel alone and isolated. For many, hearing and sharing stories can play a vital role in their recovery from trauma.

Submitted stories should be short, saying what the person was wearing and a little description of what transpired before the assault. When submitting a story, please do not share names. All stories will remain anonymous. Click here to submit an anonymous story (<u>https://forms.gle/EfVUtn1W9tYtRuPP9</u>).

We will gather clothing similar to the description of clothing that was provided in the stories. No actual clothing will be collected.

The purpose of this exhibit is for the IUP community to visually see the clothing, read the stories, and help stop victim-blaming around sexual assault.

This display will be set up the week of April 12th-April 16th in the Stapleton Library near Java City. We encourage everyone to visit the display, as April is Sexual Violence Awareness Month.

If you have any questions, please contact the Haven Project at 724-357-3947. For more information about the Haven Project, please visit the <u>Haven Project website</u>.

#### Survivor Speak Out

Take Back the Night 2021 was originally scheduled to take place on Wednesday, April 14, so in place of the physical march and speak out, the Haven Project is now asking for anonymous survivor stories so we can hold a Virtual Speak Out on April 14 at 5:00 p.m. to continue to support victims and survivors of sexual violence.



Anyone who is interested in sharing their story of sexual assault can do so anonymously via the Google doc: https://forms.gle/2ynj1qoMELna79gq6 We ask that if you submit a story, please leave out any identifying information for yourself and the person that caused the assault (name, major identifying features, etc.). The Haven Project will read the stories on April 14 at 5:00 p.m. via Haven Project social media, Haven Project website, and IUP's YouTube channel. We want to continue to show our support for victims and survivors of sexual assault.

Please follow the Haven Project on social media for information on Sexual Assault Awareness and Prevention Month and our other topics: Facebook: IUP Haven Project

· Twitter: @IUPHaven

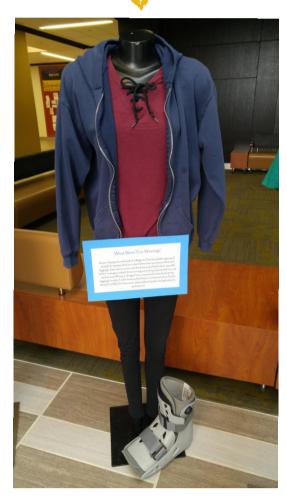
• Instagram: @IUPHaven

Questions? Visit the <u>Haven Project website</u> or email <u>haven-project@iup.edu</u>.



to see if they qualify for assistance and to get connected with resources.





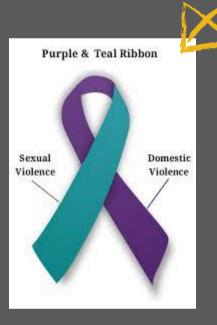
**Upcoming Events** 

# From the Center for Health and Well-Being (CHWB)

#### Human Trafficking: What You Need to Know The Haven Project will collaborate with Theta Phi Alpha

for this Zoom presentation (https://iupvideo.zoom.us/j/99455840819) on Monday, March 29, at 8:30 p.m. Learn what human trafficking is, the different types, who is most vulnerable, how traffickers coerce their victims to gain control, how you can stay safe, and how to identify someone who may need help. National Human Trafficking Hotline: 1-888-373-7888

Theta Phi Alpha🗐



Sexual Violence Presentation Join the <u>Haven Project</u> for a presentation on Sexual Violence. Attendees can volunteer to assist with activities in April for Sexual Assault Awareness Month. Anyone who wants to learn more about sexual assault and domestic violence is welcome to attend. The virtual presentation will be on Tuesday, March 30, at 5:00 p.m. via Zoom (<u>https://iupvideo.zoom.us/j/99455840819</u>). According to Rainn.org, every 73 seconds an American is sexually assaulted. Learn how to identify signs of sexual assault, how to support survivors, and where to go for resources.

Help is available.

Just Paws with the Therapy Dogs Every Monday from 6-7:30 p.m., the Therapy

Dogs will be in the Folger Student Center. For students who are missing home, feeling low, or want to give scritches, stop by and see Ranger and his pals! Did you know that therapy dogs actually absorb the stress of humans? This is a great opportunity to reduce stress and anxiety.



Students can also set up a personal visit with Ranger by emailing Sara Dillon at sdillon@iup.edu. You can also follow Ranger on twitter @IUPRANGER1. You can follow Health and Wellness Promotion @IUPAWARE, too!



# of fun every week with chances to

win prizes! Email Sara Dillon at sdillon@iup.edu for details.

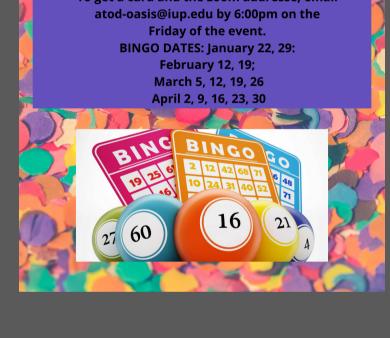
Kahoot Trivia

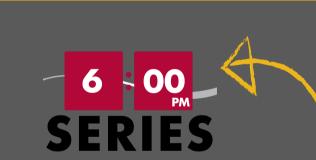
Every Thursday at 7 p.m., HWP will

host Kahoot Trivia with Peer

Educator Charles Coleman via Zoom

(ID: 990 4005 0169). Enjoy a night





From the Center for Multicultural Student Leadership and Engagement (MCSLE)

Six O'Clock Series: Student Poetry Slam Are you a poet? Interested in performing spoken word? Join us for a poetry slam on

March 29 at 6:00 p.m.! You'll get a chance to practice and perform over Zoom if you've ever been hesitant to perform on stage.

Prizes will be available for winners! Join us via Zoom. All are invited!



#### Queer Conversations: History and the Harvey Milk Movement

Join LGBTQIA Support for a discussion on Harvey Milk, the first openly gay elected politician, and learn about how to become involved in politics and strategize for change. The event will take place on Tuesday, March 30, at 5:00 p.m. via Zoom

(<u>https://iupvideo.zoom.us/j/91323631243</u>),

Mini-Skills Series: Emotional Intelligence Workship This workshop on Wednesday, March 31, at 3:00 p.m. will explore the concept of emotional intelligence. Students participating will get to complete an E.Q. assessment and learn about their own emotional intelligence. In order to participate, please register on Crimson Connect or <u>here</u>. The workshop will be held in Elkin Hall.





Meet-Up All students are invited each Friday evening from 8-11 p.m. for MCSLE's weekly Meet-Up. Held in the Folger Student Center, students can play games, shoot pool, watch TV, or just chill and hang out!



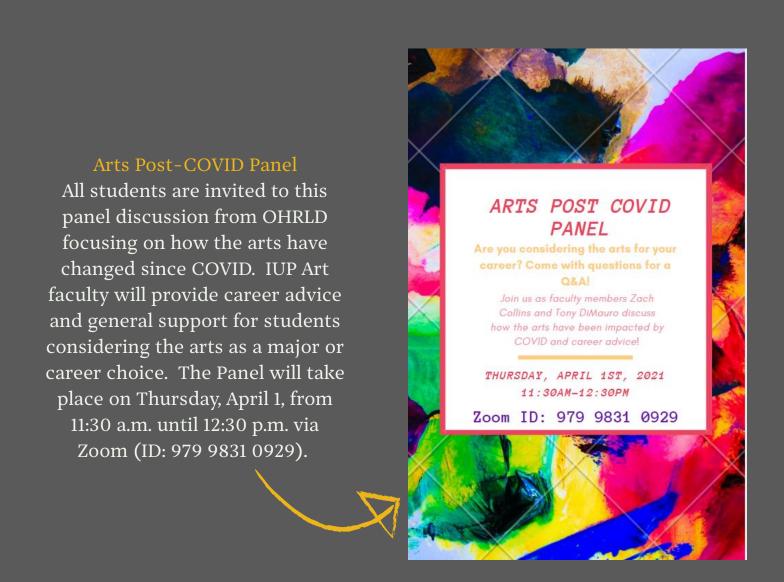
affiliated students and to connect with alumni through programming and an enhanced Veterans Day celebration.

The MVRC's mission is to provide personalized and caring support to IUP student veterans during their transition from military service to college life. The MVRC helps veterans and military-affiliated students navigate IUP and aid with VA educational benefits, as well as give veteran students the tools to succeed academically and personally.

For those wishing to make a donation, visit the website

at https://securelb.imodules.com/s/894/15/index-1col.aspx? sid=894&gid=1&pgid=951&cid=1644&bledit=1&dids=435&appealcode=AFCRWDFE.

## **Housing and Dining**



**Contact Us** 

<u>Website</u>

Email https://www.iup.edu/studentaffairs/ universitystudentaffairsvpsa@iup.edu

Phone: 724-357-2220 Address: Sutton Hall, Suite 211-216 1011 South Drive Indiana, PA 15705

https://www.instagram.com/iupstudentaffairs/

