

- ✓ **Avoid ‘pushing’ drinks on your guests and discourage your guests from playing drinking games.** This will help keep BAC’s in a safer range and potentially create less problems for you.
- ✓ Always have sufficient amounts of **alternative non-alcoholic beverages available** such as juice, soda, coffee, or mocktails (non-alcoholic cocktails) for non-drinkers.
- ✓ **Be prepared for overnight guests** by having extra pillows, blankets, sleeping bags, and mats for their use.
- ✓ **Plan alternative activities** so that drinking does not become the main focus. Physical activities may not be the best idea since people can be more prone to injury or mishap when drinking.

- ✓ **Serve food.** High protein foods such as cheeses, meats, nuts, and seafood delay the absorption of alcohol. Salty, greasy, and sweet foods should be avoided since they increase thirst. Have some food available near the bar.



- ✓ **Know the signs** of impairment and alcohol poisoning. Be prepared to deal with such situations.
- ✓ **Talk to your neighbors** before the party. Be considerate of their space and comfort. Keep your guests

off their lawn. Keep the noise down.



- ✓ **Keep the party under control.** If Indiana Police must respond to your party for a public disturbance, you can be fined \$300-\$600 plus costs. The property owner will be notified by the police about the violations.
- ✓ **Keep guests with open containers on your property.** They can be cited and fined if they have open containers in public areas, including sidewalks.

**Seek medical attention if a guest has the following:**

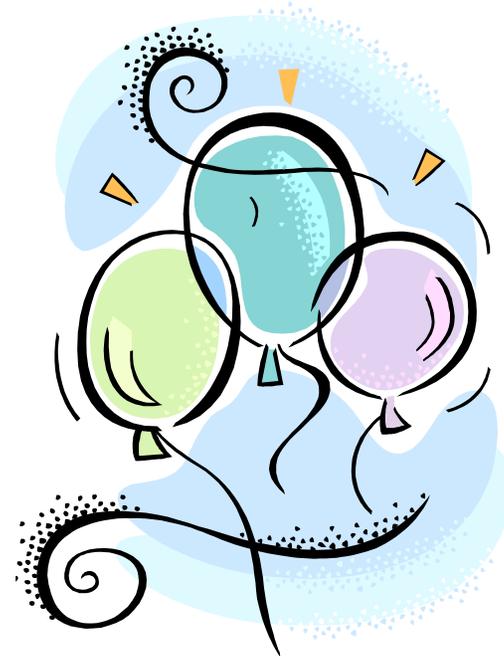
- \* Unconsciousness or semiconsciousness
- \* Slow respirations of eight breaths or less per minute; or lapses in respirations of more than 10 seconds
- \* Cold, clammy, pale, or bluish skin

**Senate Bill 448**

Under this legislation, a person under the age of 21 would be protected from prosecution for the possession or consumption of alcoholic beverages if law enforcement, including campus safety police, became aware of the possession or consumption solely because the individual was seeking medical assistance for someone else. The person seeking the assistance must reasonably believe he or she is the first to do so, must use his or her real name with authorities, and must stay with the individual needing medical assistance until help arrives and the person’s presence is no longer needed.

O:ATOD/General Outreach and Education/Alcohol/Tips for Hosting a Safer Party

# Tips For Hosting A Safer Party



Brought to you by:  
 Alcohol, Tobacco, and Other Drugs Program  
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 www.iup.edu/atodInformation adapted from  
 Pennsylvania Liquor Control Board

Getting together with friends is fun, and hosting a party can be a great way to be together. If alcohol is a part of your party, there are steps you can take to prevent potential problems from its use. Although most IUP students consume 5 or fewer drinks at a sitting, you'll want to be sure to keep your guests safe and protect yourself from violating laws.



**Your actions have consequences.**

**If your guests are your friends, you will make sure they are safe.**

Here are some suggestions:

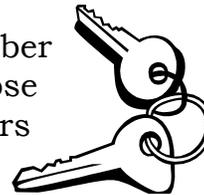
- ✓ **Avoid drinking yourself, or if you do, do so in a low-risk manner.** You can stay on top of, and avoid, potential problems when you can think and act quickly and clearly. A safe rule is no more than one drink per hour.

- ✓ **Check ID and don't serve anyone under age 21.** Providing alcohol to a minor has serious legal consequences. Fines of \$1,000-\$5,000 and 90 days in jail may be imposed. It could also jeopardize your status as an IUP student.

- ✓ **Take charge by setting "House Rules."** Let your guests know that you want them all to have a great time and that you are taking measures for them to have a safe time as well. Let them also know that no one drives away from the party under the influence of alcohol or other drugs. Post the house rules where people will see them.



- ✓ **Set up a key drop** where guests leave their keys with a designated person, who will remain sober and hand back those keys to those drivers who also remain sober. If you don't have a key drop, find out how your guests will be getting home. Be prepared to take keys away from those who should not drive.



- ✓ **Have available a number of ways for people to get home.** This includes having designated drivers, posting the telephone numbers of taxi companies, and having schedules of bus routes nearby.
- ✓ **Don't charge admission** to your party or sell the alcohol. You can be charged with selling alcohol without a license. Fines range from \$100-\$500. You can also be fined \$2 for every ounce of liquor that you have at the party. That's about \$4,000 per keg of beer!
- ✓ If you are serving drinks, **avoid an open bar.** Mix the drinks yourself or have somebody in charge of mixing drinks. This way you can monitor the alcohol that your guests are consuming.
- ✓ Remember to **serve standard-sized drinks.** Standard drink sizes are 1 oz. shot, 12 oz. beer, and 4 oz. wine.
- ✓ **Stop serving drinks** at least an hour before the end of the party.