# Where to Turn for Help



**University Police:** 724-357-2141

**Crisis Intervention 24/7 Hotline: 988** or 1-877-333-2470

Report an **INCIDENT OF CONCERN:** <u>iup.edu/incidentreport/</u>

#### Connect with your Navigator! Log in to MyIUP > Academics to view your Navigator or contact the University College at 724-357-2375, universitycollegeinquiry@iup.edu

#### Need food

assistance? The IUP Food Pantry can help. Contact: <u>food-</u> <u>pantry@iup.edu</u> or 724-357-2220

# More Community

Services: Dial 211, email <u>iup-</u> <u>hawks@iup.edu</u> or contact the IUP Clinical Case Manager to connect with resources: 724-357-2621

Indiana University of Pennsylvania

## Alcohol & Drug Issues, Eating Behaviors and Tobacco Cessation

Center for Health & Well-Being:

- Student Wellness & Engagement/ATOD: 724-357-1265
- Health Service: 724-357-2550
- Nutrition Connection: 724-357-4797
- The Counseling Center: 724-357-2621

Armstrong, Indiana, and Clarion County Drug and Alcohol Commission: 724-354-2746 The Open Door: 724-465-2605

#### Contraception, Prenatal Care and Sexual Health Center for Health & Well-Being:

 Health Service: 724-357-2550
 ADAGIO Health: 724-349-2022
 OB/GYN Care Center/Indiana Regional Medical Center (IRMC): 724-357-8198

#### Academic Accommodations for Pregnant & <u>Newborn-Parenting Students</u> Title IX Office/Coordinator: 724-357-3402

The IX Office/Coordinator. 724-337-0

## Emotional Health

Center for Health & Well-Being:

- The Counseling Center: 724-357-2621
- Togetherall (24/7 Anonymous Peer Support)
  togetherall.com

Center for Applied Psychology: 724-357-6228 Armstrong-Indiana Crisis Hotline:

877-333-2470 Community Guidance Center: 724-465-5576 Council on Spiritual & Religious Life: 724-357-2598

## Medical Care

Center for Health & Well-Being: • Health Service: 724-357-2550 Indiana Regional Medical Center (IRMC): 724-357-7000

IRMC/MedExpress Urgent Care: 724-349-4362

## **Diversity and Multicultural Issues**

Division of Student Affairs: 724-357-2220 Office of International Education: 724-357-2295 LGBTQIA Support: 724-357-1919 Preferred First Name (Registrar): 724-357-2217 Social Equity and Title IX Office: 724-357-3402



#### Relationship Violence, Sexual Assault, Sexual Harassment and Violence

911 or University Police: 724-357-2141 PA Crime Victim Hotline: 800-435-7249 Center for Health & Well-Being:

- The Counseling Center: 724-357-2621
- The Haven Project: 724-357-3947; iup.edu/haven/

• Health Service: 724-357-2550

Title IX Office/Coordinator: 724-357-3402 Student Support & Community Standards: 724-357-1254

## Additional Support

#### Indiana Campus:

Alice Paul House (24/7 Hotline): 724-349-4444 Indiana Regional Medical Center: 724-357-7000 *Northpointe Campus:* 

HAVIN, Inc. (Sexual Assault Survivor Support): 800-841-8881

Armstrong County Memorial Hospital: 724-543-8141

#### Punxsutawney Campus:

Passages (Sexual Assault Survivor Support): 877-776-5303

Crossroads Project (Domestic/Dating Violence): 800-598-3998

Punxsutawney Area Hospital: 814-938-1815 *Pittsburgh East Center:* 

PAAR (Pittsburgh Action Against Rape): 866-363-7273 Forbes Regional Hospital: 412-858-2000 UPMC East: 412-357-3000

## Academic Support and Services

Career & Professional Development Center: 724-357-2235

Disability Access & Advising: 724-357-4067 Military/Veterans Resource Center: 724-357-3008 Withdrawal: 724-357-4070 Writing Center: 724-357-3029 Individual Colleges at IUP:

- College of Arts & Humanities: 724-357-2424
- Eberly College of Business: 724-357-7889
- College of Education & Communications: 724-357-2480
- College of Health & Human Services: 724-357-2555
- Kopchick College of Natural Sciences & Mathematics: 724-357-2609
- University College: 724-357-2375 (Includes Academic Coaching, Supplemental Instruction, Tutoring, and Textbook Lending)

## Living and Dining

IUP Housing: 724-357-2696 Landlord Disputes and Student Legal Services: 724-349-6020

2023-2024