Where to Turn for Help

Alcohol & Drug Issues, Eating Behaviors and Tobacco Cessation
Center for Health & Well-Being:
- Student Wellness & Engagement/ATOD: 724-357-1265
- Health Service: 724-357-2550
- Nutrition Connection: 724-357-4797
- The Counseling Center: 724-357-2621
Armstrong, Indiana, and Clarion County Drug and Alcohol Commission: 724-354-2746
The Open Door: 724-465-2605

Contraception, Prenatal Care and Sexual Health
Center for Health & Well-Being:
- Health Service: 724-357-2550
- ADAGIO Health: 724-349-2022
OB/GYN Care Center/Indiana Regional Medical Center (IRMC): 724-357-8198

Academic Accommodations for Pregnant & Newborn-Parenting Students
Title IX Office/Coordinator: 724-357-3402

Emotional Health
Center for Health & Well-Being:
- The Counseling Center: 724-357-2621
- Togetherall (24/7 Anonymous Peer Support) togetherall.com
Center for Applied Psychology: 724-357-6228
Armstrong-Indiana Crisis Hotline: 877-333-2470
Community Guidance Center: 724-465-5576
Council on Spiritual & Religious Life: 724-357-2598

Medical Care
Center for Health & Well-Being:
- Health Service: 724-357-2550
Indiana Regional Medical Center (IRMC): 724-357-7000
IRMC/MedExpress Urgent Care: 724-349-4362

Diversity and Multicultural Issues
Division of Student Affairs: 724-357-2220
Office of International Education: 724-357-2295
LGBTQIA Support: 724-357-1919
Preferred First Name (Registrar): 724-357-2217
Social Equity and Title IX Office: 724-357-3402

Relationship Violence, Sexual Assault, Sexual Harassment and Violence
911 or University Police: 724-357-2141
PA Crime Victim Hotline: 800-435-7249

Center for Health & Well-Being:
- The Counseling Center: 724-357-2621
- The Haven Project: 724-357-3947; iup.edu/haven/
- Health Service: 724-357-2550
Title IX Office/Coordinator: 724-357-3402
Student Support & Community Standards: 724-357-1254

Additional Support
Indiana Campus:
Alice Paul House (24/7 Hotline): 724-349-4444
Indiana Regional Medical Center: 724-357-7000

Northpointe Campus:
HAVIN, Inc. (Sexual Assault Survivor Support): 800-841-8881
Armstrong County Memorial Hospital: 724-543-8141

Punxsutawney Campus:
Passages (Sexual Assault Survivor Support): 877-776-5303
Crossroads Project (Domestic/Dating Violence): 800-598-3998
Punxsutawney Area Hospital: 814-938-1815

Pittsburgh East Center:
PAAR (Pittsburgh Action Against Rape): 866-363-7273
Forbes Regional Hospital: 412-858-2000
UPMC East: 412-357-3000

Academic Support and Services
Career & Professional Development Center: 724-357-2235
Disability Access & Advising: 724-357-4067
Military/Veterans Resource Center: 724-357-3008
Withdrawal: 724-357-4070
Writing Center: 724-357-3029

Individual Colleges at IUP:
- College of Arts & Humanities: 724-357-2424
- Eberly College of Business: 724-357-7889
- College of Education & Communications: 724-357-2480
- College of Health & Human Services: 724-357-2555
- Kopchick College of Natural Sciences & Mathematics: 724-357-2609
- University College: 724-357-2375
  (Includes Academic Coaching, Supplemental Instruction, Tutoring, and Textbook Lending)

Living and Dining
IUP Housing: 724-357-2696
Landlord Disputes and Student Legal Services: 724-349-6020