

# Where to Turn for Help



**University Police:**  
724-357-2141

**Crisis Intervention**  
**24/7 Hotline: 988**  
or 1-877-333-2470

Report an **INCIDENT**  
**OF CONCERN:**  
[iup.edu/incidentreport/](http://iup.edu/incidentreport/)

**Need food assistance?**  
The IUP Food Pantry can help. Contact: [food-pantry@iup.edu](mailto:food-pantry@iup.edu) or 724-357-2220

**Still can't find what you need?** Use:  
IUP Hawks Q&A Center one-stop shop for questions about IUP: [iup.edu/studentlife/hawks-q-a-center/](http://iup.edu/studentlife/hawks-q-a-center/) or [iup-hawks@iup.edu](mailto:iup-hawks@iup.edu)

**More Community Services:** Dial 211 or contact the IUP Clinical Case Manager to connect with resources: 724-357-2621

## Alcohol & Drug Issues, Eating Behaviors and Tobacco Cessation

Center for Health & Well-Being:

- Student Wellness & Engagement/AOD: 724-357-1265
- Health Service: 724-357-2550
- Nutrition Connection: 724-357-4797
- The Counseling Center: 724-357-2621

Armstrong, Indiana, and Clarion County Drug and Alcohol Commission: 724-354-2746  
Community Nutrition Services: 724-357-4797  
The Open Door: 724-465-2605

## Contraception, Prenatal Care and Sexual Health

Center for Health & Well-Being:

- Health Service: 724-357-2550
- Health and Wellness Promotion: 724-357-4799

ADAGIO Health: 724-349-2022  
OB/GYN Care Center/Indiana Regional Medical Center (IRMC): 724-357-8198  
My Choice Medical Clinic: 877-223-7558

## Academic Accommodations for Pregnant & Newborn-Parenting Students

Title IX Coordinator: 724-357-3402

## Emotional Health

Center for Health & Well-Being:

- The Counseling Center: 724-357-2621
- Center for Applied Psychology: 724-357-6228  
Armstrong-Indiana Crisis Hotline: 877-333-2470

Community Guidance Center: 724-465-5576  
Council on Spiritual & Religious Life: 724-357-2598

## Medical Care

Center for Health & Well-Being:

- Health Service: 724-357-2550
- Indiana Regional Medical Center (IRMC): 724-357-7000

IRMC/MedExpress Urgent Care: 724-349-4362

## Diversity and Multicultural Issues

Office of International Education: 724-357-2295  
Multicultural Student Leadership & Engagement: 724-357-2598

LGBTQIA Support: 724-357-1919  
Preferred First Name (Registrar): 724-357-2217  
Social Equity and Title IX Office: 724-357-3402

## Relationship Violence, Sexual Assault, Sexual Harassment and Violence

911 or University Police: 724-357-2141  
PA Crime Victim Hotline: 800-435-7249  
Center for Health & Well-Being:

- The Counseling Center: 724-357-2621
- The Haven Project: 724-357-3947; [iup.edu/haven/](http://iup.edu/haven/)
- Health Service: 724-357-2550

Title IX Office/Coordinator: 724-357-3402  
Student Support & Community Standards: 724-357-1254

## Additional Support

### Indiana Campus:

Alice Paul House (24/7 Hotline): 724-349-4444  
Indiana Regional Medical Center: 724-357-7000

### Northpointe Campus:

HAVIN, Inc. (Sexual Assault Survivor Support): 800-841-8881

Armstrong County Memorial Hospital: 724-543-8141

### Punxsutawney Campus:

Passages (Sexual Assault Survivor Support): 877-776-5303

Crossroads Project (Domestic/Dating Violence): 800-598-3998

Punxsutawney Area Hospital: 814-938-1815

### Pittsburgh East Center:

PAAR (Pittsburgh Action Against Rape): 866-363-7273

Forbes Regional Hospital: 412-858-2000  
UPMC East: 412-357-3000

## Academic Issues

Academic Withdrawal: 724-357-4070  
Career Coaching & Internships: 724-357-2235  
Disability Access & Advising: 724-357-4067  
Major & Career Exploration: 724-357-2375  
Military/Veterans Resource Center: 724-357-3008  
Tutoring, Supplemental Instruction, and Academic Support: 724-357-2375  
Writing Center: 724-357-3029  
Individual Colleges at IUP:

- College of Arts & Humanities: 724-357-2424
- Eberly College of Business: 724-357-7889
- College of Education & Communications: 724-357-2480
- College of Health & Human Services: 724-357-2555
- Kopchick College of Natural Sciences & Mathematics: 724-357-2609
- University College: 724-357-2375

## Living and Dining

Office of Housing, Residential Living and Dining: 724-357-2696

Landlord Disputes and Student Legal Services: 724-349-6020

