Mrsel

LSC Use Only No: LSc	C Action-Date:	UWUCC USI		UWUCC Action-	-Date: Senate Act	ion Date:	
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Curriculum Proposa	l Cover Sheet	- University-	Wide Unde			ttee	
Contact Person				Email Add	ress		
Stuart Chandler chandler							
Proposing Department/Unit Phone Religious Studies 7-1360							
Check all appropriate lines proposal and for each progra	and complete i	nformation as	requested.	Use a separate	cover sheet for ea	ach cours	
Course Proposals (check all that apply) _XNew Course			ange	Course Deletion			
Course RevisionCourse Number and/or Title Change				hange	Catalog Description Change		
			RLST220	Buddhist Tho	ught and Practic	e	
<u>Current</u> Course prefix, number and full title <u>Proposed</u> course prefix, number and full title							
2. Additional Course Design X This course is also This course is also p	proposed as a Lil	beral Studies Conors College C	Course.	Pan-Africa	., Women's Studie n) Asia, 51.d	ie5	
3. Program Proposals	-		scription Cha	nge	Program Revision	on	
New Degree Program		Program Tit	le Change		Other		
New Minor Program		New Track					
Current program name			<u>Proposed</u> prog	ram name, if changin	g		
4. Approvals					Date		
Department Curriculum Committe	ee Chair(s)	awny	FHO	Lu	4-14	1-03	
Departme	nt Chail(s)	Land	Cx		4/1	5/03	
College Curriculum Comm	ittee Chair R	. Roger &	mith		4-11	6-03	
Со	llege Dean	112	e		4/10	1/03	
Director of Liberal	Studies *						
Director of Honors	College *						
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Additional signatures as app							
(in	clude title)	10-	A				
UWUCC	Co-Chairs Co	il Sech	ust		9-20	3-03	
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New Course Proposal: Buddhist Thought and Practice

I. Catalog Description

RLST 220 Buddhist Thought and Practice

3 class hours 0 lab hours 3 credits (3c-01-3sh)

Explores the history, teachings, and practices of the main schools of Buddhism. Considers the tradition both as it has developed in Asia as well as its modifications as it has been introduced into Western societies.

II. Course Objectives

By the end of the semester students will be able to:

- 1. Gain a thorough knowledge of the history, teachings, and practices of Buddhism.
- 2. Compare the teachings and practices of the Buddhist tradition as it has taken root in such places as India, Sri Lanka, Thailand, China, Korea, Japan, Tibet, and the United States.
- 3. Develop a critical appreciation for both continuities and differences within Buddhism.
- 4. Synthesize and apply their knowledge of Buddhism. Students may be asked, for example, to design a board game in which players progress based upon correctly answering questions about the Buddhist tradition. Students may also be asked to analyze a particular text—either a Buddhist scripture or an essay concerned with current events—in light of the readings done over the term.
- 5. Evaluate the assumptions and implications the Buddhist ethics and soteriology. They will do so through analyzing texts that provide Buddhist understandings of such contemporary ethical dilemmas as abortion, euthanasia, capital punishment, drug use, and premarital sex.

III. Detailed Course Outline

Evolution of core Buddhist teachings and practices through history (12 hours)

Buddhist Understandings of the Human (3 hours)

Cosmology (3 hours)

Metaphysics (3 hours)

Soteriology (3 hours)

Reading: Donald Lopez, The Story of Buddhism: A Concise Guide To Its History & Teachings.

South and Southeast Asian Buddhist Practice (9 hours)

Buddhist History of India, Sri Lanka, Thailand, and Myanmar (3 hours)

Noble Eightfold Path (3 hours)

Samatha and Vipassana Meditation (2 hours)

Midterm Exam (1 hour)

Reading: selections from Henepola Gunaratana, Eight Mindful Steps to Happiness: Walking the Buddha's Path; and Thich Nhat Hanh, Heart of the Buddha's Teachings (Reader).

East Asian Traditions: Chan/Zen and Pureland (9 hours)

Buddhist History of China, Korea, Japan, and Vietnam (3 hours)

Chan/Zen practice (3 hours)

Pureland Practice (3 hours)

Reading: selections from Ven. Sheng-yen, *Hoofprint of the Ox*; Shunryu Suzuki, *Zen Mind, Beginner's Mind*; Thich Thien-Tam, *Buddhism of Wisdom and Fait*h; and Ven. Zhengyan, "Tz'u Chi Buddhism" (Reader).

Tibetan Practice (6 hours)

Buddhist History of Tibet (1 hour)

Bardos of life and death (3 hours)

Dzogchen Tantra practice (2 hours)

Reading: selections from Sogyal Rinpoche. The Tibetan Book of Living and Dying (Reader).

Contemporary Buddhist Movements (6 hours)

Engaged Buddhism in Asian countries (4 hours)

Engaged Buddhism in the United States (2 hours)

Reading: Sulak Sivaraksha, Seeds of Peace: A Buddhist Vision for Renewing Society.

IV. Evaluation Methods

15% Attendance and Participation

Weekly quizzes on reading content: such quizzes may include multiple choice, fill-in-the-blank, and/or short answers.

15% Board Game (see II.3 above)

40% Essay: (see II.3 and II.4 above).

The culminating activity will include submission of one's essay and the playing of games designed by classmates.

V. Grading Scale

A 90-100% B 80-89% C 70-79% D60-69% F 0-59%

VI. Attendance Policy

Students will be expected to come to class regularly. The faculty member teaching the course will define attendance standards for the course and the consequences of not meeting those standards. The instructor's policy will conform to the standards set by the University Senate: it will be distributed in writing to students during the first week of the course; it will recognize students' need to miss class because of illness or personal emergency; and it will define some limited level of allowable absence, normally at least a number of clock hours equal to course credits.

VII. Required Textbooks

Lopez, Donald. The Story of Buddhism: A Concise Guide to Its History & Teachings. San Francisco: HarperCollins, 2001.

Sivaraksha, Sulak. Seeds of Peace: A Buddhist Vision for Renewing Society. Berkeley CA: Parallax Press, 1991.

Chandler, Stuart, "RLST 220 Reader."

This reader will include short selections from:

Gunaratana, Henepola. Eight Mindful Steps to Happiness: Walking the Buddha's Path. Boston: Wisdom, 2001.

Thich Nhat Hanh. Heart of the Buddha's Teachings. Berkeley CA: Parallax Press, 1998.

Shih Sheng-yen. *Hoofprint of the Ox.* NY: Oxford University Press, 2001.

Conze, Edward. Buddhist Scriptures. NY: Penguin Books, 1979.

Suzuki, Shunryu. Zen Mind, Beginner's Mind. NY: Weatherhill, 1999.

Thich Thien-Tam. Buddhism of Wisdom and Faith. Sepulveda, CA: International Buddhist Monastic Institute, 1991.

Shih Zhengyan. "Tz'u Chi Buddhism." Los Angeles: Tz'u Chi Foundation, 2001.

Sogyal Rinpoche. *The Tibetan Book of Living and Dying*. San Francisco: HarperCollins, 1993.

VIII. Special Resource Requirements

There are no special resource requirements.

IX. Bibliography

Bullis, Douglas (Translator), The Mahavamsa: The Great Chronicle of Sri Lanka. NY: Asian Humanities Press, 1999.

Ch'en, Kenneth. Buddhism in China. Princeton, NJ: Princeton University Press, 1964. Corless, Roger J. The Vision of Buddhism. NY: Paragon House, 1989.

Dalai Lama. Freedom in Exile: The Autobiography of the Dalai Lama. San Francisco: Harper San Francisco, 1991.

Dumoulin, Heinrich. Zen Buddhism: A History, volumes 1 and 2. NY: Macmillan, 1988.

Gombrich, Richard Francis. Theravada Buddhism: Social History from Ancient Benares to Modern Columbia. NY: Routledge, 1988.

Loori, John Daido. The Heart of Being: Moral and Ethical Teachings of Zen Buddhism. Boston: Tuttle, 1996.

- Padmasambhava. Advice from the Lotus-Born. Seattle: Rangjung Yeshe Publications, 1996.
- Queen, Christopher S. (ed.). 2000. Engaged Buddhism in the West. Boston: Wisdom Press.
- Queen, Christopher S. and Sallie B. King (editors). Engaged Buddhism: Buddhist Liberation Movements in Asia. Albany: State University of New York Press, 1996.
- Snellgrove, David. *Indo-Tibetan Buddhism: Indian Buddhists & Their Tibetan Successors*. Boston: Shambhala Publications, 2002.
- Williams, Paul. Mahayana Buddhism: The Doctrinal Foundations. NY: Routledge, 1989.

New Course Proposal: Buddhist Thought and Practice

Course Analysis Questionnaire

A. Details of the Course.

- A1. This course is designed for both majors and for students taking it to fulfill non-Western liberal studies requirement. It will be one of the controlled electives for students in the BA in Religious Studies. Because the focus is on a tradition mainly identified with Asia, this course will also satisfy the college's non-Western liberal studies requirement. A liberal studies course approval form has also been submitted.
- A2. This course does not require changes or revisions in any existing Religious Studies department courses. A program revision of the BA in Religious Studies will include this course among the controlled electives.
- A3. The first version of this course was offered as Special Topics 481 in Spring, 2001. A modified version more suitable as a lower level course was offered as Special Topics 281 in Spring, 2002. 25 students were enrolled in 2001 and 27 students (two over the limit set by the department) were enrolled in 2002
- A4. This is not a dual-level course.
- A5. This course may not be taken for variable credit.
- A6. Many other higher education institutions offer this course. Some examples:

Bates College REL 250 The Buddhist Tradition University of Idaho Phil 307 Buddhism

University of Idaho Phil 307 Buddhis Macalester College RS50 Buddhism

Whittier College RS330 The Buddha and Buddhism

University of California, Riverside RS106 Buddhist Traditions

University of Findlay RELI312 The Buddhist Tradition

A7. No professional society, accrediting authority, law or other external agency recommends or requires the content of skills of this proposed course.

B. Interdisciplinary Implications

- B1. This course will be taught by one instructor of one department.
- B2. This course does not duplicate or affect courses offered by other departments.
- B3. This course will not be cross-listed.
- B4. This course is not appropriate to Continuing Education students.

C. Implementation

- C1. No new faculty member is required to teach this course. The department can work this course into its rotation of courses.
- C2. No additional space, equipment, or supplies are needed.
- C3. None of the resources for this course are based on a grant.
- C4. This course will be offered every fourth semester.
- C5. One section will be offered at a time, although if student demand warrants and departmental scheduling allows, as many as three sections may be offered.
- C6. Forty students is the maximum established by the Senate's guidelines.
- C7. No professional society recommends enrollment limits for this type of course.
- C8. This course is not a distance education course.

D. Miscellaneous

No additional information is necessary.

Indiana University of Pennsylvania

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July 21, 2003

UWUCC 110 Gordon Hall

Dear Committee members:

During the Spring, 2003 semester, the members of the Asian Studies Committee unanimously approved two courses proposed by Stuart Chandler in Religious Studies as satisfying the Asian Studies Minor. These classes fall under our Category A, "Exclusively Asia-Focused." They are RLST 220 "Buddhist Thought and Practice," and RLST 373 "Advanced Studies in Buddhism."

We hope that the UWUCC will grant its approval to these two excellent classes, thereby expanding IUP's offerings in the Asian area.

Sincerely,

Eleanor Mannikka

Chair, Asian Studies Committee, 2003-04

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