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	Contact Person Marie Twal Phone 7-3259
	Department Nursing and Allied Health Professions
li.	PROPOSAL TYPE (Check All Appropriate Lines)
	X CGURSE Nursing Practice I
-	X New Course*NURS 211 Nursing Practice I
	Course Revision
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	Liberal Studies Approval ÷
	Course Deletion
	Number and/or Title Change
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ш.	Approvals (signatures and date)
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	+Oirector of Liberal Studies (where applicable) *Provost (where applicable)

NURS 211 Nursing Practice I

0c-3l-1sh

Prerequisites: Sophomore standing

Prerequisites or Corequisites: BIOL 105, BIOL 150 or 151

This is the first of two clinical courses that present the concepts and abilities fundamental to the practice of professional nursing and provide a foundation on which students can build their professional knowledge base as well as their interpersonal and psychomotor skills. Clinical assignments in a variety of settings provide opportunities for students to develop basic clinical practice skills.

I. Course Description

NURS 211 NURSING PRACTICE I

0 lecture hours 3 lab hours 1 semester hour (0c-3l-1sh)

Prerequisites:

Sophomore standing

Prerequisites or Corequisites:

BIOL 105

BIOL 150 or 151

This is the first of two clinical courses that present the concepts and abilities fundamental to the practice of professional nursing and provide a foundation on which students can build their professional knowledge base as well as their interpersonal and psychomotor skills. Clinical assignments in a variety of settings provide opportunities for students to develop basic clinical practice skills.

II. Course Objectives

At the conclusion of the course the student will be able to:

- 1. Define terms utilized in the health care profession
- 2. Demonstrate safe behaviors as a health care professional
- 3. Document according to nursing standards
- 4. Correctly perform selected assessment and other nursing skills
- 5. Demonstrate behaviors consistent with professional nursing standards

III. Course Outline

Weeks 1-2	A. Medical terminology (part I)	
	B. Test taking skills	

B. Test taking skills 2 hrs.
C. Documentation 2 hrs.

Weeks 3-4 D. Skills for Protecting Health and Disease Prevention

1. Universal precautions

- 2. Medical Asepsis
- 3. Environmental
 - a. Personal
 - b. Client
 - c. Assessment of residence hall or private residence

Weeks 5-6 E. Basic assessment skills

5 hrs.

- 1. Vital Signs
- 2. Height/Weight

Mid-term Exam

Weeks 7-13 F. Integral Components of Client Care

21 hrs.

1 hr.

2 hrs.

6 hrs.

- 1. Therapeutic communication
 - 2. Interviewing
 - 3. Teaching and learning
 - a. Client/Peer teaching

Week 14 G. Implementation of Special Nursing Skills

1. Principles of medication administration - 6 Rights

3 hrs.

2. IM injections

Finals Week: Final Exam

IV. Evaluation Methods*

The grade for this course will be calculated based on:

- 1. The grade (P/F) in clinical performance, including:
 - a. Written assignments
 - b. Clinical competencies
 - c. Appropriate professional behavior
- 2. 50% Mid-term exam (multiple choice nursing process questions)
- 3. 50% Final exam (multiple choice)

Grading Scale:

- A 90-100% + Pass in clinical performance
- B 80-89% + P
- C 70-79% + P
- D 60-69% + P
- F Less than 60% or F in clinical performance

Clinical Competencies

To pass clinical performance the student must demonstrate competency in all of the following areas:

- 1. Correct handwashing
- 2. Clean technique
- 3. Sterile technique
 - a. Gloving
 - b. Handling sterile equipment
- 4. Vital signs/taking blood pressure, temperature, pulse and respiration
- 5. Height
- 6. Weight
- 7. Therapeutic communication
- 8. Interviewing/Health history
- 9. IM injections

Content will be provided through CAI, written module, video, post conference, or other appropriate methods.

V. Required Texts

Ellis, J., Nowlis, E., & Bentz, P., (1996). Modules of basic nursing skills, Vol. I and II (6th ed.). Philadelphia: Lippincott.

Olsen, J.L. & Giangrasso, A.P. (2000). <u>Medical dosage calculations</u>. Upper Saddle River, NJ: Prentice-Hall, Inc.

Rice, J. (1999). Medical terminology with human anatomy (4th ed.). Stanford, CT: Appleton and Lange.

^{*}To progress in the Nursing Program, the student must achieve at least a 70% average grade on the exams and satisfactorily complete all assignments.

VI. Special Resource Requirements

All nursing students are responsible for and required to have the following:*

- 1. Current CPR certification
- 2. Professional liability insurance
- 3. Health requirements
- 4. Student uniforms and physical assessment equipment
- 5. Clearance papers

(Criminal Record Check and Child Abuse; Act 34 and 151 Clearance forms)

6. Clinical agencies requirements

*Please refer to the Department of Nursing and Allied Health Professions Student Information Handbook for details regarding these items.

Students will not be permitted to attend clinical without meeting these requirements.

VII. Bibliography

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Arnold, E. & Boggs, K., (1999). <u>Interpersonal relationships: Professional communication skills</u> for nurses (3rd ed.). Philadelphia: Saunders.

Arnold, L. (1997). My needle stick. Nursing 97, 27(9), 48-50.

Bliss, D. & Lehmann, S. (1999). Administration tips. RN, 62(8), 29-31.

Braun, S., Preston, P., & Smith, R. (1998). Getting a better read on thermometry. RN, 61, 57-60.

Castilli, S. (1999). <u>Strategies techniques and approaches to thinking: Case studies in clinical</u> nursing. Philadelphia: Saunders.

Chase, S. (1997). Pharmacology in practice: Back to basics. RN, 60(3), 22-26.

Cravin, R., & Hirnle, C. (2000). <u>Fundamental of nursing: Human health and function</u> (3rd ed.). Philadelphia: Lippincott.

Deglin, J. & Vallerand, A. (1998). Davis Drug Guide (6th ed.). Philadelphia: Davis.

Doenges, M., Moorhouse, M., & Burley, J. (2000). <u>Application of nursing process and nursing diagnosis:</u> An interactive test for diagnostic reasoning. Philadelphia: Davis.

Grensing-Pophal, L. (1997). 8 signs of poor communication. Nursing 97, 27 (10), 64.

Martin, F. (1994). Documentation tips: To help you stay out of court. Nursing 94, 24(6), 63-64.

Mastering Clinical Skills (Vol. 1). (1999). [CD-ROM]. New York: Lippincott.

McDonald, D. (1998). Meeting special learning needs. RN, 61(4), 33-34.

Murphy, P. & Davis, T. (1997). When low literacy blocks compliance. RN, 60 (10), 58-63.

Nugent, P. & Vitale, B. (2000). <u>Test Success: test-taking techniques for beginning nursing students</u> Philadelphia: Davis.

Nicol, M., Bavin, C, Bedford-Turner, S., Cronin, P., & Rawlings-Anderson, K. (1999). Essential nursing skills. St. Louis: Mosby.

Potter, P., & Perry, A. (1998). Pocket guide to basic skills and procedures. St. Louis: Mosby.

Rice, K. (1999). Measuring thigh BP. Nursing 99, 29(8), 58-59.

Roper, M. (1996). Back to basics: Assessing orthostatic vitals signs. <u>American Journal of Nursing</u>, 96(8), 43-46.

Sheff, B. (1998). VRE & MRSA: Putting bad bugs out of business. Nursing 98, 28(3), 40-44.

Shelp, S. (1997). Your patient is deaf, now what? RN, 60(2), 37-40.

Sullivan, G. (1996). Is your documentation all it should be? RN, 59(10), 59-61.

Sullivan, G. (1998). How to deal with an angry patient. RN, 61(10), 63-64.

Taber's Cyclopedic Medical Dictionary, (18th ed.). (1998). Philadelphia: Davis.

Talton, C. (1995). Touch-of all kinds-is therapeutic. American Journal of Nursing, 58(2),61-64.

COURSE ANALYSIS QUESTIONNAIRE NURS 211 Nursing Practice I

Section A: Details of the Course

- Al This course will fit into the sophomore year of the Bachelor of Science degree in the Nursing program. It is a required course for students in the major.
- A2 This course is part of the curriculum revision in the Nursing program.
- A3 This course has never been offered at IUP.
- A4 This course is not intended to be offered as a dual-level course.
- A5 This course is not intended to be taken for variable credit.
- A6 Similar material on the fundamentals of nursing practice is included in all other baccalaureate nursing programs
- A7 The content of this course is necessary to practice nursing (Commission on Collegiate Nursing Education, State Board of Nursing Professional and Vocational Standards). The information taught in this course is consistent with the test plan for the licensing exam for nursing (NCLEX-RN).

Section B: Interdisciplinary Implications

- B1 Each section of this course will be taught by one faculty member at a time within the Nursing Department.
- B2 This course does not overlap with any other courses at the University.
- B3 No seats in the course will be reserved for students in Continuing Education.

Section C: Implementation

- C1 No new faculty are needed to teach this course.
- C2 Other Resources
 - a. Current space allocations are adequate to offer this course
 - b. Currently Stapleton Library subscribes to a number of nursing journals that would be helpful for students in this course. These journals include: American Journal of Nursing, RN, and Nursing. The library also has a satisfactory holding of references related to nursing. Periodic updates of these holdings are necessary. The department currently has a mechanism in place for identifying and recommending future purchases for the library holdings.
 - c. Some clinical components will be taught at affiliating agencies
- C3 No grant funds are associated with this course
- C4 This course will be offered in the Fall semester only.

- C5 Eight sections of this course will be offered at a time.
- C6 Eighty students will be accommodated in this course.
- C7 Size of clinical section is based on the nature of the clinical experiences, the limitations established by the affiliating agencies, and guidance by the Pennsylvania State Board of Nursing.