LSC Use Only Number: Action: Date:		UWUCC Use Only Number: 91-25 F Action: Date:			
	CURRICULUM PROPOSAL CO University-Wide Undergraduate Curr				
I,	Title/Author of Change				
	Course/Program Title: HP 251 Foundations of Safety and Emergency Health Care Suggested 20 Character Course Title: Fnds of Saf & Em HC  Department: Health and Physical Education  Contact Person: Dr. Richard Hornfeck, Mrs. Lois Clark				
11.	. If a course, is it being Proposed for:				
	Course Revision/Approval Only Course Revision/Approval and Liberal Studies Approval Liberal Studies Approval Only (course previously has been approved by the University Senate)				
III.	Mun M mr. Counter X	Amod Null  tment Chairperson  sult divinant e Dean *			
	Director of Liberal Studies Provos (where applicable)	st (where applicable)			
	*College Dean must consult with Provost before approving curriculum changes. Approval by College Dean indicates that the proposed change is consistent with long range planning documents, that all requests for resources made as part of the proposal can be met, and that the proposal has the support of the university administration.				
IV.	Timetable				
	Date Submitted Semester to be implemented:  to UWUCC:	Date to be published in Catalog:			

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# COURSE SYLLABUS

#### I. CATALOG DESCRIPTION

HP 251 Foundations of Safety and Emergency Health Care

Prerequisite: Junior Standing

3 credits

3 lecture hours
(3c-01-3sh)

Focuses on accident prevention, injury control and first responder's skills. Emphasizes identification of causes of accidents, recommended countermeasures and mitigation.

American Red Cross Certifications are issued in:

(1) standard first aid, (2) community CPR, (3) instructor of standard first aid, and (4) instructor of community CPR.

#### PART II DESCRIPTION OF CURRICULUM CHANGE

#### 1. CATALOG DESCRIPTION

HP 251 Foundations of Safety and Emergency Health Care

Prerequisite: Junior Standing

3 credits
3 lecture hours
(3c-01-3sh)

Focuses on accident prevention, injury control and first responder's skills. Emphasizes identification of causes of accidents, recommended countermeasures and mitigation.

American Red Cross Certifications are issued in:

(1) standard first aid, (2) community CPR, (3) instructor of standard first aid, and (4) instructor of community CPR.

- 2. The department is currently being directed by the Pennsylvania Department of Education to increase the number of semester hours in health. This is needed if we are to continue with a dual major of health and physical education. This course will provide some of the additional hours necessary to comply with the P.D.E. standards.
- 3. It is recommended both at the state and national level that students who work toward teacher certification in driver education should be trained in emergency first aid. This revised course will satisfy this recommendation.
- 4. Various teachers at different grade levels (K-12) need to be actively involved in the assorted safety education programs that occur on a regular basis in our schools. This course will provide prospective teachers with desired competencies to deliver formal safety education programs. House Bill 2349, introduced by four state representatives, would require an applicant, before receiving a permanent teaching certificate, to have completed at least three college credits in safety education.

#### COURSE SYLLABUS

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#### II. COURSE OBJECTIVES

At the end of this course each student will:

- A. identify the social and economic consequences associated with accidents.
- B. recognize and describe the responsibility of one's local, state, and national government for accident prevention and control.
- C. describe the epidemiological approach for addressing the accident problem.
- D. identify causes of accidents and recommend preventive strategies.
- E. identify and appraise the factors that individuals should consider when assessing risks in their daily lives.
- F. identify the primary causes of motor-vehicle accidents and the select countermeasures for either prevention or mitigation of the problem.
- G. describe the responsibilities of the first responder and the liability risks assumed when rendering help.
- H. demonstrate practical and cognitive skills for American Red Cross Basic Life Support.
- I. demonstrate the ability to teach the American Red Cross Standard First Aid Course and CPR.

# III. COURSE CONTENT

- A. The accident problem
  - 1. Terminology
  - 2. Research: significance of
  - 3. Consequences of accidents, "social, and ecomomic"
- B. Accident data
  - 1. National Safety Council
  - 2. Accident data logistics
  - 3. Interpretation of accident data
- C. The safety movement
  - 1. National organizations and their roles
  - 2. Legislation
  - 3. Media
- D. Risks
  - 1. Psychological considerations
  - 2. Recognizing hazards and assessing risk
  - 3. Risks taken in daily lives:
    - a. highway
    - b. home
    - c. work
    - d. public
  - E. Determining accident causes
    - 1. Multiple cause concept
    - 2. Domino theory
    - 3. Epidemiological approach
    - 4. Human causation model
    - 5. Systems safety approach
  - F. Stategies for prevention and mitigation of accidents
    - 1. Haddon's model

- 2. Countermeasures: How to select
- 3. Evaluation of countermeasures
- G. Studying the etiology and countermeasures of the primary types of accidents
  - 1. Motor-vehicle accidents
  - 2. Falls
  - 3. Drownings
  - 4. Fires
  - 5. Suffocation
  - 6. Poisoning
  - 7. Firearm accidents
  - 8. Cold and heat injuries
  - 9. Electric current injuries
  - 10. Disasters
- H. Special Topics in Safety
  - 1. Occupational safety
  - 2. School safety
  - 3. Sports and recreational safety
  - 4. Safety instruction
  - 5. Legal aspects of accidents
- I. Emergency Health Care
  - 1. American Red Cross Community CPR
    - a. adult
    - b. child
    - c. infant
  - 2. American Red Cross Standard First Aid
    - a. Secondary survey
    - b. Bleeding and shock
    - c. Bone, joint, and muscle injuries
    - d. Head and back injuries
    - e. Specific injuries
    - f. Medical emergencies
      - 1.) Stroke

- 2.) Diabetic emergencies
- 3.) Epileptic seizures
- 4.) Asthma
- 3. American Red Cross health services
  - a. Teaching CPR
  - b. Teaching standard first aid

#### IV. EVALUATION METHODS

- 30% Three objective exams addressing objectives A through F (each weighted equally at 10%: multiple choice, true/false, short answer questions)
  - 8% Annotated readings for the four major classes of accidents (16 readings)
- 12% Mini-research paper on selected topics in the field of safety (evaluated by accurate information, coverage of topic, and format)
- 30% American Red Cross CPR (20% on skills and 10% on standardized written examinations),
- 10% American Red Cross Standard First Aid 5% practical skills and 5% on objective tests
- 10% Practical teaching assignment evaluated on: following the instructor's manual and accuracy of information presented

#### V. REQUIRED TEXTBOOKS

- American Red Cross. (1988). <u>Community CPR Student Workbook</u>.
  The American Red Cross.
- American Red Cross. (1988). <u>CPR Instructor's Manual</u>. The American Red Cross.
- American Red Cross. (1988). <u>Standard First Aid Instructor's</u>
  Manual. The American Red Cross.
- American Red Cross. (1988). <u>Standard First Aid Workbook</u>. The American Red Cross.
- American Red Cross. (1986). <u>Introduction to Health Services</u>
  <u>Education.</u> The American Red Cross.
- Thygerson, Alton L. (1986). <u>Safety</u>. Englewood Cliffs, NJ: (2nd ed.) Prentice Hall.

### VI. SPECIAL RESOURCE REQUIREMENTS

Expendable first aid supply kit, American Red Cross.

#### VII. BIBLIOGRAPHY

- American Academy of Orthopedic Surgeons. (1987). Emergency care and transportation of the sick and injured. (4th ed.). Chicago.
- American Public Health Association. (1986). <u>Accident prevention</u>. New York: McGraw-Hill.
- Arnheim, D. (1989). <u>Modern principles of athletic training</u>. St. Louis: Times Mirror/Mosby College Publishers.
- \*Baker, Susan P. (1972). <u>Injury control</u>. Washington, DC: Insurance Institute for Highway Safety.
- Brown, A. (1987). <u>First aid principles and procedures</u>. New York: MacMillan Publishers.
- Caroline, N. (1988). <u>Emergency care in the streets</u>. Boston: Little, Brown and Company.
- \*Florio, Alles, Stafford. (1979). <u>Safety education</u>. New York: McGraw-Hill.
- \*Forbes, T.W. (1972). <u>Human factors in highway traffic safety</u> research. New York: Wiley-Interscience.
  - Grant, Murray, Bergeion. (1987). Emergency care. (4th ed.). Bowie, MD: Robert Brady Company.
- \*Haddon, Suchman, Klein. (1964). <u>Accident research</u>. New York: Harper and Row.
  - Hafen, B. (1988). <u>First aid</u>. (4th ed.) St. Paul, MN: West Publishing Company.
- Mroz, Joseph H. (1987). <u>Safety in everyday living</u>. Dubuque, IA: Wm. C. Brown Company.
- National Safety Council. (1990 91). <u>Accident facts</u>. Chicago: National Safety Council, yearly.
- \*Robert, H.J. (1971). <u>The causes, ecology, and prevention of traffic accidents</u>. Springfield, IL: Charles C. Thomas.
- \*Indicates historical reference

- \*Strasser, Aaron, and Bohn. (1981). <u>Fundamentals of safety education</u>. New York: MacMillan Publishing.
  - Thygerson, A. (1985). <u>The first aid book</u>. (2nd ed.). Englewood Cliffs, NJ: Prentice Hall.
  - U.S. Department of Health and Human Services. (1985).

    <u>Chemical hazards</u>. Washington, DC: US Government
    Printing Office.
- \*Indicates historical reference.

# EMERCENCY HEALTH CARE HP 242 FALL SESSION 1990

Instructor: Mrs. Lois Clark Office: 233 Zink Hall

Phone: 357-4027

Office Hours: M & W 8:00-9:00AM

Friday by appointment

I. Prerequisite: Physical Education Majors, Safety Science Majors, or by instructor consent.

II. <u>Catalog Description</u>: Students will receive American Red Cross certification in Standard First Aid, Community Cardiopulmonary Resuscitation, Introduction to Health Services Education, Instructor of Standard First Aid, Instructor of Community First Aid.

# III. Course Requirements:

- A. Attendance: Students must attend all scheduled classes to satisfy requirements for ARC certifications. Class time missed, due to illness or emergencies, must be made up. Students are responsible for making arrangements for makeup work with the instructor.
- B. Examinations: Tests are to be taken when scheduled. Make-up examinations will not be given unless the instructor is notified ahead of time.
- C. <u>Assignments</u>: Must be completed as scheduled. Unannounced quizzes will be given on reading assignments.
- D. Final Examination: The final exam will be given at the scheduled time for your class.
- E. American Red Cross Cartification Fee: The ARC charges \$1.00 for basic cards and \$2.00 for instructor certifications. You must pay with a money order or with cash. Money will be collected by Mrs. Clark at the end of the semester.

# IV. Course Evaluation Procedure:

A. Units: All units require both practical and written tests.

Unit I CPR 50%		GRADING SCALE
Unit II First Aid	20%	
Unit III Teaching AR	C Classes 20%	100-90 A
Quizzes 10%		89-80 B
		79-70 C
		69-60 D

# V. Required Textbooks and Materials:

- A, ARC Standard First Aid Worktook. \$9.50
- B. ARC Standard First Aid Instructor's Manual. \$5.00
- C. Community CPR Workbook. \$9.50
- D. ARC Community CPR Instructor's Manual. \$5.00
- E. First Aid and Emergency Care Workbook, 1987. \$19.50
- F. Introduction to Health Services Education. \$3.00
- G. Expendable First Aid Supplies Kit. \$4.25

# Course Cutline

(2 hours) Introduction to Emergency Health Care Ch.l. and 2 First Aid and Emergency Care Workbook

# Unit 1

(10 hours) Community CPR Manual and First Aid Workbook

# Unit II

(12 hours) First Aid and Emergency Care

ARC Standard First Aid Workbook and First Aid Workbook

# Unit III

(6 hours) Instructor of Community CPR and Standard First Aid Instructor Manuals, I.H.S.E. Manual

- 14 Malfetti, James L. Driver Education Under Scrutiny, American Automobile Association Management Workshop, 1968
- 15 Walker, Patricia, "Driver Education: Where Does it Belong?"
- 16 Ellis, Richard D. "Fixed Hand 9 + 3 Steering"
- 17 Quane, Lawrence, "Emergency Driving An Immediate Payoff," Journal of Traffic Safety Education Association, Washington, 1974. p. 3
- 18 Calspan Corporation. "Most Drivers Use Only Half of Car's System Failure Avoidance Capabilities," Calspan News, Buffalo, 1975
- Carter, Kennis M. "Can We Really Teach Evasive Maneuver?"

  <u>Better Driving</u>, North Carolina Highway Safety Research

  <u>Center</u>, December, 1974, p. 2
- American Safety Belt Council, Solution for Highway
  Carnage: Safety Belt Use Legislation. American Safety
  Belt Council, Inc., New Rochelle, New York, 1975
- 21 Kelly "Off Roadway Booby Traps"
- 22 Chafetz, Morris. "The Drug Scene: Is There a Safe Way to Drink?"
- Adams, James R. "First a Friend...Then a Host Toward Re-identification of the Role of the Host." <u>Teachers College</u>, New York, 1965
  - Overend, Robert, "Young Adults on Bikes An N.S.C. Study," Traffic Safety, October 1976
  - Swain, Paul, "To Guard Them While They Sleep" Journal of the National-fire Protection Association. Hartford, Conn., 1975
  - 26 Mark, Norman, "Calm Down at Your Own Risk," Todays Health, March 1974

#### ACCIDENT CAUSATION AND PREVENTION

#### 3 Semester Hours

# Course Description

This course attempts to establish the relationship between psychology and accident causation programming by examining the different variables in accident causation. The course design will enable the student to better understand human behavior as it relates to the causes of accidents.

# Rationale

The dilemma caused by millions of accidental deaths and injuries make it imperative that safety education and accident prevention programs become a major need. Before any suitable remedy can be prescribed, the various causes of the problem must be diagnosed. Human behavior is an important factor in determining the frequency of accidents in a wide variety of situations. Any attempt to explain why accidents happen must involve the study of the many variables linked to human behavior. The complex variety of attitudes and emotions that motivate actions in relation to mechanized and motorized devices must be understood.

# Required Texts.

Thygerson, Alton L. Accidents and Disasters. Englewood Cliffs, NJ: Prentice Hall, 1977.

# Supplementary Texts

- American Automobile Association. <u>Teaching Driver & Traffic Safety</u> Education. New York: McGraw-Hill, 1965.
- 2. American Public Health Association. Accident Prevention. New York: McGraw-Hill, 1961.
- Baker, Susan P. <u>Injury Control</u>. Washington, D.C.: Insurance Institute for Highway Safety, 1972.
- 4 Florio, Alles, Stafford. Safety Education. New York: McGraw-Hill, 1979.
- 5. Forbes, T. W. Human Factors in Highway Traffic Safety Research. Les York: Wiley-Interscience, 13...
- 6. Haddon, Suchman, Klein. <u>Accident Research</u>. New York: Harper & Row, 1964.
- 7. Mroz, Joseph II. Safety in Everyday Living. Dubuque, IA: Wa. C. Brown Co., 1978.

# HIGHWAY SAFETY CENTER SCHOOL OF CONTINUING EDUCATION IUP

HP 251 ACCIDENT CAUSATION AND PREVENTION

F	Field Experience I: "An awareness Study of Saf	fety in the University Community
A	Assignment:  1. Each student will, based on interest, principle classifications of trauma on one or more aspects of its injury prod	
	1.1 Public Classifications	
	University Van Service	Intramurals
	Swimming Pool	Athletics
	Stairways	Jogging
	Classroom/Lecture Centers	Other
	Construction	
	1.2 Residence Classifications	
	Electrical	Climbing
	Poisons	Chemicals -
	Fire	Doors/Windows
	Falls	Do-It-Yourselfers
	Bathing	Other
	1.3 Work Classification	
	Maintenance Shops .	Food Service
	Laboratories	Other
	Receiving	
10000	Custodial Service	

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Highway Safety Center
School of Continuing Education
Accident Causation and Prevention
HP 251

#### THE ANNOTATED BIBLIOGRAPHY

An annotated bibliography is a written summary of material that has been read on a specific topic. The writer and reader of the bibliography should be able to sense the significance of the article without having to read the complete bibliographic source.

The purposes in having you submit annotated reports regularly throughout this course are:

- 1. To give you an opportunity to compare different approaches to topics by reading.
- 2. To extend your preparation for meaningful course participation.
- 3. To give you opportunities to evaluate and critically review literature in the field of trauma prevention.

# General Procedures:

1. The minimum number of readings due is 10

2. Pages of articles read, and reported, must be at least the equivalent length of a one-page article in <u>Time</u> magazine.

3. Readings must represent various aspects of course content.

4. Use several different resources.

5. Annotations must be submitted on the due dates.

6. Each annotation should follow the instructions on the attached page and may be hand or type-written. Be accurate in spelling, clear in style, and neat in copy.

# Specific Reporting Procedures:

- I. Cite the reading number and furnish as completely as possible, a bibliographic reference at the top of each report: Author's name, title of the article, name of the magazine, volume number, month (day, if appropriate), year, page number.
- II. In the written summary of the report, <u>objectively</u> present the ideas of the author. Be concise and clear. Outline points for clarity wherever possible. Avoid copying phrases from sources where you feel you must use quotation marks.

The length of the written summary (II) of an annotated bibliography is dependent on the length of the material as follows:

Article is four (4) pages in length - about 30 words in summary Article is eight (8) pages in length - about 60 words in summary Article is more than eight (8) pages in length - about 90 words in summary

III. Under significant points, <u>sidectively</u> evaluate three ideas of the author. "Top-of-the-head" salutory comments and cliches will not do! There must be some evidence of thinking, evaluating, and commenting accordingly or else you have wasted your time.

Each annotated bibliography should be on a separate sheet (no two on front and back) and completed following the attached format:

# FORMAT

Name_	Date
Topic	
I.,	Reading Number and Bibliographical Squrce:
	#, Author (s) (last and first name). Title of Publication. Edition; Publishing City: Publisher, Date, Page.
II.	Written Summary:
III.	Significant Points:
	a. b. c.

# Highway Safety Center School of Continuing Education HP 251

# Accident Causation and Prevention Measurement and Evaluation

Possible

Cr	iteria_	Points
1.	Attendance at twenty-seven class sessions	25
	a. attendance at each class one point each b. each tardiness will deduct 1/2 point c. excused absences and tardiness will be handled on an individual basis	
2.	Arnotated Readings (10)	10
	a, each acceptable reading will receive one point	
3.	. Field Experience	
	a. read and annotate two articles on the topic b. read appropriate pages in Accident Facts c. develop a series of questions on selected topic which will be used during interview d. prepare a written report e. give an oral presentation of topic in class	
4.		225
5.		. 260 points
	A - 234 B - 208 C - 182 D - 156	
6.	. Extra credit - additional field experience	. 10 points

Highway Safety Center
School of Continuing Education
HP 251
Accident Causation and Prevention

# READINGS

- READINGS #1 Johnson, Elizabeth, "For the Life of a Child" U.S. Consumer Product Safety Comm.
  - 2 Kiefer, Norvin, Accidents Preventable Epidemic (source unknown)
  - Wilson, Robert A. "Where There's a Will, There's a Way to Reinforce it". <u>Today's</u> Health, June 1974
  - 4 Suchman, Edward A. "A Conceptual Analysis for the Accident Phenomenom," Excerpt from Jacobs, Suchman, and others.

    Behavioral Approaches to Accident Research.

    New York Association for the Aid of Crippled Children, 1961. 178 pages
  - 5 Brownfain, John J. "When is an Accident
    Not an Accident?" Safety: Principles, Instruction, and Readings. Prentice Hall, Englewood, New Jersey, 1972. Pages 77-81
  - 5A DeCicco, Joyce. "Dangerous Myths", <u>Safety:</u>
    Principles, Instruction, and Readings.
    Prentice Hall, Englewood, New Jersey, 1972
    Pages 82-87
  - 6 Whitney, Albert. "Basic Philosophy of Safety:
  - 7 Maynard, Fredelle. "Are You System Failure Prone?", <u>Women's Day</u>, September 1976. Pages 112-117
  - 8 Heinrich. "Domino Theory of System-Failure Sequencing"
  - · 9 Malfetti "Scare Techniques & Traffic Safety"
    - 10 Adams, James R. "Oh, Who Cares About Safety?"

      <u>Safety: Principles, Instruction, and Readings.</u>

      Prentice Hall, 1972
    - 11 Klein. "The Influence of Societal Values"
    - 12 Rebicoff, Abraham, "You Drive as you Live." Analogy, All-State Insurance Co. 1970