

87/88 - 19
Number Change

January 5, 1987

SUBJECT: Dance Course Change
TO: Dr. Ron Juliette
FROM: Dr. Jim Mill, Chairman *J. Mill*
Health and Physical Education

The Department of Health and Physical Education is formally requesting a course number change for one of the dance courses we currently teach in the general education program. The course "Fitness Through Dance" was initially passed through the Senate Curriculum Committee as well as the Senate as HP 139. We now would like the course number changed to HP 124. The numbering change will permit this course to become more compatible with the numbering sequences of other dance classes we offer.

The four dance courses will be numbered:

- HP 122 - Contemporary Modern Dance
- HP 123 - Folk and Square Dance
- HP 124 - Fitness Through Dance
- HP 125 - Basic Tap and Ballroom Dance

I was under the impression this action was initiated a year or so ago but am unable to document it at this time. I am hoping the Senate Curriculum Committee will view this request as "information only" and permit it to be part of the course approval segment of the Senate meeting in January. The change will have to be noted at this time in order for the course to be approved at the February Board of Trustee's Meeting and for the correction to appear in the Fall, 1988 College Catalogue. I would appreciate any attention you could give this matter.

c.c. Dr. Harold Wingard, Dr. Diane Duntley

Feb 24, 1987 #1

DEPARTMENT OF HEALTH AND PHYSICAL EDUCATION

Proposed Curricular Changes

The faculty of the Health and Physical Education Department attempted to answer the following question: "What are the competencies which every physical educator should possess?" After surveying quality programs regionally and nationally, we discovered that our program in teacher certification is already extremely strong; however, the requested changes are necessary to strengthen the program in physical education and sport. The faculty has identified a strong academic core and maintained program flexibility and integrity.

The Existing Physical Education and Sport Program

Required Courses

HP 142	Foundations of Health, Physical Education and Recreation	3 sh
HP 221	Human Structure and Function	3 sh
HP 242	Emergency Health Care	1 sh
HP 246	Biomechanics	3 sh
HP 344	Adapted Physical Education	3 sh
HP 345	Athletic Training I	3 sh
HP 346	Athletic Training I Lab	1 sh
HP 441	Psychosocial Implication for Health, Physical Education and Recreation	3 sh
HP 442	Seminar in Health, Physical Education and Recreation	3 sh

Controlled Electives: Additional HP major courses, or approved substitutes, totaling 15 sh

HP 200	Fundamentals of Physical Activity	1 sh
HP 230	Aerobic Fitness	2 sh
HP 319	Pre-Professional Experience	1 sh
HP 343	Physiology of Exercise	3 sh
HP 410	Exercise Prescription	3 sh
HP 412	Physical Activity and Stress Management	3 sh
HP 413	Physical Activity and Aging	<u>3 sh</u>

TOTAL 38 sh

Recommended Sequence in Nutrition - 18 sh

Recommended Electives - 15 sh

Modifications Requested

HP 200, Fundamentals of Physical Activity; HP 230, Aerobic Fitness; and HP 343, Physiology of Exercise are moved from controlled electives into the required course category. In addition, the revised course HP 341, Evaluation in HPE, is included as a required course (Evaluation in HPE is scheduled to include the evaluation of tests used in exercise science).

Additions Requested

Two courses, HP 375, The Physiological Basis of Strength, and HP 411, Physical Fitness Appraisal and Guidance, have been added to the area of controlled electives. These courses bring the program into line with similar programs nationally.

The Revised Physical Education and Sport Program

Required Courses

HP 142	Foundations of Health, Physical Education & Sport	3 sh
*HP 200	Fundamentals of Physical Activity	1 sh
HP 221	Human Structure and Function	3 sh
*HP 230	Aerobic Fitness	2 sh
HP 242	Emergency Health Care	1 sh
HP 246	Biomechanics	3 sh
HP 341	Evaluation in Health and Physical Education	3 sh
*HP 343	Exercise Physiology	3 sh
HP 344	Adapted Physical Education	3 sh
HP 345	Athletic Training I	3 sh
HP 346	Athletic Training I Lab	1 sh
HP 441	Psychosocial Implications for Health, Physical Education, Recreation & Sport	3 sh
HP 442	Seminar in Health Physical Education, Recreation and Sport	<u>3 sh</u>
TOTAL		32 sh

*These courses were previously listed as controlled electives.

Controlled Electives - (Choose 12 sh from the following list)

+HP 319	Pre-Professional Experience II	3 sh
HP 375	Physiological Basis of Strength	3 sh
HP 410	Exercise Prescription	3 sh
HP 411	Physical Fitness Appraisal and Guidance	3 sh
HP 412	Physical Activity and Stress Management	3 sh
HP 413	Physical Activity and Aging	3 sh

+HP 319, Pre-Professional Experience II is recommended prior to the internship but is not required because many students have prior work experiences in lieu of HP 319.

Recommended Sequence in Nutrition (No Change) - 18 sh

Free electives - 10 sh

#1

February 24, 1987

Dear Dr. Sommer:

Thank you for reviewing the curriculum changes with Dr. Mill and me recently. The following changes are submitted to the Senate Curriculum Committee for your information and approval.

If your agenda permits, possibly these changes can still appear in the 1987-88 catalog.

General Education: As outlined in the General Education section of the IUP catalog with the following specifications:

- Mathmatics: No change
- Natural Sciences: No change
- Social Sciences: No change
- Science/Math elective: CO 200 Rationale: Standard XIII of the Pennsylvania Standards for Program Approval and Teacher Certification

All students in the Department of Health and Physical Education are required to complete the following core:

HP 142	Foundations of Health, Physical Education & Sport	3
*HP 200	Fundamentals of Physical Activity	1
HP 221	Human Structure & Function	3
*HP 230	Aerobic Fitness Techniques	2
HP 242	Emergency Health Care	1
HP 246	Biomechanics	3
*HP 341	Evaluation in Health & Physical Education	3
*HP 343	Exercise Physiology	3
HP 344	Adapted Physical Education	3
HP 345	Athletic Training I	3
HP 346	Athletic Training Lab	1
HP 441	Psychosocial Implications for Health, Physical Education, Recreation & Sport	3
HP 442	Seminar in Health, Physical Education, Recreation and Sport	3

*These courses were previously listed as controlled electives and/or other requirements.

Those students in the teacher certification program will continue with the following:

Required Courses:

HP 321	Methods in Elementary Health & Physical Ed.	3
HP 318	Pre-Professional Experience I	1
HP 325	School Health Programs	3
HP 426	Health Science Instruction	3
HP 205	Rhythms & Movement	1
HP 302	Gymnastics	1
HP 201	Archery/Badminton/Bowling	1

Also, students must elect six (6) Professional Technique Classes from the following list:

HP 203	Basketball	.5
HP 204	Field Hockey	.5
HP 206	Softball	.5
HP 207	Tennis	.5
HP 208	Soccer	.5
HP 300	Folk and Square Dance	.5
HP 301	Modern Dance	.5
HP 303	Football	.5
HP 304	Golf	.5
HP 305	Track & Field	.5
HP 306	Volleyball	.5
HP 307	Wrestling	.5

Education Certification Courses:

CM 301	Instructional Media	3
ED 242	Pre-Student Teaching I	1
ED 342	Pre-Student Teaching II	1
EP 302	Educational Psychology	3
FE 302	History & Philosophy of Sport	3
ED 421	Student Teaching	6
ED 441	Student Teaching	6
ED 442	School Law	<u>1</u>
		24
	General Education	52
	HPE & Sport Core	32
	Education Concen.	16
	Education Cert.	<u>24</u>
		124*

*The lack of electives is necessitated by the fact that all majors are certified K-12 grades.

Those students in the Physical Education & Sport program will continue with the following:

Other Exercise Science Requirements (Choose 12 credit hours from the following list)

HP 319	Pre-Professional Experience II	3
HP 410	Exercise Prescription	3
HP 412	Physical Activity and Stress Management	3
HP 413	Physical Activity and Aging	3
*HP 375	Physiological Basis of Strength	3
*HP 480	Physical Fitness Appraisal & Guidance	3

*Approved by the Senate Curriculum Committee, October 1986