

LSC Use Only No:	LSC Action-Date:	UWUCC USE Only No.	UWUCC Action-Date:	Senate Action Date:
		08-909	App- 4/7/09	App-4/28/09

Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee

Contact Person Robert E. Alman II, D. Ed	Email Address balman@iup.edu
Proposing Department/Unit Health and Physical Education	Phone 7-4410

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

1. Course Proposals (check all that apply)

New Course Course Prefix Change Course Deletion
 Course Revision Course Number and/or Title Change Catalog Description Change

HPED 413 Physical Activity and Aging	
<i>Current Course prefix, number and full title</i>	<i>Proposed course prefix, number and full title, if changing</i>

2. Additional Course Designations: check if appropriate

This course is also proposed as a Liberal Studies Course. Other: (e.g., Women's Studies, Pan-African)
 This course is also proposed as an Honors College Course.

3. Program Proposals

Catalog Description Change Program Revision
 New Degree Program Program Title Change Other
 New Minor Program New Track

<i>Current program name</i>	<i>Proposed program name, if changing</i>
-----------------------------	---

4. Approvals		Date
Department Curriculum Committee Chair(s)		
Department Chair(s)	<i>Signatures on 08-90a</i>	
College Curriculum Committee Chair		
College Dean		
Director of Liberal Studies *		
Director of Honors College *		
Provost *		
Additional signatures as appropriate: (include title)		
UWUCC Co-Chairs	<i>Gail Sechrist</i>	<i>4-7-09</i>

Part II. Description of Curriculum Change

1. Proposed catalog description:

HPED 413 Physical Activity and Aging

3c-01-3cr

Prerequisites: HPED 343 with a grade of C or better

Presents major aspects of physical activity, its importance to the older adult, and the organization of an activity program. Attention to physiology of physical activity, effects of activity on growth and aging, exercise prescription, flexibility, overweight and obesity, and motivational strategies.

2. Current catalog description:

HPED 413 Physical Activity and Aging

3c-01-3cr

Presents major aspects of physical activity, its importance to the older adult, and the organization of an activity program. Attention to physiology of physical activity, effects of activity on growth and aging, exercise prescription, flexibility, overweight and obesity, and motivational strategies.

- 3. Rationale:** The exercise science program recently received accreditation from the Commission on Accreditation of Allied Health Education Programs (CAAHEP). This accreditation requires course sequencing and academic standards to be in place to maintain this accreditation.

Part III. Letters of Support or Acknowledgement

(None)