

LSC Use Only No: LSC Action-Date: UWUCC USE Only No. UWUCC Action-Date: Senate Action Date:  
 02-105f App-4/22/03 App-4/29/03

**Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee**

Contact Person Madeline Paternostro-Bayles	Email Address mpbayles@iup.edu
Proposing Department/Unit Health and Physical Education	Phone 724-357-7835

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

1. Course Proposals (check all that apply)
- New Course                       Course Prefix Change                       Course Deletion  
 Course Revision                       Course Number and/or Title Change                       Catalog Description Change

Current Course prefix, number and full title                      Proposed course prefix, number and full title, if changing

2. Additional Course Designations: check if appropriate
- This course is also proposed as a Liberal Studies Course.                       Other: (e.g., Women's Studies, Pan-African)  
 This course is also proposed as an Honors College Course.

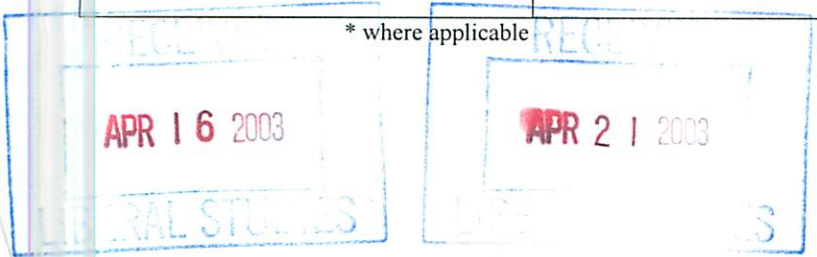
3. Program Proposals                       Catalog Description Change                       Program Revision
- New Degree Program                       Program Title Change                       Other  
 New Minor Program                       New Track

Physical Education and Sport

Current program name                      Proposed program name, if changing

4. Approvals	Date
Department Curriculum Committee Chair(s) <i>Madeline Paternostro-Bayles</i>	4-4-03
Department Chair(s) <i>Chaine A. Baier</i>	4/4/03
College Curriculum Committee Chair <i>Jeffrey Muller</i>	4-14-03
College Dean <i>Carlton C. Zoni</i>	4-16-03
Director of Liberal Studies *	
Director of Honors College *	
Provost *	
Additional signatures as appropriate: (include title)	
UWUCC Co-Chairs <i>Gail S. Sechrist</i>	4/22/03

\* where applicable



**Bachelor of Science  
Physical Education and Sport**

**Current – 124 credits**

**Liberal Studies:** As outlined in the Liberal Studies section with the following specifications: **54-55**  
**Mathematics:** MATH 217  
**Health & Wellness:** FDNT 143 or MLSC 101 - 102  
**Natural Science:** BIOL 103 - 104 or CHEM 101 - 102  
**Social Science:** PYSC 101, SOC 151  
**Liberal Studies:** FDNT 145, BTED/COS/IFMG 101, no courses with HPED prefix  
**Synthesis:** LBST 499

**Major**

**Core Requirements:** **31**  
 HPED 142 Foundations of Health, Physical Education and Sport 3sh  
 HPED 200 Fundamentals of Physical Activity 1sh  
 HPED 210 Motor Development 2sh  
 HPED 221 Human Structure & Function 3sh  
*HPED 251 Found. of Safety & Emergency Health Care* 3sh  
 HPED 263 Aquatics 1sh  
 HPED 315 Biomechanics 3sh  
 HPED 341 Evaluation in Health and Physical Education 3sh  
 HPED 343 Physiology of Exercise 3sh  
**HPED 344 Adapted Physical Education** 3 sh  
 HPED 441 Psychosocial Implications for Health and Physical Education 3sh  
 HPED 442 Seminar in Health, Physical Education and Recreation I 3sh

**Professional Requirements** **15-17**  
*HPED 175 Prevention & Care* 2sh  
 HPED 319 Pre-Professional Exp. II 1-3sh  
 HPED 375 Physiological Basis of Strength 3sh  
 HPED 410 Exercise Prescription 3sh  
 HPED 411 Physical Fitness Appraisal 3sh  
 HPED 412 Physical Activity and Stress Mgmt 3sh

**Controlled Electives: (1)(2)** **6 – 12**  
 BIOL 151, 155, HPED 408,413,426,482,493

**Free Electives** **12 - 18**  
 (1) Nutrition minor may substitute for Controlled Electives; see Department of Food and Nutrition.  
 (2) Specialty tracks will substitute for Controlled Electives; see following descriptions **124**

**Proposed – 120 credits**

**Liberal Studies:** As outlined in the LS...48

**Mathematics:** MATH 217  
**Health & Wellness:** FDNT 143, HPED 143, or MLSC 101-102 (recommend FDNT or MLSC)  
**Natural Science:** BIOL 103 - 104, or CHEM 101 - 102, or SCI 105 - 106  
**Social Science:** PSYC 101, SOC 151  
**Liberal Studies:** FDNT 145, no courses with HPED prefix

**Major Core**

**Requirements** **28**  
 HPED 142 Foundations of HPE & Sport 3sh  
**HPED 175 Prevention and Care** 2sh  
 HPED 200 Fundamentals of Physical Activity 1sh  
 HPED 210 Motor Development 2sh  
 HPED 221 Human Structure & Function 3sh  
*HPED 242 Emergency Health Care* 1sh  
 HPED 263 Aquatics 1sh  
 HPED 315 Biomechanics 3sh  
 HPED 341 Evaluation in HPE 3sh  
 HPED 343 Physiology of Exercise 3sh  
 HPED 441 Psychosocial Implications 3sh  
 HPED 442 Seminar in HPE 3sh

**Professional Requirements** **20**  
**HPED 230 Aerobic Exercise Leadership** 2sh  
 HPED 319 Pre-Professional Experience 3sh  
**HPED 344 Adapted Physical Education**  
 HPED 375 Physiological Basis of Strength 3sh  
 HPED 410 Exercise Prescription 3sh  
 HPED 411 Physical Fitness Appraisal 3sh  
 HPED 412 Physical Activity/Stress 3sh

**Controlled Electives: (1)(2)** **12**  
**BIO 151,155, PHYS 151, 161 SAFE 347**  
**HPED 333,335,413,492**

**Free Electives** **12**

(1) Nutrition minor may substitute for Controlled Electives; see Department of Food and Nutrition.  
 (2) Specialty tracks will substitute for Controlled Electives; see following descriptions

## Part II. Description of Curriculum Change

1. Catalog description for the revised program in the appropriate form. This includes both the description about the program and the list of courses and credits for the revised program.

Catalog description will not change.

2. Summary of changes:

- a. Table comparing old and new programs.

Comparison of old and new program is attached.

- b. List of all associated course changes (new or revised courses, number, title, or description changes, and deletions).

- 1) Delete HPED 251 Foundations of Safety and Emergency Health Care (3 credits) from Major Core.
- 2) Add HPED 242 Emergency Health Care (1 credit) to Major Core.
- 3) Remove COSC/BEDU/IFMG Microbased Comp Lit and LBST Elective from Liberal Studies Requirement.
- 4) Addition of HPED 230 Aerobic Exercise Leadership to Professional Requirements.
- 5) Change Professional Requirements from 15 - 17 credits to 20 credits.
- 6) Change Controlled Electives from 6 -12 credits to 12 credits.
- 7) Change in controlled electives includes: deletion of HPED 408, 426, 482, 493; Addition of HPED 333, 492; Addition of Phys 151,161, SAFE 347.
- 8) Change Free elective Requirements from 12 - 18 to 12 credits.

3. Rationale for Change.

- 1) The Safety and Drivers Education portion of HPED 251 is no longer necessary.
- 2) HPED 242 will provide the necessary Emergency Health Care certifications.
- 3) No room exists for the additional 6 credits of Liberal Studies Electives in this program track.

- 4) Addition of currently existing course that meets students needs related to exercise leadership.
- 5) Professional electives increased to include HPED 344 Adapted Physical Education.
- 6) Controlled electives expanded for maximum flexibility within track. Deletion of HPED 408, 482, are courses no longer in use. Deletion of HPED 493, Internship, is strongly encouraged in free electives. Deletion of HPED 426, Health Science Instruction is restricted to Education majors only. Addition of PHYS 151, 161, SAFE 347 are options outside the major to expand content knowledge and represent update areas of knowledge for PE and Sport majors. Addition of HPED 413, 492 are new HPED courses that represent updated areas of content knowledge and should be provided as options to the students.
- 7) Free elective credits changed to more appropriately encourage students to use towards internships which are encouraged in PE and Sport.

**Part III. Implementation. Provide answers to the following questions:**

1. How will the proposed revision affect students already in the existing program?

Students who have not completed HPED 251 will register for HPED 242.

2. Are faculty resources adequate? If you are not requesting or have not been authorized to hire additional faculty, demonstrate how this course will fit into the schedule(s) of current faculty.

Current faculty resources are adequate to meet the change.

2. Are other resources adequate? (Space, equipment, supplies, travel funds)
3. Current faculty resources are adequate to meet the change.
4. Do you expect an increase or decrease in the number of students as a result of these revisions? If so, how will the department adjust?

Change will not affect student enrollment.

**Part IV. Periodic Assessment**

Departments are responsible for an on-going review of curriculum. Include information about the department's plan for program evaluation:

1. Describe the evaluation plan. Include evaluation criteria. Specify how student input will be incorporated into the evaluation process.

The HPE Department curriculum committee evaluates departmental programs each year.

4. Specify the frequency of the evaluations.

The program is evaluated yearly.

5. Identify the evaluating entity.

An Advisory Committee for the PE and Sport track is currently being formed.

**Part V. Course Proposals**

Course proposals for any new courses added, revised, or deleted as a result of this program revision. A course analysis questionnaire and syllabus must be included for each course.

**Part VI. Letters of Support or Acknowledgement**

Have been sent to appropriate departments and included as electronic attachments.

**Mary Sadler**

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**From:** "Madeline Paternostro-Bayles" <mpbayles@iup.edu>  
**To:** <luciano@iup.edu>  
**Cc:** <rvbravo@iup.edu>  
**Sent:** Wednesday, April 16, 2003 7:58 PM  
**Subject:** Change in natural science electives

Drs., This is to inform the Departments of Chemistry and Biology, that Health and Physical Education: PE and Sport Track only, will be revising its curriculum to include in the natural science option, the addition of Physical Science I and II. Please note, that this track is rarely used and only provides an option to accomodate transfer students. Students in Health and Physical Education are encouraged to take either chemistry or biology and this additional option does not represent a change from the current advisement structure. If you have questions, please do not hesitate to contact me. Madeline Bayles.

## Summary of Proposed Changes Physical Education and Sport

These proposed changes do not impact any other department at IUP and the HPE Department has the necessary resources for these changes.

Proposed Change	Action Required	Rationale
Remove HPED 251 Foundation of Safety & Emergency Health Care (3 credits)	Replace with HPED 242 Emergency Health Care (1 credit)  List in HPE Core	The Drivers Education portion of HPED 251 is no longer necessary for this program. Use HPED 242 to give students the certifications that they need.
Move HPED 175 Prevention & Care (2 credits) from Professional Requirements to HPE Core	<b>List Liberal Studies elective as 3 credits</b>  List in major core requirements	HPED 175 will be required of all students in the HPE Department.
Remove COSC/BEDU/IFMG Microbased Comp Lit and LBST Elective from Liberal Studies Requirement	List in Professional Requirements	No room exists for the additional 6 credits of Liberal Studies Electives in this program
Decrease major core requirements from 31 to 28 credits	List in Professional Requirements	HPED 344 removed from core and added to professional requirements
Addition of HPED 230 Aerobic Exercise Leadership to PE and Sport, HPED 344 Adapted Physical Education	Addition of 5 credits of Professional Requirements	Add currently existing course to meet students needs
Professional Requirements from changed from 15-17 credits to 20 credits.	List under controlled electives	Increase in controlled electives increases choices and provides students in this track with maximum flexibility
Controlled electives have increased from 6 - 12 to 12 credits.	List Free Electives as 12 credits	More appropriately used towards internship credits which is highly recommended for students in PE and Sport
Change Free Elective Requirements from 12 - 18 to 12 credits		