

## New Minor, Track or Certificate Template

Steps to the approval process:

1. Complete the applicable template(s) and email them to the departmental or program curriculum committee chair.
2. The curriculum chair emails the proposal to the curriculum committee, then to the department/program faculty for a vote and finally to the department/program chair.
3. The department/program chair emails the proposal to [curriculum-approval@iup.edu](mailto:curriculum-approval@iup.edu); this email will also serve as an electronic signature.
4. Curriculum committee staff will log the proposal, forward it to the appropriate dean's office(s) for review within 14 days and post it on the X Drive for review by all IUP faculty and administrators. Following the dean's review the proposal goes to the UWUCC/UWGC and the Senate.
5. Questions? Email [curriculum-approval@iup.edu](mailto:curriculum-approval@iup.edu).

Contact Person:	Fredalene B. Bowers, Ph.D.	Email Address:	fbowers@iup.edu
Proposing Depart/Unit:	CDFR	Phone:	724 357-2336

Minor or Track Title	Track – Youth and Families
Narrative Catalog Description:	Focuses on the family unit with an emphasis on theoretical frameworks of family studies; principles related to familial and marital adjustment and coping; and risk and resiliency factors impacting youth and the family dynamics. This track will place emphasis on understanding the various relationships that occur within and around families. Such relationships include, marital relationships, parent-child relationships, peer relationships, extended family relationships, and relationships within alternative family structures.
List of Program Requirements in catalog layout – including course numbers, titles, credits and any footnotes. <i>(Note that PASSHE requires a minimum of 6 credits in a minor be advanced standing (300 and above).</i>	Students will complete the Child Development & Family Relations Core Requirements (46-47 credits). Student have the option to choose one of three proposed tracks or a minor (15-18 credits).  Track 3: Youth and Families (15 credits) CDFR Elective PSYC 312 Adult Development & Aging FCSE 350 Teaching Family Life Education EDEX 460 Family Perspectives on Disabilities HPED 450 Curriculum & Program in Sex Ed
Student Learning Outcomes for Minor or Track	Students will: <ol style="list-style-type: none"> <li>1. Identify risk factors in the family that impacts functioning of youth and families.</li> <li>2. Investigate social service systems and support strategies for youth and their families.</li> <li>3. Assess the impact of social and ecological factors on families.</li> <li>4. Analyze the dynamics that affect family functions and development throughout the life span.</li> <li>5. Synthesize current research on sexuality and at-risk sexual behaviors impacting youth and families.</li> <li>6. Apply family theories and approaches to problems affecting families of diverse backgrounds and cultures.</li> </ol>

### **Rationale for Proposal**

Why is this track/minor being proposed?	This track is designed for students interested in pursuing careers focused on working specifically with families and/or young adults. The primary objectives of the Child Development and Family Relations Program are to prepare professionals to administer
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	<p>and/or work in programs that entail all aspects of child development and family relations, to teach at the adult level, or to administer human service agencies at federal, state or local levels. This track would serve to extend the students specific knowledge of family interactions and relationship and prepare them for work with these complex systems. Currently, the CDFR Program has one course in Adolescent Development and three courses focusing specifically on family dynamics and family issues. However, the program does not specifically aim to prepare students for careers with youth and families. This track will strengthen the skills and knowledge in this area and better prepare students to pursue employment focused on working with families and/or youth or graduate studies in family therapy, family research, or adolescent development. This track will also enable students to complete the coursework for the Family Life Educator Certificate offered by the National Council for Family Life Education.</p>
<p>What role, if any, does it serve the college/university above and beyond the role it serves in the department?</p>	<p>The Youth and Family Track, through the Child Development and Family Relations Program, will be the first program at IUP to focus solely on family issues and marital and family therapy. This track will be an area where IUP faculty and students have the expertise that is needed in the field of child development and family relations.</p>