

*Approved
3/24/92*

LSC Use Only
Number: _____
Action: _____
Date: _____

UWUCC Use Only
Number: 91-58
Action: _____
Date: _____

CURRICULUM PROPOSAL COVER SHEET
University-Wide Undergraduate Curriculum Committee

I. Title/Author of Change

Course/Program Title: Nutrition Minor
Suggested 20 Character Course Title: Nutrition Minor
Department: Food and Nutrition
Contact Person: Joanne B. Steiner

II. If a course, is it being Proposed for:

_____ Course Revision/Approval Only
_____ Course Revision/Approval and Liberal Studies Approval
_____ Liberal Studies Approval Only (course previously has been approved by the University Senate)

III. Approvals

Joanne B. Steiner Department Curriculum Committee
Joanne B. Steiner Department Chairperson
Mary Ann Carson College Curriculum Committee
Harold E. Alvin College Dean *

Director of Liberal Studies
(where applicable)

Provost (where applicable)

*College Dean must consult with Provost before approving curriculum changes. Approval by College Dean indicates that the proposed change is consistent with long range planning documents, that all requests for resources made as part of the proposal can be met, and that the proposal has the support of the university administration.

IV. Timetable

Date Submitted to LSC: _____ Semester to be implemented: _____ Date to be published in Catalog: _____
to UWUCC: _____

Part II. Description of Curriculum Change

1. Catalog description for the revised minor in nutrition

Minor in Nutrition

Students electing a minor in nutrition must complete 16 credit hours of coursework from the courses listed below. This minor sequence is recommended for students majoring in the related health disciplines such as child development, home economics education, nursing and allied health, and health and physical education. Students must note that the completion of this minor neither meets the requirements for practice as a credentialed nutritionist nor satisfies the academic requirements of the American Dietetic Association for a registered dietitian. For additional information about these careers, contact the Food and Nutrition Department.

NUTRITION MINOR

FN 212 Nutrition		3sh
FN 213 Life Cycle Nutrition (new course)		3sh
FN 245 Sports Nutrition (new course)		1sh
FN 355 Nutrition in Disease I		3sh
FN 470 Human Food Consumption Patterns		3sh
FN 357 Special Problems in Foods	OR	3sh
FN 410 Nutrition in Aging		
		<u>16sh</u>

Other courses must have permission of the department chairperson.

FN 212, 213, 245, 355, 470 are offered each academic year. FN 357, and 410 are available in alternate years.

2. Summary of Changes

DELETIONS

Delete the following minor for Physical Education and Sport (p. 5)

Required Courses:

- CH 255 Biochemistry and Nutrition 3sh
- FN 212 Nutrition 3sh
- FN 355 Nutrition in Disease I 3sh
- FN 455 Nutrition in Disease II 3sh
- FN 458 Advanced Human Nutrition 3sh
- FN 463 Nutrition Counseling 3sh

Other requirements:

Recommended electives for nutrition: FN 410, FN 451, HP493

CHANGE TO

Minor in Nutrition (to be listed under both the Food and Nutrition Department and the Physical Education and Sport major in the college catalog). A statement in the catalog could be placed with Nursing, Child Development and Home Economics Education programs recommending the nutrition minor for these majors.

NUTRITION MINOR

- FN 212 Nutrition 3sh
 - FN 213 Life Cycle Nutrition (new course) 3sh
 - FN 245 Sports Nutrition (new course) 1sh
 - FN 355 Nutrition in Disease I 3sh
 - FN 470 Human Food Consumption Patterns* 3sh

 - FN 357 Special Problems in Foods OR 3sh
 - FN 410 Nutrition in Aging
- 16sh

Other courses must have permission of the department chairperson.

FN 212, 213, 245, 355, 470 are offered each academic year. FN 357, and 410 are available in alternate years.

Justifications

This minor program should be available to any major who satisfies the above requirements. Appropriate placement in the college catalog should be with the department offering the major course of study.

The courses FN 455, FN 458 and FN 463 are the most advanced level of courses in the dietetics curriculum and are appropriate only for those students completing a major in dietetics and pursuing registration as a credentialed dietitian with the American

Dietetic Association. These courses are specific to entry practice as dietitians; and therefore, not appropriate as part of a minor curriculum.

*FN 451 has been deleted from the IUP catalog and replaced with FN 470 Human Food Consumption Patterns.

Letter of support

A letter of support from the Health and Physical Education Program is attached.

Indiana University of Pennsylvania
Department of Food and Nutrition

Date: February 18, 1992

Subject: Nutrition Minor Revision

To: Jim Mill

From: Joanne B. Steiner, Ph.D., R.D. *JBS*
Chairperson
Food and Nutrition

I apologize for any lack of communication on this issue. I thought that Rita Johnson had sent a memo regarding the change in the nutrition minor along with a request of support from you when she was developing the sports nutrition course which is to be a requirement in the proposed minor. I was in error.

We are proposing to the Senate curriculum committee that the nutrition minor be changed so that the minor will introduce the student to the fundamentals of the discipline, but not be the same as the advanced study required of the dietetics major. Attached is a summary of the change that designates the deletions and additions. Please note that these changes are not official until they appear in the college catalog. Students who are following the current minor may continue to do so. If course conflicts occur, I will be glad to assist any student in appropriate substitutions.

I need a statement from you concerning this change. I apologize for the short notice but could I have this memo no later than Thursday, February 20. Thank you so much.

*The Phy. Ed. Dept.
Agrees with the changes
in the Nutrition Minor
2/20/92 J. Clark*

CURRENT CURRICULUM DESCRIPTION

Liberal Studies: As outlined in Liberal Studies section with the following specifications:.....54
 Mathematics: MA 101 or MA 110 or MA 217
 Health and Wellness/ROTC: FN 140, FN 141
 Natural Science: CH 101-102
 Social Science: PC 101, SO 151
 Liberal Studies Electives: CO 101, no HPE prefix

Major: 38
 Required courses:
 HP 142 Foundations of HPE and Recreation.....3
 HP 221 Human Structure and Function.....3
 HP 242 Emergency Health Care.....1
 HP 246 Biomechanics.....3
 HP 344 Adapted Physical Education.....3
 HP 345 Athletic Training I.....3
 HP 346 Athletic Training I Lab.....1
 HP 441 Psychosocial Implications for Health, Physical Education, and Recreation.....3
 HP 442 Seminar in Health, Physical Education, and Recreation.....3

Controlled electives: (1)
 Additional HP major course, or approved substitutes, totaling 15 sh
 HP 200 Fundamentals of Physical Activity.....1
 HP 230 Aerobic Fitness.....2
 HP 319 Preprofessional Experience II.....1
 HP 343 Physiology of Exercise.....3
 HP 375 Physiological Basis of Strength.....3
 HP 410 Exercise Prescription.....3
 HP 412 Physical Activity and Stress Management.....3
 HP 413 Physical Activity and Aging.....3

Recommended: Sequence in Nutrition.....18
 Required Courses:
 CH 255 Biochemistry and Nutrition.....3
 FN 212 Nutrition I.....3
 FN 355 Nutrition in Disease I.....3
 FN 455 Nutrition in Disease II.....3
 FN 458 Advanced Human Nutrition.....3
 FN 463 Nutrition Counseling.....3

Other Requirements:
 Recommended electives for nutrition:
 FN 410, FN 451, HP 493
 Free Electives:.....15

Total Degree Requirements.....125

PROPOSED CURRICULUM REVISION FOR BACHELOR OF SCIENCE PHYSICAL EDUCATION AND SPORT 1991

Liberal Studies: As outlined in Liberal Studies section with the following exceptions:
 Mathematics: MA 101, MA 110 or MA 217
 Health and Wellness: FN 143
 Natural Sciences: CH 101-102
 Social Sciences: PC 101, SO 151
 Liberal Studies Elective: FN 145, CO 101
 Total Liberal Studies.....54

Major Core Requirements:
 HP 142 Foundations of HPE.....3
 HP 200 Fundamentals of Physical Activity.....3
 HP 210 Aquatics.....1
 HP 221 Human Structure and Function.....3
 HP 246 Biomechanics.....3
 HP 251 Foundations of Safety and Emer Hlth Care.....3
 HP 263 Aquatics.....3
 HP 341 Evaluations in HPE.....3
 HP 343 Exercise Physiology.....3
 HP 344 Adapted Physical Education.....3
 HP 441 Psychosocial Implications.....3
 HP 442 Seminar in HPE.....3
 Total Core Requirements.....31

Professional Requirements:
 HP 319 Preprofessional Experience II.....3
 HP 345 Athletic Training I.....3
 HP 346 Athletic Training I Lab.....1
 HP 375 Physiology of Strength Training.....3
 HP 410 Exercise Prescription.....3
 HP 411 Physical Fitness/Appraisal Guidance.....3
 HP 412 Physical Activity and Stress Management.....3
 Total Professional Requirements HPE.....19

Controlled Electives:
 HP 408 Guided Research.....2
 HP 413 Physical Activity and Aging.....3
 HP 426 Health Science Instruction.....3
 HP 482 Independent Study.....3
 HP 493 Internship.....6-12
 BI 151 Human Physiology.....3
 BI 155 Human Phys/Anat.....3
 Total Controlled Electives.....6-12

Nutrition Minor Acceptable as Controlled Elective
 CH 255 Biochemistry and Nutrition.....3
 FN 212 Nutrition.....3
 FN 355 Nutrition in Disease I.....3
 FN 455 Nutrition in Disease II.....3
 FN 458 Advanced Human Nutrition.....3
 FN 463 Nutrition Counseling.....3
 Total Nutrition Minor.....18

Electives.....7-14

Total Degree Requirements.....124



Curricular Offering/ Change Authorization

Please Check One For Each Form

List only one entry per form.
Submit this form to College Dean.

- New Course Addition
- Course Deletion
- Course Number Change
- Course Descriptive Title Change
- Semester Hours Change

Food and Nutrition _____

Department _____

- Undergraduate
- Graduate

Please list below the full information requested for the course to be added/dropped or changed.

Action	Dept.	Number	Descriptive Title	Semester Hours	Remarks
Add			Add Minor in Nutrition under Department of Food and Nutrition		
Drop					
Change From					
To					

My signature on this form signifies that I, or the approving agency which I chair on the following date approved the inclusion/deletion or changes listed above to the appropriate Master Course File.

Sign and route as follows

1. Scheduling - White
2. Chairperson - Canary
3. College Dean - Pink

James B. Steiner _____
Chairperson Date 12-20-91

Harold C. Wengard _____
Dean of College Date 1-21-92

Chairperson of Curr. Comm/Grad Council _____ Date _____