

CURRICULUM PROPOSAL COVER SHEET
University-Wide Undergraduate Curriculum Committee

LSC Use Only

Number _____

Action _____

Date _____

UWUCC Use Only

Number 36A

Action _____

Date _____

I. TITLE/AUTHOR OF CHANGE

COURSE/PROGRAM TITLE FN 110 Introduction to Nutrition and Dietetics

DEPARTMENT Food and Nutrition

CONTACT PERSON Joanne B. Steiner, Rita M. Johnson

II. THIS COURSE IS BEING PROPOSED FOR:

- Course Approval Only
 Course Approval and Liberal Studies Approval
 Liberal Studies Approval only (course previously has been approved by the University Senate)

III. APPROVALS

Joanne B. Steiner
Department Curriculum Committee

Therese J. Sauer
College Curriculum Committee

Joanne B. Steiner
Department Chairperson

Harold B. Wengert
College Dean*

Director of Liberal Studies
(where applicable)

Provost
(where applicable)

*College Dean must consult with Provost before approving curriculum changes. Approval by College Dean indicates that the proposed change is consistent with long range planning documents, that all requests for resources made as part of the proposal can be met, and that the proposal has the support of the university administration.

IV. TIMETABLE

Date Submitted
to LSC N/A
to UWUCC 12/88

Semester/Year to be
implemented Spring 1989

Date to be published
in Catalog 1989

Revised 5/88

[Attach remaining parts of
proposal to this form.]

Description of Curriculum Change

CATALOG DESCRIPTION

FN 110 Introduction to Nutrition and Dietetics

1 credit

Prerequisites: None

1 lecture hour

Corequisites: None

(1c-01-1sh)

Career possibilities for nutrition majors are explored. Students will be guided in clarifying their professional goals. They will become acquainted with the educational and experiential requirements necessary to obtain these goals.

COURSE SYLLABUS

I. CATALOG DESCRIPTION

FN 110 Introduction to Nutrition and Dietetics	1 credit
Prerequisites: None	1 lecture hour
Corequisites: None	(1c-01-1sh)

Career possibilities for nutrition majors are explored. Students will be guided in clarifying their professional goals. They will become acquainted with the educational and experiential requirements necessary to obtain these goals.

II. COURSE OBJECTIVES

Students will:

1. describe the specialty areas in nutrition careers and the type of educational and experiential preparation needed for them.
2. list the routes to registration with the American Dietetic Association.
3. identify nutrition-related organizations.

III. COURSE OUTLINE

- A. Historical development of the profession (1 lecture)
- B. The education of dietitians and nutritionists (3 lectures)
 1. Academic requirements (ADA Plan IV or V programs)
 2. IUP's Bachelor of Science in Dietetics
 3. Experiential requirements
 - a. Dietetic internships
 - b. Preprofessional practice programs
- C. Registration and credentialing of dietitians (1 lecture)
- D. Careers in nutrition and dietetics (9 lectures)
 - a. Foodservice Systems Administration
 - b. Clinical Dietetics
 - 1) In-patient practice
 - 2) Out-patient practice
 - 3) Private practice

- c. Community Nutrition
 - 1) Community agencies
 - 2) Nutrition education
- d. School Foodservice
- e. Nutrition research

E. Professional Nutrition and Nutrition-Related Organizations

1. The American Dietetic Association, state and district affiliate organizations.
2. Society for Nutrition Education
3. The American Society for Parenteral and Enteral Nutrition
4. The American Society for Clinical Nutrition
5. American College of Nutrition
6. The American Heart Association
7. The American Diabetes Association
8. The American Cancer Society
9. The Institute of Food Technologists

IV. EVALUATION METHODS

Three one-page (typed, single spaced) assignments on specialty careers in nutrition or dietetics.

One, three-page (typed, double spaced) assignment on the student's career goals and a plan to achieve them.

Class participation (evaluation of guest speakers).

Grading:	3 one page papers @ 50 points each	= 150 pts.
	1 three page paper @ 50 points each	= 50 pts.
	Class participation	= <u>50 pts.</u> ←
	Total	250 pts.

90 - 100%	= A
80 - 89%	= B
70 - 79%	= C
60 - 69%	= D
0 - 59%	= F

V. REQUIRED TEXTBOOK

Caldwell, C.C. Opportunities in Nutrition Careers. National Textbook Company, Lincolnwood, IL 1987.

VI. SPECIAL RESOURCE REQUIREMENTS

VII. BIBLIOGRAPHY

The American Dietetic Association. A New Look at the Profession of Dietetics. The American Dietetic Association. 1985.

Kane, J.K. Exploring Careers in Dietetics and Nutrition. The Rosen Publishing Group, Inc. New York. 1987.

Long, S.L. Introduction to the Profession of Dietetics. Lea and Febiger. Philadelphia, PA 1983.

COURSE ANALYSIS QUESTIONNAIRE

Section A: Details of the Course

- A1. This course will be a requirement for students in the B.S. in Dietetics. The course is not intended for the Liberal Studies Program.
- A2. This course does not require any changes in the content of any existing courses or programs.
- A3. This course will follow the traditional type of offering. The use of three to five outside speakers will be a special feature of the course.
- A4. This course has been offered at IUP on a trial basis as a Special Topics course for three fall semesters, (1986, 1987, 1988). All students entering the dietetics program have registered for the course. In addition, a number of junior and senior students have elected the course.
- A5. This is not a dual level course.
- A6. This course cannot be taken for variable credit.
- A7. The following institutions have a course of this nature:
- The Pennsylvania State University, FN 297A
The Dietetic Internship Process (1 credit)
- West Virginia University, NUTR 179
Introduction to Dietetics (1 credit)
- Marywood College, HEC 101
Introduction to the Professions (1 credit)
- Iowa State University, FN 340
Orientation to Dietetics (1 credit)
- University of Delaware, ND 103
Orientation to Dietetics and Nutritional Science (1 credit)
- A8. This course is not required by a professional society or accrediting agency. However, a number of professionals in the nutrition field who have been guest speakers have indicated that this course should be included in the curriculum. Support letters are attached. Attempts to provide similar content through student organizations has not been fully successful as some students do not participate in the student dietetic association.

Section B. Interdisciplinary Implications

- B1. This course will be taught by one instructor.
- B2. It is not anticipated that any additional courses will be needed.
- B3. This course does not duplicate content of courses offered by other departments.

B4. Seats will be available to students in the School of Continuing Education.

Section C: Implementation

- C1. a. Faculty - Sufficient faculty are available so that the course can be offered once each academic year.
- b. Space - Sufficient classroom space exists for this course. A classroom with 45 seats is adequate.
- c. Equipment - No special equipment is required.
- d. No consumable supplies are needed.
- e. Library materials are sufficient to support the course.
- f. Travel funds are not needed.
- C2. No grant funds are associated with this course.
- C3. This course will be offered once each academic year.
- C4. One section of the course will be offered per academic year.
- C5. The class size will be forty students. The number is not limited by availability of resources.
- C6. No enrollment limits are specified by any professional society.
- C7. This course will be a curriculum requirement. The B.S. in Dietetics as of 1986 provided the student with 14-20 free electives. Due to a change in which two, three credit courses were changed to one, four credit course, the number of free electives increased to 16-22 in 1987. This proposed requirement will alter the student program so that the student will have 15-21 elective credits.

Section D: Miscellaneous

See attached support statements solicited from Fall, 1988 speakers.

The class, Introduction to Nutrition and Dietetics, is presently in the formative stages for University approval. With this approval it will be a permanent course offering for majors in the Department of Food and Nutrition.

The University appreciates the opinions of professionals regarding our curriculum. As a speaker for this class and as a practicing dietitian or nutritionist, I would appreciate your comments and support for this class and your permission to attach them to our course approval form. A few handwritten statements on the bottom of this page will suffice.

Thank you for your assistance.

Comments:

An excellent opportunity for students to hear from professionals working in the various areas of dietetics/nutrition

Suggestion: Prior to the presentation, ask students to write questions or topics which they would like the speaker to address. - make this information available to the speaker.

Cindy M. Risinger, R.D.
Signature

10-14-88
Date

Clinical Dietitian
Title Lee Hospital, Johnstown PA

Please return to: Rita M. Johnson, Department of Food and Nutrition, Ackerman 14, IUP, Indiana, PA 15705.

Thanks for the opportunity - I enjoyed it!

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Thank you for your assistance.

Comments:

Career planning is probably one of the most important concerns of students. Dietetics offers a diverse and dynamic number of service-oriented career opportunities for students. A clear understanding of these options is very helpful to students and benefits employers as well.

A course such as Introduction to Nutrition and Dietetics gives students the chance to clearly identify differences in jobs related to nutrition as well as providing direction in developing personal career goals.

Rita M. Johnson M.Ed. R.D.
Signature

10/17/88
Date

Director of Dietary Services
Title

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Thank you for your assistance.

Comments:

I think this is a great idea.
I wish the University would have offered this course when I was an undergraduate. It would have allowed me to make a more informed career choice.

Patricia DeJore

Signature

Food Service Director, Apollo Ridge School District

Title

10/24/83
Date

Please return to: Rita M. Johnson, Department of Food and Nutrition, Ackerman 14, IUP, Indiana, PA 15705.

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Thank you for your assistance.

Comments:

I fully support making FN 400, Introduction to Nutrition and Dietetics, a permanent course offering. It is a wonderful opportunity for students to become familiar with career options. Students may be better equipped to choose an academic curriculum suited to their personal goals. The class also allows students interaction with dietitians in the field that otherwise they may not be able to do.

I wish the course had been held when I went to school.

Ronnie Litch RD.

1/3/11

Signature

Date

Traci Sauer Director/Nutrition

Title

Please return to: Rita M. Johnson, Department of Food and Nutrition, Ackerman 14, IUP, Indiana, PA 15705.

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Thank you for your assistance.

Comments:

This course, Introduction to Nutrition and Dietetics, provides your students with an invaluable opportunity to meet professionals in their selected course of study. For some motivated students it opens the door to beginning a network which may provide work experience or guidance in career selection. I enjoyed this opportunity to speak to the IUP nutrition majors.

A. Jerome Searson
Signature

11-12-82
Date

Dietary Service Director
Title

Please return to: Rita M. Johnson, Department of Food and Nutrition, Ackerman 14, IUP, Indiana, PA 15705.

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Thank you for your assistance.

Comments: I appreciated the opportunity to share info. on nutrition in aging services with the students. There are so many directions a student can go that it will be beneficial for them to hear about careers directly from the professionals.

It surprised me that the course was for freshmen. It would seem more appropriate at a later time - after the student had ~~a~~ basic exposure to some aspects of F&N.

Susan L. Dixon, Nutritionist

Signature

11/29/77
Date

Dir. of Planning & Evaluation

Title

Please return to: Rita M. Johnson, Department of Food and Nutrition, Ackerman 14, IUP, Indiana, PA 15705.