

OLSC Use Only No:	LSC Action-Date:	UWUCC USE Only No.	UWUCC Action-Date:	Senate Action Date:
		09-46e.	R 2/18/10 APP-3/25/10	App-4/20/10

**Curriculum Proposal Cover Sheet - University-Wide Undergraduate Curriculum Committee**

Contact Person Stephanie Taylor-Davis	Email Address stdavis@iup.edu
Proposing Department/Unit Department of Food and Nutrition	Phone 7-4440

Check all appropriate lines and complete information as requested. Use a separate cover sheet for each course proposal and for each program proposal.

**1. Course Proposals (check all that apply)**

New Course                       Course Prefix Change                       Course Deletion  
 Course Revision                       Course Number and/or Title Change                       Catalog Description Change  
 Course Amnesty Proposal

<u>Current</u> Course prefix, number and full title FDNT 364 Methods of Teaching	<u>Proposed</u> course prefix, number and full title, if changing
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**2. Additional Course Designations: check if appropriate**

This course is also proposed as a Liberal Studies Course.                       Other: (e.g., Women's Studies, Pan-African)  
 This course is also proposed as an Honors College Course.

**3. Program Proposals**

New Degree Program                       Program Title Change                       Program Revision  
 New Minor Program                       New Track                       Other  
 Catalog Description Change

<u>Current</u> program name	<u>Proposed</u> program name, if changing
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4. Approvals		Date
Department Curriculum Committee Chair(s)	<i>Lita Johnson</i>	12/15/09
Department Chair(s)	<i>Susan Danchevich</i>	12/15/09
College Curriculum Committee Chair	<i>Jeffrey Miller</i>	12-16-09
College Dean	<i>Parleen P. Zoni</i>	12.17.09
Director of Liberal Studies *		
Director of Honors College *		
Provost *		
Additional signatures as appropriate: (include title)		
UWUCC Co-Chairs	<i>Gail S. Sechrist</i>	3-25-10

\* where applicable

Received  
 Received  
 MAR 19 2010  
 JAN 04 2010  
 Liberal Studies Liberal Studies

**Gail S. Sechrist**

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**From:** "Stephanie Taylor-Davis" <stdavis@iup.edu>  
**To:** "Gail S. Sechrist" <gailsech@iup.edu>  
**Cc:** "ssdahl" <ssdahl@iup.edu>  
**Sent:** Wednesday, March 17, 2010 12:26 PM  
**Attach:** 364 amnesty proposal\_with course outcomes revision.doc  
**Subject:** RE: FDNT 364 Course Revision

Dear Gail,

Attached is my revision for FDNT364 Methods of Teaching. Objectives 2, 3, and 4 on the original submission were intended for the IUP student. I do understand the concern and agree that they were more descriptive of activities rather than performance/outcomes. I deleted Objectives 2, 3 and 4 and made additions that I hope the committee will consider as improvement to the Course Outcomes section of the proposal.

Thank you again for the feedback. Please let me know if there are any additional questions or concerns.

Stephanie

*Stephanie Taylor-Davis, PhD, RD, LDN*  
 Professor, Department of Food and Nutrition  
 Indiana University of PA

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**From:** Gail S. Sechrist [mailto:gailsech@iup.edu]  
**Sent:** Thursday, February 18, 2010 5:53 PM  
**To:** stdavis@iup.edu  
**Cc:** Susan Dahlheimer  
**Subject:** FDNT 364 Course Revision

Stephanie,

At today's UWUCC meeting we examined all of your department's syllabi of amnesty proposals.

Yours for FDNT 364 Methods of Teaching was returned for the following revisions:

- 1) Objectives 2, 3, and 4 need to be clarified as to whether these are outcomes for the IUP student or what the IUP student should be able to help her or his own students do. This recommendation followed discussion about whether some of these objectives seemed more like activities used to measure a student's performance vs. an actual outcome.

When you have revised these please send it to me electronically and then I will be able to return this to our agenda. Let me know if you have any questions.

Gail

## SYLLABUS OF RECORD

### I. Catalog Description

<b>FDNT 364 Methods of Teaching Food and Nutrition</b>	<b>3 class hours</b>
	<b>0 lab hours</b>
	<b>3 credits</b>
	<b>(3c-0l-3cr)</b>

**Prerequisite:** Grade of C or higher in FDNT 213

Focuses on nutrition education methods to support health-promoting dietary behaviors for different populations in a variety of settings. Provides experience in the development of theory-based educational programming via assessing needs, developing objectives, creating/selecting accompanying materials and activities, implementing appropriate instructional strategies, assessment and evaluation.

### II. Course Outcomes

Students will be able to:

- Plan, teach and then evaluate food and nutrition lesson(s) that is/are an appropriate length and level for the target audience using effective instructional materials/methods. To achieve this competency, the student will be expected to:
  1. Conduct a needs assessment.
  2. Incorporate learning theories for diverse audiences (e.g., with respect to age, literacy, culture).
  3. Identify theory-based educational strategies designed to promote change in learners with respect to knowledge, attitudes, and/or food choices and nutrition-related behaviors.
  4. Correctly state, write, and analyze learning objectives.
  5. Select and organize learning experiences appropriate for objectives and target audience.
  6. Locate, research, and/or create educational materials of various media types, as appropriate.
  7. Select, prepare, and evaluate instructional materials to promote the learning process.
  8. Utilize alternative educational methods or techniques for teaching (e.g., lecture, discussion, projects, experiments, simulations, demonstrations, case studies).
  9. Implement formative, process, and summative evaluation measures to assess student learning and teaching effectiveness.
  10. Demonstrate verbal and nonverbal communication skills.
  11. Write a lesson plan.

### **III. Basic Course Outline**

- A. Overview & Rationale for a Methods of Teaching Course (2 hours)**
  - 1. Nutrition Education Goals for Nutrition
  - 2. Information / Health Literacy
  - 3. Influences on Food Choice and Diet-Related Behavior
  
- B. Planning Before Teaching: The Lesson Plan (7 hours)**
  - 1. Needs Assessment
  - 2. Writing Educational/Behavioral Learning Objectives
  - 3. Analyzing the Quality of Objectives
  - 4. Components of the Lesson Plan
  - 5. Interconnectivity of Objectives, Content, Activities and Evaluation
  
- C. Educational Theories (3 hours)**
  - 1. Learning Styles
  - 2. Audience Segmentation: Children, Adolescents, Adults, Older Adults, Special Needs
  
- D. Behavior Change Theories (4 hours)**
  - 1. Increasing Awareness and Enhancing Motivation
  - 2. Facilitating the Ability to Take Action
  - 3. Environmental Supports for Action
  - 4. Mediators of the Target Behavior
  
- E. Communication Skills (2 hours)**
  - 1. Verbal
  - 2. Nonverbal
  
- F. Alternative Methods of Teaching (6 hours)**
  - 1. Instructor-centered
  - 2. Student-centered
  - 3. Active Learning Strategies
  
- G. Selecting/Developing Instructional Materials/Activities (2 hours)**
  - 1. Principles of Instructional Materials Design
  - 2. Nutrition Education Resources
  - 3. Evaluation of Instructional Materials
  
- H. Methods and Components of Evaluation (3 hours)**
  - 1. Formative Measures and Evaluation
  - 2. Process Measures and Evaluation
  - 3. Summative Measures and Evaluation

- I. **Effective Communication in Group Settings (4 hours)**
  - 1. **Diverse Audiences**
  - 2. **Group Dynamics**
  - 3. **Facilitation Skills**
  - 4. **Leadership Styles**
  
- J. **Beyond Groups (2 hours)**
  - 1. **Media: television, newspaper, computers, video games**
  - 2. **Other Channels: health fairs, newsletters, social marketing campaigns, web-based interventions**
  - 3. **Nutrition Education Ethics and Advocacy**
  
- K. **Teaching Experience (5 hours)**
  - 1. **Teaching Philosophy**
  - 2. **Portfolio Development**
  - 3. **Student Presentations**

**Two one-hour exams (2 hours)**

**Final exam (2 hours)**