XII. Adverse Driving Conditions

- 1. Driving At Night
- 2. Visibility
 - Glare
 - Fog, Smoke, Rain, Snow

Lessons and Hints to Work With Your New Teen Driver Part 12

pennsylvania DEPARTMENT OF TRANSPORTATION

Be Ready, Be Safe, Be Responsible

Institute for Rural Health & Safety

IUP

<section-header></section-header>	ADVERSE CONDITIONS THAT AFFECT SAFE DRIVING Controlling What You Have No Control Over DO have control over Decisions that you can make to reduce the risk: Be aware of changing conditions Postpone, cancel trip Leave earlier Change route Be prepared for increased risk Vehicle condition pre-check (II. Pre-Entry Procedures (PPT.)) tires, lights, wipers, fluid, fuel potential for delays, stuck in traffic, etc.
LESSON BENEFITS • These lessons will allow you to become aware of the effects that changing environmental conditions have on you, your vehicle, and the countermeasures and approach that you should take when driving in these conditions. • You can't change the weather conditions or time of day, but you can reduce risk by adapting your driving to them.	These lessons will allow you to become aware of the effects that changing environ- mental conditions have on you, your vehi- cle, and the countermeasures and approach that you should take when driving in these conditions. You can't change the weather conditions or time of day, but you can reduce risk by adapting your driving to them.
OBJECTIVES TO: • Dem onstrate a knowledge of the problems associated with reduced visibility such as driving at night, in fog, in rain, snow, smoke and glare conditions.	To make the students aware of what consti- tutes adverse conditions; To inform the students of the risks created by low visibility at night; To show the students what constitutes low visibility and how it creates adverse driving conditions; To show the students that reduced visibility can be caused by weather, the highway en- vironment, other traffic, and one's own vehi- cle; To increase the students' knowledge and skill for addressing the problems associated with low visibility;

NGHT DRIVING Most serious collisions occur in twilight or darkness. (11 pm & 5 pm) 34 % of 1 & yr. old drivers crash at night. (Restrictions on permit &.Jr. Licenses) Headlights -to see AND be seen Required: • between sunset & sumrise • Unfavorable weather or light conditions-wipers on-lights on • Visibility less than 1,000 ft. • Work zones	Night Driving Most serious collisions occur in twilight or dark- ness. (11 pm & 5 pm) 34% of 16 yr. old drivers crash at night. (Restrictions on permit &Jr. Licenses) Reduced visibility increases the risk of a collision. Death rates at night are two and one-half times greater in rural areas and three times greater in ur- ban areas when compared to daylight death rates. Headlights –to see AND be seen Required: between sunset & sunrise Unfavorable weather or light conditions- Visibility less than 1,000 ft. Work zones
 Distance you can see ahead is limited Distance you can see ahead is limited Headlights provide limited illumination of off- road areas Loss of contrast and im paired distance judgment Glare from lights of oncoming and following vehicles and glare recovery time 	Night Driving Distance you can see ahead is limited Headlights provide limited illumination of off-road areas Loss of contrast and impaired distance judgment Glare from lights of oncoming and following vehi- cles and glare recovery time At night, high beams allow for approximately 500 feet of visual acuity when the vehicle is not moving and low beams allow for approximately 150 feet of visual acuity. When the vehicle is moving at ap- proximately 30 mph, visual acuity on low beams drops to approximately 90 feet.
 Driving at night is more dangerous because- Vision is severely limited at night (90% of reactions depend on vision) Color vision, depth and distance perception are all reduced. Difficult to make safe gap judgments because landmarks and references aren't visible. Difficult to see pedestrians and bicyclists Look for reflection from clothing reflective tape or reflectors 	Conditions of Visibility Night Driving Driving at night is more dangerous because - Vision is severely limited at night (90% of reactions depend on vision) Color vision, depth and distance perception are all reduced. Difficult to make safe gap judgments be- cause Landmarks and references aren't visible. Difficult to see pedestrians and bicyclists Look for reflection from clothing, reflective tape or reflectors

At night, a driver can add anywhere from one and one-half to two seconds to their normal reaction time because of low light conditions and the need to focus longer on something before identifying what it is.

The road surface is used as a reference point to assist depth perception. At night, it is difficult to use the road surface as a reference point and speed of closure is difficult to measure when using oncoming headlights or ongoing taillights.

Longer fixation on areas of the environment is needed to acquire and process information. On unlit roads, the driver needs to glance at the road edges and surfaces to help in positioning the vehicle.

 NGHT DRIVING Reducing the Effects of Headlight Glare 1. Look toward the opposite side of the road as the car passes. DO NOT stare into the headlights 2. Use the Enhanced Mirror Settings and flip the inside rearview for night driving. 3. Keep the windows clean. 	Night Driving Reducing the Effects of Headlight Glare Look toward the opposite side of the road as the car passes. DO NOT stare into the headlights Use the Enhanced Mirror Settings and flip the inside rearview for night driving. Keep the windows clean.
Differ Precautions • Wipe all lights clean (50 to 90 percent loss of headlight efficiency due to road grime) • Reduce speed compared to daytime. (Light doesn't bend around curves or into dips) • Increase following distance. (shorter reaction distance) • Tum off or dim interior convenience lights • Proper use of high/low headlight beams • Use <u>parking</u> lights only when <u>parked</u>	Night Driving Other Precautions Wipe all lights clean (50 to 90 percent loss of headlight efficiency due to road grime) Reduce speed compared to daytime. (Light doesn't bend around curves or into dips) Increase following distance. (Shorter reaction distance) Turn off or dim interior convenience lights Proper use of high/low headlight beams Use parking lights only when parked

Reflections Movement/Changes in Contrast Road signs Lane markings. center line & edge markers Animal eyes Vehicle driving with lights off Metal/glass on the road Dark spot in the road suf ace-pothale or obstacle	Some things to watch for Reflections Road signs Lane markings, center line & edge markers Animal eyes Metal/glass on the road Movement/Changes in Contrast Vehicle driving with lights off Pedestrian in dark clothes Dark spot in the road surface-pothole or ob- stacle
SOMETHINGSTO DO AND NOT DO DO DODoDoDo Notdim your high becams to oncoming vehicles (500 ft.) and when following vehicles (300ft.)flash your high beams once to warm on coming drivers if they do not dim.Don't "punish" oncoming drivers who don't dim- can blind them and drivers behind them cause collision.	Some Things to Do And Not to Do Do dim your high beams to oncoming vehicles (500 ft.) and when following vehicles (300ft.) flash your high beams once to warn oncom- ing drivers if they do not dim. Do Not "punish" oncoming drivers who don't dim- can blind them and drivers behind them cause collision.
	Don't look into oncoming headlights Look away to edge of road.

Some THINGS TO DO AND NOT TO DO Do Not "overdrive" your headlights. Your search area and the area that you react, is limited to how far you can see- Visibility of about 255 fl. w/properly aligned low beams - allowfor a maxim um safe speed of 40-45 mph. Visibility of about 300 fl. w/properly aligned high beam s allowfor a maxim um safe speed of 55-30 mph	Some Things to Do And Not to Do Do Not "overdrive" your headlights. Your search area and the area that you react, is limited to how far you can see- Visibility of about 255 ft. w/properly aligned low beams -allow for a maxi- mum safe speed of 40-45 mph. Visibility of about 300 ft. w/properly aligned high beams allow for a maxi- mum safe speed of 55-60 mph
Low beams	Visibility of about 255 ft. w/properly aligned low beams -allow for a maxi- mum safe speed of 40-45 mph.
	Visibility of about 300 ft. w/properly aligned high beams allow for a maxi- mum safe speed of 55-60 mph

How to fight it...

- Clean all windows and lights
- Keep objects off dashboard
- Adjust sun visors
- Adjust mirrors
- Sit high in the seat-use windshield tint
- Wear sunglasses on sunny days
 Snowglare
- Adjust speed to visibility conditions

How to fight it... Clean all windows and lights Keep objects off dashboard Adjust sun visors Adjust mirrors Sit high in the seat-use windshield tint Wear sunglasses on sunny days-Snow glare Adjust speed to visibility conditions









KEEP DASH CLEAN

Fog forms when the air cools to a point at which water vapor in it begins to condense into tiny water droplets.
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Dashboard Glare

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 FOG Different kinck of fog, where fog forms: Advection fog forms when humid air flows over cold ground or water. Radiation fog forms on generally clear, cool nights. Steam fog forms over water, often in the fall. Overnight rain can enhance fog that forms in the morning. Precipitation fog forms when rain or snow falls Upslope fog is very common along large hills and mountains. It forms when winds blow up the side of a hill or mountain, which cools the air. Valley fog forms in mountain valleys during winter and can be more than 1,500 feet thick. Often, the winter sun is not strong enough to evaporate the fog during the day. 	Different kinds of fog, where fog forms: Advection fog forms when humid air flows over cold ground or water. Radiation fog forms on generally clear, cool nights. Steam fog forms over water, often in the fall. Overnight rain can enhance fog that forms in the morning. Precipitation fog forms when rain or snow falls.
FOG	Upslope fog is common along large hills and mountains. It forms when winds blow up the side of a hill or mountain, which cools the air. Valley fog forms in mountain valleys during winter and can be more than 1,500 feet thick. Often, the winter sun is not strong enough to evaporate the fog during the day.
Driving in Drifting Fog •Reduce speed •Headlights are on low beam to reduce reflected glare •Turn on windshield wipers •Turn on defroster or air conditioner	Driving in Drifting Fog Reduce speed Headlights are on low beam to reduce reflected glare Turn on windshield wipers Turn on defroster or air conditioner

FOG Diving in Heavy Fog • Further reduce speed, <u>but do not stop in a travel lane</u> • Turn on emergency flashers • Look for an <u>exit from the highway</u> • If impossible to leave highway, stop beyond end of guard rail, check the area, if possible, back up to the outside of the guardrail, turn off all lights and wait for fog to lift.	 Driving in Heavy Fog Further reduce speed, but do not stop in a travel lane Turn on emergency flashers Look for an exit from the highway If impossible to leave highway, stop beyond end of guard rail, check the area, if possible, back up to the outside of the guardrail, turn off all lights and wait for fog to lift.
OTHER DANGEROUS CONDITIONS Conternational Structures for Deliving in Structure, Red mand Show • Maintain lane position (center of your lane) • Turn on windshield wipers • Snow and smoke may require use of windshield washer • Be alert for vehicles stopped in roadway • Be prepared for effects of gusting or strong steady crosswinds • Make steering, acceleration and braking actions gently and smoothly	Other Dangerous Conditions Maintain lane position (center of your lane) Turn on windshield wipers Snow and smoke may require use of windshield washer Be alert for vehicles stopped in road- way Be prepared for effects of gusting or strong steady crosswinds Make steering, acceleration and brak- ing actions gently and smoothly
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Dangerous Conditions

Countermeasures for Driving in Smoke, Rain and Snow

<u>Reduce speed</u> to limits imposed by visibility and road conditions, but <u>do not stop</u> in travel lane or on shoulder near road

> For snow conditions, look for exit from highway and turn on radio for weather report.

If impossible to leave highway, stop beyond end outside of guardrail.

Turn headlights to low beams

Turn on emergency flashers

 <u>Reduce speed</u> to limits imposed by visibility and road conditions, but <u>do not stop</u> in travel lane or on shoulder near road

Countermeasures for Diliving in Smoke, Rain and Snow

- For show conditions, look for exit from highway and turn on radib for we after report.
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- Turn headlights to low beams
- Turn on emergency flashers