IV. PERCEPTUAL DRIVING FOR PARENTS / GUARDIANS

Lessons and Hints to Work With Your New Teen Driver

Part 4

Lessons and Hints to Work With Your New Teen Driver

• This resource is based on a behind the wheel program that is used by trained driver education teachers.

Purpose :

- to give adults supervising practice driving with a teen driver, an orderly, standard routine.
- To provide objectives and methods similar to those used by in-car driving instructors that may:
 - reduce stressful situations for adult and teen.
 - reduce risk by allowing the teen driver to gradually progress through skill levels and driving environments.

Be Ready, Be Safe, Be Responsible

THE FIRST ROLE MODEL FOR DRIVING

Who are:

- The first drivers that a new teen driver has been exposed to in real life?
- The drivers whose habits (good and bad)have been observed, scrutinized, and absorbed by a teen driver over a period of years?



ROLE MODEL FOR DRIVING

- Who is:
- a reflection of you and your driving habits?
- influenced most by your actions?

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Your teen driver

ROLE MODEL FOR DRIVING

- New drivers learn by example
- Identify your behaviors
 - habits
 - poor=change
 - good=keep
 - decision making





GOALS OF THE PROGRAM

PERCEPTUAL DRIVING PROGRAM

Learn effective and efficient perceptual driving skills

> Be Ready, Be Safe, Be Responsible

Learn how to make proper responses to problem traffic situations once they are identified and evaluated

Stated Reasons for Collisions

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- "I Didn't See"
- (" I Wasn't Paying Attention")
- "I Didn't See In Time"
- "I Didn't Think He Would Do It"
- ("I Didn't Know What to Do")

TEEN CRASH ERRORS

Teen Drivers are over-represented in crashes involving these driving maneuvers

- 1. Driving on wet pavements 2. Distractions from passengers 3. Pulling out from a STOP sign 4. Left turns across traffic 5. Keeping a safe space margin between vehicles 6. Negotiating curves 7. Maintaining vehicle control (speeding)
- 8. Changing lanes and passing

COMMON ERRORS MADE BY DRIVERS WITH POOR SCANNING HABITS:

- Does not react to problems promptly;
- Fails to maintain space margins;
- Has frequent near misses...is not aware of own speed;
- Is not aware of vehicle about to pass;
- Is easily distracted and fatigued;
- Drives with signals flashing when not needed; and
- Drives with fogged or partially blocked windows.

PERCEPTION

Can Be Improved With Directed Practice

We can learn to improve the perceptual process

Perceptions improve with training and practice.

- Knowing:
 - What to look for, and what may happen
 - When to look, and where
 - Where to look, and when

Experience and practice will make the process more efficient

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HABITS TO IMPROVE PERCEPTION

Three habits can help improve the ability to perceive traffic events



Use Efficient Eye Habits
In an Organized Search Pattern
To Search for Conflict Situations

HABITS TO IMPROVE PERCEPTION

• Use a SYSTEMATIC SEARCH PATTERN.

• Search in <u>meaningful</u> groups

1.Traffic Controls

3.Other

Users

2.Highway Conditions



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Search Systems & Processes



Eye Habits for Vehicle Control

- Picture a <u>safe, clear</u> path of travel to a target <u>on the</u> <u>road...far ahead.</u>
- Usually down the middle of your lane to where you want the car to go.
- Steer to your target.
- Pick a new target and path when the view opens to a new clear area

PROJECTED PATH OF TRAVEL

EYE HABITS FOR VEHICLE CONTROL-PATH OF TRAVEL

- Multiple Targets
- Targets change with vehicle movement
- Eyes move ahead with the vehicle Don't stare at one spot



EYE HABITS FOR VEHICLE CONTROL-PATH OF TRAVEL

-DON'T STARE at hazard spots! Always look to the OPEN path in the middle of your lane and steer to it.





Search ahead and to the sides





Scan the Road Surface

- To detect changes in direction
- To assess speed of other cars
- To check for pedestrians between parked cars



SCAN MIRRORS AND DASH (O)

Risk From Behind

• Check Inside and Outside Mirrors Not every hazard is in front of you. There are hazards approaching from behind and to the sides. Search routine to the rear.

Vehicle Awareness

Check Dash Regularly

You need to be aware of the car's speed and any mechanical problems while driving. Search routine to your dash.







SCAN MIRRORS AND DASH ()

Time These Checks To:

Critical situations and specific maneuvers

- Slowing and stopping
- <u>Any</u> lane change Before <u>and</u> After
- Approaching and exiting an intersection

Also:

•While stopped

- •More often in heavy traffic
- •Passing zones and multiple lane roadways

Routine:

- Check dash when you see a speed limit sign
- or after you check the rear view mirror



Be Ready, Be Safe, Be Responsible

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