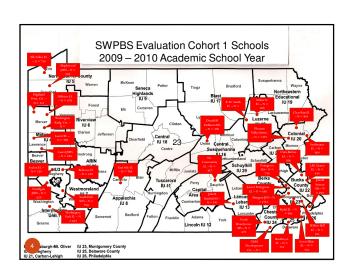
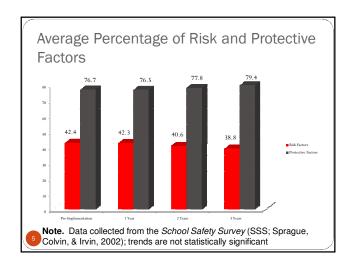
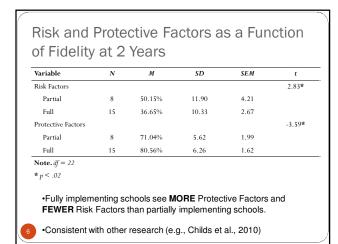


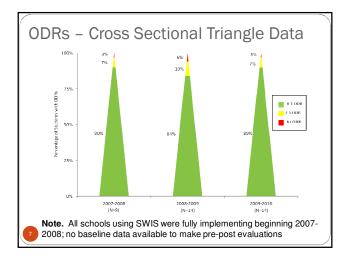
To Be Clear....

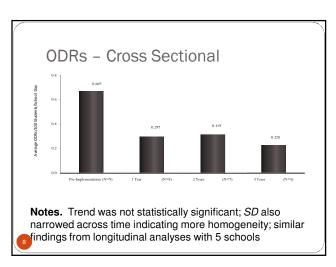
SWPBIS = SWPBS = SWEBS =
Universal PBS = RtII for Behavior









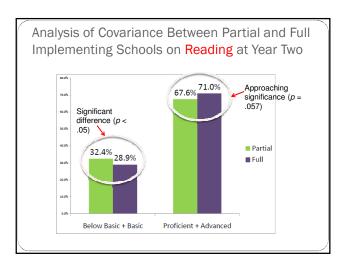


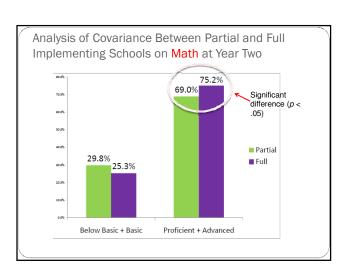
#### **Estimated Instructional Time Saved**

- Reduction of .441 ODRs / 100 students / School Day
- Average size of school in Cohort 1 was ~600 students
- Therefore, 2.646 fewer ODRs per day
- · Assume 180 school days
- Therefore, 476 fewer ODRs per year
- How much time is saved?
- 1 ODR = 20 minutes lost by student; 10 minutes lost by teacher; 10 minutes lost by administrator (Scott & Barrett, 2004)

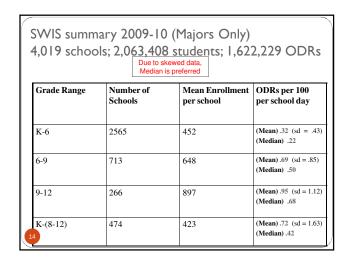
#### Estimated Instructional Time Saved

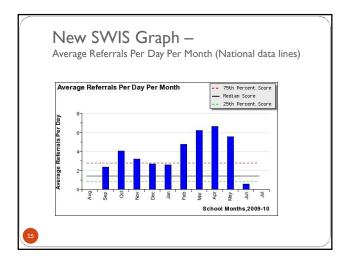
- 476 fewer ORDs per year for a school of 600 students
- Time Saved for the "Sohort School
  - 9,520 student = 158.6 hours
  - 4,760 to 15 mutes = 79.3 hours
- •4 7 mistrator minutes = 79.3 hours

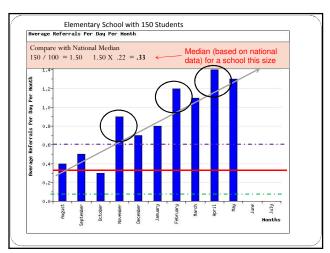


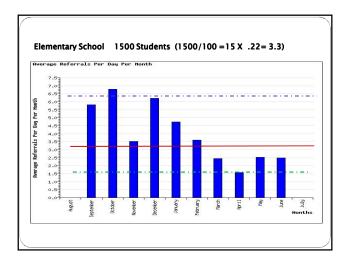


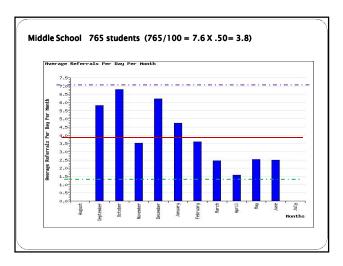
2009-10 SWIS Summary National

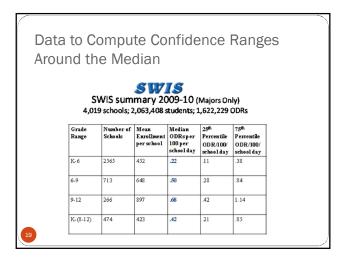


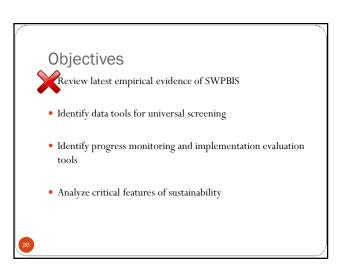












#### **Behavior Screening Tools**

- Just like benchmarking for academics, we need strong screeners for social, emotional, and behavioral functioning
- What is the typical screener in a SWPBIS model?
- ODRs are generally insufficient screeners
   Why?
- "WE NEED MORE DATA!" (paraphrased from Cpt. Kirk)



#### Why Screen?

- At any given time, 20% of youth have mental health problems at least minimal levels of functional impairment, 10-15% have more severely impairing psychiatric disorders (US Department of Health & Human Services, 1999)
- By adolescence, 40% youth will have met criteria for psychiatric diagnosis at least once (Costello, Mustillo, Erkanli, Keeler, & Angold, 2003)
- Only 20% of youth in need receive mental health care services (Kataoka, Zhang, & Wells, 2002)

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## Why Screen (continued)?

- The median lag between the onset of a mental disorder and the start of treatment is about 10 years (National Mental Health Association, 2005)
- Early intervention for youth with emotional and behavioral problems can help to minimize the long-term detriment of mental disorders as well as reduce the overall healthcare burden and costs (Aos, Lieb, Mayfield, Miller, & Pennucci, 2004; Campaign for Mental Health Reform, 2005)



## **Behavior Screening Tools**

- A very short list....
  - BASC2 Behavioral and Emotional Screening System (BESS; Kamphaus & Reynolds, 2007)
  - Social Skills Improvement System: Performance Screening Guide (SSiS; Elliott & Gresham, 2007)
  - Social-Emotional Assets and Resilience Scales Short Form (SEARS; Merrell, 2010)
  - Strengths and Difficulties Questionnaire (SDQ; Goodman, 1997)
  - Student Risk Screening Scale (SRSS; Drummond, 1994)
  - Systematic Screener for Behavior Disorders (SSBD; Walker & Severson, 1992)



And many others.....(see handout)

#### Behavioral and Emotional Screening System (Kamphaus & Reynolds, 2007)

- Features
  - Systematic
  - Comprehensive
  - Identifies strengths in addition to weaknesses
  - Grades preK-12
  - Informants
    - · Teacher, parent, and self
  - Reliable
  - Quick and easy to complete
    - Rating forms range from 25-30 items
    - Takes about 5 minutes to rate each student
    - 45 min- 1 hr per class

## Behavioral and Emotional Screening System (Kamphaus & Reynolds, 2007)

- Screening Indicates overall risk level
  - Normal
  - Elevated
  - · Extremely elevated
- The BASC-2 Rating Scales can then be used for students above Normal Risk to further determine areas of need.
  - Internalizing problems
  - Externalizing problems
  - School problems
  - Adaptive skills
- Reported results include a single total score
  - · Reliable and accurate predictor of a broad range of problems



	Validity Index Elevation			Soores		
Test Date	F	CONS	PTRN	Raw	Т	Classification
5/11/09		Á	A	64		Extremely Elevated
5/19/09		A	À	51		Extremely Elevated
5/1/09	A	A	A	50	72	Extremely Elevated
5/25/09	A	A	A	42	66	Elevated
5/11/09	A	A	L	56	61	Elevated
2/7/09	A	A	A	52	68	Normal
2/6/09	A	A	Å	29	56	Norma1
5/6/09	A	A	A	28	66	Norma1
4/1/09	A	A	A	18	46	Normai
2/5/09	A	A	A	18	48	Norma1
2/9/09	A	A	A	16		Norma1
5/11/09	A	A	A	14	44	Norma1
2/2/09	A	A	A	11	42	Norma1
2/2/09		A	A	9		Norma1
4/1/09	A	4	Δ			Norma1
5/6/09		A	A	6		Norma1
2/10/09	Δ.	4	Δ		57	Norma1
2/10/09		Ä	4	1		Norma1
2/9/09		Â	Â			Normal
5/1/09		Â	î	1 0		Normal
2/5/09		Â	Â			Normal
5/1/09		Â	À			Normal

Source: Mays, K. L., Baines, T. C., & Dever, B. V. (2011). Implementing universal screening for behavioral and emotional risk in schools. Workshop presented at the annual National Association of School Psychologists conference, San Francisco, CA.

Social Skills Improvement System (Gresham & Elliott, 2007)

- The SSiS is a comprehensive, multi-tiered program for improving social behavior.
- The SSiS consists of:

Primary Level

- SSiS: Performance Screening Guides for Class-wide Screening (Elliott & Gresham, 2007)
- SSiS: Class-wide Intervention Program (Elliott & Gresham, 2007) Secondary or Tertiary Level
- SSiS: Rating Scales (Gresham & Elliott, 2008)
- $\bullet$  SSiS: Intervention Guide for targeted supports (Elliott & Gresham, 2008)



#### SSiS: PERFORMANCE SCREENING GUIDE

- Three levels are available (ages 3-18 yrs):
  - Preschool
  - Elementary
  - Secondary
- Focus on keystone classroom behaviors and skills
- Four key areas are assessed:
  - Prosocial Behavior
  - Motivation to Learn
  - Reading Skills
  - Math Skills



#### Social-Emotional Assets and Resilience Scales (SEARS) Short Form (Merrell, 2010)

- Strength-based measure
- Multiple informants: teacher, parent, child, adolescent
- 12-items for all respondents
- 4-point Likert scale

#### 

#### SEARS Short Form (Merrell, 2010)

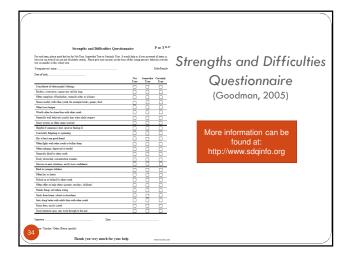
- Psychometric properties (Doerner, Kaye, Nese, Merrell, & Romer, 2011)
- Reliability
  - Internal consistency ranged from .83-.90 across respondents
  - Stability ranged from .74 .90
  - Inter-parent ratings .67
- Validity
  - Convergent validity with SSRS (.40-.78)
  - Convergent validity with Home and Community Social Behavior Scales (.69-.84)



### Strengths and Difficulties Questionnaire (Goodman, 2005)

- Parent, teacher, and self-report (8-13)
- Multiple languages (cross-validation studies, too)
- 25-items
- Five factors assessed (Goodman, 2001)
  - Emotional
  - Conduct
  - Hyperactivity-Inattention
  - Peer
  - Prosocial





#### Strengths and Difficulties Questionnaire (Goodman, 2005) - Reliability and Validity

- Internal consistency = 0.73 (Goodman, 2001)
- 4-6 month stability = .62 (Goodman, 2001)
- Cross informant correlations = 0.34 (Goodman, 2001)
- Highly correlated with CBCL (Goodman & Scott, 1999)
  - Total Scores r = .87
  - Low of .59 for Social / Peer; High of .84 for Externalizing / Control
- Self-Report (ages 8-13) demonstrates similarly strong reliability and validity (Muris, Meesters, Eijkelenboom, & Vincken, 2004)

#### Student Risk Screening Scale (Drummond, 1994)

- $\bullet\,$  Free; no special materials other than Microsoft Excel  $^{TM}$
- Teachers use a one-page instrument to evaluate students on 7 items using a 4-point Likert-type scale:

  - Low Academic Achievement
  - Lies, Cheats, Sneaks - Negative Attitude - Behavior Problems - Aggressive Behavior
  - Peer Rejection
- Student Risk is divided into 3 categories:
  - Low 0 - 3
  - Moderate 4 - 8
  - 9 21 High





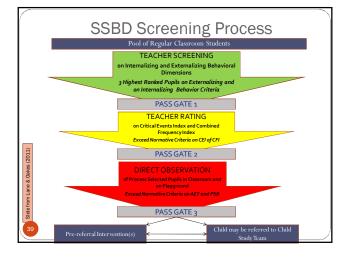
# Student Risk Screening Scale (Drummond, 1994) – Reliability & Validity

- Adequate internal consistency (.78 .85) and stability (Lane et al., 2007)
- • Highly sensitive to externalizing problem behaviors (Receiver Operating Characteristic analysis AUC = .952)
- $\bullet$  Highly sensitive to internalizing problem behaviors (ROC analysis AUC = .802)
- Correlated with Aggressive Behavior subscale of the CBCL and Strengths and Difficulties Questionnaire (SDQ)
- Emerging evidence for use in middle schools (Lane et al., 2007)

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## Systematic Screener for Behavior Disorders (SSBD, Walker & Severson,1992)

- Three-Gated process
- Students who meet the specified criteria for each stage move to the next stage.
- Process:
  - 1st Gate: Teacher ranks "top 3" internalizing and externalizing students (must be 6 different students)
  - 2<sup>nd</sup> Gate: Students passed through 1<sup>st</sup> Gate are rated by teacher on Critical Events Index and Combined Frequency Index
- 3<sup>rd</sup> Gate: Of the above students, those who exceed normative criteria on CEI and CFI are then systematically observed



# Regardless of Which Instrument Selected: Questions to Consider

- When to conduct the screenings?
- Who should prepare them?
- Who should administer them?
- Who completes them?
- Who should score them?
- When and how should the results be shared?
- Does the district need passive parental consent?



## Anyone Interested?

- If any schools are interested in piloting a universal screener, please speak to me
- We can help out!

Objectives





- Identify progress monitoring and implementation evaluation tools
- Analyze critical features of sustainability

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## **Progress Monitoring Tools**

- Team Implementation Checklist (TIC; Sugai, Horner, & Lewis-Palmer, 2001) used to PM toward the Schoolwide Evaluation Tool (SET; Sugai, Lewis-Palmer, Todd, & Horner, 2001)
- Logistical problems (i.e., resources) related with wide-scale adoption of SET
- Realistically, schools will be using Benchmarks of Quality (BoQ, Kincaid, Childs, & George, 2010) for their annual implementation fidelity check
  - Occasional SET validation (~5 years)

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#### Progress Monitoring of Implementation

- TIC was designed to PM toward SET
- TIC <u>not</u> designed to PM toward BoQ
- Need for a PM tool toward the BoQ
- PBS Implementation Checklist (PIC; Childs, Kincaid, & George, 2009)

#### Purpose of PIC (Childs et al., 2009)

- Provides a snapshot of where schools are in terms of implementing critical elements of SWPBIS and associated components of Tiers 2 and 3
- 44 Questions completed by Internal Coach
- No total score but graphic displays
- Guides Action Planning and Team Activities

## **PIC Logistics**

- Internal Coach completes
- Completed 3 and 6 months into the school year
- Team and Coach review data and action plan
- Will be required beginning in fall 2011 for SWPBIS sites included in the PAPBS Network

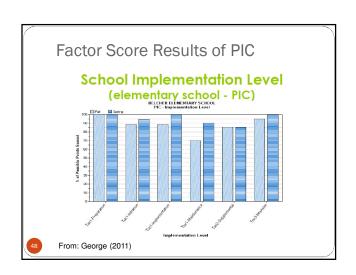
#### 45

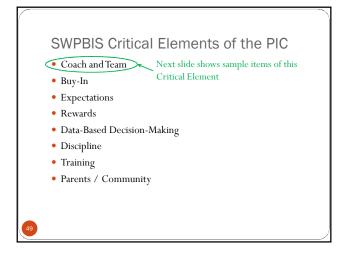
#### Factors of PIC

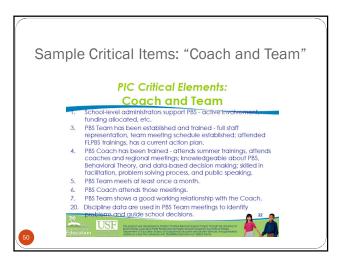
6 Factors of PIC confirmed by authors

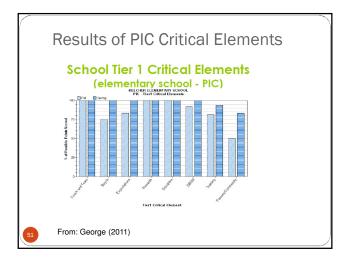
- Preparation
- Initiation
- Implementation
- Maintenance
- Extension to Tier 2
- Extension to Tier 3
- Strong internal consistency for all factors (range .79-.97)
- Correlation with BoQ = .72 (p<.0001)











# Using PIC Data for Action Planning • Use results to Action Plan around Factor central to SWPBIS • Additionally, focus on Critical Elements as a means to improve and then sustain implementation • Task analyze what needs to be done • Assign roles, time frames, and measurable outcomes to indicate achievement of objectives

#### **Progress Monitoring toward SET**

- Recently developed PBSWalkthrough (White, George, Childs, & Martinez, 2009)
- Adapted from the SET
- Independent auditor conducts Walkthrough of building and can provide feedback to the PBS Team
- Potentially completed by a peer PBS IC / EC

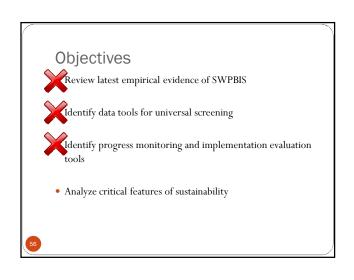


# Psychometric Properties of *PBS* Walkthrough

- Still under investigation
- Preliminary results indicate r = .58 (p < .0001) with BoQ Total Score
- Not scheduled to be used in PA 2011-2012



# Sample from PBS Walkthrough Visibility Visit each area on campus listed below and indicate where Expectation Posters are visible: VISITED STATES AND STAT



# Replication, Improvement, Sustainability: PA SWPBIS Cohort

	# of Schools with Fidelity Data	# of Schools That Maintained or Improved	% of Schools That Maintained or Improved	# of Schools That Did Not Maintain or Improve	% of Schools That Did Not Maintain or Improve
2 Years	33	30	90.%	3	9.1%
3Years	20	20	100%	0	0%
57					

#### Sustainability of SWPBIS

- Much of the work regarding sustainability has come from Kent McIntosh, Jennifer Doolittle, and colleagues
- SUBSIST PBS Sustainability Checklist (McIntosh, 2010)
- PLEASE NOTE: The SUBSIST is not something PA PBS Network is asking schools to complete



### What is Sustainability?

- Lasting implementation of a practice with fidelity to core components once external supports are removed (Hams & Weiss, 2005)
- Additionally, the durability of the practice once external supports are removed continues to result in the same, effective and desired outcomes (McIntooh & Tiurri, in press)

#### Barriers to Sustainability (McIntosh, 2011)

- Antecedent Barriers
  - Lack of contextual fit; new challenges that arise; competing initiatives.
- Present Barriers
  - Loss of funding; attrition of PBIS cheerleaders and grunts
- Consequence Barriers
  - Lack of efficacy data (not collected and shared; the result of poor implementation)



# 4 Steps to Sustain SWPBIS (or any other initiative)

- 1. Promote PRIORITY
  - Integrate or connect with other practices / initiatives
  - Visibility
  - Written policy
  - Braid goals and funding

From McIntosh (2011)

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# 4 Steps to Sustain SWPBIS (or any other initiative)

- 2. Ensuring **EFFECTIVENESS** 
  - Most important: make sure to implement with fidelity
  - Implement in every setting
  - Implement all 3 tiers of support
  - Share data to building, central office, community

Adapted from McIntosh (2011)



# 4 Steps to Sustain SWPBIS (or any other initiative)

- 3. Ensuring **EFFICIENCY** 
  - Don't reinvent the wheel every time
    - Document mission statement, lesson plans, ODR referral form, schedules, training manuals, etc.
    - Review each year; share with new teachers
  - Share with other schools
  - Focus on efficient team meetings
    - TIPS: Team-Initiative Problem Solving (Newton, Todd, Algozzine, Horner, & Algozzine, 2009)

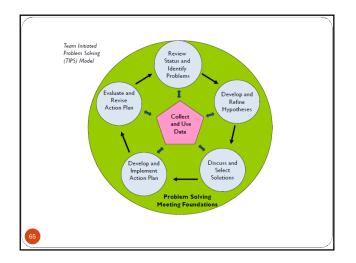
Adapted from McIntosh (2011)



## TIPS Model (Newton et al., 2009)

- Provides tools to define a system for effective meetings, roles, responsibilities, materials, accountability and procedures
- Steps of effective problem solving including a strategy for assessing, monitoring, and evaluating the implementation and results of solutions
- Can be used with other data sets





#### TIPS Model

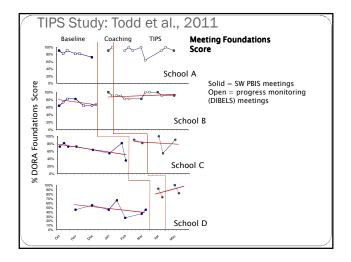
- TIPSTraining
  One full day team training
  Two coached meetings
- Team Meeting
   Use of electronic meeting minute system
   Formal roles (facilitator, recorder, data analyst)
  - Specific expectations (before meeting, during meeting, after meeting)
     Access and use of data

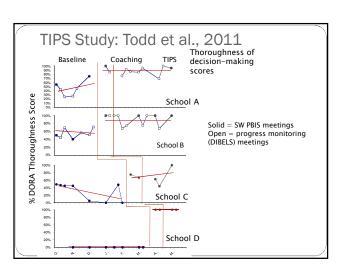
  - Projected meeting minutes

#### • Research tool to measure effectiveness of TIPS Training

- DORA (decision, observation, recording and analysis)
   Measures "Meeting Foundations" & "Thoroughness of Problem Solving"

Newton, J. S., Todd, A. W., Algozzine, K., Horner, R. H., & Algozzine, B. (2009). The Team Initiated Problem Solving (TIPS) Training Manual. Educational and Community Supports, University of Oregon, unpublished manual.





# 4 Steps to Sustain SWPBIS (or any other initiative)

- 4. Using data for **CONTINUOUS REGENERATION** 
  - Adjust practices (via TIPS model) based on obtained data
  - Task Analyze what needs to be done
  - Assign roles
  - Evaluate resources needed
  - Document measurable outcomes for accountability

Adapted from McIntosh (2011)



Most Important Factors Associated with Sustainability

- · School administrators actively support SWPBIS
- SWPBIS is a top priority for the school
- School administrator regularly attends and participates in SWPBIS meetings
- SWPBIS is well organized and efficient (TIPS model)
- SWPBIS team is provided adequate time to meet



# So WHY Do Some Schools Sustain SWPBIS and Others Don't? (MoIntosh, Predy, Upreti, Hume,

& Mathews, in preparation)

#### Less Important Factors

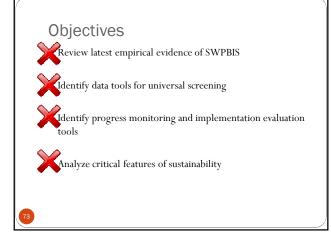
- Visibility of other competing initiatives
- Some personnel fundamentally opposed to SWPBIS
- High levels of administrator turnover
- High levels of staff turnover
- High levels of SWPBIS "champion" for the school

#### Final Words About Sustainability

- $\bullet\,$  If fidelity diminishes, outcomes will surely decrease
- $\bullet\,$  Plan for staff and administrative turnover
- Focus on POSITIONS not PEOPLE
  - Positions tied to titles, job descriptions, FTE

Adapted from McIntosh (2011)





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Thank you for your time!

