# **IUP PSYCHOLOGY DAY 2021 SCHEDULE OF EVENTS**

ZOOM Meeting ID: 949 4738 1597, Password: 880540 **APRIL 30<sup>th</sup>, 2021** 

10:00 - 10:15 AM

**Opening Remarks** 

Dr. Lisa Newell

Chair of Psychology Department

Dr. Anson Long

Assistant Chair of Psychology

Department

10:15 - 11:00 AM

Alumni Address

It's Never "Just a Cigar": Reflections on a Twenty-Five

Year Career in Psychology

Dr. Dan Guerra

Private Practice

Moderated by Dr. Krys Kaniasty

11:00 - 12:20 PM

**Doctoral Student Presentations** 

Predictors of Rape Myth Acceptance and Bystander Attitudes among College Students

An Examination of Emerging Adult Military Men:

Masculinity and U.S. Military Climate

The Relationship Between Executive Function and Resilience: A Study with ROTC Cadets

Substance Use, Stress, and Executive Function

Dr. Laura Knight, moderator

Chloe DePaola (advisor: Dr. Miller)

Karley Richard (advisor: Dr. McHugh)

Maria Fernandez-Gomez (advisor: Dr. Meil)

Reem Satti (advisor: Dr. Meil)

12:30 - 1:45 PM

Research Keynote Address

Survivor Voices on Healing and Recovery Following

a Mass Murder Tragedy

Dr. Erika Felix, UC Santa Barbara

Moderated by Dr. Pearl Berman

2:00 - 3:00 PM

**Guest Panel Session** 

Should I Consider Pursuing a Master's Degree Program in Psychology or Counseling? Discussion with Faculty and Current Graduate Students.

Dr. Brittany Pollard-Kosidowski

Department of Counseling

Dr. Mark McGowan

Department of Educational and School Psychology

**Current PsyD Graduate Students:** 

Mariah Fyke Sofia Goltsberg Charles Ray

Moderated by Dr. Stephanie Davis

#### **Honors Student Thesis Presentations**

Self-Understanding During Emerging Adulthood

Brave Dragons and Female Doctors: A Content Analysis of Cultural Themes in Children's Television Shows

Test Perceptions, Stereotype, and Gender

Theory of Mind and Social Inferencing Within the Broad Autism Phenotype

#### Dr. Tara Johnson, moderator

Erin Adams (advisor: Dr. Raeff)

Rebecca Maher (advisor: Dr. Raeff)

Brittany Joswick (advisor: Dr. Palumbo)

Kamryn Giesler (advisor: Dr. Newell)

#### 4:20 PM

### Closing Remarks

### FEATURED SPEAKERS

## Dr. Dan Guerra (IUP PsyD, 1997)

Dr. Guerra is in private clinical practice in Midtown Manhattan. His clinical work combines mindfulness with cognitive behavioral psychotherapy primarily focusing on stress management, adjustment to disability, recent and past emotional trauma, panic disorder, chronic pain and relationship challenges. In his practice he also offers life coaching and executive coaching, a very solution-focused, action-oriented type of work that requires active involvement on the part of the client.

Dr. Guerra will share his insights from 25 years of practicing clinical psychology and engaging in scholarship in his address entitled *It's Never "Just a Cigar": Reflections on a twenty-five year career in Psychology.* 

#### Dr. Guerra's Website

### Dr. Erika Felix (University of California, Santa Barbara)

Dr. Felix is an Associate Professor of Clinical Psychology in the Department of Counseling, Clinical, and School Psychology and a licensed psychologist in Santa Barbara, California. Her research is focused on understanding the individual, relational, and contextual factors that promote positive youth development or recovery despite contexts of risk, trauma, or stress; informing and evaluating prevention efforts; and improving service delivery.

Her work spans three related areas: (1) promoting adaptive recovery for youth following disaster, terrorism, or other collectively-experienced traumas, (2) youth victimization and its consequences, and (3) research and evaluation to improve community-based services. Her research has been funded by the National Institute of Mental Health, National Institute of Child Health & Human Development, private foundations, and local community organizations.

Dr. Felix will share more about her research in her keynote address <u>Survivor Voices on Healing and Recovery Following a Mass Murder Tragedy.</u>

Survivor perspectives on recovery post-tragedy can help communities better prepare and respond to crisis events. On May 23, 2014, a young man murdered six students from the University of California at Santa Barbara (UCSB) and wounded over a dozen others, across multiple crime scenes, before killing himself. This tragedy occurred shortly before final exams and graduation, which compounded student distress. This study provides empirical data and student's own words on their adjustment following the mass murder tragedy. This presentation will focus on what changed or did not change from their pre-tragedy adjustment levels, their view on what helped most in the immediate aftermath, and how different aspects of social support affected their well-being. Following mass murder tragedies, there is often intense media coverage, and the influence of this on student adjustment is also explored. Considerations and recommendations for post-tragedy mental health supports are provided.