

**Proposed Indiana University of Pennsylvania College of Osteopathic Medicine
(Proposed IUPCOM – Candidate Status – Seeking Accreditation)**

COCA Pre-Accreditation Element 9.8: Mental Health Services

Pre-Accreditation Submission 9.8-3: Mental Health Services at All Teaching Locations

All students at the proposed IUPCOM will have confidential access to an effective system of counseling and mental health care from mental health care providers, with access 24 hours a day, 365 days a year, from all locations where students receive education. It is recognized that students spend half of their time as medical students at the proposed IUPCOM off campus at an array of clinical training locations at affiliated clinical partners. While students have access to on campus mental health services, as well as distance mental health counseling, it is also important to have a network of clinical mental health providers available at the various clinical sites in the event a student needs to access them.

A. Resources Available at All Sites via Distance Technology or Remote Services

Whether on campus or off, students have access to these resources 24 hours a day, 7 days a week:

1. **Crisis Resources.** IUP subscribes to several resources for students to access 24 hours a day, 7 days a week:
 - a. Crisis Hotline: 877-333-2470
 - b. Crisis Text Line (Text “Hello”) to 741741
 - c. National Suicide Prevention Hotline: 800-273-8255
2. **TogetherAll.** TogetherAll offers 24/7 online mental health support. Students can sign up for the service online at [togetherall.com](https://www.togetherall.com) or scan a QR code available on the IUP Counseling Services website and use their IUP email address to register. Information on this service is found here: <https://www.iup.edu/counselingcenter/togetherall/index.html>
3. **Assistance in Finding Mental Health Care.** The *IUP Center for Applied Psychology* is able to assist students in locating mental health resources by calling 724-357-6228. They recommend the use of PsychologyToday.com for locating mental health providers for insurance-based care. Information on this service can be found here: <https://www.iup.edu/cap/index.html>
4. **Crisis Walk-In Centers and 24/7/365 Crisis Access:** Nulton Diagnostics provides not only walk-in hours for patients in crisis, but also 24/7/365 access to a mobile mental health service that comes to the client in need. This service is provided in the following PA counties in which we have clinical rotation sites: Indiana, Blair, Cambria, Bedford, Carbon, Monroe, Armstrong, Leigh, Northampton, Westmoreland, and Centre. Additional information can be found at this weblink: <https://nulton.com/crisis-emergency/crisis-walk-in-centers-per-county/>

B. On Campus

While on campus in Indiana, PA, students have access to in-person as well as the above distance/telephonic resources for mental health care.

1. **Confidential, In-Person Counseling**. The *IUP Center for Applied Psychology* offers no-fee counseling to all IUP students, including medical students, available Monday–Friday, 8:00 a.m.–4:30 p.m., and can be reached at 724-357-6228 or counseling-center@iup.edu. This counseling is delivered by graduate students in psychology who are under the supervision of a licensed psychologist. Information on this service can be found here: <https://www.iup.edu/cap/index.html>
2. **Walk-In Hours**. The Counseling Center in Maple East is available for walk-in appointments from 1-3pm Monday-Friday. Information on this service can be found here <https://www.iup.edu/counselingcenter/index.html>
3. **The Haven Project**: this is the department on campus that assists students with the issues of sexual violence, domestic/dating violence, and stalking. This resource is open during the academic year. Additional information can be found here: [Welcome to the Haven Project - IUP](#)
4. **Local clinics**. There are several clinics located here in Indiana, PA, or within a few miles’ drive, which have agreed to accept students in need of mental health care. See *Table 1*, below, and look under the “Indiana” listing in Column 1.

C. Off Campus

While at the clinical rotation sites, students have access to the following mental health services. This is not an extensive list but is one which will be provided to students as a “starting point” for locating mental health resources in the regions of their clinical sites. This list was compiled by both contacting affiliated clinical sites and inquiring about local mental health providers who would potentially be able to see IUPCOM students who are based at those sites if they need mental health care (there is a mix of counseling-based services and medication/medical-based mental health services listed).

Nulton Diagnostics and Treatment Centers (NDTC) has more than 11 sites throughout PA, with at least one location in the vicinity of each of our core clinical training centers. We have a commitment from NDTC for the provision of psychiatric services, if needed, for medical students, both if on campus in the Indiana area, as well as on rotations at the distant clinical education sites (see bolded, and italicized, entries on **Table 1**, below), and see attached letter from Larry Nulton, Ph.D., owner and founder of *Nulton Diagnostics and Treatment Centers*).

We also have commitments for the provision of medical services, if needed, for students at Hyndman Area Health Center (HAHC), Broad Top Area Medical Center (BTAMC), and Primary Health Network (PHN), which are submitted under *Pre-Accreditation Submission 9.9-3*, which covers behavioral health services as well as primary care medical services. The other sites

listed are additional sites referred to us by the clinical campus sites as entities which would be accepting of our students.

All sites will receive a copy of the *Non-Academic Health Professions* policy (as submitted under *Pre-Accreditation Submissions 9.10-1 and 9.10-3*) will be provided to ensure that no providers treating students will be involved in the promotion or academic assessment of the student receiving the services. **Table 1**, below, lists mental health services available to students while off campus at clinical rotation sites throughout Pennsylvania. Each clinical site (Column 1) has been assigned to a geographic region (Column 2), and within that geographic region are the listed mental health service names, location, and hours of operation (Columns 3-5).

Each geographical region's site starts with the nearest emergency department that students may go to in the event of an emergency which is available 24 hours a day, 7 days a week; subsequent to that, there are listings of sites to which students can visit to receive mental health services, both counseling and medication management services.

Table 1. Mental Health Services Available to Students While Both On- and Off-Campus on Rotations				
Clinical Sites in Region	Clinical Site Geographic Region	Mental Health Service	Service Location	Hours
Indiana Regional Medical Center (IRMC)	Indiana, PA	IRMC Emergency Department	1 Hospital Drive, Indiana, PA 15705	24 hrs/day, 7 days/wk
		IUP Center for Applied Psychology	1020 Oakland Avenue Indiana, PA 15705	M-F 8-5PM
Conemaugh Miners Medical Center		IUP Counseling Center in Maple East	901 Maple Street Indiana, PA 15705	M-F 8-4:30PM
Joe Lamantia, DO		Neuropsychiatric Associates	850 Hospital Rd # 2200, Indiana, PA 15705	M-F 8-5PM
Primary Health Network		Family Psychological Associates	625 Rustic Lodge Rd Ste C, Indiana, PA 15701	M-F8-5PM
Torrance State Hospital		Little House Counseling	320 Beaver St, Hastings, PA 16646-5644	M-F 9-3PM
		<i>Nulton Diagnostic and Treatment Centers</i>	313 West High Street Ebensburg, PA, 15931	M-F 8-4PM
Conemaugh Memorial Medical Center	Johnstown, PA	Conemaugh Memorial Medical Center Emergency Department	1086 Franklin St, Johnstown, PA 15905	24 hrs/day, 7 days/wk
		<i>Nulton Diagnostic and Treatment Centers</i>	110 Franklin St Suite 105 Johnstown, Pennsylvania, 15901	M-F 8-4PM
Conemaugh Meyersdale Medical Center		<i>Nulton Diagnostic and Treatment Centers</i>	505 Georgian Place, Somerset, PA, 15501	M-F 8-4PM
Alternative Community Resource Program		<i>Nulton Diagnostic and Treatment Centers</i>	220 College Park Plaza Johnstown, PA, 15904	M-F 8-4PM

Hyndman Area Health Clinics		Conemaugh Counseling Associates	320 Main St 2nd Floor, Johnstown, PA 15901	M-F 8-4PM
Nulton Diagnostics		UPMC Western Behavioral Health at Twin Lakes - Johnstown	132 Walnut St., Johnstown, PA 15901	M-F 8-5PM
Pediatric Care Specialists		UMAS Behavioral Health	311 14th St, Windber, PA 15963-1731	M-F 8-4PM
Primary Health Network				
Windber - Chan Soon Shiong Medical Center				
Punxsutawney Area Hospital	Punxsutawney, PA	Punxsutawney Area Hospital Emergency Department	81 Hillcrest Dr, Punxsutawney, PA 15767	24 hrs/day, 7 days/wk
		The Counseling Center	240 West Mahoning Street Punxsutawney, PA 15767	M-F 8-4:30PM
		Community Guidance Center	200 Prushnok Dr, Punxsutawney, PA 15767	M-F 8-5PM
		Nulton Diagnostic and Treatment Centers	472 Jeffers Street, Dubois, PA, 15801	M-F 8-4PM
Penn Highlands Healthcare	DuBois, PA	Penn Highlands Healthcare DuBois Emergency Department	100 Hospital Ave, Dubois, PA 15801	24 hrs/day, 7 days/wk
Clarion Psychiatric		Nulton Diagnostic and Treatment Centers	472 Jeffers Street, Dubois, PA, 15801	M-F 8-4PM
		Nulton Diagnostic and Treatment Centers	1008 South 5th Avenue, Suite 102 Clarion, PA, 16214	M-F 8-4PM
		Warren State Hospital	Core Psychiatric & Psychological Services	3 S Brady St Ste 205, DuBois, PA 15801
Wayne Memorial Hospital	Honesdale, PA	Wayne Memorial Hospital Emergency Department	601 Park St, Honesdale, PA 18431	24 hrs/day, 7 days/wk
Wayne Memorial Community Health Clinics		Nulton Diagnostic and Treatment Centers	Suite 103, 10 Buist Road Milford, PA, 18337	M-F 8-4PM
Clarks Summit State Hospital		Wayne Memorial Behavioral Health	600 Maple Avenue, Honesdale, PA 18431	M-F 8-5PM
Conemaugh Nason Medical Center	Altoona, PA	Conemaugh Nason Medical Center Emergency Department	105 Nason Dr, Roaring Spring, PA 16673	24 hrs/day, 7 days/wk
Broad Top Clinics		Nulton Diagnostic and Treatment Centers	2900 Plank Road, Altoona, PA, 16602	M-F 8-4PM
		Nulton Diagnostic and Treatment Centers	313 West High Street Ebensburg, PA, 15931	M-F 8-4PM
		Hyndman Area Health Centers	Life Raft Psychiatric Services	311 E Pleasant Valley Blvd, Altoona, PA 16602
		Hyndman Area Health Center	1 Corporate Dr. Suite 107 Bedford PA 15522	M-F 8-4PM

Armstrong County Memorial Hospital	Kittanning, PA	Armstrong County Memorial Hospital Emergency Department	1 Nolte Dr, Kittanning, PA 16201	24 hrs/day, 7 days/wk
		Mental Health Associates	150 S Jefferson St, Kittanning, PA 16201	M-F 8-5PM
		<i>Nulton Diagnostic and Treatment Centers</i>	1008 South 5th Avenue, Suite 102 Clarion, PA, 16214	M-F 8-4PM
Fulton County Medical Center	McConnellsburg, PA	Fulton County Med Center Emergency Department	214 Peach Orchard Road, McConnellsburg, PA 17233	24 hrs/day, 7 days/wk
		TrueNorth Wellness Services	119 Lincoln Way West McConnellsburg, PA 17233	M-F 8-5PM
		Keystone Behavioral Health	100 Chambers Hill Dr, Chambersburg, PA 17201	M-F 8-5PM
		<i>Nulton Diagnostic and Treatment Centers</i>	608 East Pitt Street, Bedford, PA 15522	M-F 8-4PM