



Construction Fall Protection

Need to Know- Fall Protection



FALL PROTECTION

PHOTO SOURCE: WWW.OSHA.GOV

PA OSHA CONSULTATION

Remember....

- Fall protection/prevention is required for falls onto dangerous equipment (any height)
- Fall protection/prevention is required for work over 6' in height
- Fall protection/prevention is required for scaffolding over 10' in height
- Fall arrest anchor points must support:
 - 5,000 lbs. per employee attached, or
 - Be designed by a qualified person to have at least a 2x safety factor
- Fall restraint anchor points must support at least 1,000 lbs. per employee attached
- The ABC's when using a personal fall arrest system
 - Anchorage point
 - Body harness
 - Connectors – lanyards, deceleration devices, rope grabs, anchorage connectors
- Inspect body harnesses and lanyards:
 - before use, and
 - at least annually (documented) by a Competent Person
- Harnesses and lanyards should never be modified
- Do not write on or paint harnesses and lanyards unless ink or paint is approved for use on the equipment
- Harnesses and lanyards should be taken out of service immediately if found to be defective or exposed to an fall/impact
- Whenever working with the potential of hanging by a harness for any length of time, a rescue plan must be in effect.