

Job Title: Group Fitness Instructor

Job Description: Outgoing and professional in order to effectively motivate small groups of members

Able to regularly assess and adjust to members' levels of exertion, wants and needs, and enjoyment in sessions

Able to research and creatively apply current fitness trends as appropriate

Regularly communicates with members and management about interests, needs, and concerns

Commits to being familiar with procedures of fitness center and contributes to promoting a positive atmosphere by helping other staff as needed and able

Dresses professionally: wears fitness center or professional IUP attire (will be provided with one polo), black workout pants, and tennis shoes

Qualifications: Junior or Senior status in IUP's Exercise Science Program

Minimum of one year experience personal training or teaching group fitness classes either through course work or employment

Desire to develop professional skills in a fitness setting and enhance members' personal experiences in the James G. Mill Center for Health and Fitness

Hours: As determined by instructor's academic schedule and member needs

Compensation: Minimum wage