

College of Health and **Human Services**

The College of Health and Human Services at IUP has over 3,100 students enrolled in nine departments, centers, and institutes. Visit us at iup.edu/ healthhumanserv.

Zink Hall 216 1190 Maple Street Indiana, PA 15705 Phone 724-357-2555 Fax 724-357-6205

IUP f



Email chhs-deansoffice@iup.edu

> Comments, suggestions, and questions regarding the newsletter can be sent to the editor at beverly.mastalski@iup.edu.

Inside this Issue

► Food and Nutrition Graduate Program	12
► Interior Design Student Spotlight	2
Guest Speaker in HOSP 404	3
Cadet for a Day at CJTC	3
Culinary Academy Demonstrations	
▶ Book Published by HDFS Alumna	5
CRIM Alumnus Receives Award	5
Ladies of Safety Involvement	6
▶ CRIM Student Accepts Position	6
► HOSP Student Spotlight	
► Safety Sciences Student Spotlights	8
Publications in Criminology	8

HHS Faculty and Students Zoom

Dr. David Piper, ELR Chairperson and faculty member, monitors class discussions with his graduate students



A committee of HHS faculty and staff meets to discuss recruitment and retention efforts within the College



Earn a Graduate Degree in Food and Nutrition

Food and Nutrition's convenient way to earn a graduate degree, IUP's Master of Science in Food and Nutrition, is a 36-credit program which can be completed 100% online.

Required courses include courses in macro- and micronutrients as well as research methods. Students can choose one of two tracks: Education or Administration. Students interested in working in the community setting or with public policy may want to consider the Education track. Other students may want to consider the Administration track, designed to help students who want to apply management and leadership to foodservice, community, or clinical settings. All students can choose nine credits of electives in courses such as Advanced Sports Nutrition, Contemporary Issues in Food and Nutrition, or Leadership for the Nutrition Professional. Students can choose to attend part-time or full-time, with full-time students able to complete the program in as little as four semesters. For more information, contact Pao Ying Hsiao, PhD, RDN, LDN, **Graduate Program Coordinator** (pyhsiao@iup.edu).



Find more information on our website at MS in Food and Nutrition and follow us on Facebook

An INDS Initiative – A Day in the Life of an Interior Design Student

It's amazing how resilient our students are in these unusual circumstances, and they deserve some recognition; what better way than to shine a spotlight on our Student of the Week! The Interior Design department finally took the plunge on Facebook and Instagram – to great success and fanfare! Check the Facebook or Instagram account to see individual photos of students working from home along with questions and answers about themselves and IUP. With the launch of the Student Spotlight of the Week, views on social media accounts have soared, receiving positive feedback from prospective and current students, alumni, as well as friends and colleagues.

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Consequently, Mrs. Belinda Nuth Sloboda's students are excited for the opportunity to be showcased, seeing it as way to help promote the program while adding the recognition to their resume. Mrs. Nuth Sloboda summed it up well, "It's a win-win for all involved. This is an initiative we plan on continuing over the summer, as well as next year, to help keep the Interior Design program fresh in everyone's mind."

For more about life as an interior design student, check out <u>INDS on Facebook</u> or **INDS** on Instagram!



A Day in the Life of an **IUP Interior Design Student**



Student Spotlight of the Week

Dana Borrelli - Freshman

- When you were a kid, what did you want to be when you
- grew up? I wanted to be a model when I grew up
 What do you do for fun? I like to swim, hangout with

- friends and family
 Fun fact about you? I am a quadruplet!
 Why did you choose IUP? I chose IUP because when I vis
 there it felt like it could be my second home and it is my
- What do you think makes this school unique? I think the
- Do you belong to the ASID, IIDA, or NKBA Student
- Chapters? I belong to the ASID and NKBA Student Chapters. However, the chapter How was your transition to online classes during the pandemic? My transition to online was a little rough trying to figure out how to plan out my schedule and where to do my work, but overall is going a lot better!

Owner of Holiday Beverages Speaks to Students in HOSP 404

HOSP 404 Brew Pub and Operations, a class offered by the Department of Hospitality Management, is open to all IUP students aged 21 and older. The class studies the making of beer, the history of beer, beer and food pairings, and trends in beer and the craft beer movement. Students also participate in inclass beer tastings, visits to local breweries, and presentations

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from guest speakers who work in the industry. A recent guest speaker was John Cuccaro, owner and operator of Holiday Beverage for 26 years, who has witnessed the

changing trends of the beer and alcohol industry in Pennsylvania. "When I first opened Holiday Beverage, I would say 85 percent of my business was selling five different brands of beer. No one was interested in Pennsylvania brewed beer," said Cuccaro. "This is in contrast to today, where so many people are interested and seeking out locally brewed beverages."

Pennsylvania regulates alcohol sales very closely, and the past six years have brought significant changes in laws geared toward customer convenience. The changes have impacted Cuccaro's business.

"[W]e have had to find creative ways to sell our beverages...," shared Cuccaro with the students. "We have started to sell slushies in our store, which

> are considered malt beverages. We have fill stations where people can come fill their growlers and [32-ounce cans] with the craft beer we have on tap. We also...have a beer tasting with little bites of food

pairings. For example, today we

have an imperial stout paired with chocolates from Dan Smith's Candies in [Indiana]. We have partnered with other businesses ...[such as] C.H. Fields Craft Kitchen." The new legislation has

also meant a change in

the dynamic of how business is

run. "When I first opened, it was mostly inventory control...I used to only carry about 500 packages, meaning I only had 500 ways and types in which I sold beverages, and about 85 percent of my business was supported by 15 packages. Now, I carry about 1,300 packages."

Cuccaro commented that he has worked harder in the last six years than in the first twenty, and it is challenging. "It has changed my business from just getting the customer in to getting them to come in, shop, try new things, and spend their money that way. The business feels more retail than it did in the past and has made me be more innovative in the ways in which I sell my products."

> The students in Brew Pub and Operations class appreciated Cuccaro taking the time to share with the students.

The Hospitality Management program is the premier hotel, restaurant, tourism, and special event undergraduate program in the region and the largest in the Pennsylvania State System of Higher Education.



Criminal Justice Training Center Hosts "Cadet for a Day"



Marcia Cole, IUP Police Academy Program Coordinator, stresses the importance of community service to the Police Cadets, inspiring them to participate in numerous charity events. When she became aware of Kaley Bastine, an eight-year-old in the Alle-Kiski Valley area who has raised over \$20,000 for police departments, she extended an invitation to Kaley to be Cadet of the Day. Kaley enthusiastically joined the cadets and happily led physical training, conducted morning inspections, and participated in a training simulator demonstration.



Director Dennis Marsili is a retired detective from the New Kensington Police Department



Program Coordinator Marcia Cole is a retired sergean from the Arnold Police Department



Culinary Students Learning in a New Way

The Culinary and Baking programs are very hands-on programs, but during times of social distancing, the students and faculty have had to learn using new technologies. On Monday, March 16, when IUP students were unable to return after Spring Break due to the worldwide Coronavirus Pandemic, the faculty at IUP Culinary Arts switched gears to provide as much education as possible through online technologies.

As of March 16, culinary and baking students have been participating online in all the morning lectures and lectures for their lab classes using Zoom and D2L technology. Culinary faculty are committed to continuing the students' education; Chef Thomas Barnes said it best saying, "It's uncharted territory for us all... but we are chefs and we adapt to all challenges!"

Although kitchen labs are on hold, the chefs have provided

demonstrations to students via Zoom technology. Chef Hilary DeMane did an online sugar demonstration through Zoom to take the place of "Sugar Showpieces", one of the spring courses Baking & Pastry students would have completed in lab this semester. In the hands-on class, they learn to pull, cast, and blow sugar. Instead, Chefs Thomas Barnes and Erin Reed participated in the demonstration with Chef DeMane to make sugar pieces.

Chef Barnes, with the help of Chef Reed, also prepared a pasta making demonstration for students to see how to make different types of pasta and to ask questions during the demonstration to continue to learn and develop their abilities. While students can't wait to return to campus and continue their hands-on learning, they are learning new skills that they will be able to use to provide culinary learning to a much wider population.



From left to right: Chef Hilary DeMane, Chef Thomas Barnes, and Chef Erin Reed



HDFS Graduate Publishes Her First Children's Book

Serena Haueser (BS '18) traveled to Kenya and became inspired to write a children's book about faith. *Faith Over Sight*, published in February 2020 and available on Amazon, is the story of a blind lion cub, delving into the cub's faith in God and his belief that, with faith, he can do big things.

While an ILIP student, Haueser completed an

While an IUP student, Haueser completed an internship (supervised by her advisor Dr. Kalani Palmer) with The Washington Center (TWC) in Washington, DC, where she also founded a nonprofit organization titled Continuous Acts to Restore Encouragement (CARE) in Philadelphia; CARE has provided service in Washington (DC), New York, Sierra Leone, Haiti, Kenya, and Philadelphia. Haueser is currently the director of the Young with

Options Academic Center, an early care and education center, located in West Philadelphia, and is the co-owner/director of their Northeast Philadelphia site. We are very proud to share the human service work led by our HDFS graduates.

Follow Human Development and Family Science on Facebook.



CRIM Doctoral Alumnus Earns ACJS Outstanding Dissertation Award



Nathan Kruis, a 2019 doctoral graduate from the Department of Criminology and Criminal Justice, received the 2020 Academy of Criminal Justice Sciences' Michael C. Braswell/Routledge Outstanding Dissertation Award.

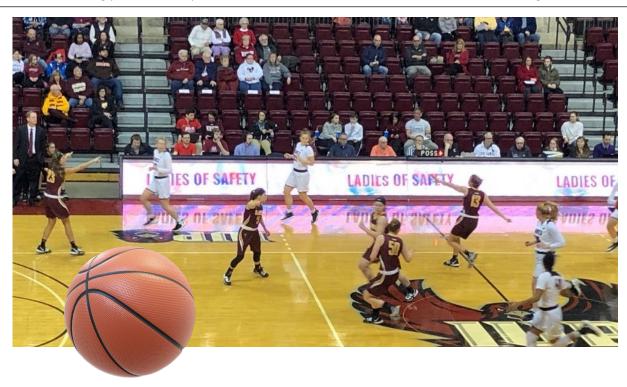
Kruis' dissertation was entitled Stigma and Perceptions of Opioid Users Among Criminal Justice Professionals and Students. Dr. Alida Merlo served as dissertation chair.

Kruis is the second recipient of this award in the past three years. Criminology doctoral program alumni Adam Matz won the award in 2018 for his dissertation entitled *Enhancing Community Supervision: A Unified Voice for Community Corrections Concerning Police-Probation/Parole Partnerships* that was chaired by Dr. Bitna Kim.

The Academy of Criminal Justice Sciences (ACJS) is the largest international association for criminal justice. Established in 1963, ACJS promotes criminal justice education, research, and policy analysis within the discipline of criminal justice for both educators and practitioners.

Ladies of Safety Support the IUP Hawks

IUP Safety Sciences student organization Ladies of Safety (LoS), led by faculty advisor Dr. Laura Rhodes, sponsored the IUP women's basketball game on February 15th at the Kovalchick Convention and Athletic Complex. The mission of LoS is to familiarize members with historically significant women's struggles, connect with female safety professional mentors, prepare female graduates for the working environment, and assist students in achieving personal and professional balance. The IUP Hawks beat the Gannon Knights 59-54.



Doctoral Student Lands Tenure-Track Assistant Professor Position



Samantha Bennett, a current doctoral student in the Department of Criminology and Criminal Justice, accepted a tenure-track assistant professor of criminal justice position at Muskingum University in Concord, Connecticut, for the 2020-21 academic year.

Bennett is currently teaching undergraduate courses in the CRIM Department and is on track to defend her dissertation in early summer. Her dissertation entitled Restorative Policing: The Effect of Pennsylvania's Juvenile Justice System Enhancement Strategy on Police Dispositions of Youth is chaired by Dr. Jonathon Cooper.

Hospitality Management Student Blends Health Care and Hospitality

Megan Perz, a Hospitality Management senior with a concentration in Special Events, will graduate in May 2020. She has been a crucial part of the department's partnership with Indiana Regional Medical Center

(IRMC) in Indiana County. Through the partnership, hospitality management students serve in the hospital as front desk volunteers. This collaboration has sought to bring aspects of

"My mission is to spread awareness worldwide that healthcare organizations need more hospitality professionals on their team."

hospitality into health care, an arrangement beneficial for both partners.

Through this program, Perz secured an internship with IRMC Auxiliary in Volunteer Service where she "learned the foundations of health care and was given so many opportunities to experience health care administration."

Perz, following the internship, has continued to develop the Hospitality Ambassadors
Program with IRMC, transforming the program into a

more meaningful experience for both the students and the hospital staff. The student Ambassadors focus on projects important to IRMC, such as evaluating patient experiences or using the hospital call system,

providing feedback to IRMC on the quality of their services which impacts both the students and IRMC. To Perz, hospitality management is not just a career path but a value and way that she chooses to live life. She strives to be an

example to her fellow classmates by exemplifying a true spirit of hospitality and goodwill towards others. Perz absolutely adores her major and loves the concept of continual learning in and out of the classroom, and she brings

the classroom, and she brings her spirit of hospitality in her involvement across campus. She is a student leader in the Coalition for Christian Outreach at IUP and has gained experience by mentoring other

students, leading bible studies, and planning and organizing student events. She is a member of several honor societies, including Eta Sigma Delta, the national honor fraternity for students in Hospitality Management. Perz states, "ESD has done many great community service activities that shine a light to what Hospitality really is."

Perz looks forward to graduation, adding, "After college, my goal and vision is to start my career in the Foundations Office working in

special events at the Children's Hospital in Pittsburgh. I have a true passion for people, children, and their families. My mission is to spread awareness worldwide that healthcare

organizations need more hospitality professionals on their team."

The <u>Department of Hospitality Management</u> is the premier Hotel, Restaurant, Tourism and Special Event undergraduate program in the region and the largest program in the Pennsylvania System of Higher Education. The Department of Hospitality Management is accredited by the Accreditation Commission for Programs in Hospitality Administration.



SAFE Graduate Students Partner With PA OSHA

JOHNSON

Graduate students in the Masters of Safety Sciences progam completed three PA OSHA Consultation compliance assistance webinars during the 2019-2020 academic year. Drew Garverick, Kalie Hoover, and Christopher Jiuliante were the first to participate in the new iniative established with PA OSHA Consultation aimed at encouraging graduate students to pursue research interests.

The Safety Sciences Department is the officially designated agency in the Commonwealth of Pennsylvania for OSHA Consultation services, a program providing free consultative services to small- and medium-sized businesses. PA OSHA consultants have vast industrial experience and are well-positioned to help mentor graduate students. Under the mentorship of David Yanoschick, CSP, PA OSHA consultant, graduate students were able to choose a research topic, develop a presentation, and conduct a webinar available for national audiences. The opportunity not only allowed graduate students to gain national exposure and research experience, it helped promote the IUP Masters program as research-friendly.

All of the webinars are availabe for viewing at PA OSHA Webinars. Congratulations on a job well done!

Drew Garverick's topic "Training in the modern day work environment" explored ways to better develop participants' skill level during training and workplace development.

Participants learned how to build a business case for safety and health compliance training, the principles of andragogy, how to implement effective training principles, and how to develop advanced and robust

training programs.

During the webinar, "Navigating a multi-worker work-site," Kalie Hoover discussed the roles, responsibilites, obligations, and OSHA's citation policy for worksites that host multiple employers.

"Medical marajuana and implications for PA workers" was researched and presented by Christopher Jiuliante. He provided information about medical marijuana in the workplace and discussed the related court cases, associated policies and procedures, and approaches employers could





Criminology Faculty and Student Publications

Several faculty and former students from the Department of Criminology and Criminal Justice published early in 2020.

Recent doctoral alumni, Nathan Kruis and Richard Wentling, along with Mark Heirigs (doctoral student at lowa State University) and Dr. Glen Ishoy (CRIM faculty member) had their research go to print this year. Their study entitled, "Assessing the impact of knowledge and location on college students' perceptions of gun control and campus carry policies: A multisite comparison," appeared in the *American Journal of Criminal Justice*. Additionally, Jaeyong Choi (recent doctoral alumnus) and Dr. Daniel Lee's (CRIM faculty) study, "Media use habits, negative encounters with the police, and perceptions of the police: The mainstreaming hypothesis versus the resonance hypothesis," was recently published in the journal *Criminal Justice Studies*.