College of Health and Human Services

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The College of Health and Human Services at IUP has over 3,000 students enrolled in eight departments, nine centers, and two interdisciplinary programs. Visit us at iup.edu/ healthhumanserv.

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Anastasia Benc (PSYC) and Katarina Noll (PSYC/CRIM) joined Dean Sylvia Gaiko in the Homecoming Parade and Crimson Huddle.



Increasing Fruit and Vegetable Consumption Among Indiana County Seniors

The Indiana County Farmer's Market administrators partnered with Dr. Jodie Seybold, faculty member in the Department of Food and Nutrition, and Nicole Dann-Payne, Dietitian for ARAMARK and other regional PASSHE schools, to develop fruit and vegetable education as part of a USDA Block Grant.

Seybold is working with Dann-Payne to increase fruit and vegetable consumption among senior citizens participating in the USDA's Seniors Farmers' Market Nutrition Program. The USDA Block grant, awarded to the Farmer's Market, provides \$20,000 over two years to increase recipient's fruit and vegetable allotment, while providing nutrition education.

Seybold develops nutrition education, recipes, and food tasting for the market every other Saturday throughout the Fall, and she includes opportunities for Food and Nutrition graduate students to volunteer and meet the community. With the program's community focus, the USDA Block grant is an excellent opportunity for students in the newly accredited Dietitian-Nutritionist Program (which accepts both nutrition and non-nutrition bachelor's degree students who meet admission prerequisites) to meet farmer's market participants while applying their knowledge and skills to develop nutrition education. For information on the Dietitian-Nutritionist Program, click <u>here</u>.

The Indiana County Farmer's Market is held every Saturday from June through October. For more information on the Farmer's Market, see their <u>website</u>.



Nursing Students Gain Practice and Experience While Helping Others

Junior IUP Nursing students helped with the administration of COVID vaccines at Children's Hospital in Pittsburgh,

Junior Nursing Students enrolled in NURS 331 *Care of the Child and Family* clinical had the opportunity to participate in a UPMC Children's Hospital of Pittsburgh Covid-19 Pfizer vaccine clinic. They were able to gain experience in using some of their nursing skills while administering over 150 vaccines in a few hours. The students rotated through the different stations of the clinic including registration, administration of vaccines, and post-vaccination observation.





PSYC Student Receives Psi Chi Scholarship

Mackenzie Barr, a senior Psychology student, was recently awarded a scholarship from Psi Chi, The International Honor Society in Psychology. Psi Chi Undergraduate Scholarships are awarded annually to help offset educational costs for outstanding undergraduate students in Psi Chi.

Mackenzie has been a member of IUP's chapter of the Psi Chi Honor Society for two years, and currently serves as President. She has received an undergraduate scholarship of \$3000 from Psi Chi. After graduating in the spring, Mackenzie plans to continue her



education by pursuing a graduate degree in a counseling-related field.

Click <u>here</u> for more information about IUP's chapter of Psi Chi or contact the faculty adviser, Dr. Stephanie Davis (<u>sdavis@iup.edu</u>) More details about the Psi Chi Undergraduate Scholarship can be found <u>here</u>.

HPED Senior Receives Violet Baumgardner Scholarship Award

Rachel Horrell, a senior Health and Physical Education major, was recognized as the 2021 recipient of the Violet Baumgardner Scholarship Award. The award, given by the Society of Health and Physical Educators of

Pennsylvania (SHAPE PA), recognizes and honors her dedication, professionalism, scholarship, and service to IUP and to the community. Horrell, selected over students from across Pennsylvania, is



very active in her major, the university, and the local Indiana community. She also serves as IUP's student liaison for a state-wide future professionals committee. Rachel will receive the award in person at this year's SHAPE PA Conference in November.

KHSS Faculty Member triumphs at Two Triathlons

Dr. Keri Kulik, professor in the Department of Kinesiology, Health, and Sport Science, completed her first Olympic Ironman in May at Moraine State Park in Portersville, PA. The Olympic Ironman Triathlon consists of .93 mile swim, 25 mile bike ride, and 6.2 mile run. Three weeks later (in June) she entered and completed the

Eagleman Triathlon in Cambridge, MD, which was a total of 70.3 miles, starting with a 1.2 mile swim in the Choptank River. Keri had a little extra excitement when stung by a jellyfish, then was off again

for a 56 mile bike ride and a strong finish in the 13.1 mile run. Way to go, Keri!









Criminology & Criminal Justice Faculty Kim and Merlo Publish Study on Domestic Homicide

Drs. Bitna Kim and Alida Merlo, from the Department of Criminology and Criminal Justice, recently published an article in the journal *Trauma, Violence, and Abuse* entitled, "Domestic homicide: A synthesis of systematic review evidence." Their study included 25 systematic review articles published from 2010 to 2020, which included twelve on intimate partner homicide, eight on child homicide, and five on familicide. The study identified domestic homicide research trends, synthesized findings from recent systematic reviews on the different types of domestic homicide, and addressed past and future policy and research implications. Research questions focused on risk factors, statistics on incidence and prevalence, theories, risk assessment tools, punishment and disposition, and prevention strategies.

Faculty & Students in "Brews, Blues, and BBQ"

"Brews, Blues, and BBQ" was a September community event sponsored by the Punxsutawney Chamber of Commerce. Faculty member Chef Thomas Barnes was the organizer for this event, which raised money for the Groundhog Chapter of the ACF Student Scholarship fund. Chef Barnes, along with faculty members Chefs John Kapusta, Erin Reed, Hilary DeMane, Anthony Battaglia, Andrew Nutter, and Lynn Pike helped with the event through prep, sales, packing, and cooking.



Connect with the Academy of Culinary Arts on <u>Facebook</u>.



The faculty were assisted by Chef Barnes's father, Dan Barnes, '07 Culinary & Baking Alumna Shana Gardner, and current students Aiden Marzen, Malachi Pequeen, Terrance Crawley, Marco Laurenza, Jack DiStefano, Claudia Conrad, and Zacharv Pritt. The menu for their booth consisted of a smoked chicken leg and thigh, cornbread, coleslaw, house-made pickles, and a delicious chocolate chip cookie. A Signature BBO Rub was also sold at the event. The event raised over \$500 for the scholarship fund.

Nursing Faculty Present

Dr. Michele Gerwick and Dr. Pamela O'Harra, nursing faculty in the Department of Nursing and Allied Health Professions, presented a podium presentation at the 47th Annual Professional Nurse Educators Group (PNEG) National LIVESTREAM Conference. Innovate. Educate. Motivate. The presentation, titled Using Online Unfolding Case Studies as a Learning Modality in Critical Care and Management Students During COVID - 19 Pandemic was presented in October.

KHSS Free Library

Upon Dr. Madeline Bayles's retirement from the Exercise Science Program in the Department of Kinesiology, Health, and Sport Science, she left a collection of books housed in a wonderful bookcase, inspiring the department to create the KHSS Free Library – "Take a book, leave a book!" The "free" library is located on the second floor of Zink Hall.

AAMN holds Cornhole Tournament in Oak Grove

In October, IUP's AAMN (American Association for Men in Nursing) held a cornhole tournament in the Oak Grove for nursing students. AAMN seeks to provide a framework for nurses as a group to meet, to discuss and to influence factors which affect men as nurses, and to shape the practice, education, research, and leadership for men in nursing and advance men's health. The group meets bi-monthly and regularly plans social events for all nursing students as part of its focus to provide support to all students in the nursing program.



For more information, please contact Ben at martinb@iup.edu.



Revised Edition of Policing Book Published

A revised edition of Dr. Jonathon Cooper's Twentieth-Century Influence on **Twentieth-Century Policing:** Continued Lessons on Police *Reform*, published by Rowman & Littlefield, has hit the shelves. Jon's book provides a historical overview of policing in the U.S. while contextualizing the influence specific events (both historic and contemporary) have had on the evolution of policing. Jon grounds his perspective in theory and social science research and provides practical suggestions for improving police – community relations and curtailing instances of excessive use of force that have become a focal point of modern calls for police reform. The revised edition contains two new chapters that focus on events in policing since the death of Michael Brown in Ferguson, MO, in 2014. Jon is a faculty member in the Department of Criminology and Criminal Justice and Dean's Associate for Academic Affairs in the CHHS.

Nursing Ranked as Top Program in the Commonwealth

IUP's Bachelor of Science degree in nursing has been ranked as one of the "best prelicensure bachelor of science in nursing (BSN) programs in the state" by Nursing Schools Almanac.

IUP was ranked eighth in the publication's comprehensive review of programs in Pennsylvania.

To be selected for the ranking, editors reviewed the success of the graduates of the program in the National Council Licensure Examination for Registered Nurses (NCLEX-RN). IUP's graduates hold a 93.5 percent first-time passing rate on this exam. IUP's rate reflects testing results from 2010 through 2020.

As editors noted, "aspiring registered nurses in the United States must pass this examination before they may commence practice. Thus, student performance on the NCLEX-RN exam provides an excellent benchmark for comparing the relative quality of bachelor's degree programs." IUP nursing graduates' first-time passing rate exceeds the national rate of 86.57 percent, (calculated for 2020 first-time test takers by the National Council of State Boards of Nursing) and the average Pennsylvania

"Our program is rigorous, but our students are bright and committed to their studies." Theresa Gropelli

first-time pass rate for 2020 of 91 percent. Annually, more than 130 nursing students graduate from IUP's Nursing and Allied Health Professions program, which holds accreditation from the Commission on Collegiate Nursing Education.

"Our program is rigorous, but our students are bright and committed to their studies," Dr. Theresa Gropelli, chairperson of the Department of Nursing and Allied Health Professions said. "We do everything in our power to help our students succeed, and we continue to be proud of this first-time test taker pass rate."

