

The College of Health and Human Services at IUP has over 3,100 students enrolled in nine departments, centers, and institutes.

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Inside this Issue

Criminology Has No Place for Hate	2
Destination: Newport, RI	2
Partners with Rural Health & Safety	
Scholarship Reception for HDFID	_
A Gala Event for Culinary	
► Safety Sciences Alumni in Korea	
► Projects Through Sport Sciences	(
FCNE 2019	- D
New Scholarship Support	6
Exercise Science at ACSM	
► IRHS Bicycling and Walking Safety	7
Hospitality Management Axes It	THE RESIDENCE AND PERSONS NAMED IN
FCSE Welcomes Secondary Teachers	
► HOSP Chairperson in Tennessee	
Culinary and Baking & Pastry Travel	
Fto	10

Alumni Meet & Greet Events

Dean Sylvia Gaiko with IUP alumni in Charleston, South Carolina, held at the Charleston Marriott in October Dean's Associate Sally McCombie with alumni Courtney Riggle and Tiana Reid at the PA School Counselors Association Conference in Pittsburgh, November





Criminology and Criminal Justice: The Message is Clear

The Department of Criminology and Criminal Justice's No Place for Hate event took place on November 8 in the HUB Ohio Room and was attended by faculty, administrators, and nearly 400 students. The event was a direct response by the department to a racist/violent video posted on social media early in the semester. IUP Criminology alumnus, Dr. Kareem Jordan delivered the keynote address, Being Black or

Jordan addressed the packed crowd regarding societal effects of

Latino in Juvenile/Criminal

Court Outcomes.

being Black or Latino in

the criminal justice system, captivating the audience as he spoke about diversity on campus and in the criminal justice system. Students were interested to hear about his time at IUP and his experiences in Indiana. Jordan also spoke about racial profiling, research on feeling safe in the context of race, court decisions, and black criminology.

Jordan received his baccalaureate, masters, and doctoral degrees in Criminology at IUP in 1999, 2001, and 2005, respectively. Jordan taught at the University of

North Florida, the University of Central Florida, and the University of Massachusetts Lowell before securing his current position at American University, where he is an Associate Professor. Jordan has written two books, published over 20 peer

reviewed journal articles, and given over 40 professional presentations. His research specializations are race and **justice**, disproportionate minority contact, juvenile justice and delinquency, research methods, quantitative data analyses, and criminological theory. Jordan shared his excitement to be back at IUP saying that IUP has always felt like home to

After Jordan's presentation, Drs. Gwen Torges and David Chambers, faculty in IUP's Political Science Department, led group activities related to "difficult dialogs", engaging the audience in interactive activities that promoted diversity, inclusivity, and communication.

him.

Interior Design Students on Tour

Thirty-one Interior Design students, along with two faculty chaperones, traveled to Newport, RI, for two days to tour three historical mansions: The Elms, Chateau-sur-Mer, and The Breakers. The tours supplemented their studies of design history and offered an inside tour of not only the design of the homes but the unique stories behind each one.

This is the Interior Design program's second trip to Newport. The INDS faculty plans one out-of-the-classroom excursion each academic year to expose their students to unique design experiences.

Congratulations!

IUP's MS and BS in Nursing programs were accredited for a full ten year period; the action was taken by the Board of Commissioners of the Commission on Collegiate Nursing Education (CCNE) in October.



Partnership Pays Dividends for Students and Community Members

IUP's Institute for Rural Health and Safety recently received simulation equipment, valued at \$25,000, from Citizens' Ambulance Service, based in Indiana. Emergency medical technicians and paramedics who train for the professions at the institute are using the equipment to help prepare for real-life scenarios.

"The coursework we offer serves as a pipeline for students going into a variety of areas in healthcare, not only EMS," said Lou Pesci, director of the Institute for Rural Health and Safety. "It is a building block in the journey for those who go on to complete the EMT and Paramedic programs, or become physician's assistants, occupational therapists, and physical therapists." Since the

program began in 2015, more than 200

students from throughout the region and neighboring states have been trained at the facility on West Pike Road in White Township.

"The simulation equipment we received from Citizens' Ambulance Service helps in a number of ways, such as identifying patient conditions, simulating

cardiac

Ambulance

"It's more than the hands-on experience students gain. It's about the relationships and hard work ... It is a perfect demonstration of community and how it relates to living and growing in a shared existence."

-BI Pino

reaching impacts, beyond a regional area. Close to 30 counties in Pennsylvania and several counties in bordering states benefit from the cooperation between Citizens' and Rural Health.

"The partnership Citizens' shares with IUP is longstanding," said BJ Pino, chief operating officer at Citizens' Ambulance Service. "It's more than the hands-on experience students gain. It's about the relationships and hard work behind the equipment we are able to provide. It is a perfect demonstration of community and how it relates to living and growing in a shared existence."

In addition to providing essential experience to students, the donated equipment favorably positions the Paramedic Program for the accreditation process from the Committee on Accreditation of Educational Programs and the Commission on Accreditation of Allied Health Education Programs.

conditions, and enabling students to perform IV starts, intubations, and defibrillations," said Pesci. "It is the partnerships we have with organizations like Citizens'

> Service that will take us even further." The gift and partnership have far-

HDFID Awards Nearly \$20,000 in Scholarships

The Human Development, Fashion, and Interior Design Department held their annual scholarship reception on November 19. The department awarded \$19,770 in scholarships to 15 deserving students.

Students who received scholarships included Lia Talago (Ella C. Bendix Scholarship), Hope Kiehl (Family and Consumer Sciences Education Alumni Scholarship), Lynne Marie Laffey (Pittsburgh Home Economics Teachers Scholarship), Colleen Jervis (Susan E. Finley Memorial Scholarship), Grace Wadsworth and Hope Kiehl (M. Jane Segar Longenecker Scholarship), Leslie Gorbea (Jean Caldwell Jenkins Memorial Scholarship), Hope Mae Tosten and Lacey Mock (Oxley, Rhodes, & >> Merriman Scholarship), Caylinn Jordan (Robert and Ruth O'Connor Scholarship), Ashley Goodlin (Joan Schmitt Fashion Scholarship), Morgan Bair-Carr (Susan E. Shubra Memorial Scholarship), Abby Blochberger (Donna L. Streifthau Scholarship), and Charise House and Alexis Chilson (Betty L. Wood Scholarship).



Dean Gaiko, four of the scholarship recipients, and committee members Eun Jin Hwang and Karen Scarton pause for a photo at the scholarship reception.

Special Event Culinary Brigade for the Pittsburgh Botanic Gardens

Chef Rick Harber, Culinary faculty member of the IUP Academy of Culinary Arts, was invited to be a support executive chef for the Pittsburgh Botanic Garden's fundraising event "From Garden to French Table – A Gala Tribute to Daniel Boulud." The event took place on November 6 at the Duquesne Club in Pittsburgh, PA. At the event, over 330 meals wer served from multiple kitchens throughout the Duquesne Club, supporting the Botanic Garden's mission to "inspire people to valu plants, garden design, and the natural world by cultivating plant collections of the Allegheny Plateau and temperate regions, creating display gardens, conducting educational programs and conserving the environment."

considered one of the world's best chefs. Chef Boulud is a native of Lyon, France, and is Chef-Owner of restaurants throughout the world including Singapore, London, Canada, and the United States, with multiple Michelin stars.

Boulud is perhaps best known for his fine-dining restaurant DANIEL in

The evening centered on a

New York City, awarded two Michelin stars for 2020 and two four-star reviews in *The New York Times*.

Of the event, Chef Haber said, "I am honored and

selected to participate as a guest executive chef, representing the Academy of Culinary Arts, for such a noteworthy, once-in-a-lifetime meal at the Duquesne Club honoring Daniel Boulud. I believe you have to be passionate about what you do and have the determination to succeed. Chef Daniel Boulud exemplifies that passion and determination."



Congratulations!

IUP's Criminology program was ranked as the 7th best program out of 72 in the nation for veterans by College Factual, landing the program in the top 10%.

College Factual ranks the best colleges and programs for veterans based on veteran affordability, veteran population, veteran flexibility, veteran policies, veteran resources, and overall college quality.

IUP's Criminology program previously ranked well in other program areas including: 6th most focused out of 166, 7th best out of 66 for non-traditional students, 8th best out of 71 for value, and 8th most popular out of 166.

Safety Sciences Alumnus Makes Headlines

Safety Sciences graduate Michael Shuble ('93) was recognized in *The Korea Herald* as the first foreign executive to Hyundai Steel's leadership.

Shuble, Vice President and Head of the Safety Planning Group at Hyundai Steel, is looking to leave his mark on safety. His career spans over twenty years, starting at United Steel and moving up the corporate ladder throughout the US, Serbia, and Russia before joining Hyundai in South Chungcheong Province in January.

Under Shuble's leadership, Hyundai Steel, the steelmaking subsidiary of Hyundai Motor Group, has continued to advance its safety improvement initiatives following an investment of over \$400 million between 2013 and 2015. Shuble, quoted in the October 20 *Korea Herald*, said, "We have a wonderful safety training center here, probably world-class...the best I've ever seen." He added, "There's still opportunities for improvement," and is anxious to implement new learning models on human error and facility safety.

Tracey Cekada, Chairperson of the Safety Sciences Department, has invited Shuble to IUP to share his expertise and give advice to students. To read more on Shuble's work at Hyundai Steel, visit Korea Herald



Center for Sport Science Research and Education

Dr. Hayden D. Gerhart currently serves as the Director of the Center for Sport Science Research and Education. The Center, located in Zink Hall, promotes and supports student and faculty research in the Department of Kinesiology, Health, and Sport Science, as well as collaborative projects with other IUP departments. Here, students have the opportunity to complete research on topics such as environmental physiology, tactical athletic performance during occupational stress, effects of exercise on cognitive performance, strength and conditioning, and health habits

and behavioral **risk factors** related to exercise and physical activity.

In addition to student research, collaborative faculty research is encouraged and supported. Currently, Gerhart and KHSS faculty members Drs. Kristi Storti and Louis Pesci are conducting research in a population of first responders, professionals as well as those currently in training. Their research examines physical activity and sedentary behavior and health risk among first responders and monitors their physiological performance under

stress to identify specific modifiable risk factors that later may contribute to the development of chronic disease. Finally, the Center supports student and faculty presentations at professional conferences such as those hosted by the American College of Sports Medicine, the National Strength and Conditioning Association, the IUP Graduate Scholars Forum, the Pennsylvania State Association for Health, Physical Education Recreation and Dance, the Society of Health and Physical Educators, and the Association for Supervision and Curriculum Development.





Food and Nutrition Takes on FNCE 2019

Twenty-one students (9 undergraduate dietetic majors and 12 dietetic interns) along with Dr. Pao Ying Hsiao (Associate Professor, Department of Food and Nutrition) attended the largest national meeting of nutrition professionals, the Food and Nutrition Conference and Expo (FNCE), held in October in Philadelphia, PA.

"It was a memorable experience seeing how passionate these professionals were...."

-Nicole Groh

Dietetic students have been making plans to attend FNCE since last year when they learned the location was within driving distance. Through fundraising efforts with the Student Association of Nutrition and Dietetics,

advised by Hsiao, students were able to raise money to help with the cost of registration fees. At the four-day conference, students attended educational sessions, sampled food products from hundreds of vendors, and bumped shoulders with over 13,000 nutrition professionals. Elexsis Robison, senior Dietetics major, said, "Attending FNCE was one of the best decisions I could have made. Getting to meet dietetic internship directors, attending presentations about the latest nutrition research, and simply seeing how many Registered Dietitian Nutritionists there actually are throughout the country (which was a lot more than I realized) was the perfect eye opener that I chose the right field to be in." Nicole Groh, Culinary Dietetics major commented, "It was a memorable experience seeing how passionate these professionals were about their research and helping people live as healthful as possible." Senior Dietetics major Austin DuFour enthusiastically advised other students by adding, "If you ever catch yourself debating on going or not, do yourself a favor and go!" A special IUP alumni dinner was held for current students

and interns to network with alumni for advice on how to secure internships and to discuss career possibilities. In addition, Hsiao gave a presentation titled, "Move over Millennials: What Generation Z Expects from Dietetics Education." Her presentation, co-presented with her colleague Dr. Mary-Jon Ludy (Associate Professor, Bowling Green State University) and geared towards nutrition educators, provided the audience with digital learning tools that can be used with Generation Z students. Hsiao discussed how she noticed increasing numbers of students scrolling on their phones using Instagram while waiting for class to start rather than talking with each other. Instead of feeling frustrated, she adopted an "if you can't beat 'em, join 'em" mentality and developed projects where students posted pictures of what they were learning about nutrition on Instagram. She also described her successes with students creating infographics to help them learn about research and with using the video discussion board platform Flipgrid in her online classes to increase student-faculty and student-student interactions. To see how students are using social media to learn about nutrition in Hsiao's FDNT 143 (Current Issues in Nutrition and Wellness) and FDNT 212 (Nutrition) classes, follow her on Instagram (@dr.misohungry).



The Linda Drummond Deabenderfer Scholarship for Culinary Arts





Linda Deabenderfer has been involved with the IUP Academy of Culinary Arts since planning for it began more than thirty years ago. She served as a member of the Punxsutawney Area College Trust which helped to establish the Culinary Academy and has continued her involvement since by supporting scholarships for students and visiting the Academy's summer lunch program often. The Linda Drummond Deabenderfer Scholarship for the IUP Academy of Culinary Arts will be an endowed scholarship made possible by an estate gift from Linda and her husband David to IUP's Imagine Unlimited Campaign. Because the commitment is irrevocable, Linda and David may give annually to the fund and accordingly can meet their beneficiaries in their lifetime. Linda is also a member of the College of Health and Human Services Dean's Advancement Council, and together, she and David serve on the IUP Academy of Culinary Arts Advisory Board.

If you'd like more information about supporting a program or scholarship in the College of Health and Human Services, please contact Emily Smeltz '01, M'02, Director of Development at esmeltz@iup.edu or 724-357-4746.

Exercise Science Students and Faculty Network at ACSM MARC

Three exercise science faculty members, Drs. Madeline Bayles, Leslie Stenger, and Kristi Storti, three graduate assistants, and eight undergraduate exercise science students attended the ACSM Mid-Atlantic Regional Conference (MARC) November 1st and 2nd in Harrisburg, PA. The conference provided students with an opportunity to collaborate and

network with students and faculty

from colleges and universities throughout the Mid-Atlantic region (PA, NY, NJ, MD, DE). Leading experts in the field presented the most current research in areas such as blood flow, clinical exercise physiology, muscle metabolism, nutrition and supplementation, physical activity, and women's health. Applied sessions were also offered in the biomechanics of running, functional training for firefighters, and analysis tactics for fad diets. The conference also

highlighted student research through

poster presentations and awards.



Fitness Challenge Team



Undergraduate students Tim Kleckner, Alyssa Trudniak, Eric Zeigler, Kendra Mengle, Mikayla Mills, Flavia Flandoli, Bret McGinnis, and Brianna Rose



College Bowl Team

The Keynote Address, presented by Dr. Michael Joyner, faculty member at the Mayo Clinic in Rochester, Minnesota, focused on the 2-Hour Marathon. Joyner's broad research interests include elucidating physiological mechanisms governing blood pressure and blood flow regulation, as well as understanding the physiology of elite athletes such as Eliud Kipchoge, who ran the first ever sub-2 hour marathon in Vienna on October 12.

Friday evening concluded with the much-anticipated College Bowl and Fitness **Challenge**. The IUP College Bowl team of Bret McGinnis, Alyssa Trudniak, and Mikayla Mills competed against teams in a jeopardy style competition testing knowledge in exercise science and sports

medicine. In the Fitness Challenge, Tim Kleckner, Bret McGinnis, Flavia Flandoli, and Kendra Mengle competed in challenges of strength, endurance, flexibility, and mental acuity. The MARC-ACSM conference provides a close-to-home educational, professional, and networking opportunity for professionals and students.

Bicycle Education Project

Directed by Dr. Louis Pesci, the Institute for Rural Health and Safety was awarded \$56,000 over a three- year period (2019-2021) for a Bicycling and Walking Safety Education project to support their existing Community Traffic Safety Project grant for PennDOT District 10-0. Grant funds will be used to purchase materials for local organizations to support and increase bicycle and pedestrian safety events in Armstrong, Butler, Indiana, Clarion, and Jefferson Counties. Activity books, bicycle helmets, reflective gear, traffic cones, stop sign paddles, and other materials will be purchased for bike and pedestrian safety events for students in kindergarten through eighth grade. The goal is to educate and encourage children to walk or bicycle safely, including to and from school. Partners of the grant with the Institute for Rural Health and Safety include The Children's Advisory Commission of Indiana County, Indiana Borough Police Department, Indiana Area School District, and Butler County Safe Kids.

Congratulations!

The Criminal Justice Program Coordinator Marcia Cole completed work as part of a statewide committee on a mandatory police inservice training course entitled 2020 Legal Updates. Marcia worked for nearly a year with current and former district attorneys, public defenders, and police officers on this project. The course is modeled to instruct police officers on the legislative changes that have occurred in criminal and vehicle law ratified in 2019. The curriculum was rolled out by the committee members to all municipal police instructors in Pennsylvania during the latter half of 2019. The instructors in-turn teach the course material to all in-service municipal police officers during the 2020 training term. This is quite an honor for Marcia to be on this committee, and the CJTC IS very proud of her accomplishment.

Hospitality Event for Fall: Food, Flannel, and Axe Throwing!

On October 2, IUP's student branch of *Meeting Professionals International* (MPI) had the opportunity to go to Lumberjaxes Axe Throwing in Mt. Lebanon for a networking event with MPI Pittsburgh.

The "Flannels and Axe Throwing" event hosted by MPI Pittsburgh was an excellent experience for IUP's MPI student members. This was the first MPI Pittsburgh event in which IUP has participated, and students, especially

new members, were eager to attend, learn a new skill, and have a good time. While at Lumberjaxes, students and club advisor, Ms. Nicole Buse, had the opportunity to mix and mingle with industry professionals from all over the city and catch up with MPI Pittsburgh members. After socializing and hors d'oeuvres, the Axe Throwing Tournament began.

All student members were assigned to a group team, and the students quickly

revealed their competitive nature. However, despite their best efforts, none of the IUP students was named champion.

The IUP MPI Chapter thanked MPI Pittsburgh for the invitation to a great event and for their prolonged support of the IUP Chapter.

IUP students who would like to join MPI can contact the president, Lindsy Foner, at SSLW@iup.edu for information.

The Department of Hospitality Management is the premier Hotel, Restaurant, Tourism and Special Event undergraduate program in the region, and the largest program in the PASSHE System. The Department of Hospitality Management is accredited by the Accreditation Commission for Programs in Hospitality Administration (ACPHA).



FCSE Welcomes Teachers for Professional Development

The Family and Consumer Sciences Education program along with the Center for Career and Technical Personnel Preparation welcomed a group of over 30 secondary teachers to Ackerman Hall for a professional development day on November 8.

Michelle Tweardy, FCSE faculty, coordinated the event to provide Family and Consumer Sciences' teachers with current trends in the field. Presenters came from various programs in the College of Health and Human Services and beyond. Teachers learned about skills necessary for their secondary students to succeed, career options for the future, programs available at IUP, and ideas for the Family and Consumer Sciences' classroom. Interior Design, Fashion Merchandising, Human Development and Family Science, Family and Consumer Sciences Education, Hospitality Management, Food

and Nutrition, College of Education and Communications, IUP Culinary Arts, and the Family, Career and Community Leaders of America (FCCLA) were all well represented.

Dean Sylvia Gaiko joined the group for lunch in the Allenwood Restaurant served by Hospitality Management and Food and Nutrition students, while students from the Family and Consumer Sciences Education Student Association assisted with the event planning and preparation. Participating teachers also had the opportunity to tour the IndiKids Childcare Center in Davis Hall.

The event provided a great way for teachers, faculty, and students to **connect and learn** from one another. For more information about IUP FCSE, visit our website



IUP in Tennessee – Hospitality Management Visits in October

In October, Stephen Shiring, EdD, MBA, chairperson, Department of Hospitality Management, combined a visit with IUP graduates Julia Waters and Nickolas Driggs in Nashville, Tennessee, with a tour and observation of the Jack Daniels 2019 World Championship Invitational Barbeque in Lynchburg, Tennessee.

Nashville, the "Music City", hosts a growing tourist trade with visitors seeking attractions such as the Grand Ole Opry, Country Music Hall of Fame, and the famous "Music Row" district. It is no surprise this area has ample growth for professionals seeking positions in the hospitality industry. When asked about the trip, Shiring noted, "Combining the IUP dedicated work ethic with our curriculum, our graduates are always in high demand. I was able to meet with representatives within the Nashville area to introduce to them our professional internship program. I look forward to having our

students serve their internships in hotels, restaurants, different aspects of tourism, convention services, and special events venues in Nashville." Waters, front desk

supervisor of the Hilton Garden Inn, said, "I am thrilled to be working in Nashville! The hospitality program provided a comprehensive curriculum, and I am well prepared. I served my

internship at the Hilton Garden Inn near the IUP campus, and it provided a wonderful work experience." Driggs added, "Being a Hospitality Management graduate from IUP has prepared me for a career in hospitality. I am now in customer service with Dell, managing my customer group located in upper state New York, and I am loving every minute of it. I was able to make the transition because of the course work I had as a hospitality management major and because of mentoring professors like Dr. Shiring."

In Lynchburg, Shiring had the opportunity to tour the Jack Daniels Distillery and learn first-hand how the

top-selling Tennessee American whisky is made. Following in the footsteps of Jack himself, Shiring was taught the step-by-step distillation process used by Jack Daniels. Joining 45,000 visitors, he also enjoyed the Jack Daniels 2019 World Championship Invitational Barbeque hosted by the distiller with 113 championship teams from the United States and 27

international teams.
Shiring said, "The experience of touring the Jack Daniels Distillery was just amazing. Being able to bring this experience to the students will enhance their understanding of the Tennessee whisky distillation

process. At the distillery, I spent time with a member of the Jack Daniels company discussing with them our Allenwood lab, which houses our commercial food production kitchen and dining room and is used to teach our food and beverage management and service concepts."

Shiring and the other professors of the Department of Hospitality

Management look forward to continuing professional relationships in destinations like Nashville and

Lynchburg that aid IUP students in

furthering their professional

connections.



Culinary/Baking & Pastry Students Visit Nemacolin Woodlands Resort

On Sunday, November 3, IUP Culinary and Baking students took a field trip to Nemacolin Woodlands Resort in Farmington, PA, along with Chefs Martha Jo Blake, Erin Reed, and Richard Harber. The field trip gave students an opportunity to experience the site while considering externships or job opportunities.

Nemacolin Woodlands Resort is a AAA Five Diamond and



Forbes Five Star resort that employs many IUP Culinary Alumni including Executive Chef of Restaurants and Executive Chef of Lautrec, Chef Kristin Butterworth, '02. Nemacolin Woodlands Resort has been a top choice for culinary and baking externships for many years.

The students and chefs experienced a buffet style meal prepared specifically

buffet style meal prepared specifically for them, an information session with Chef Butterworth where students and faculty learned about the property's history, and a guided tour of the resort

led by IUP alumni. Many of the current IUP Culinary externs were available to answer questions as well.

After the tour, students and faculty explored the property before returning to Punxsutawney. Each semester a field trip is planned to a property the students may want to consider for their externship or future employment. Before these trips, many students have never had the opportunity to experience sites of this magnitude. A trip to the Duquesne Club is being planned for the Spring semester.

People to Know and Something to Do

Steven Moy, 2008 graduate of the Department of Employment and Labor Relations, received the 2019 Young Alumni Achievement Award for the College of Health and Human Services, created by the University to recognize recent IUP graduates identified as outstanding in their professions.

Moy received the award on Sunday, November 3, at a dinner recognition event, where IUP President Michael Driscoll praised Moy and five other award recipients for their achievements and passion within their fields. Driscoll stated, "Each of your stories are remarkable. You're living fruitful lives and making a positive difference in the lives of others. We're so proud to have you as part of the IUP family."

Moy was kind enough to spend time with undergraduate and graduate SHRM students and talk about his experiences working for the National Labor Relations Board, Disney, and Fox Corp.

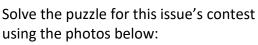
Moy currently resides in Los Angeles, where he works as the vice president of Labor Relations for Fox Corporation.





Dating in the 60's, the Dewey Decimal Way

The winner of last issue's caption contest was submitted by Thomas Dobson, a 2003 graduate. A collection of IUP merchandise is on its way to thank Thomas for his participation!



Identify the last names of the educators that these IUP academic buildings are named after. Take the first letter of the last names and arrange them alphabetically to determine the initials of one of IUP's "presidents." Name the "president."

Send your answer via email to chss-deansoffice@iup.edu; include your name, IUP connection, and mailing address. The first correct response received will be the winner!







A food drive coordinated by the College Service Committee provided over 1,000 items for the IUP Food Pantry and Help Center, which helps to ease the issues of food insecurity and insufficiency for current IUP students.

Comments, suggestions, and questions regarding the newsletter can be sent to the editor at beverly.mastalski@iup.edu.