



# Health & Physical Education/K – 12 Teacher Education, BSED

**Department:** Kinesiology, Health, & Sport Science  
**College:** Health and Human Services  
**Website:** <https://www.iup.edu/kines/undergrad/health-physical-education-bsed/>  
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**Accreditation:** Nationally Accredited by CAEP. State accredited by PA Department of Education.

**Program Description:** The Health and Physical Education Teacher Education program is accredited by the National Council for Accreditation of Teacher Education. Requirements for this degree program include the university's Liberal Studies requirements, Professional Education requirements, and the Health and Physical Education core requirements. Upon completion of the degree program and successfully passing the Praxis exam, the student is qualified for an Instructional I Certificate in Health and Physical Education, issued by the Pennsylvania Department of Education in Harrisburg. All students seeking Pennsylvania certification must follow the 3-Step Process described in the section "Admission to Teacher Education and Certification" found in the College of Education and Communications section of the undergraduate catalog.

**Career Opportunities:** Overall employment of health and physical educators is projected to grow 16 percent from 2016 to 2026, much faster than the average for all occupations. Growth will be driven by efforts to improve health outcomes and to reduce healthcare costs by teaching people healthy behaviors and explaining how to use available healthcare services.

**Student Organizations:** We encourage all Teacher Education students to become members of the IUP Health and Physical Education Major's Club. Student members regularly participate in fundraising and volunteer activities that provide experiences that will improve their resume. Student members also have many opportunities for professional development by traveling to state and national conferences. Students have recently traveled to Nashville, Salt Lake City, Boston, and Tampa to participate and present at educational events.

**Experiential Learning:** Students in this program are exposed to many experiential opportunities that enhance their education and marketability when seeking jobs. This program offers experience working with Prek-12th grade students in the gymnasium, health classroom, outdoors, and aquatics. Students also work with individuals with disabilities, as well as English as a Second Language (ESL) students through the ESL Afterschool Program.



# Health & Physical Education/K – 12 Teacher Education, BSED

**Department:** Kinesiology, Health, & Sport Science

**Four-year Course Sequencing**

**College:** Health and Human Services

**Degree:** Bachelor of Science in Education

**Calendar Year:** 2022-2023

**Website:** <https://www.iup.edu/kines/undergrad/health-physical-education-bsed/>

**Four-year Sequencing:** The below four-year plan outlines the courses required in each semester of your baccalaureate degree. The goal is for you to visualize the years to come and understand what courses or other requirements are needed in order to graduate in four years. This also allows you to plan with your advisor for important engagement activities that support your higher education goals, such as planning for an internship, research, and/or study abroad. The summer and winter terms are also an opportunity to take courses or accomplish other goals.

Freshman Year: Fall			Freshman Year: Spring		
Course	Course Description	Credits	Course	Course Description	Credits
KHSS 135	Careers in Kines, Health & Sport	1	KHSS XXX	Early Method Course (213, 316, 325)	3
PHIL/RLST	Philosophy or Religious Studies	3	EDSP 102	Educational Psychology	3
PSYC 101	General Psychology	3	ENGL 121	Humanities Literature	3
MATH 101	Foundations of Mathematics	3	ETIT 103	Digital Instructional Technology	3
ENGL 101	Composition I	3	MATH 217	Probability & Statistics	3
FA (LS)	Fine Arts Liberal Studies requirement	3			
	<b>Total Fall</b>	<b>16</b>		<b>Total Spring</b>	<b>15</b>

Sophomore Year: Fall			Sophomore Year: Spring		
Course	Course Description	Credits	Course	Course Description	Credits
Nat Science	One lab science	4	Global (LS)	LS GMA Requirement	3
ENGL 202	Research Writing	3	Nat Science	One non-lab science	3
KHSS 143	Physical Well Being	3	HIST (LS)	History 196, 197, or 198	3
KHSS XXX	Early Method Course (213, 316, 325)	3	KHSS XXX	Early Method Course (213, 316, 325)	3
KHSS 209	Motor Behavior	3	KHSS 221	Human Structure and Function	3
	<b>Total Fall</b>	<b>16</b>		<b>Total Spring</b>	<b>15</b>

Junior Year: Fall			Junior Year: Spring		
Course	Course Description	Credits	Course	Course Description	Credits
KHSS XXX	Upper Method (216, 218, 417, 419, 426)	3	Social Science	LS Requirement	3
KHSS 315	Biomechanics	3	EDUC 242	Pre-student Teaching Clinical 1	1
KHSS 344	Adapted HPE	3	KHSS 343	Physiology of Exercise	3
KHSS XXX	Upper Method (216, 218, 417, 419, 426)	3	KHSS XXX	Upper Method (216, 218, 417, 419, 426)	3
KHSS 341	Evaluations & Analytics in Kinesiology	3	KHSS XXX	Upper Method (216, 218, 417, 419, 426)	3
			Free Elective	Free Elective	3
	<b>Total Fall</b>	<b>15</b>		<b>Total Spring</b>	<b>16</b>

Senior Year: Fall			Senior Year: Spring		
Course	Course Description	Credits	Course	Course Description	Credits
EDEX 323	Instr. of English Language Learners	2	EDUC 421	Student Teaching	6
EDUC 342	Pre-student Teaching Clinical 2	1	EDUC 441	Student Teaching	6
EDUC 442	School Law	1			
KHSS XXX	Upper Method (216, 218, 417, 419, 426)	3			
KHSS 442	Senior Seminar	3			
Free Elective	Free Electives	5			
	<b>Total Fall</b>	<b>15</b>		<b>Total Spring</b>	<b>12</b>

**Total Credits for Degree: 120**



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## Summary of Requirements

120 Total Credits for Degree Completion

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College: Health and Human Services

Degree: Bachelor of Science in Education

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**Summary of Requirements:** Health & Physical Education/K-12 Teaching Education major requires 52 credits between the department and program core requirements, 23 credits of professional education requirements, 1-2 credits of free electives, and 43-44 credits of IUPUI Liberal Studies course. The total credits required is 120.

### Liberal Studies (43 credits)

Course	Credits	Grade
<b>Learning Skills:</b> English Composition (6 credits)		
ENGL 101 Composition	3	
ENGL 202 Composition II	3	

<b>Learning Skills:</b> Mathematics (3 credits)		
MATH 101 Foundations of Mathematics	3	

<b>Humanities</b> (9 credits)		
HIST 196 or 197 or 198	3	
ENGL 121 Humanities Literature	3	
PHIL/RLST Select one from the course list	3	

<b>Fine Arts</b> (3 credits)		
Select one from the list	3	

<b>Natural Sciences</b> , (7credits)		
Select one lab science from course list	4	
Select one non-lab science from course list	3	

<b>Social Sciences</b> (9 credits)		
PSYC 101 General Psychology	3	
Select from the course list (GMA)	3	
Select a social science from course list	3	

<b>Health and Wellness</b> (3 credits)		
Select wellness course from course list	3	

<b>Liberal Studies Electives</b> (3 credits)		
MATH 217 Probability and Statistics	3	

### HPED K-12 Teaching Edu. Core (52 credits)

Course	Credits	Grade
KHSS 135 Careers in Kines, Health & Sport	1	
KHSS 209 Motor Behavior	3	
KHSS 213 Recreation Sports and Lifetime Act	3	
KHSS 216 Instruction of Fundamental	3	
KHSS 218 Instruction of Tactical Skills	3	
KHSS 221 Human Structure & Function	3	
KHSS 315 Biomechanics	3	
KHSS 316 Instruction of Child Health	3	
KHSS 325 School and Community Health	3	
KHSS 341 Eval & Analytics in Kinesiology	3	
KHSS 343 Physiology of Exercise	3	
KHSS 370 Adapted Health and Physical Ed	3	
KHSS 417 Contemporary Issues in Health	3	
KHSS 419 Emergency Care and Water Safety	3	
KHSS 426 Health Science Instruction	3	
KHSS 442 Senior Seminar	3	

<b>Professional Education Requirements (23 credits)</b>		
ACE 103 Digital Instructional Technology	3	
EDEX 323 Instruction of English Language	2	
EDSP 102 Educational Psychology	3	
EDUC 242 Pre-student Teaching Clinical I	1	
EDUC 342 Pre-student Teaching Clinical II	1	
EDUC 421 Student Teaching	6	
EDUC 441 Student Teaching	6	
EDUC 442 School Law	1	

<b>Free Electives (8 credits)</b>		
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- [Writing Intensive](#), 6 credits required, but programs have these courses built into the coursework, so talk with your advisor.
- [Global/Multicultural](#), 3 credits required but if you choose a Global Multicultural in the Social Sciences category, this is completed.
- Review [Degree Works](#) for your progress toward the degree