



## Sexual Assault, Dating Violence and Stalking

INFORMATION & RESOURCES

Pittsburgh East Edition

724-357-3947 🕻

@IUPHaven 0

G-59 Suites on Maple East

# You are not alone.

If you just experienced some form of sexual violence, you may feel many things. Confusion, fear, and anxiety are common.

Know that you don't need to take this journey alone. IUP's Haven Project can help you. We will respect your privacy, confidentially provide you information, and help you find resources. We will do our best to help you be safe and heal.

IF YOU ARE IN NEED OF IMMEDIATE HELP, CONTACT ONE OF THESE 24/7 SERVICES:

**IUP POLICE** 724-357-2141

**CENTER FOR VICTIMS**412-482-3240

PITTSBURGH ACTION AGAINST RAPE 1-866-363-7273

WOMEN'S CENTER AND SHELTER OF GREATER PITTSBURGH 412-687-8005



You don't have to go through this alone. *Help is available.* 

Sexual Discrimination/Misconduct

# Support & Reporting Options

#### ADDITIONAL RESOURCES

Local Police
911
LGBTQIA+ Support
724-357-2598
Center for Victims
412-482-3240
Pittsburgh Action Against Rape
1-866-363-7273
Women's Center and Shelter of
Greater Pittsburgh
412-687-8005
Forbes Regional Hospital
Emergency Department



412-858-2321

SCAN QR CODE TO REPORT AN INCIDENT OF CONCERN

#### Want to talk to someone BUT unsure about reporting the incident?

IUP Counseling Center/Haven Project
Contact via phone at 724-357-2621 or by email at counseling-center@iup.edu to confidentially discuss your options and support resources available.

Even if you don't report you can request accommodations if your safety or well-being is at risk (i.e., changing academic schedules, adjustment to work assignments, on-campus housing assignment, use of IUP's escort system).

#### Where can I report?

#### Social Equity and Title IX Office

- By phone at 724-357-3402
- Online reporting available at iup.edu/incidentreport
  - o Can be anonymous if desired

#### **University Police Reporting**

- By phone at 724-357-2141
- Online reporting available at iup.edu/police/forms/anonymous-reportingform/

#### **Student Support and Community Standards**

• By phone at 724-357-1254

#### What if I am afraid to report?

A witness to or individual who experiences sexual misconduct, acting in good faith, who discloses any incident of sexual misconduct to University Officials or law enforcement may not be sanctioned under the IUP Community Standards Policy for violations of alcohol consumption and/or illegal drug use policies occurring at or near the time of the incident(s) of alleged sexual misconduct.

For emergency help, call 911 or go to the nearest Emergency Room

# SOCIAL EQUITY & TITLE IX OFFICE

Title IX Coordinator and Title IX Deputy Coordinators connect students with support resources and provide information about disciplinary and legal processes.

The Title IX team addresses sexual assault, dating or domestic violence, sexual exploitation, stalking, and other issues including gender-based discrimination and sexual harassment.

The Title IX Coordinator is a resource to provide support. Meeting with someone from the Title IX team does not obligate a student to take additional action. We are here to help.

#### TITLE IX COORDINATOR

#### Elise Glenn

Social Equity and Title IX Office 724-357-3402 eglenn@iup.edu

#### TITLE IX DEPUTIES

#### **Melanie Duncan**

Social Equity and Title IX Office 724-357-3402 mduncan@iup.edu

#### **Tedd Cogar**

LGBTQIA+ Support 724-357-1919 tcogar@iup.edu

#### **Ann Sesti**

Center for Health and Well-Being 724-357-1265 annsesti@iup.edu

#### Samantha Goettman

Athletics Department 724-357-4295 goettman@iup.edu

#### **CONNECT WITH US**

#### **SOCIAL EQUITY AND TITLE IX OFFICE**

Susan S. Delaney Hall, Room B17 920 Grant Street Indiana, PA 15705

724-357-3402 title-ix@iup.edu

#### **OFFICE HOURS**

Monday through Friday 8:00 a.m.-4:30 p.m.

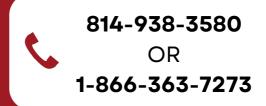


"No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance."

-Title IX of the Education Amendments Act of 1972 to the 1964 Civil Rights Act



PITTSBURGH ACTION AGAINST RAPE (PAAR) ADVOCACY, COUNSELING, PREVENTION AND EDUCATIONAL RESOURCES



WOMEN'S CENTER AND SHELTER OF GREATER PITTSBURGH AN EMERGENCY SHELTER FOR ADULTS EXPERIENCING DOMESTIC VIOLENCE AND THEIR CHILDREN



CENTER FOR VICTIMS

RESPONDS TO EMERGENCY NEEDS OF CRIME VICTIMS/WITNESSES TO ANSWER QUESTIONS AND PROVIDE SUPPORT





#### COUNSELING CENTER

Services Available

Monday - Friday

8:00 am to 4:30 pm

Walk-In Hours Monday- Friday 1 pm - 3pm

#### **ABOUT**

No matter how long ago the assault occurred, having a place to talk may be important for one's recovery process. The IUP Counseling Center offers free and confidential services.

The IUP Haven Project (in the Counseling Center) provides confidential services to IUP students.

There is no additional charge for these services.

#### **SERVICES**

- O1 Individual and Group Counseling
- O2 Assistance with safety planning
- O3 Assistance with university accommodations
  - Including academic, changing academic schedules, oncampus housing and oncampus employment
- O4 Assistance with reporting options
  - Discuss reporting options and the reporting process
  - Provide education about the student conduct process
  - Assistance filing a Title IX or student conduct report
  - Accompany student to file report or student conduct proceedings





#### **MEDICAL SERVICES**

If you have been abused or assaulted, you may need medical care. To get medical help, immediately go to the nearest emergency department.

If you were sexually assaulted, you should receive information about pregnancy and/or disease prevention. You can also have evidence collected at an emergency department. Evidence collection should occur as soon as possible.

#### **TO PRESERVE EVIDENCE:**

- <u>DO NOT</u> shower, bathe, wash any part of your body.
- <u>DO NOT</u> use the bathroom.
- <u>DO NOT</u> change your clothes.
- <u>DO NOT</u> brush your teeth or gargle.
- <u>DO NOT</u> comb your hair.

Forbes Regional Hospital Emergency Room 412-858-2321

### ADDITIONAL INFORMATION:

For survivors who choose not to have forensic evidence collected: medical exams, consultation, and follow-up care (including testing for sexually-transmitted infections and pregnancy) are available at IUP Health Services, Adagio Health, or your primary care doctor.

#### **IUP Health Services**

• 724-357-2550

#### **Adagio Health**

• 412-641-6722

# PENNSYLVANIA STATEWIDE AUTOMATED VICTIM INFORMATION AND NOTIFICATION (PA SAVIN)

The Pennsylvania SAVIN system is a service through which victims of a crime can use the phone or Internet to search for information regarding the custody status of their offender and to register to receive phone and/or email notification when the offender's custody status changes.

The VINE toll-free number for the PA SAVIN system is (866) 972-7284.

This service is provided to assist Victims of Crime who have a right to know about their offender's custody status.

TO LEARN MORE ABOUT NOTIFICATIONS AND SAFETY PLANNING, CRIME VICTIMS/SURVIVORS ARE ENCOURAGED TO VISIT WWW.OVA.PA.GOV.

SCAN HERE TO ACCESS VINE, THE VICTIM NOTIFICATION NETWORK



The <u>Campus Sexual Assault Victim's Bill of Rights</u> requires all colleges and universities participating in federal student aid programs afford sexual assault victims certain basic rights.

- Survivors shall be notified of counseling services.
- Survivors shall be notified of options for changing academic and living situations.
- Survivors shall be notified of their option to notify law enforcement.
- Survivors shall be informed of the outcome of any disciplinary proceeding.
- Accuser and accused must have the same opportunity to have others present.

#### **乳 HOTLINES & RESOURCES** &

YOU ARE NOT ALONE. HELP IS AVAILABLE.

Free & Confidential Support

#### **IUP Counseling Center**

Call: 724-357-2621

Email: counseling-center@iup.edu Located in Suites on Maple East, G31

#### Pittsburgh Action Against Rape

Call 24/7: **1-866-363-7273**Online at www.paar.net

#### Women's Center and Shelter of Greater Pittsburgh

Call 24/7: **412-687-8005**Online at wcspittsburgh.org

#### National Domestic Violence Hotline

Call 24/7: **1-800-799-7233** 

Text: "START" to 88788
Online at www.thehotline.org

#### National Dating Abuse Helpline

Call 24/7: 1-866-331-9474

Text: "LOVEIS" to 22522

Online at www.loveisrespect.org

#### National Sexual Assault Hotline

Call 24/7: **1-800-656-4673**Online at www.rainn.org



724-357-3947 **(**.

www.iup.edu/haven #

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