



IUP Graduate Handbook

M.Ed. in Health and Physical Education

Department of Kinesiology, Health and Sport Science

Handbook Updated 2023

M.Ed. in Health and Physical Education
Department of Kinesiology, Health and Sport
Science 225 Zink Hall
Phone: (724) 357-2771
Fax: (724) 357-3777
Program Website: <http://www.iup.edu/kines/>

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Introduction

IUP's Civility Statement

As a university of different peoples and perspectives, IUP aspires to promote the growth of all people in their academic, professional, social, and personal lives. Students, faculty, and staff join together to create a community where people exchange ideas, listen to one another with consideration and respect, and are committed to fostering civility through university structures, policies, and procedures. We, as members of the university, strive to achieve the following individual commitments:

To strengthen the university for academic success, I will act honestly, take responsibility for my behavior and continuous learning, and respect the freedom of others to express their views.

To foster an environment for personal growth, I will honor and take care of my body, mind, and character. I will be helpful to others and respect their rights. I will discourage intolerance, hatred, and injustice, and promote constructive resolution of conflict.

To contribute to the future, I will strive for the betterment of the community, myself, my university, the nation, and the world.

Affirmative Action

<https://catalog.iup.edu/content.php?catoid=7&navoid=951>

Title IX Reporting Requirement

<https://catalog.iup.edu/content.php?catoid=7&navoid=959>

Student Conduct and Student Rights

<https://www.iup.edu/student-support-and-standards/policies/index.html>
www.iup.edu/gradcatalog

Department of Kinesiology, Health and Sport Science

Mission Statement and Program Objectives

The Kinesiology, Health, and Sport Science Department is a diverse and interdisciplinary department that offers multiple nationally accredited programs of study designed to promote lifetime health, fitness, and physical activity across the lifespan.

Curriculum requirements are specific to each program of study and include opportunities for student-centered learning and “hands-on” practical experiences. Students learn and apply their skills using up-to-date technology in the classroom and clinical settings. Classes are taught by outstanding faculty members who are active in research and service to their academic disciplines and who are committed to student professional development.

Graduates are prepared to assume leadership roles in a variety of occupational settings, including educational, corporate, medical, and community sites.

Faculty and Staff

Dr. David A. Wachob

Teacher Education Program
Coordinator
233 Zink Hall
(724) 357-3194
d.wachob@iup.edu

Dr. David G. Lorenzi

Zink Hall, Room 239
1190 Maple Street,
Indiana, PA 15705
724-357-4415
dlorenzi@iup.edu

Dr. Josh Castle

Department Chair
Zink Hall, Room 225
1190 Maple Street,
Indiana, PA 15705
724-357-2770
eblair@iup.edu

Dr. Keri Kulik

Zink Hall, Room 232
1190 Maple Street,
Indiana, PA 15705
724-357-5656
k.kulik@iup.edu

Admission

To be admitted to the Kinesiology, Health, and Sport Science Department, the applicant must have completed the requirements for a bachelor's degree from an accredited college or university and must fulfill the general requirements for admission to the School of Graduate Studies and Research for a master's degree. A minimum TOEFL score of 540 (paper-based) which converts to a computer-based score of 193 is necessary for international students.

Other admission requirements to be admitted to the K-12 Teacher Certification program include: Fulfillment of requirements set by the College of Education and Educational Technology.

Graduate Admissions: www.iup.edu/admissions/graduate/

For more information regarding Admission Classification and Provisional Admission for International Graduate Application, view the Graduate Catalog: www.iup.edu/gradcatalog

Financial Assistance

Graduate Assistantships

Graduate Assistantships (GAs) are selectively awarded to highly qualified graduate students and often on the basis of academic excellence. Full time students can be eligible for 20-hour or 10-hour per week GAs and some part time students may also have GA eligibility.

- <https://www.iup.edu/admissions/graduate/financialaid/index.html>
- Office of Financial Aid: www.iup.edu/financialaid/

Academic Advisement

Once admitted to the program, students will work with the program coordinator to develop a sequence of coursework that meets the goals of the student. The role of the program coordinator is to advise each student on what courses to take and to provide a timeline of completion.

The student role in the advising relationship is to be responsible for meeting all program requirements as outlined in the program handbook as well as requirements discussed with the program coordinator.

Campus Resources & Student Support

The School of Graduate Studies and Research: www.iup.edu/graduatestudies/

Graduate Catalog: www.iup.edu/gradcatalog

Office of Student Billing: <https://www.iup.edu/student-billing/>

Office of the Registrar: www.iup.edu/registrar/

Disability Support Services: www.iup.edu/disabilitysupport/

Office of Social Equity: www.iup.edu/social-equity/

IUP Campus Library: www.iup.edu/library/

MyIUP: www.iup.edu/myiup/

IT Support Center: www.iup.edu/itsupportcenter/

Veterans and Service Members: www.iup.edu/veterans/resource-center/

IUP Writing Center: www.iup.edu/writingcenter/

IUP Career and Professional Development Center: www.iup.edu/career/

IUP Parking Services and Visitor Center: www.iup.edu/parking/

University Policy: www.iup.edu/police/ | 724-357-2141

Crisis Intervention 24/7 Hotline: 1-877-333-2470

Student Registration: www.iup.edu/registrar/students/registration-resources/index.html

IUP Email

IUP offers an email account to all active students. **Your IUP email address is the primary means by which the university will contact you with official information and you should use for all IUP official communications. It is your responsibility to check your IUP email regularly.** Visit <https://www.iup.edu/itsupportcenter/get-support/e-mail-and-calendar/general/> to learn more about setting up this account. For more information regarding University Policy on email communications, view the Graduate Catalog: www.iup.edu/gradcatalog

Graduate Student Assembly

The Graduate Student Assembly (GSA) represents the graduate student body's interests at IUP and within the Indiana community. The GSA makes recommendations related University-wide and graduate-specific policies and in areas of concern in the cultural, intellectual, and social life of the part- and full-time graduate student. Visit www.iup.edu/graduatestudies/gsa for more information.

Programs and Degrees

M.Ed. in Health and Physical Education

The Master of Education in Health and Physical Education offers both a 33-credit thesis program and a 36-credit non-thesis program. This degree includes emphasis tracks tailored towards specific career goals. Within this program, students can focus on (1) K-12 Teacher Education, (2) Community Health Education, or (3) Adapted Physical Activity.

K-12 Teacher Certification

Students interested in earning PA teacher certification in PK-12 Health and Physical Education can apply to this program. The majority of coursework can be completed online or through video conferencing, perfect for the working adult. Students in this track are required to attend a summer residency at IUP and complete a 6-9 credit student teaching experience. Teachers who are certified in another area and wish to add health and physical education to their credentials only need to complete 6 semester hours of student teaching.

Community Health Education

Focuses on advocating and instructing health-related topics in the community, government, or private settings. Graduates can seek employment as leaders in agencies involved in the training and prevention of health-related behaviors and conditions. Graduates will have the prerequisite knowledge eligible to sit for the National Commission for Health Education Credentialing (NCHEC) Certified Health Education Specialist (CHES) exam. **This track does not lead to teacher certification.**

Adapted Physical Activity

Designed for students who have an interest in working in school, community, or recreational settings where adapted physical activity programs are offered. Graduates will demonstrate the ability to develop, instruct, and assess programming for individuals with various disabilities. Graduates will have the prerequisite knowledge eligible to sit for the Adapted Physical Education National Standards (APENS) Certified Adapted Physical Education (CAPE) exam. **This track does not lead to teacher certification.**

Degree Requirements

The total credit hours for the teacher certification track is 36 credits, and the total credit hours with certification is 42-48 credits.

MEd in Health and Physical Education Core Courses

Core Courses (9cr)

Course	Course Name	Credits
KHSS 517	Contemporary Issues in School and Community Health	3cr
KHSS 634	Current Literature in Health, Fitness, and Sport	3cr
KHSS 615	Program Design and Assessment in Health and Physical Education	3cr

Tracks (choose one A-C)

A. Teacher Education* (21cr)

Course	Course Name	Credits
KHSS 526	Health Science Instruction	3cr
KHSS 631	Motor Learning	3cr
KHSS 645	Advanced Teaching Techniques in Physical Education	3cr
KHSS 655	Health and Fitness for Elementary Children	3cr
KHSS 670	Advanced Seminar in Adapted Health Physical Education	3cr
KHSS 675	Fitness Technology for Health and Physical Educators	3cr
	*Approved elective	3cr

B. Community Health Education (21cr)

Course	Course Name	Credits
KHSS 520	Health Education and Promotion at the Workplace	3cr
	Any HSAD course 500 level or higher	3cr
KHSS 698	Internship	6cr
	*Three (3) Approved elective courses	9cr

C. Adapted Physical Activity (12cr)

Course	Course name	Credits
KHSS 537	Coaching Disability Sport	3cr
KHSS 631	Motor Learning	3cr
KHSS 698	Internship	6cr
	*Three (3) Approved elective courses	9cr

* All electives must be approved by the student’s departmental advisor.

Professional Practice for Teacher Certification (6-12cr)

Students seeking certification as health and physical education teachers (Track A: Teacher Certification) must also student teach as required by the Pennsylvania Department of Education. Students demonstrating acceptable levels of knowledge, skills, and disposition will be permitted to enroll in a Student Teaching experience. A review of the student teaching applicant's graduate record will be conducted by the HPE Graduate Pedagogy Committee, which will determine if the student has met all requirements to move ahead with certification. Those who are determined to be deficient will not be permitted to student teach. They will receive a degree without Pennsylvania teaching certification.

Those who are already currently Pennsylvania certified teachers in another discipline must complete a six-credit culminating experience in the health and physical education environment.

Non-certified students must complete both the elementary and secondary student teaching for a total of 12 credits. A culminating activity is required. The total credit hours for the teacher certification

degree program is 30 credits. Graduates seeking PA teacher certification will complete a total of 36-42 credits.

*Students seeking teacher certification in health and physical education who do not have prerequisite methods courses may be required to take additional courses. Individual programs will be designed based on a review of your transcripts.

Certification

PK-12 Teacher Certification Students seeking a certification as health and physical education teachers must also student teach as required by the Pennsylvania Department of Education.

Course Descriptions

Please visit the following link for a full list of the graduate course descriptions:

www.iup.edu/graduatestudies/catalog/course-descriptions/khss--kinesiology,-health,-and-sport-science/

Evaluation of Students

For information regarding School of Graduate Studies and Research policies on grading, view the Graduate Catalog: www.iup.edu/gradcatalog

Degree Completion

For more information, view the Graduate Catalog: www.iup.edu/gradcatalog

University Policies and Procedures

University policy is the baseline policy. Programs may have policy that is more stringent than the University baseline policy; however, not less stringent than the University baseline policy. For questions regarding this statement, please contact [Program Coordinator] or the School of Graduate Studies and Research.

Academic Calendar

View the IUP Academic Calendar: www.iup.edu/news-events/calendar/academic/

The Following University and SGSR policies can be found at www.iup.edu/gradcatalog

Academic Good Standing

Academic Integrity

Bereavement-Related Class Absences

Continuous Graduate Registration for Dissertation and Thesis

Grade Appeal Policy

Graduate Fresh Start Policy

Graduate Residency Requirement

Leave of Absence Policy

Time Limitations

Time-to-Degree Masters/Doctoral Dismissal Appeal Policy

Time-to-Degree Extensions for Master's Thesis and Doctoral Dissertation

Transfer of Credits Policy

Research

www.iup.edu/gradcatalog

www.iup.edu/research/

Signature Page

My signature below indicates that I am responsible for reading and understanding the information provided and referenced in this department/program student handbook.

_____[please initial] I understand my program coordinator may share this document with the School of Graduate Studies and Research.

Print Name

Signature

Date

Submit to Dr. David Wachob by the start of your first official term in the program.

The KHSS department will keep this signed document on file.