



S.T.A.H.L. NEWS

Students Talking About Healthy Lifestyles

Brought to you by the Haven Project at the Center for Health and Well-Being

October 13, 2025

Domestic Violence Awareness Month

**Nearly 1 in 2 women
and 2 in 5 men**

have experienced physical violence from
an intimate partner during their lifetime (CDC, 2025)

HOPE
is stronger than fear

What Is Domestic Violence?

Domestic violence is a pattern of abusive behavior in any relationship that is used by one partner to gain or maintain power and control over another intimate partner. Domestic violence can be physical, sexual, emotional, economic, psychological, or technological actions or threats of actions or other patterns of coercive behavior that influence another person within an intimate partner relationship. This includes any behaviors that intimidate, manipulate, humiliate, isolate, frighten, terrorize, coerce, threaten, blame, hurt, injure, or wound someone.

*<https://www.justice.gov/ovw/domestic-violence>



Upcoming Events

Coming Out Day Table

10/15 12pm-3pm North Dining

Res Hall Fall Crawl Table

10/15 6pm-8pm Central Quad

Green Dot Training

10/23 6pm-7pm Leonard B10

“Reel” Relationships

10/28 6pm-8pm Elkin Great Room

SVO Trick or Treat

10/29 5pm-7pm Oak Grove

The Silent Witness National Initiative

In 1990, a group of women in Minnesota upset about those being murdered by partners/acquaintances joined together to speak out against the escalating domestic violence. They created life-sized red wooden figures to commemorate the lives of the 26 women in their state whose lives had been lost due to domestic violence. A twenty-seventh figure was added to represent the murders that went unsolved or were ruled accidental. The organizers called the figures the Silent Witnesses.



*Resource: *Silent Witnesses*



To learn how to help someone
who has or is experiencing DV
scan the QR code.

51.7% OF AMERICAN INDIAN/ALASKA NATIVE WOMEN
51.3% OF MULTIRACIAL WOMEN &
41.2% OF NON-HISPANIC BLACK WOMEN
HAVE EXPERIENCED PHYSICAL VIOLENCE BY AN
INTIMATE PARTNER DURING THEIR LIFETIMES

Office for the
Prevention of
Domestic Violence

Prevalence and Characteristics of Sexual Violence, Stalking, and
Intimate Partner Violence Victimization. CDC, 2014.



You are not alone. Help is available.

Campus and Community Resources

**Confidential Resource*

Haven Project.....724-357-3947
*IUP Counseling Center.....724-357-2621
*Alice Paul House (24/7 hotline)...724-349-4444

University Police.....724-357-2141
Title IX Coordinator.....724-357-3402
LGBTQIA Support.....724-357-2598

National Domestic Violence Hotline 1-800-799-SAFE

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📷 @IUPHaven

📘 IUP Haven Project