



S.T.A.H.L. NEWS

STUDENTS TALKING ABOUT HEALTHY LIFESTYLES

Brought to you by the IUP ATOD Program at the Center for Health and Well-Being

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ALCOHOL AND CONSENT: WHAT SHOULD YOU CONSIDER?

Alcohol impacts our ability to clearly communicate and understand cues. Assuring you have consent when one, some, or all parties involved are drinking or using drugs is important and mandatory.

By law, a person who is unconscious or is unaware sexual intercourse is occurring cannot give consent.

Consent is:

- Freely given, enthusiastic, and a clear yes (through words or actions)
- Informed and gives permission for a specific activity
- Continuous and reversible (can be withdrawn any time)



You can ask: *Is this okay? Do you still want to do this? Do you need a break? Are you having fun?*

Ask yourself: *Is my partner communicating clearly? Are they coherent? Are they sober enough to understand what is going on? Did I get consent before starting a new activity with my partner?*

**IUP Policy defines consent as active, present, and on-going.*

Help make this process easier by making sure you and your partner(s) are practicing alcohol safety techniques:

- * Eat a meal before drinking
- * Alternate your drinks with water
- * Pace yourself!



IUP Haven Project

Connect with us for support, information, or to get involved!

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IUP Haven Project



Feel free to contact IUP ATOD for further resources!

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