



S.T.A.H.L. NEWS

STUDENTS TALKING ABOUT HEALTHY LIFESTYLES

Brought to you by IUP Health Service, a part of the Center for Health & Well-Being September 8, 2025



Flu shots, TB Testing, Tdap, and Meningitis Vaccines!

Free GRAB and GO Options available in Waiting Room

IUP Health Service Here for you!

Physicals, Injury and Illness visits
Strep, Mono, Flu A&B, COVID
Urinalysis, Glucose, Hemoglobin
Urine, Pregnancy testing
Allergy Shots, Titer lab testing
Birth Control consults
Weight and Blood Pressure checks
Prescription medication
Medication injection assistance



Walk in
Gonorrhea
and
Chlamydia
Testing –
The first
Wednesday
of every
month!
\$10

Tylenol
Ora-gel
Ice Packs
Hot Packs
Dental wax
Ibuprofen

Lip Ointment
Ace wraps
Gas Relief
Hydrocortisone
BioFreeze
Toothbrush

Toothpaste
Decongestant
Antibiotic ointment
Pads/Tampons
Midol
Cough drops
Vaseline

Band-Aids
Wound supplies
Nasal Saline
Cough syrup
Pepto Bismol
Condoms
Lube

Health Service does not bill insurance!
Any charge from a visit will be sent to your
student account as a “Wellness Visit”

Provider visit for illness or injury: **\$10**
Physical/Annual Exam: **\$35**

Prescription medication, lab tests,
and procedure costs vary.
Just ask what your visit will cost!

IUP Health Service

Monday-Thursday
8am-4:30pm
Friday 10am-4:30pm

Call 724-357-2550
OR Email
health-inquiry@iup.edu
to schedule an
appointment, talk to a nurse
or
ask any questions!!

FREE
TRANSPORTATION TO
MEDICAL
APPOINTMENTS OR
PHARMACIES!



FREE Emergency Contraception

- Most effective if taken within 3 days of unprotected intercourse
- No appointment needed but nurse visit is required to review side effects and possible reactions
- Free pregnancy testing