



S.T.A.H.L. NEWS

STUDENTS TALKING ABOUT HEALTHY LIFESTYLES

Brought to you by IUP Health Service, a part of the Center for Health & Well-Being

March 31, 2025

IUP Health Service
901 Maple Street
Suite G65
Indiana, PA 15705
Phone: 724-357-2550
Health-inquiry@iup.edu

S.T.D. Save The Date

Office Hours
Monday through Thursday
8:00 a.m.— 4:30 p.m.
Friday
10:00 a.m.— 4:30 p.m.



Free STI Testing!!!

Hosted by Health Service and Pa DOH

Tuesday April 15, 2025

10:00am to 2:00pm at Health Service

Call 724-357-2550 or email health-inquiry@iup.edu for a testing time.

Prevention is the only way to avoid getting an STI!

**If you are having unprotected sexual encounters, you could have an STI.
Get checked and know your status!**

Gonorrhea and Chlamydia

Tested by a urine or swab sample

Symptoms

Vaginal/Penile discharge

Painful intercourse

Testicular swelling and pain

Bleeding between periods

Pain when urinating

Itchy, sore throat, trouble swallowing

Anal itching, pain or discharge

NO SYMPTOMS

Treatment: Antibiotics

HIV and Syphilis

Tested by a blood sample or mouth swab

Symptoms

HIV

Fever, headache, fatigue, swollen glands, muscle pain, rash, sore throat, weight loss

Treatment: Antiretroviral Therapy (medication)

Syphilis

Painless sores, swollen lymph nodes, skin rash, wart like sores (mouth, genitals, anus, armpit), weight loss, flu like symptoms

Treatment: Antibiotics

