



# S.T.A.H.L. NEWS

STUDENTS TALKING ABOUT HEALTHY LIFESTYLES

Brought to you by the IUP Health Service, a part of the Center for Health and Well-Being

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## HAVE YOU BEEN TESTED?

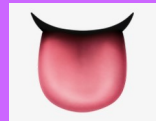
Did you know that Chlamydia and Gonorrhea can infect your rectum and throat? It's important to talk to your health care provider about the type(s) of sex you've had.



If your penis has been in a mouth, vagina or anus, you need a urine test.



If you've had a penis in you vagina or shared insertive toys, you need a vaginal swab.



If you've had a penis in your mouth, you need a throat swab.



If you've had a penis in your anus or shared insertive toys, you need a rectal swab.



### STI testing and Treatment is offered

#### at the IUP Health Service

Center for Health & Well Being

Suites on Maple-East

724-357-2550

Call to make an appointment.

#### Walk in STI clinics

Wednesday, March 3: 8:30am-3:00pm

Wednesday, April 7: 8:30am-3:00pm

*There is a \$15 dollar charge for all STI testing.*



### PREVENTION

#### YOU CAN REDUCE YOUR RISK OF STI'S/HIV

##### **Before Sex:**

**HPV**-Get the Gardasil vaccine.

**HIV**-take PrEP.

There are also vaccines for Hepatitis A and B.

##### **During Sex:**

**Use barriers**-condoms for men and women, and dental dams. Don't forget the lube!

##### **After Sex:**

**HIV**- take PrEP as prescribed within 72 hours after possible exposure to HIV.