

S.T.A.H.L. NEWS

STUDENTS TALKING ABOUT HEALTHY LIFESTYLES... WORDS OF WHIZ-DOM

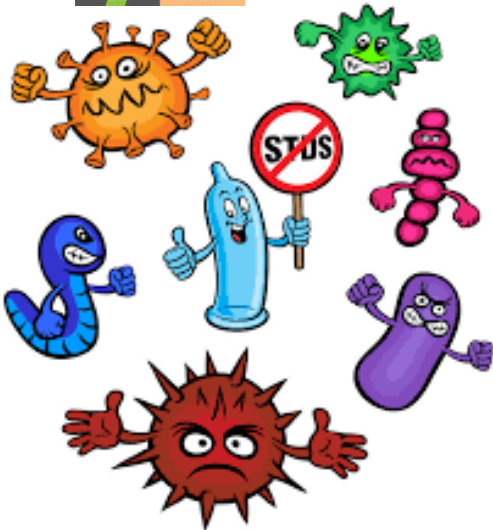
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SEXUALLY TRANSMITTED INFECTIONS AND DISEASES (STIs/STDs)

CONTINUE TO BE A PROBLEM AMONG YOUNG ADULTS



SEXUAL HEALTH



According to the National Institute of Allergy and Infectious Disease, an STD/STI is an infection transmitted through sexual contact caused by bacteria, viruses, or parasites. The most common types of STI/STDs are: Human Papillomavirus (HPV), Genital Herpes, Chlamydia, Gonorrhea, Syphilis, and HIV/AIDS. STDs are serious illnesses that require treatment. Some STDs, such as HPV, HIV, and Herpes cannot be cured.

Source <https://www.niaid.nih.gov/diseases-conditions/sexually-transmitted-diseases>

Symptoms of STIs/STDs

- No symptoms
- Bumps, sores, or warts near genitals
- Swelling and/or redness
- Skin rash
- Pain during urination
- Vaginal or penile discharge

Treatments

- Many symptoms may be treated with antibiotics

How to Protect Yourself

- Abstinence
- Use latex condoms
- Limit number of partners
- Gardasil vaccine

DID YOU KNOW?

According to the Center for Disease Control and Prevention (CDC), adolescents and young adults, 15–24 years old, account for half of all new STD infections.

<https://www.cdc.gov/std/products/infographics.htm>



When you realize you're outta condoms

NEED FREE CONDOMS?

Come to the Center for Health and Well-Being on Suites on Maple East and pick up one bag of condoms at our Health Hut.

NEED TO GET TESTED?
MAKE AN APPOINTMENT WITH HEALTH SERVICE TO GET TESTED



The Right Way To Use A Male Condom

