### Curricula Vitae

# Jodie Seybold, MS, RD, LDN

#### **Education**

Indiana University of Pennsylvania (IUP)

July 2014 – Present

Projected Graduation Date: Spring 2021

Major: Doctor of Philosophy in Administrative and Leadership Studies - Focus on Nutrition

Indiana University of Pennsylvania

August 2006 – December 2007

Graduation Date: December 2007

Major: Masters of Science in Food and Nutrition/Dietetic Internship

Indiana University of Pennsylvania

June 2003 – August 2006

Graduation Date: August 2006

Major: Bachelor of Science in Nutrition, Concentration in Dietetics

**Credentials** (certificates available upon request)

Registered Dietitian (RD)

April 2008 – Present

Licensed Dietitian/Nutritionist (LDN)

January 2009 – Present

# **Professional Teaching Experiences**

Instructor (Tenure-track)

Indiana University of Pennsylvania

Indiana, PA

January 2008 – Present

- Prepare and teach undergraduate and graduate-level courses
  - o Undergraduate: FDNT 110, 143, 145, 151, 362, 415, 402, 470, 481, 484, and 493
  - o Graduate: FDNT 515, 612, 625, 641, 651, 652, 653, and 696
- Developed undergraduate and graduate courses face-to-face and distance education
- Dietetic Internship [DI] Director a graduate-level internship (2013-Present)
- DI Rotation Coordinator: Food Service Management and Clinical (2017-Present), Intervention (2014-2015; 2017-Present)
- Preceptor for the Intervention Rotation within the DI (2010-Present)
- Writing DI Self-Study for program reaccreditation (Fall 2019-Present)
- Evaluated and Wrote Dietetic Internship Program Assessment Report (2016)
- Advise DI graduate students (2013-Present)
- Advise Undergraduate students (Fall 2009 Spring 2017; Fall 2018 present)
- Developed and Coordinated Individualized Supervised Practice Pathway [ISPP] (2012-2016)
- Implemented Writing Across the Curriculum throughout undergraduate courses
- Collected data and conducted analysis for our Department's Undergraduate Accreditation Interim Report (Summer and Fall 2013)
- Submit semester data for Department's Didactic Program in Dietetics Program
- Oversee and mentor graduate assistants

## **Teaching for Last Three Years**

Spring 2020

- o Dietetic Internship Director/ FDNT 696 Rotations Coordinator (3 cr.)
- o FDNT 402 801 Community Nutrition (3 cr.)
- o FDNT 470 801 Human Food Consumption Patterns (3 cr.)
- o FDNT 625 Community Nutrition and Policy (3 cr.)

#### Fall 2019

- o Dietetic Internship AWA for Program Management and Data Analysis (3 cr.)
- o Dietetic Internship Director/ FDNT 696 Rotations Coordinator (3 cr.)
- o FDNT 641 801 Eating Behaviors and Food Habits (3 cr.)
- o FDNT 143 003 Nutrition and Wellness (3 cr.)

#### Summer 2019

- o FDNT 470 801 Human Food Consumption Patterns (3 cr.)
- o FDNT 612 801 Administration in Food Service Systems (3 cr.)
- o FDNT 653 801 Leadership in Food and Nutrition (3 cr.)

# Spring 2019

- O Dietetic Internship Director/ FDNT 696 Rotations Coordinator (3 cr.)
- o FDNT 630 801 Connecting Theory to Research and Practice (3 cr.)
- $\circ$  FDNT 484 001 Senior Seminar (1 cr.)
- o FDNT 402 001 Community Nutrition (3 cr.)
- o FDNT 402 002 Community Nutrition (3 cr.)

#### Fall 2018

- o Dietetic Internship Director/ FDNT 696 Rotations Coordinator (3 cr.)
- o FDNT 415 801/802 Sustainability in Nutrition
- o FDNT 515 801/802 Sustainability in Nutrition
- o FDNT 362 Experimental Foods Lecture (2 cr.)

#### Summer 2018

- Dietetic Internship AWA 2 weeks
- HHS Advisor Lead Training 1 week
- o FDNT 612 801 Administration in Food Service Systems (3 cr.)
- o FDNT 625 801 Community Nutrition and Policy (3 cr.)

## Spring 2018

- o Dietetic Internship Director/ FDNT 696 Rotations Coordinator (3 cr.)
- o FDNT 362 AW1 Experimental Foods Lecture
- o FDNT 362 A02 Experimental Foods Laboratory
- o FDNT 362 A03 Experimental Foods Laboratory
- o FDNT 145 01 Personal Nutrition

#### Fall 2017

- o Dietetic Internship Director/ FDNT 696 Rotations Coordinator (3 cr.)
- o FDNT 362 AW1 Experimental Foods Lecture
- o FDNT 362 A02 Experimental Foods Laboratory
- o FDNT 481 01– Applications in Quantity Foodservice Management
- o FDNT 481 02 Applications in Quantity Foodservice Management Laboratory

# **Continued Scholarly Growth**

#### I. Research

- o Poster Presentation
  - Spring 2020: Bridging the Generation Gap: Investigating
    Communications and Expectations between Preceptors and Generation-Z
    Supervised Practice Students in Dietetics
    - Pennsylvania Academy of Nutrition and Dietetics Annual Meeting and Expo
- Bridging the generation gap in supervised dietetics practice (Fall 2019-Spring 2020)
  - Lead-investigator
  - Current: Data Collection (Fall 2019 and again Spring 2020)
  - Co-investigators: Zach Clark, MS, and Katherine Stivason, RDN, LDN
  - Poster abstract submitted and accepted for presentation at Spring 2020 Pennsylvania Academy of Nutrition and Dietetics Annual Meeting and Expo.
- Poster Presentation
  - Spring 2019: **Award-winning Poster Presentation:** Assessment of rainwater runoff's potential effects on food and water systems sustainability: A chemical analysis of field and garden samples in Pennsylvania.
    - Pennsylvania Academy of Nutrition and Dietetics Annual Meeting and Expo
    - Award Received: Most Innovative Research
- Writing Across the Curriculum: Department of Food and Nutrition (2014-Present)
  - Current: Data Collection (2016-present)
  - Program Tool Validation: Fall 2017-Spring 2018
  - Planning and Development (2014-2016)
  - Co-investigator: Nicole Clark, DCN, RDN, LDN, CDE
- Field Guide Evaluation: Developing tools for dietetic internship use and communication using a mixed methods approach (2017-present)
  - Current: Data Collection Phase
- Dissertation: Bridging the Gap: Validating a Survey on Preceptor Supervisory Styles and Supervised Practice Student Expectations
  - Lead-investigator
  - Current: Prospectus phase
  - Committee: Alex Heckert, PhD (chair), Christian Vaccaro, PhD, and Nicole Clark, DCN, RDN, LDN, CDE

#### II. Grants

Specialty Crop Block Grant Program (Fall 2019 – Present)

- Aided in constructing and submitting a concept paper for \$20,000 to develop education and additional programing as part of the WIC Farmer's Market Nutrition Program.
- Program Aid Beneficiary: Indiana County Farmers' Market
- Project Director: Darlene Livingston
- Project Partners: Jodie Seybold, MS, RDN, LDN, Nicole Dann-Payne, Jane Kaminski, and Lisa Yoder.
- Concept Paper accepted
  - Full proposal currently being written in Spring 2020.
- o Team Teaching Grant (grant transfer from Ida Laquatra)
  - For FDNT 515/415 Sustainable Nutrition with Hao Tang (CHEM)
  - Awarded Spring 2016
  - Implementation Fall 2018
- o Applied ACPAC Technological Fund Grant (January 2018)
  - For: Healthie Telehealth Platform
  - Not accepted 2/27/2018
- Applied, not awarded: HHS Research Incentive Grant: Assessing the USDA Summer Food Service Program. (2016)
- o Awarded: Produce for Better Health Grant (2014-2015) Research
  - Focusing this grant on both the IUP and Indiana communities through grocery store tour education on fruit and vegetable consumption
  - Dietetic interns are part of the implementation of this grant work

#### III. Professional Presentations

- o Fall 2018
  - Submitted presentation Pennsylvania Academy of Nutrition and Dietetics Annual Meeting and Expo (state) Not selected
    - Nutrition Education for a Neglected Population: Teaching Nutrition-based Life Skills to Special Needs High School Students
    - Over 30 submissions for 4 speaking slots
  - Presentation Title: Sustainability in Nutrition
    - Audience: Regional Dietetic Interns
    - Overview: 1.5-hour long presentation about nutrition-related sustainability for the entry-level dietitian.
- o Spring 2018
  - Submitted presentation Nutrition and Dietetics Educators and Preceptors (annual national-regional) meeting not selected.
    - Title: Nutrition Education for a Special Population: Teaching Nutrition-based Life Skills to Special Needs High School Students
    - Over 20 submissions for 3 slots.
- o Fall 2017

- Presentation Title: Program Evaluation: Approaches for success
  - Audience: Regional Dietetic Interns
  - Overview: 1.5-hour long presentation about program evaluation methods and tools for the entry-level dietitian's toolbox.
- o Summer 2017
  - Presentation Title: *Teaching Basics for Effective Nutrition Education* 
    - Audience: Adagio Power-up Program regional Nutrition Educators
    - Overview: 1-hour long presentation about current tools and techniques for school-aged nutrition education.

### IV. Additional Scholarship

- o Professional Licensure/Certification
  - Maintaining Active Registered Dietitian-Nutritionist (RDN) Credential
    - Current cycle: April 2018-April 2023
      - a. Obtaining and applying continuing professional education units.
  - Maintaining Active Licensed Dietitian-Nutritionist (LDN)
    - Current cycle: September 2018-September 2020
      - a. Obtain and apply continuing professional education units.

# V. Speaking Engagements

- o Spring 2018
  - Phi Eta Sigma National Honor Society Keynote Speaker (April 2018)
    - Audience: Inductees and families.
    - Overview: Discussed success through academic career and leadership.

#### VI. Awards and Nominations

- Nomination: 2019 Outstanding Dietetics Educator Award Dietetic Internship
  - Nominated September 2018
  - Submitted materials October 2019
    - Awarded February 2019
    - Received March 2019
- Nomination: 2018 Outstanding Dietetics Educator Award
  - Nominated September 2017
  - Submitted materials October 2017
    - Not selected
- o Nomination: 2017-2018 HHS Outstanding Junior Teacher Award
  - o Nominated November 2017
  - o Submitted materials February 2018
    - Not selected
- VII. Development of Experimental Programs

- o Nutrition-based Life Skills: Indiana Area School District Life Skills Classroom
  - Fall 2017 Present
  - Objective: Develop and emphasize nutrition-based life skills in teens and young adults with disabilities.
  - Experimental Model: Year-long themes guided through stops on USDA's MyPlate each month.
    - Fall 2019-Spring 2020: Financially Friendly Menus
    - Fall 2018-Spring 2019: Diverse Cooking Applications
    - Fall 2017-Spring 2018: Knife Skills

#### VIII. Additional Graduate Work

- Administrative and Leadership Studies PhD Program, IUP
  - Total of 59 cr. Completed to date.
  - Entered Dissertation Phase Fall 2017
  - Projected completion: August 2021

## **Service Contributions to the Community**

#### I. National

- Nutrition and Dietetics Educators and Preceptors Dietetic Practice Group (Academy of Nutrition and Dietetics)
  - Inter-professional Education Committee (July 2019 Present)
- Academy of Nutrition and Dietetics Committee for Public Health/Community Nutrition
  - 3-year term (June 1, 2018 May 31, 2021)
  - Dissolved: May 31, 2019
- o Public Health Nutrition Leadership Working Group [AND]
  - Fall 2018-Summer 2019
    - Conduct GAP research and analysis to improve resources and educational opportunities related to advancing nutrition and dietetics practitioners to higher level leadership positions in public health.
    - Report to AND House of Delegates
- Market Research Panel participant for the Academy of Nutrition and Dietetics
   [AND]
  - December 2017 Present

#### II. State

- Family Readiness Group Leader Military Intelligence Company, 876 Engineers Battalion
  - July 1, 2018 Present
    - Aid families in obtaining resources to support MI Company Soldiers

- Plan and implement activities for group cohesion and training readiness while soldiers are away
- University of Pittsburgh Department of Sports Medicine and Nutrition Advisory Board Member
  - Active: Summer 2016 present

# III. University

- o Campus Food Pantry Working Group (Fall 2018-Present)
- Food creator and coordinator for IUP's Day of the Dead in November 2013, 2014,
   2015
- Undergraduate Scholar's Form Judge
- o Member of University Writing Working Group, chaired by David Pistole
- o Hosted a Spaghetti Dinner Benefit for a military family in March 2012 on campus
- o Advisor for the Colleges Against Cancer student organization (2009-2011)
- o Advisor for the IUP Relay for Life (2009-2011)
- o Host for Zach Sharpiro, creator of Rome Sustainable Food Project (2009)

### IV. College of Health and Human Services

- o HHS Advising and Retention Committee (Fall 2019-Present)
  - Position: Scribe
- o HHS Service Committee (Fall 2019-Present)
- Advisor Leader for Dept of Food and Nutrition
  - Selected by Dean (Summer 2018-Present)
- o Member of HHS Awards Committee (Fall 2015 Spring 2019)
  - Dissolved: Summer 2019

#### V. Department of Food and Nutrition

- o Dietetic Internship Director (2013-present)
  - Restructured supervised-practice Fall 2017
  - Dietetic Education Seminar Study Group [DESSG] Member (2013-present)
    - Composed of internship directors in the region
- Dietetic Internship Director (2013-present)
  - Restructured supervised-practice Fall 2017
  - Dietetic Education Seminar Study Group [DESSG] Member (2013present)
    - Composed of regional internship directors
- o Future Education Model Graduate Program (FEM GP) Application
  - Helped develop application for dietetic internship to be part of the fourth cohort of demonstration programs for ACEND's (program accrediting body) future education model.

- Submitted December 2019
- o Developed new course:
  - FDNT 653 Leadership in Food and Nutrition
    - Developed and approved Spring 2019
- Implemented a Course Revision to transform the dietetic internship into a Certificate Program.
  - Meetings with the Graduate School, Graduate Admissions and Enrollment, and the HHS Dean's office over Fall 2017-Spring 2018.
  - Approved by Senate in Spring 2018.
- Co-chair of Writing Across the Curriculum Department Planning Committee (2013-Present)
- o ISPP Coordinator (2012-2016)
- o Attend regular faculty meetings (2008-present)
- o Plan and lead Internship focused faculty meetings (2013-present)
- Led the screening process for dietetic internship (2013-present) and ISPP applicants (2012-2015)
- o Plan Dietetic Intern graduation (2013-present)
- o Precept dietetic interns as part of their intervention rotation (2009-present)
- o In charge of the flower and gift fund (2010-2013, 2016-2017)
- o Plan Undergraduate graduation department ceremony (2010 2017)
- o Aid in planning and present at Annual Advisory Board Meeting (2008 present)
- o Cold Hands, Warm Heart (2015, 2016)
  - Aided in planning and implementing the nutrition fair for this event by including all dietetic interns, and undergraduate SAND students,
  - Created a cook-off as well as guided information tables run by both undergraduate and graduate nutrition students.

### VI. Sponsored Organizations and Community Involvement

- Indiana County Fair Association Baking Contest Judge (2011 Present) (non-juried show)
- Indiana Community Garden (2011 2017)
  - Co-created event with Friends of the Park in the Garden (2014 2016)
    - Taste the Four Seasons of a Home Grown Garden
      - Focused on canning, freezing, and drying. Interns
        participated in this event as their first introduction to
        community nutrition (our internship focus)
    - Helped coordinate our first Taste and Tour of the Garden event
    - Held position of Secretary (2011-2015)
    - Involved in the start-up of our community's first public garden
    - Conduct monthly food demonstrations during the growing season
    - Day of Dance for Health Community Garden Promotion

- Helped planned garden-related festivals
- o Cold Hands, Warm Heart (2015, 2016)
  - Aided in planning and implementing the nutrition fair for this event, to include a cook-off as well as information tables run by both undergraduate and graduate nutrition students.
- o Guest Speaker for Center for Community Growth's film Series (January 2014)
- American Cancer Society
  - Daffodil Days Chairperson 2009
- o Organized two Spaghetti Dinner Benefits for a military family

### **Professional Memberships**

- I. Academy of Nutrition and Dietetics
  - o Member of the following Dietetic Practice Groups:
    - Hunger and Environmental Nutrition [HEN]
    - Nutrition and Dietetic Educators of Preceptors [NDEP]
  - Nutrition and Dietetics Educators and Preceptors (NDEP) Annual Regional Meeting
    - Attended 2019, 2018, 2016, 2015, 2014, 2013, 2012
      - Listened to speakers
      - Participated in small and large group discussions
  - Academy of Nutrition and Dietetics (A.N.D.) Food and Nutrition Conference and Expo (FNCE)
    - Attended 2017, 2016, 2015, 2014, 2013, 2012
      - Sat in on various lectures
      - Developed and represented IUP Dietetic Internship at Student Recruiting Fair