

Spring  
2021

# The **6** **'CLOCK** Series

Programs Via Zoom | 6:00-7:30 P.M.

02/08

## **Five Dangerous Myths About Black People in America**

Stereotypes often impact how groups are viewed in society. Within this presentation, Jeremy C. McCool will debunk many of the stereotypes about Black Americans, where they stem from, and how they impact the community. This Six O'Clock Series will be part of the events geared toward Black History Month.

<https://iupvideo.zoom.us/j/99015765367>

02/15

## **Business Attire and Interviewing 101**

Have you ever found yourself applying for a great job or internship, and as you think about an interview, the panic slowly starts to set in...what do I wear? What do I say? How do I prepare? Or maybe you landed your dream position and you have no clue what your boss says is "business casual." Don't let this be you! Join us for a workshop that will cover everything you need to know on how to dress for success and rock an interview.

<https://iupvideo.zoom.us/j/91441453700>

02/22

## **Behind the Post**

Billions of photos are posted to social media every day, but you can't always see the big picture through the small ones, especially when it comes to unhealthy relationships. Discuss social media's influence on our relationships, explore the ten signs of unhealthy relationships through the film "Behind the Post," discuss healthy vs. unhealthy relationships, and learn how to start a conversation to address relationship concerns.

<https://iupvideo.zoom.us/j/98051597074>

03/01

## **Discovering Your Implicit Race, Gender, and Sexuality Biases**

This workshop, featuring Dr. Bentley Gibson, CEO of The Bias Adjuster, will present the latest research on implicit bias and foster positive intergroup behaviors. The training will also focus on how implicit biases impact the cultural climate of colleges and universities and the best strategies to mitigate biases in order to create diverse, inclusive, and equitable institutions.

<https://iupvideo.zoom.us/j/96964483925>

03/08

## **International Women's Day Panel**

This event is in celebration of International Women's Day, occurring March 8 every year, to celebrate achievements of women worldwide and advocate for gender parity. Our panel of accomplished international women will join us from abroad to share unique successes and challenges for women in their countries.

<https://iupvideo.zoom.us/j/95728818319>

03/15

## **Following Your Dreams: America's Best Dance Crew's Donnetta "LilBit" Jackson**

Professional Chicago dancer, Donnetta "LilBit" Jackson will tell her story of how she started, being a kid from the hood that "made it," and how important it is to network and make connections. Ms. Jackson performed with a dance group on MTV's America's Best Dance Crew and was a featured dancer for Chance the Rapper.

<https://iupvideo.zoom.us/j/92788257761>

03/22

## **Entrepreneurship Before COVID, During COVID, and Post COVID**

Dr. Lawrence Willis will discuss business and conditions prior to COVID, how he sustained and survived during the pandemic to keep his business afloat as others ceased operations, and his view of a world forever changed post COVID. How do we need to pivot and plot our next moves?

<https://iupvideo.zoom.us/j/95797564969>

03/29

## **Student Poetry Slam**

Are you a poet? Interested in performing spoken word? Join us for a poetry slam! You'll get a chance to practice and perform over Zoom if you've ever been hesitant to perform on stage. Prizes will be available for winners!

<https://iupvideo.zoom.us/j/98267885542>

04/12

## **Establishing Leadership Presence to Create Your Success, by Dr. Tammy Manko**

Regardless of what you believe about how leaders evolve—they are born, or they learn to be leaders, or some combination of these—we all have the capacity to lead. Part of being a leader, however, is being seen and being respected as a leader. How do we make this happen? We establish leadership presence using tips, tricks, and tools based on best practices and research. This will provide you with tactics for standing out as a leader.

<https://iupvideo.zoom.us/j/92918461699>

04/19

## **Social Media Etiquette and Professionalism**

This program will focus on social media etiquette, professionalism, and organization while working with clients and organizations with different experiences. Creating a professional but meaningful outcome for yourself and your client is important for successful brand awareness. This includes establishing protocol, contracts, and communicating effectively while trying to capture and create your client's vision.

<https://iupvideo.zoom.us/j/96467077650>



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