



Nutrition/ Dietetics Track, BS

Department:

Food and Nutrition

College:

Health and Human Services

Website:

<https://www.iup.edu/foodnutrition/undergrad/nutrition-dietetics-bs/>

Contact Information:

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Accreditation:

Accreditation Council for Education in Nutrition and Dietetics (ACEND) of the Academy of Nutrition and Dietetics



Career Opportunities:

- Among all RDNs in all positions of the field, the median full-time salary of \$63,340 annually.
- A RDN working in acute care/in-patient earns a median salary of \$61,000, ambulatory care: \$65,000; and long-term care: \$62,000.
- A RDN working in food and nutrition management earns a median salary of \$80,100.
- A RDN working in education and research earns a median salary of \$79,100.
- A RDN working in consultation and business earns a median salary of \$80,000.

Program Features:

Students who complete the Dietetics track meet the academic requirements of the Accreditation Council for Education in Nutrition and Dietetics (ACEND), the accrediting agency of the Academy of Nutrition and Dietetics. Students in the Dietetics track are educated in food and nutrition science, nutrition education and counseling, community health and intervention, and food service systems management. Graduates are eligible to apply for an accredited supervised practice program (dietetic internship) to become a registered dietitian nutritionist (RDN) and licensed in Pennsylvania (LDN). Individuals interested in nutrition but not wanting to become an RDN, can take the national examination to become a Nutrition and Dietetic Technician, Registered (NDTR).

Student Organizations:

All students are encouraged to become members of the Student Association of Nutrition and Dietetics (SAND). Student members participate in fundraising and volunteer activities that provide them nutrition education experiences. SAND promotes National Nutrition Month on campus, and throughout the year there are many professional opportunities for leadership and networking. Students also attend the regional dietetic conference and the national Food and Nutrition Conference and Expo (FNCE). Upper level students also serve as Department Ambassadors who assist prospective students, and represent the department at university events.

Experiential Learning:

Experiential learning is integrated in many courses. Students engage in interdisciplinary simulation experiences with students from the departments of: Theater and Dance, Nursing, Speech Language and Pathology. As part of the nutrition counseling and education class, dietetics students provide peer nutrition counseling in the Nutrition Connection office. Students have opportunities to become involved in community-nutrition projects (e.g., Health Huts to Go) as well as with the department's Sports Performance Nutrition Services office. Opportunities to engage with faculty through research and service project are also available.



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Department: Food and Nutrition
College: Health and Human Services
Degree: Bachelor of Science
Calendar Year: 2019-20
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Program Description: The dietetics track prepares students to translate food and nutrition science information for diverse members of society. The undergraduate dietetic curriculum results in a Bachelor of Science in Nutrition and prepares students for a variety of career opportunities in healthcare, food service administration, the food industry, nutrition education, public health, community nutrition, and food and nutrition research.

Freshman Year:		Fall	Grade	Spring	Grade		
CHEM 101	College Chemistry I	4cr	_____	CHEM 102	College Chemistry II	4cr	_____
Fine Arts (LS)	LS Requirement	3cr	_____	SOC 151	Principles of Sociology	3cr	_____
FDNT 110	Careers in Food and Nutrition	1cr	_____	FDNT 150	Foods Lecture	3cr	_____
HIST (LS)	LS Requirement 196, 197, 198	3cr	_____	FDNT 151	Foods Lab	1cr	_____
ENGL 101	Composition I	3cr	_____	XXXX 143	H&W Requirement	3cr	_____
PSYC 101	General Psychology	3cr	_____				
	Total 17cr				Total 14cr		
Sophomore Year:		Fall		Spring			
BIOL 150	Human Anatomy	4cr	_____	MATH 217	Probability & Statistics	3cr	_____
ENGL 202	Composition II	3cr	_____	FDNT 213	Lifecycle Nutrition	3cr	_____
FDNT 212	Nutrition	3cr	_____	ENGL 121	Humanities Literature	3cr	_____
PHIL/RLST	Philosophy or Relig. Studies	3cr	_____	BIOL 240	Human Physiology	4cr	_____
HOSP 259	Hospitality Purchasing	3cr	_____	ECON 101	Basic Economics	3cr	_____
	Total 16cr				Total 16cr		
Junior Year:		Fall		Spring			
FDNT 355	Medical Nutrition Therapy I	3cr	_____	HOSP 330	Appl. of Food Prod/Service	4cr	_____
FDNT 364	Methods of Teaching	3cr	_____	Free Elective	Elective/Minor	3cr	_____
BIOL 241	Medical Microbiology	4cr	_____	FDNT 455	Medical Nutrition Therapy II	3cr	_____
LBST Elective	Elective	3cr	_____	FDNT 463	Nutrition Counseling	3cr	_____
HOSP 256	HR Mgmt in Hosp Industry	3cr	_____	MGMT 310	Principles of Management	3cr	_____
	Total 16cr				Total 16cr		
Senior Year:		Fall		Spring			
FDNT 430	Professional Topics in F&N	3cr	_____	FDNT 402	Community Nutrition	3cr	_____
FDNT 362	Experimental Foods	3cr	_____	FDNT 458	Advanced Human Nutrition	4cr	_____
CHEM 255	Biochemistry & Nutrition	4cr	_____	FDNT 470	Human Food Consp. Patterns	3cr	_____
Global (LS)	LS Requirement	3cr	_____	FDNT 484	Senior Seminar	1cr	_____
	Total 13cr			Free Elective	Elective/Minor	1cr	_____
					Total 12cr		
Total Credits for Degree:						120cr	

Additional Information:

Through advising students are encouraged to take electives which will complement the dietetics curriculum. Most dietetics students do not declare a minor, but those that do, the common minors are psychology and chemistry.