

# Becoming Better Counselors: The Partners for Change Outcome Management System

**Presenter: Barry L. Duncan, Psy.D.**



Barry L. Duncan, Psy.D. is a therapist, trainer, and researcher with over 17,000 hours of clinical experience.

He is CEO of Better Outcomes Now ([betteroutcomesnow.com](http://betteroutcomesnow.com)), and the developer of the clinical process of the Partners for Change Outcome Management System (PCOMS), a SAMHSA designated evidence-based practice.

Dr. Duncan has over one hundred publications, including 18 books, most recently, *An Integrated eLearning Manual for Everything PCOMS* (Duncan & Sparks, 2019) and *On Becoming a Better Therapist, 2nd ed.* (Duncan, 2014). Because of his self-help books (the latest is *What's Right with You*), he has appeared on "Oprah" and several other national TV programs. Barry speaks directly to those who love this work and who strive to get better. He talks about how each of us can re-remember and achieve our original aspirations to make a difference in the lives of those we serve.

#### For more information:

The IUP Center for Creativity and Change is affiliated with the Department of Counseling (CACREP-accredited). To find out more or to email the Center, please see:

[creativity-coun@iup.edu](mailto:creativity-coun@iup.edu)  
<http://www.iup.edu/counseling/centers>

412-824-1999/724-357-2306

Dr. John McCarthy, Director

Date: Friday, Oct 4, 2019

Time: 8:30 am to 3:15 pm

Venue: Kovalchick Convention and Athletic Complex  
(711 Pratt Dr, Indiana, PA 15705)

### Learning Objectives

By the conclusion of the workshop, participants will be able to:

- Detail the factors that contribute to change in psychotherapy.
- Describe how providers who spend more time in "resource activation" get better outcomes including specific strategies.
- Understand how providers who are better at forming alliances get better outcomes including specific strategies.
- Demonstrate a simple early warning system to dramatically improve effectiveness by early identification of those clients who are not responding.
- Explain how eliciting client feedback about the alliance and outcome leads to conversations enabling new directions in treatment and the recapturing of clients who would have otherwise not benefited.

The IUP Center for Creativity and Change has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 4060. Programs that do not qualify for NBCC credit are clearly identified. The Center is solely responsible for all aspects of the programs.



## Tentative Agenda

- 8:30-10:00: Six Rationales for Systematic Client Feedback and the Partners for Change Outcome Management System (PCOMS):
1. Solves the Problems of the Field (Not All Clients Benefit, Drop Outs, Provider Variability and Overestimation of Effectiveness)
  2. 7+ RCTs Demonstrating Its Efficacy
  3. Proven Quality Improvement Strategy
  4. Enhances Common Factors
  5. Incorporates the Predictors of Ultimate Outcome
  6. Operationalizes Social Justice
- 10:00-10:15: Break
- 10:15-11:45: Nuances of Monitoring Outcome: Introducing the Outcome Rating Scale (ORS)
- Contextualize the Score with the Clinical Cutoff
  - Most Important Nuance: Connect ORS Domains to the Reasons for Service
  - Video Demonstrations
- 11:45-1:00: Lunch
- 1:00-2:00: Getting a Good Rating that Matches Client's Presentation
- Nuances of Monitoring the Alliance: Introducing the Session Rating Scale (SRS)
  - Comfortable in Your Own Skin
  - High Scores, Low Scores: No Bad News on the SRS
  - Video Demonstrations
- 2:00-2:15: Break
- 2:15-3:15: After the First Session: Informing and Tailoring Treatment with PCOMS
- When Clients Are Changing
  - When They Are Not—Identifying at Risk Clients
  - Checkpoint Conversations
  - Last Chance Discussions
  - Failing Successfully (Video Example)
  - Becoming Better at What We Do

## WORKSHOP LOCATION

Kovalchick Convention and Athletic Complex (KCAC)

711 Pratt Dr, Indiana, PA 15705

[Please park in front of the KCAC or in the lot along Wayne Avenue.]

## REGISTRATION INFORMATION

Type of Registration	Early Registration on/by Sept. 16	Regular Registration
Professionals	\$139	\$189
IUP Alumni	\$119	\$169
Student/ IUP staff	\$25	\$59

Early registration is encouraged, as an insufficient number of registrations could prompt the cancellation of a workshop. Cancellations or modifications to program may also be made in the case of inclement weather, illness, or other unanticipated events.

**Please Note:**

A certificate of attendance will be provided at the conclusion of the workshop for participants who are in full attendance and submit a workshop evaluation. Full attendance is required; partial credit will not be given for partial attendance.

Early registration: Payments must be received in person, by phone, or postmarked on/by **Monday, September 16, 2019**

## REFUND POLICY

Withdrawal requests must be made by calling the IUP Research Institute at 724-357-2223.

Center policies may be obtained by request by contacting Dr. John McCarthy at [john.mccarthy@iup.edu](mailto:john.mccarthy@iup.edu)

Refunds are offered on the following basis:

	Withdrawal 6+ Days Before Event	Withdrawal 1-5 Days Before Event	Withdrawal Day of Event
Professional/Alumni	Full refund	Full refund minus \$25 administrative fee	No refund
Student/IUP staff	Full refund	Full refund minus \$10 administrative fee	No refund

For more details or to be added to the Center for Creativity and Change email list, please visit:  
[www.iup.edu/counseling/centers/](http://www.iup.edu/counseling/centers/)

# The IUP Center for Creativity and Change

2018-2019 Series

## Registration Form

### Becoming Better Counselors: The Partners for Change Outcome Management System

Barry L. Duncan, Psy.D.

Friday, Oct 4, 2019  
Kovalchick Center and Athletic Complex

711 Pratt Dr, Indiana, PA 15705

**Register by phone:** Individuals can register by calling 724-357-2223.

**Register by mail:** Individuals can mail a check or money order (payable to "IUP Research Institute/CCC") with the completed registration form to:

IUP Research Institute  
1179 Grant Street, Suite #1  
Indiana, PA 15701

### **Early Registration Deadline: September 16, 2019**

Payments must be received in person, by phone, or postmarked on/by Monday, September 16. No exceptions will be made.

*Early Registration*

Professional

Student

*Regular Registration*

Professional

Student

Total enclosed:

\$

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email (required): \_\_\_\_\_

### **Certificate Requested:**

5.0 NBCC hours

Certificate of attendance (students only)