**Here’s Where to Turn for Help**

**Alcohol & Drug Issues, Eating Behaviors and Tobacco Cessation**
Center for Health & Well-Being
- Alcohol, Tobacco & Other Drugs: 724-357-1265
- Health Service: 724-357-2550
- Nutrition Connection: 724-357-4797
- The Counseling Center: 724-357-2621
The Open Door: 724-465-2605
Armstrong, Indiana, and Clarion County Drug and Alcohol Commission: 724-354-2746
Community Nutrition Services: 724-357-4797

**Contraception, Prenatal Care and Sexual Health**
Center for Health & Well-Being
- Health Service: 724-357-2550
- Health and Wellness Promotion: 724-357-4799
ADAGIO Health: 724-349-2022
OB/GYN Care Center/Indiana Regional Medical Center: 724-357-8198
PA Department of Health: 724-357-2995

**Academic Accommodations for Pregnant Students**—Title IX Coordinator: 724-357-3402

**Emotional Health**
Center for Health & Well-Being
- The Counseling Center: 724-357-2621
Center for Applied Psychology: 724-357-6228
Community Guidance Center: 724-465-5576
Armstrong-Indiana Crisis Hotline: 877-333-2470

**Medical Care**
Center for Health & Well-Being
- Health Service: 724-357-2550
Indiana Regional Medical Center: 724-357-7000
Indiana Regional Urgi-Care: 724-357-7493
MedExpress: 724-349-4362

**University Police:** 724-357-2141
Crisis Intervention 24/7 Hotline: 1-877-333-2470

**Relationship Violence, Sexual Assault, Sexual Harassment and Violence**
911 or University Police: 724-357-2141
Crime Victim Hotline: 800-435-7249
Center for Health & Well-Being
- The Counseling Center: 724-357-2621
- The Haven Project: 724-357-3947; iup.edu/haven
- IUP Haven Project’s “Survivor’s Handbook”
- Health Service: 724-357-2550
Title IX Coordinator: 724-357-3402
Office of Social Equity: 724-357-3402
Student Conduct: 724-357-1264

**Additional Support:**

**Indiana Campus:**
Indiana Regional Medical Center: 724-357-7121
Alice Paul House (24/7 Hotline): 724-349-4444

**Northpointe Campus:**
HAVIN, Inc. (Sexual Assault Survivor Support):
724-548-8888 or 800-841-8881
Armstrong County Memorial Hospital: 724-543-8500

**Punxsutawney Campus:**
Passages (Sexual Assault Survivor Support):
800-793-3620
Crossroads Project (Domestic/Dating Violence):
800-598-3998
Punxsutawney Area Hospital: 814-938-1800

**Monroeville Center:**
PAAR (Pittsburgh Action Against Rape): 866-363-7273
Forbes Regional Hospital: 412-858-2000

**Academic Issues**
Academic Withdrawal: 724-357-2219
Career Coaching & Internships: 724-357-2235
Disability Access & Advising: 724-357-4067
Major & Career Exploration: 724-357-5701
Supplemental Instruction, Tutorial and Academic Support: 724-357-2729
Military/Veterans Resource Center: 724-357-3008
The Writing Center: 724-357-3029
Academic Success Center (ASC): 724-357-2219
Individual Colleges at IUP:
- Eberly College of Business: 724-357-7889
- Education & Communications: 724-357-2480
- Fine Arts: 724-357-2397
- Health & Human Services: 724-357-2555
- Humanities & Social Sciences: 724-357-2280
- Natural Sciences & Mathematics: 724-357-2609

**Diversity and Multicultural Issues**
Multicultural Student Leadership & Engagement: 724-357-2598
Student Affairs—University & Community Engagement: 724-357-2598 or 724-357-4040
LGBTQIA Advocacy: 724-357-1264
Office of Social Equity: 724-357-3402
Office of International Education: 724-357-2295

**Living and Dining**
Office of Housing, Residential Living and Dining: 724-357-2696
Landlord Disputes, Student Legal Services: 724-349-6020

**Still can’t find what you need?**
Email: IUP-HAWKS@iup.edu
More Community Services: Dial 211