



IUP Graduate Handbook

Master of Science in Food and Nutrition

Department of Food and Nutrition

Handbook Updated 2020 - 2021

Master of Science in Food and Nutrition

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INTRODUCTION

Welcome to the Department of Food and Nutrition! We are delighted that you have decided to join us. This handbook has been developed to aid you by serving as a guide to our program, policies and procedures. If there is a question that this handbook does not answer, be sure that you ask your Graduate Coordinator, and they will either know the answer or help you find who does. We would like to offer our best wishes for your success in the M.S. in Food and Nutrition program.

Indiana University of Pennsylvania

Indiana University of Pennsylvania (IUP) is the fifth-largest university in the state and is one of the largest state-owned universities in Pennsylvania State System of Higher Education (PASSHE). As such, “IUP has primary responsibilities of providing high-quality education at a reasonable cost and assessing and responding to the higher educational needs of the Commonwealth.” IUP is accredited by the Middle States Association Commission on Higher Education.

There are eight Colleges and Schools at IUP: Eberly College of Business and Information Technology, Education and Educational Technology, Fine Arts, Health and Human Services, Humanities and Social Sciences, Natural Sciences and Mathematics, the School of Graduate Studies and Research, and the Office of Distance Learning and Continuing Education. In addition, IUP is home to the Robert E. Cook Honors College. The College of Health and Human Services has nine academic departments: Criminology, Culinary Arts, Food and Nutrition, Health and Physical Education, Hospitality Management, Human Development and Environmental Studies, Employment and Labor Relations, Nursing and Allied Health Professions, and Safety Sciences. The common thread among each of the college programs is that they are all applied professional disciplines. Students in the college study the theory underlying their discipline and then focus on applying it to their profession, particularly through hands-on learning experiences and internships.

IUP’s main campus is located in Indiana, Pennsylvania, a safe, livable town in the rural Allegheny foothills about fifty-five miles northeast of Pittsburgh. In addition to its main campus, IUP operates campuses in Punxsutawney (Jefferson County), Monroeville (Allegheny County), and Northpointe (Armstrong County).

IUP’s Civility Statement

As a university of different peoples and perspectives, IUP aspires to promote the growth of all people in their academic, professional, social, and personal lives. Students, faculty, and staff join together to create a community where people exchange ideas, listen to one another with consideration and respect, and are committed to fostering civility through university structures, policies, and procedures. We, as members of the university, strive to achieve the following individual commitments:

To strengthen the university for academic success, I will act honestly, take responsibility for my behavior and continuous learning, and respect the freedom of others to express their views.

To foster an environment for personal growth, I will honor and take care of my body, mind, and character. I will be helpful to others and respect their rights. I will discourage intolerance, hatred, and injustice, and promote constructive resolution of conflict.

To contribute to the future, I will strive for the betterment of the community; myself, my university, the nation, and the world.

Affirmative Action

www.iup.edu/gradcatalog

Title IX Reporting Requirement

www.iup.edu/gradcatalog

Student Conduct and Student Rights

www.iup.edu/studentconduct/policies/
www.iup.edu/gradcatalog

Department of Food and Nutrition

The Department of Food and Nutrition has a tradition of educating quality nutrition professionals. In addition to the M.S. in Food and Nutrition program, it offers a graduate-level, accredited dietetic internship with an emphasis in Intervention and Community Education. The B.S. in Nutrition program offers three tracks: Dietetics and Culinary Dietetics (both accredited as pathways for students who are interested in becoming Registered Dietitians) and the Nutrition track.

The M.S. in Food and Nutrition is 100% online and is ranked in the top 20 by Affordable Colleges Online. There are two career-focused tracks: Administration or Education, and students have the option to pursue a dual master's degree in a related field. The MS in Food and Nutrition online degree will prepare you to:

- Provide leadership that influences and contributes to the food and nutrition arena.
- Translate important nutrition information for the public.
- Utilize new knowledge to reduce nutrition-related chronic diseases and promote nutrition and wellness.

Mission Statement and Program Objectives

The mission of the Department of Food and Nutrition reflects the total philosophy of the College of Health and Human Services (CHHS) and the University. IUP is committed to the preservation, expansion, and transmission of knowledge. Students learn to think critically, communicate effectively, analyze information, and solve problems. The Department assists students toward a

foundation for further learning and supports individuals' self-development within the context of concern for the community and society.

The mission of the Department of Food and Nutrition is to graduate students that will shape the food choices and impact the nutritional status of the public. To accomplish this, the professional of the future will need to exhibit:

- A thorough understanding of food and nutrition theory
- Excellence in the delivery of high-quality programs and services
- The ability to educate the public using food and nutrition theories
- Leadership skills
- Ethical behavior
- Respect for diverse societies and viewpoints
- The ability to collaborate with others
- The ability to manage materials and resources
- Commitment to lifelong learning skills
- Critical thinking skills
- Communication skills
- An ability to adapt to change
- An ability to utilize emerging technology
- A commitment to advocacy for the profession

The expected student learning outcomes for the MS in Food and Nutrition students are to:

- Demonstrate comprehensive understanding of core nutrition knowledge, including macronutrients, micronutrients, and research methods.
- Think critically and use evidence-based approaches to solve problems in clinical nutrition, community nutrition, nutrition education and intervention, and foodservice.
- Design, implement, interpret, and communicate research in food and nutrition.
- Demonstrate attributes of professional development for the field of food and nutrition.

Specific objectives for students in the Administration track are: (a) Apply management and leadership principles to foodservice, clinical and community nutrition services; and (b) Evaluate emerging research to advance evidence-based clinical nutrition knowledge, skills, and practice.

Specific objectives for students in the Education track are: a) Apply emerging research to advance evidence-and theory-based knowledge, skills and practice in implementation, and evaluation; (b) Use community and public health nutrition research and methods to support optimal nutritional status

for individuals, groups, and populations; and (c) Advocate for food and nutrition public policy at local, state and national levels.

Faculty and Staff

Food and nutrition faculty members are unique mentors who bring prestige and dedication to graduate studies. Recognition from national organizations and a keen sense of emerging nutritional issues steer you toward your greatest ambitions. Accessibility is the hallmark of our faculty advisors. They will take great care and give generous amounts of time to guide you. To reach faculty, a full listing is available at: www.iup.edu/foodnutrition/faculty, or contact the Department of Food and Nutrition main office: 724-357-4440 or email: Food-Nutrition@iup.edu

Admission

Students who enter the program usually have a baccalaureate degree in nutrition/dietetics or a health-related field. Those with degrees in areas such as education, other sciences, and culinary arts may also qualify and value a graduate degree in food and nutrition. In addition to the admissions application, all official transcripts, a goal statement, a resume, and letters of recommendation must be on file with the School of Graduate Studies and Research prior to any department decision.

The eligibility requirements for applying to this program include evidence of completion of prerequisite courses: chemistry, anatomy, and physiology at the undergraduate level. Preference is given to students with a minimum undergraduate GPA of 3.0; however, those with GPAs below this will be considered on a case-by-case basis.

The department offers an accredited dietetic internship certificate program for those students interested in becoming a registered dietitian. Admission to this program requires a separate application and an Accreditation Council for Education in Nutrition and Dietetics Verification Statement. Information can be obtained by contacting the Food and Nutrition Dietetic Internship Program Director.

Graduate Admissions: www.iup.edu/admissions/graduate/

For more information regarding Admission Classification and Provisional Admission for International Graduate Application, view the Graduate Catalog: www.iup.edu/gradcatalog

Financial Assistance

Graduate Assistantships

Graduate assistantships at IUP are selectively awarded to highly qualified graduate students. Among the criteria are undergraduate and graduate grade point average and professional experience and background relative to the graduate program and faculty needs. New applicants and current students are encouraged to complete their application for admission, which includes a required field about graduate assistantships, by February 1. In addition, complete the preference sheet included as an Appendix.

Note: Assistantship applications submitted beyond this date may still be reviewed. Contact the Graduate Program Coordinator to determine which options are best for you. Pao Ying

Hsiao, PhD, RDN, LDN

E-mail: ms-fdnt@iup.edu

More information is available at:

www.iup.edu/admissions/graduate/financialaid/assistantships-and-scholarships/

Office of Financial Aid: www.iup.edu/financialaid/

Academic Advisement

All M.S. in Food and Nutrition students are advised by the Graduate Coordinator, except for graduate students enrolled in the Dietetic Internship Certificate program who are advised by the Dietetic Internship Director. Your advisor will communicate regularly with you and will provide you with intellectual guidance and support for your scholarly efforts. Your advisor will also assist you in participating in scholarly and professional experiences that will add depth and breadth to your skills. Your advisor will provide you with accurate and timely information about academic requirements and academic evaluation. You are responsible for adhering to the policies outlined in the Graduate Catalog (www.iup.edu/gradcatalog) and to the deadlines and requirements for graduation (www.iup.edu/commencement/graduate/how-to-apply-for-grduation/). You and your graduate coordinator or major advisor should discuss all the various requirements but meeting them is your responsibility.

Campus Resources & Student Support

The School of Graduate Studies and Research: www.iup.edu/graduatestudies/

Graduate Catalog: www.iup.edu/gradcatalog

Office of the Bursar: www.iup.edu/bursar/

Office of the Registrar: www.iup.edu/registrar/

Disability Support Services: www.iup.edu/disabilitysupport/

Office of Social Equity: www.iup.edu/social-equity/

IUP Campus Library www.iup.edu/library/
MyIUP: www.iup.edu/myiup/
IT Support Center: www.iup.edu/itsupportcenter/
Veterans and Service Members: www.iup.edu/veterans/resource-center/
IUP Writing Center: www.iup.edu/writingcenter/
IUP Career and Professional Development Center: www.iup.edu/career/
IUP Parking Services and Visitor Center <http://www.iup.edu/parking/>
University Police <http://www.iup.edu/police/> | 724-357-2141
Crisis Intervention 24/7 Hotline: 1-877-333-2470
Student Registration: www.iup.edu/registrar/students/registration/

IUP Email

IUP offers an email account to all active students. **Your IUP email address is the primary means by which the university will contact you with official information and you should use for all IUP official communications. It is your responsibility to check your IUP email regularly.** Visit www.iup.edu/itsupportcenter/howTo.aspx?id=23401 to learn more about setting up this account. For more information regarding University policy on email communication, view the Graduate Catalog: www.iup.edu/gradcatalog

Graduate Student Assembly

The Graduate Student Assembly (GSA) represents the graduate student body's interests at IUP and within the Indiana community. The GSA makes recommendations related University-wide and graduate-specific policies and in areas of concern in the cultural, intellectual, and social life of the part- and full-time graduate student. Visit www.iup.edu/graduatestudies/gsa for more information.

Programs and Degrees

Master's Program

The Master of Science in Food and Nutrition program is designed to provide advanced training in food and nutrition through both course work and research. The program prepares students for food- and nutrition-related careers or to complement their existing occupations by increasing the depth of their knowledge with respect to food and nutrition, developing research skills, and enhancing their application skills by specializing in the area of applied human nutrition. Students choose either the thesis or non- thesis option and between two tracks: (1) Administration, or (2) Education.

Graduates of the program are employed by hospitals, non-profit organizations, foodservice and hospitality industries, educational institutions, public health agencies, fitness facilities, and state and federal government. Students may continue their education to pursue doctoral degrees.

Program Requirements

I. CORE COURSES (12 CR.)

FDNT 564	Nutrition Research Methods	3 cr.
FDNT 645	Proteins, Carbohydrates, Fats	3 cr.
FDNT 647	Vitamins	3 cr.
FDNT 648	Minerals and Water	3 cr.

II. TRACKS - SELECT ONE (9 CR.)

A. Administration Track

FDNT 515	Sustainable Nutrition	3 cr.
FDNT 612	Administration of Food Service Systems	3 cr.
FDNT 625	Community Nutrition and Policy	3 cr.
FDNT 522	Public Health Nutrition and Epidemiology	3 cr.

B. Education Track

FDNT 630	Linking Nutrition Theory and Research to Practice	3 cr.
FDNT 631	Eating Behaviors and Food Habits	3 cr.
FDNT 635	Intervention and Education Strategies	3 cr.
FDNT 771	Lifecycle Nutrition	3 cr.

III. RESEARCH REQUIREMENT (6 CR.)

All students must engage in research. Thesis option students will complete 6 credits of FDNT 795 Thesis. Non-thesis option students will enroll in FDNT 661 and FDNT 662.

FDNT 795	Thesis	6 cr.
<i>(OR)</i>		
FDNT 661	Designing Effective Food & Nutrition Research Projects	3 cr.
FDNT 662	Applying Food and Nutrition Research Methods	3 cr.

IV. ELECTIVES (9 CR.)

Students will elect additional courses from the IUP Graduate Catalog (including FDNT courses) that are appropriate for their needs and interests as they work toward meeting the program objectives. The Graduate Coordinator or Department Chair will approve elective choices.

FDNT 545	Advanced Sports Nutrition	3 cr.
FDNT 558	Advanced Human Nutrition	3 cr.
FDNT 571	Integrative Nutrition in Complementary and Alternative Healthcare	3 cr.
FDNT 642	Contemporary Issues in Food and Nutrition	3 cr.
FDNT 651	Professional Dietetic Practice	3 cr.
FDNT 653	Leadership for the Nutrition Professional	3 cr.
FDNT 696	Dietetic Internship	1-6 cr.
FDNT 698	Internship	1-6 cr.
FDNT 773	Advanced Clinical Nutrition Therapy	3 cr.

Certificates and/or Certification and/or Licensure

The Dietetic Internship Certificate program is an accredited supervised practice program for 12 eligible students that are selected in April from applicants that apply in February of each year. Eligible students must have a Bachelor's degree, a verification statement from an accredited undergraduate Dietetics Program, and be accepted to the IUP School of Graduate Studies and Research. Applications for the dietetic internship must use the computerized application administered by the Dietetic Internship Centralized Application Services (<https://portal.dicas.org/>) and participate in computer matching (administered by D & D Digital, <https://www.dnddigital.com/>).

The dietetic internship program is accredited by the Accreditation Council for Education of Nutrition and Dietetics of the Academy of Nutrition and Dietetics and meets the required competencies required to become a Registered Dietitian Nutritionist. Students who complete the dietetic internship are eligible to take the national examination to become a Registered Dietitian Nutritionist. Upon completion of the Dietetic Certificate program, students will earn 15 credits that they may apply to the 36-credit Master of Science in Food and Nutrition. Additional information about the dietetic internship and the M.S. in Food and Nutrition is available on the Department of Food and Nutrition website, www.iup.edu/foodnutrition.

Summer*	FDNT 773	Advanced Clinical Nutrition Therapy	3 cr.
Summer*	FDNT 612	Administration of Food Service Systems	3 cr.

Summer*	FDNT 635	Nutrition Intervention, Counseling, and Educational Strategies	3 cr.
Fall**	FDNT 696	Dietetic Internship	4.5 cr.
Spring**	FDNT 696	Dietetic Internship	4.5 cr.

*Students complete 9 credits in the summer prior to starting supervised practice.

**Students complete over 1,200 hours of supervised practice in clinical nutrition, foodservice management, and nutrition intervention and community education, as required by the accrediting agency. Graduate students are considered full-time if they are enrolled for 4.5 credits each semester.

Student Learning Outcomes

There are 4 domains and 41 student learning outcomes (called core knowledge and competencies of Registered Dietitian Nutritionists) based upon the accrediting requirements. Students accomplish and are evaluated on these through a combination of credit-bearing classes, supervised practice experience in three rotations, professional meetings, and oral reports given to faculty/site supervisors. The student learning outcomes for the Dietetic Internship Certificate Program are that, upon completion of the program, graduates can:

#	Outcome	How outcome measured
1	Demonstrate comprehensive understanding of core nutrition knowledge, including macronutrients, micronutrients, and research methods.	The acute care rotation's major case study measures this.
2	Think critically and use evidence-based approaches to solve problems in clinical nutrition, community nutrition, nutrition education and intervention, and food service.	This is measured through the evidence-based projects submitted throughout supervised practice.
3	Design, implement, interpret, and communicate research in food and nutrition.	This is measured through the acute care rotation's major case study, as well as through nutrition education lesson development.

4	Demonstrate attributes of professional development for the field of food and nutrition.	This is measured through the mid-point and final rotation evaluations, a total of four times each per academic year.
5	Certificate-specific: Demonstrate proficiency in all competencies required by the accrediting agency.	This is measured through assignments, evaluations, and data collected throughout the academic year. Data are evaluated each summer for every competency and improvement plans developed if necessary.

Course Descriptions

**Indicates dual-listed courses*

FDNT 515 Sustainable Nutrition 3cr

Explores food system sustainability issues from farm to fork, including food production, preparation, processing, packaging, and distribution. Assesses the sustainability of current dietary recommendations and the environmental impact of food choices. Evaluates food security from a national and global perspective.

FDNT 522/* Public Health and Epidemiology 3cr

Identifies population-based needs and approaches for prevention and alleviation of diet-related conditions. Explores methodological issues involved in the design, conduct, analysis, and interpretation of studies investigating the relationship between nutritional status, diet, and disease. Examines the application of nutrition research related to nutrition assessment and program and policy design and evaluation to improve the nutritional status and health of diverse population groups.

FDNT 545/* Advanced Sports Nutrition 3cr

Examines and evaluates evidence-based sports nutrition guidelines and current research related to nutrition and athletic performance. Explores special populations, environments and clinical conditions related to nutrition and athletic performance. Includes an emphasis on dietary supplements and ergogenic aids for sport. Prerequisite: Graduate student in FDNT or KHSS or department permission.

FDNT 558/* Advanced Human Nutrition 3cr

In-depth study of the nutrients and their functions within the cell. Incorporation of the principles of physiology and biochemistry in the study of nutrition. Emphasis on current research.

FDNT 564 Food and Nutrition Research Methods 3cr

Focuses on research methodology with application food and nutrition. Critical analysis and evaluation of food and nutrition research, including quantitative and qualitative research design and statistical methods. The importance of utilizing nutrition research in disease prevention and health promotion, and as a basis for setting professional practice standards and health policy will be emphasized.

FDNT 571/* Integrative Nutrition in Complementary and Alternative Healthcare 3cr

Explores the foundation of complementary, alternative, integrative, and functional nutrition theories and practices. Differentiates among traditional, complementary, integrative, and functional nutrition models as related to food, supplements, herbs, and disease. Evaluates current research related to complementary, alternative, integrative, and functional nutrition.

FDNT 581 Special Topics 3 or 4cr

FDNT 612 Administration of Food Service Systems 3cr

Addresses food service as a system of interrelated parts and of controlling management resources. Analyzes different types of food service delivery systems and covers legal responsibilities of a food service administrator.

FDNT 625 Community Nutrition and Policy 3cr

Examines the planning, organizing, implementing, supervision, and evaluating of community nutrition programs in profit and non-profit settings.

FDNT 630 Connecting Theory to Research and Practice 3cr

Critical examinations of the theories and models used in nutrition education, nutrition intervention, and nutrition counseling. Practice in using theories as a framework to guide effective research and intervention designs to promote positive food and nutrition behavior provided.

FDNT 631 Eating Behaviors and Food Habits 3cr

Investigation and analysis of historical, political, religious, ethnic, environmental, and social influences which affect food consumption patterns.

FDNT 635 Nutrition, Intervention, Counseling, and Educational Strategies 3cr

Addresses the selection or design, implementation, and evaluation of strategies to promote food, nutrition, and health information to diverse groups in a variety of settings. Focuses on the evidence-based approaches for food and nutritional intervention, counseling, and education to promote behavior change.

FDNT 642 Contemporary Issues in Food and Nutrition 3cr

Current information in foods and nutrition is investigated, analyzed, and evaluated for practical implementation.

FDNT 645 Proteins, Carbohydrates, and Fats 3cr

Nutritional considerations of protein, carbohydrate, and fat metabolism. Physiological and biochemical functions of these nutrients will be discussed.

FDNT 647 Vitamins in Human Nutrition 3cr

Focuses on biochemical role of vitamins in human metabolism. Examines biochemical and physiologic functions and current research implications in health and disease.

FDNT 648 Minerals and Water in Human Nutrition 3cr

Focuses on biochemical role of minerals and water in human metabolism. Examines biochemical and physiological functions and current research implications in health and disease.

FDNT 651 Professional Dietetic Practice 3cr

Examines professional topics relevant to the dietetic professional. Provides a forum for clinical case study presentations and education about professional development opportunities and challenge. Prerequisite: Experience as a clinical dietitian.

FDNT 653 Leadership for the Nutrition Professional 3cr

Provides a theoretical analysis of leadership theory, organizational management concepts, consulting strategies, and ethics as it relates to both the novice, and advanced food and nutrition professional.

FDNT 661 Designing Effective Food and Nutrition Research Projects 3cr

Enhances understanding and skills in food and nutrition research and evaluation with emphasis on survey methods. Examines decisions related to research ethics, study design, sampling, recruitment, instrument development and testing, data collection, and analysis plans. Development of a defensible proposal to conduct research in food and nutrition is required.

FDNT 662 Applying Research Methods in Food and Nutrition 3cr

Conduct research in food and nutrition. Participate in decisions and activities related to study design, instrument construction and pilot testing, data management and analysis, interpretation and communication of results. Prerequisite: FDNT 661 with a minimum grade of C.

FDNT 681 Special Topics 1 – 3cr

FDNT 696 Dietetic Internship 1 – 6cr

Supervised practice experience for students who are enrolled in IUP's accredited dietetic internship certificate program.

FDNT 698 Internship 1 – 6cr

Supervised work experience for graduate students.

FDNT 771 Nutrition in the Life Cycle 3cr

Studies bodily functions at different stages of development under differing environmental conditions and at various levels of biological organization.

FDNT 773 Advanced Clinical Nutrition Therapy 3cr

Provides in-depth investigation of diet and nutrition in the treatment of select diseases and conditions. Will address measures of nutritional status, intervention, monitoring and evaluation using nutrition standardized language and evidence-based practice. Focuses on current nutrition issues impacting clinical nutrition. Prerequisite: Undergraduate coursework in Medical Nutrition Therapy or department permission.

FDNT 795 Thesis 1 – 4cr

FDNT 799 Independent Study in Food and Nutrition 1 – 3cr

Advanced study and/or selected research problems from the field of food and nutrition. May be taken for a maximum of three credits. Prerequisite: Completion of two graduate courses.

Evaluation of Students

For information regarding School of Graduate Studies and Research policies on grading, view the Graduate Catalog: www.iup.edu/gradcatalog

Students will be evaluated based on the syllabus for each given course taken. For more information regarding School of Graduate Studies and Research Policy on grading, view the Graduate Catalog: www.iup.edu/gradcatalog

Comprehensive/Candidacy Examinations

The Department of Food and Nutrition does not require candidacy/qualifier exams.

Degree Completion

- Degree requirements are specified under the Programs and Degrees heading > Program Requirements section of this handbook.
- Evaluation for Graduation is completed by the Graduate Coordinator.
- Deadlines are in accordance with those specified by the School of Graduate Studies and Research.
- Applying for Graduation guidelines are in accordance with those specified by the School of Graduate Studies and Research.

For more information, view the Graduate Catalog: www.iup.edu/gradcatalog

Thesis and/or Dissertation Completion

The Department of Food and Nutrition guidelines are consistent with the requirements of the School of Graduate Studies and Research at IUP.

Defense of the Thesis consists of two parts: an open presentation of the thesis research (faculty and students welcome) and closed (only the committee and chair of the project).

Evaluation Outcome for Dissertation and/or Thesis

Effective fall 2017 for students admitted and students admitted after -- Dissertation and thesis credits will be assigned Pass or Fail as the final evaluation outcome for the taken credits and carry no quality points weighted towards a student's CGPA.

Ongoing Dissertation and Thesis students admitted "prior" to fall 2017 – Dissertation and thesis credits will be assigned a letter grade as the final evaluation outcome for the credits taken and carry quality points weighted towards a student's CGPA for the number of dissertation credits required for the program. "Extended" dissertation credits are not calculated into a student's CGPA.

For more information, view the view the Graduate Catalog: www.iup.edu/gradcatalog

University Policies and Procedures

University policy is the baseline policy. Programs may have policy that is more stringent than the University baseline policy; however, not less stringent than the University baseline policy. For questions regarding this statement, please contact [Program Coordinator] or the School of Graduate Studies and Research.

Academic Calendar

View the IUP Academic Calendar: www.iup.edu/news-events/calendar/academic/

The following University and SGSR policies can be found at www.iup.edu/gradcatalog

Academic Good Standing

www.iup.edu/gradcatalog

Academic Integrity

www.iup.edu/gradcatalog

The Source: A Student Policy Guide: www.iup.edu/studentconduct/thesource/

Bereavement-Related Class Absences

www.iup.edu/gradcatalog

Continuous Graduate Registration for Dissertation and Thesis

www.iup.edu/gradcatalog

Grade Appeal Policy

www.iup.edu/gradcatalog

Graduate Fresh Start Policy

www.iup.edu/gradcatalog

Graduate Residency Requirement

www.iup.edu/gradcatalog

Leave of Absence Policy

www.iup.edu/gradcatalog

Time Limitations

www.iup.edu/gradcatalog

Time-to-Degree Masters/Doctoral Dismissal Appeal Policy

www.iup.edu/gradcatalog

Time-to-Degree Extension for Master's Thesis and Doctoral Dissertation

www.iup.edu/gradcatalog

Transfer of Credits Policy

www.iup.edu/gradcatalog

Research

For more information, visit the website of the School of Graduate Studies and Research, click on *Research*:

www.iup.edu/graduatestudies/

www.iup.edu/gradcatalog

www.iup.edu/research/

Appendix A: MS-FDNT Curriculum Sheet

Name:		Admitted Date:		Graduation Date:	
Banner ID:		Email:		Total Credits:	
Adviser:		Track:			
MS FDNT Program Requirements			Degree Requirement (36 cr)		
I. Professional Core Courses			(12 cr)		
FDNT 564	Nutrition Research Methods	3 cr.			
FDNT 645	Proteins, Carbohydrates, Fats	3 cr.			
FDNT 647	Vitamins in Human Nutrition	3 cr.			
FDNT 648	Minerals and Water	3 cr.			
II. Tracks (Select One)			(9 cr)		
A. Administration Track					
FDNT 515	Sustainable Nutrition	3 cr.			
FDNT 522*	Public Health Nutrition and Epidemiology	3 cr.			
FDNT 612	Administration of Food Service Systems	3 cr.			
FDNT 625	Community Nutrition and Policy	3 cr.			
B. Education Track					
FDNT 630	Linking Nutrition Theory & Research to Practice	3 cr.			
FDNT 631	Eating Behaviors and Food Habits	3 cr.			
FDNT 635	Food and Nutrition Intervention and Education Strategies	3 cr.			
FDNT 771**	Lifecycle Nutrition	3 cr.			
III. Research Requirement			(6 cr)		
All students must engage in research. Thesis option students will complete 6 credits of FDNT 795 Thesis. Non-thesis option students will enroll in FDNT 661 and FDNT 662, which <u>must</u> be taken in the same academic year. Beginning 2018-19, it will be offered in even academic years only.					
FDNT 795	Thesis	6 cr.			
OR					
FDNT 661	Designing Effective Food and Nutrition Research Projects	3 cr.			
FDNT 662	Applying Research Methods in Food and Nutrition	3 cr.			
IV. Electives			(9 cr)		
Students will elect additional courses from the IUP Graduate Catalog (including FDNT courses) that are appropriate for their needs and interests as they work toward meeting the program objectives. The Graduate Coordinator or Department Chair will approve elective choices.					
FDNT 545	Advanced Sports Nutrition	3 cr.			
FDNT 558	Advance Human Nutrition (face to face class)	3 cr.			
FDNT 571	Integrative Nutrition in Complementary/ Alternative Healthcare	3 cr.			
FDNT 642	Contemporary Issues in Food and Nutrition	3 cr.			
FDNT 653	Leadership for the Nutrition Professional	3 cr.			
FDNT 773	Advanced Clinical Nutrition Therapy	3 cr.			
FDNT 696	Dietetic Internship (ACEND accredited)	6 cr.			
FDNT 698	Internship in Food and Nutrition				
Other courses approved by Graduate Coordinator taken outside of the Department of Food and Nutrition.					

Appendix C: Graduate Assistantship Preference Sheet

PLEASE RETURN TO THE GRADUATE COORDINATOR via email (MS-FDNT@iup.edu) along with your resume NO LATER THAN 4:00pm ON February 1, 2021.

Name _____

Graduate Assistantship Assignments

The following types of assistantships may be available. Please rank (1 = highest) the positions of interest to you. Please note that if you are selected for an assistantship award, we cannot guarantee placement based on your stated preference, but we will try to do so. It is imperative that we have your reply by the deadline established above.

- _____ I am interested in a full-time assistantship (20 hours per week) ONLY.
- _____ I am interested in a half-time assistantship (10 hours per week) ONLY.
- _____ I am interested in either a full-time OR half-time assistantship.
- _____ I am only interested in a 1-(one) semester assistantship. Circle one: FALL only or SPRING only

If you desire an assistantship, please rank (1 = highest) your preferences below:

- _____ Course assistant (general), tutoring, mentorship of students, computer-aided instruction
- _____ Course assistant with the Foods and Experimental laboratories
- _____ Sports Performance Nutrition Services (work with IUP sports teams, presentations, newsletter development)
- _____ Designated departmental assistant to help with program accreditation/management for the undergraduate program and dietetic internship to include: documentation, policy, meetings, statistical analysis of outcome and program assessments, etc.
- _____ Internal Assessment (includes Writing Across the Curriculum, surveys, service tracking)
- _____ Nutrition Counseling Center
- _____ Marketing and Social Media
- _____ Student Engagement and assist with undergraduate student association (SAND) and Living-Learning
- _____ Department Operations and Special Projects
- _____ I would be available in the summer.

In addition, several work study positions may be available.

- _____ I qualify for federal work study and would like extra employment over the summer and/or continuing into next year.
- _____ I do not qualify for federal work study but would like additional employment over the summer and/or continuing into next year.

Signature Page

My signature below indicates that I am responsible for reading and understanding the information provided and referenced in this department/program student handbook.

_____ [please initial] I understand my program coordinator may share this document with the School of Graduate Studies and Research.

Print Name

Signature

Date

Submit to the Graduate Coordinator (email: MS-FDNT@iup.edu) by August 31, 2020.

The Department of Food and Nutrition will keep this signed document on file.