

## CHWB Resource Library List

To check out materials from the resource library, please email [health-awareness@iup.edu](mailto:health-awareness@iup.edu).

Please include the title of the item(s) you would like to check out.

A staff member from the CHWB will contact you within 48 hours to confirm your request.

Title	Type
<b>Addiction</b>	
Against All Odds: Gambling On Campus	VHS
<b>Alcohol</b>	
Dying To Drink: Confronting Binge Drinking On College Campus	Book
Making Of A Hangover	DVD
Spin the Bottle: Sex, Lies, and Alcohol	DVD
Women and Alcoholism	DVD
Advertising, Alcohol and African Americans	VHS
Alcohol	VHS
Alcohol & Your Health: Where Do You Draw the Line?	VHS
Alcohol and Drugs	VHS
Be Vocal, Be Visible, Be Visionary	VHS
Beer Drinkers of America Party Smart	VHS
Binge Drinking: From Understanding to Action	VHS
Children of Alcoholics	VHS
Choices	VHS
College Daze (48 Hours)	VHS
College Spirits	VHS
Cruel Spirit: Alcohol and Violence	VHS
Dateline NBC Sudden Impact	VHS
Deadliest Weapon in America	VHS
DUI: Dead in 5 Seconds	VHS
Marketing Booze to Blacks	VHS
Marketing Booze to Blacks	VHS
Mock Dunk Driving Car Crash	VHS
Sex, Lies, and Profits: A Critical Look At The Alcoholic Beverage Industry	VHS
The Heart of the Matter	VHS
This is My House	VHS
TIPDS	VHS
Wasted Youth	VHS
<b>Contraception</b>	
Nuva Ring	CD
Birth Control With "the Pill"	VHS
Condoms & Common Sense	VHS
Condoms If You Care	VHS
Condoms: Everyone's Talking	VHS
Considering Condoms	VHS

Emergency Contraception	<b>VHS</b>
Reality Female Condom	<b>VHS</b>
Using Your New Diaphragm	<b>VHS</b>
<b>Diversity Issues</b>	
After The Ball: How America Will Conquer Its Fear & Hatred Of Gay In The 90's	<b>Book</b>
And Then I Met This Woman: Previously Married Women's Journeys Into Relationships	<b>Book</b>
Cures: A Gay Man's Odyssey	<b>Book</b>
Family Outing	<b>Book</b>
Gay American History: Lesbians and Gay Men in U.S.A.	<b>Book</b>
Gender Diversity: Cross-Cultural Variations	<b>Book</b>
Gender Outlaw: On Men, Women, And The Rest Of Us	<b>Book</b>
Happy Endings Are All Alike	<b>Book</b>
Happy Endings: Lesbian Writers Talk About Their Lives And Work	<b>Book</b>
Hello, Cruel World: 101 Alternatives To Suicide For Teens, Freaks And Other Outlaws	<b>Book</b>
Lesbian Lists: A Look At Lesbian Culture, History, And Personalities	<b>Book</b>
Looking Queer: Body Image And Identity In Lesbian, Bisexual, Gay And Transgender Communities	<b>Book</b>
Out & About Campus: Personal Accounts by Lesbian, Gay, Bisexual, & Transgendered College Students	<b>Book</b>
Strength In Numbers	<b>Book</b>
Student Workbook And Study Guide For Use With Dimensions Of Human Sexuality	<b>Book</b>
The Gay Militants	<b>Book</b>
The Lesbian and Gay Studies Reader	<b>Book</b>
The Lesbian Health Book: Caring For Ourselves	<b>Book</b>
Trying Hard To Hear You	<b>Book</b>
Understanding Sex Roles And Moving Beyond	<b>Book</b>
A Little Respect: Gay Men, Lesbians, and Bisexuals on Campus	<b>VHS</b>
Campus Diversity, Student Voices	<b>VHS</b>
From a Secret Place: Coming Out Process for Gay and Lesbian Youth	<b>VHS</b>
Growing Images	<b>VHS</b>
IF These Walls Could Talk	<b>VHS</b>
In Our Own World: Dispelling the Stereotypes	<b>VHS</b>
Journey to A Hate Millennium	<b>VHS</b>
Marching For Freedom	<b>VHS</b>
Normal	<b>VHS</b>
Part of the USA	<b>VHS</b>
Redefining Liberation	<b>VHS</b>
<b>Drugs</b>	
Coping With Prednisone: It May Work Miracles, But How Do You Handle The Side Effects?	<b>Book</b>
Listening To Prozac: A Psychiatrist Explores Antidepressant Drugs And The Remaking Of The Self	<b>Book</b>
Cranks: Made In America	<b>DVD</b>

60 Minutes II Ecstasy	VHS
American Hurts: The Drug Epidemic	VHS
Athletes & Drugs	VHS
Athletes at Risk	VHS
Confronting Marijuana Use	VHS
Dancing With Darkness	VHS
Debunking Myths About Marijuana	VHS
Drugs and Athletic Performance	VHS
Ecstasy: What's All The Rave About?	VHS
Ecstasy: When the Part's Over	VHS
G.H.B.: Drug Induced Rape	VHS
Henry Aaron Story	VHS
Heroin: Not Even Once	VHS
Heroin: What's the Teal Drug	VHS
Hooked	VHS
Ice Age – Fighting the War on Meth	VHS
Local News, Date	VHS
METH: What's Cooking in Your Neighborhood	VHS
MTV's True Life: I'm On Ecstasy	VHS
Partnership For a Drug-Free America TV Spots	VHS
Prevention and Intervention	VHS
Raves: When the Music's Over	VHS
Recreational Drugs	VHS
SAFE – Sorority Action For Education	VHS
Steroids	VHS
<b>Eating Disorders</b>	
Handbook Of Eating Disorders: Physiology, Psychology, And Treatment Of Obesity, Anorexia And Bulimia	Book
Like Mother, Like Daughter	Book
Losing It: False Hopes And Fat Profits In The Diet Industry	Book
Making Weight: Men's Conflicts With Food, Weight, Shape & Appearance	Book
Making Weight: Men's Conflicts With Food, Weight, Shape & Appearance	Book
Overcoming Overeating	Book
Overeaters Anonymous	Book
The Adonis Complex: How To Identify, Treat, And Prevent Body Obsession In Men And Boys	Book
The Beginner's Guide To Eating Disorders Recovery	Book
The Twelve Steps And Twelve Traditions Of Overeaters	Book
Killing Us Softly 3: Advertising's Image of Women	DVD
What a Girl Wants	DVD
48 Hours: Slim Chance	VHS
Afraid To Eat: Eating Disorders & the Student-Athlete	VHS
Beyond Killing Us Softly: the Strength to Resist	VHS
Beyond the Image	VHS
Beyond the Looking Glass: Self Esteem & Body Image	VHS

Dying To Be Thin	VHS
Eating Disorders: Journeys of Self-Discovery and Recovery	VHS
Eating Disorders: What Can You Do?	VHS
Foods and Fitness	VHS
Girls Who Don't Eat	VHS
Mirror Mirror	VHS
Out of Balance: Nutrition and Weight	VHS
Recovering Bodies: Overcoming Eating Disorders	VHS
Slim Hopes: Advertising & The Obsession with Thinness	VHS
<b>Family/Relationship</b>	
Attachment	Book
Barriers To Intimacy	Book
P.E.T.: Parent Effectiveness Training	Book
Private Lies: Infidelity And The Betrayal Of Intimacy	Book
Scapegoating In Families: Intergenerational Patterns Of Physical And Emotional Abuse	Book
Talking About Sex: A Guide For Families.	Book
When Love Goes Wrong: What To Do When You Can't Do Anything Right	Book
You're On Your Own (but I'm Here If You Need Me): Mentoring Your Child During the College Years	Book
Love – All That and More	VHS's
<b>Fitness/Recreation</b>	
Administration Of Intramural And Recreational Activities: Everyone Can Participate	Book
Blue Book Of College Athletics For Senior, Junior & Community Colleges	Book
Intermural Administration: Theory And Practice	Book
Intramural And Recreation Programs For Schools And Colleges	Book
Intramural Sports: A Text And Study Guide	Book
Intramural-Recreational Sports: Programming And Administration	Book
Intramurals: Programming And Administration	Book
Intramurals: Their Organization And Administration	Book
Recreational Sports Programming	Book
School Recreation: Its Organization, Supervision And Administration	Book
Sport Management In Schools And Colleges	Book
The Recreational Sports Program: Schools, Colleges, Communities	Book
<b>General Health</b>	
Healthy People 2010 (Volume II)	Book
Heart-Healthy Home Cooking: African American Style	Book
Prepare For Surgery, Heal Faster	Book
Seeking Your Healthy Balance: A Do-It-Yourself Guide To Whole Person Well-Being	Book
Seeking Your Healthy Balance: A Do-It-Yourself Guide To Whole Person Well-Being	Book
Structured Exercises In Wellness Promotion	Book
The Health Education Profession In The Twenty-First Century	Book
Environmental Risks and Breast Cancer	CD

Healthy Student Interactive Software	<b>CD</b>
Clinical Research: Advancing Science & Changing Lives	<b>DVD</b>
African-American Women CAN Beat Breast Cancer	<b>VHS</b>
Skin Wellness	<b>VHS</b>
The Ridiculous History of Tobacco	<b>VHS</b>
<b>HIV/AIDS</b>	
Breaking The Surface	<b>Book</b>
Campus HIV Prevention Strategies: Planning For Success	<b>Book</b>
Effective Aids Education On Campus	<b>Book</b>
Learning For Our Common Health: How An Academic Focus On HIV/Aids Will Improve Education And Health	<b>Book</b>
No Longer Immune: A Counselors Guide To Aids	<b>Book</b>
The Age of AIDS	<b>DVD</b>
A Closer Walk	<b>VHS</b>
AIDS Health Fraud	<b>VHS</b>
Americans Responds to AIDS	<b>VHS</b>
Assumptions	<b>VHS</b>
Business Responds to AIDS	<b>VHS</b>
Diverse Images In Treatment, Care, And Prevention of HIV/AIDS	<b>VHS</b>
Eating Defensively: Food Safety Advice for People With AIDS	<b>VHS</b>
HIV Blood Test Counseling	<b>VHS</b>
HIV Prevention Update	<b>VHS</b>
Lest We Forget: The AIDS Memorial Quilt in the Capital	<b>VHS</b>
No Greater Love	<b>VHS</b>
Rubber Glove Love	<b>VHS</b>
The Forgotten People: Latinas With AIDS	<b>VHS</b>
The Heart of America Tour	<b>VHS</b>
The Modern Plague	<b>VHS</b>
The NAMES Project: A Visible Symbol	<b>VHS</b>
The NAMES Project: Television PSA's	<b>VHS</b>
The NAMES Project: Voices of The Quilt	<b>VHS</b>
Tom	<b>VHS</b>
<b>Leadership</b>	
Consultation: Practice And Perspectives In School And Community Setting	<b>Book</b>
Confessions of a Resident Advisor	<b>VHS</b>
<b>Men's Issues</b>	
Breaking Out Of The "Man Box"	<b>Book</b>
The Male Experience	<b>Book</b>
Stand Up Speak Out	<b>CD</b>
A Call To Men: Ending Violence Aga	<b>CD</b>
Tough Guise	<b>DVD</b>
Well Meaning Men... Breaking Out of "The Man Box": A call To Men Toward Social Change	<b>DVD</b>
Wrestling With Manhood	<b>DVD</b>
Tough Guise	<b>VHS</b>

Wrestling With Manhood	VHS
<b>Mental Health</b>	
Abnormal Psychology	Book
Bipolar Disorder	Book
Gestalt Therapy Integrated	Book
Girl, Interrupted	Book
How To GO On Living When Someone You Love Dies	Book
I Never Promised You A Rose Garden	Book
I Wasn't Ready To Say Goodbye	Book
Liaison Psychiatry: Mental Health Problems In The General Hospital	Book
Manual For Theory And Practice Of Group Counseling	Book
One Flew Over The Cuckoo's Nest	Book
Psychology	Book
The New Holistic Health Handbook: Living Well In A New Age	Book
The Psychotherapy Maze: A Consumer's Guide To Getting In And Out Of Therapy	Book
Mind\Body Tool Kit	CD's
Stress Management	CD
Life Skill Builders	CD
From Chaos to Freedom (Part 1)	DVD
From Chaos to Freedom (Part 2)	DVD
Best Kept to Myself: Act I	VHS
Best Kept to Myself: Act II	VHS
Best Kept to Myself: Act III	VHS
College Anxiety Disorders Screening Video	VHS
Coping With Stress	VHS
Dark Glasses & Kaleidoscopes	VHS
Depression and Manic Depression: Real Stories, Real Hope	VHS
Depression and Women	VHS
Inspiring Confidence	VHS
Life After Trauma (PTSD)	VHS
Meditation	VHS
Mind Quest	VHS
Skin Deep	VHS
SOS College Suicide Prevention	VHS
Stress Management	VHS
The Art of Breath and Relaxation	VHS
Understanding Social Anxiety	VHS
Unknown Places	VHS
<b>Sexual Health</b>	
All About Sex: A Family Resource On Sex And Sexuality	Book
More Ways To Go: Sex-Positive Strategies And Resources For Creating A Healthy Campus Environment	Book
Sex On Campus: The Naked Truth About Real Sex Lives Of College Students	Book
A College Student's Guide to Sexual Health	DVD
I Wish I Could Have Said No	VHS

<b>Sexual Violence</b>	
Beyond Sexual Abuse: Therapy With Women Who Were Childhood Victims	<b>Book</b>
Date Rape: The Secret Epidemic	<b>Book</b>
Drug Facilitated Sexual Assault Resource Guide	<b>Book</b>
Lost In The Translation: Helping Study Abroad Students Understand Sexual Violence	<b>Book</b>
May I Kiss You?: A Candid Look At Dating, Communication, Respect, & Sexual Assault Awareness	<b>Book</b>
Men And Rape: Theory, Research, And Prevention Programs In Higher Education	<b>Book</b>
Men's Work In Preventing Violence Against Women	<b>Book</b>
Rape 101: Sexual Assault Prevention For College Athletes	<b>Book</b>
Spiders And Flies: Help For Parents And Teachers Of Sexually Abused Children	<b>Book</b>
Stalking: A Handbook For Victims	<b>Book</b>
The Men's Program: How To Successfully Lower Men's Likelihood Of Raping	<b>Book</b>
The Men's Program: How To Successfully Lower Men's Likelihood Of Raping (2 <sup>nd</sup> Edition)	<b>Book</b>
Taking Action: What To Do If You Are Raped	<b>Book</b>
Taking Back The Night: The Story Of Pennsylvania's Anti-Sexual Violence Movement	<b>Book</b>
The Sexual Healing Journey: A Guide For Survivors Of Sexual Abuse	<b>Book</b>
Voices In The Night: Women Speaking About Incest	<b>Book</b>
Voices Of Courage	<b>CD's</b>
Whatcha Gotta Know	<b>CD</b>
Xpose: the Truth	<b>CD</b>
Dealing With Campus Violence	<b>DVD</b>
Dream Worlds III: Desire, Sex, and Power in Music Videos	<b>DVD</b>
Hip-Hop: Beyond Beats and Rhymes	<b>DVD</b>
Playing the Game 2	<b>DVD</b>
The Codes of Gender	<b>DVD</b>
The Line	<b>DVD</b>
The Price of Pleasure	<b>DVD</b>
The Use of Technology To Stalk	<b>DVD</b>
Undetected Rapist	<b>DVD</b>
Violence Prevention Project (2005-2006)	<b>DVD</b>
Violence Prevention Project (2006-2007)	<b>DVD</b>
A Familiar Cry: Victim's Guide for Sexual Assault Prosecution	<b>VHS</b>
Aftereffects: The Pain of Date Rape	<b>VHS</b>
Battered Husbands	<b>VHS</b>
Breaking the Silence	<b>VHS</b>
Date Rape Prevention: A Video for 18-24 Year Olds (Tape 1)	<b>VHS</b>
Date Rape Prevention: Can You Imagine/Victims Speak Out (Tape 2)	<b>VHS</b>
Date Rape Prevention: It Hurts to Hurt/Consequences Facing Date Rapists	<b>VHS</b>
Don't Risk It	<b>VHS</b>
Don't Risk It	<b>VHS</b>
Dream Worlds II: Desire, Sex, and Power in Music Videos	<b>VHS</b>

Gonna Make It: the Video	VHS
My Girlfriend Did It	VHS
No Safe Place	VHS
Police Rape Training Video	VHS
Rape Culture	VHS
Searching For Angela Shelton	VHS
Someone You Know	VHS
Spirit & Strength	VHS
Survival Story	VHS
Undetected Rapist	VHS
What Jeanne Didn't Know	VHS
<b>Sexually Transmitted Infections</b>	
Managing Herpes: How To Live And Love With A Chronic STD	Book
Choices	VHS
Getting It	VHS
Intimate Danger	VHS
It's Personal	VHS
Living With Herpes: The Facts and Feeling	VHS
People Like Us	VHS
Smart Sex	VHS
STD's: The Risk is Real	VHS
What Now? Living With Genital Herpes	VHS
<b>Women's Issues</b>	
Does Anyone Else Feel Like I Do?: And Other Questions Women Ask Following An Abortion	Book
Gender On Campus: Issues For College Women	Book
In A Different Voice	Book
Love & Politics: Radical Feminist & Lesbian Theories	Book
Ourselves, Growing Older	Book
Perfect Women: Hidden Fears Of Inadequacy And The Drive To Perform	Book
Pledged: The Secret Life of Sororities	Book
Resources For Women: A To Z Directory	Book
Reviving Ophelia: Saving The Selves Of Adolescent Girls	Book
Smart Women, Foolish Choices: Finding The Right Men, Avoiding the Wrong Ones	Book
Straight Talk With Your Gynecologist: How To Get Answers That Will Save Your Life	Book
Taking Charge: Every Women's Action Guide To Personal, Political & Professional Success	Book
The Pregnant Virgin: A Process Of Psychological Transformation	Book
The Savvy Woman Patient	Book
Why Do I Think I Am Nothing Without A Man?	Book
Women's Bodies, Women's Wisdom: Creating Physical and Emotional Health and Healing	Book
Generation M: Misogyny in Media and Culture	DVD
Miss Representation	DVD



War Zone	<b>DVD</b>
Hollywood's Smoke and Mirrors	<b>VHS</b>
<b>Violence/Abuse</b>	
Net Crimes & Misdemeanors: Outmaneuvering Web Spammers, Stalkers, And Con Artists	<b>Book</b>
The Obsidian Mirror: An Adult Healing From Incest	<b>Book</b>
Understanding Child Abuse And Neglect	<b>Book</b>
Women Who Hurt Themselves	<b>Book</b>
Speak, ACT, Change	<b>CD</b>
Bowling For Columbine	<b>DVD</b>